

Indoor

WALKING CLUB



Tuesdays:
1:30 p.m. Walk
1:50 p.m. Stretch
2:00 p.m. Seminar

SEMINARS

Tuesday January 6

Striding with Lucy

Tuesday January 13

TBA

Tuesday January 20

TBA

Tuesday January 27

Inspirations Stories: Sandy Bundy

**All seminars offered on zoom
please email wow@aurora.ca to receive the link.**

Aurora Family Leisure
Complex
wow@aurora.ca
365-500-3161

WALK STRETCH LEARN

