

# Aurora Family Leisure Complex (A.F.L.C.)

## 135 Industrial Parkway North | 905-841-7529

### Canada Day Holiday Schedule Tuesday, June 30 to Thursday, July 2, 2026 Customer Service, Programs & Activities

DATE	CUSTOMER SERVICE	FITNESS Club Aurora	FITNESS Group Fitness Classes
Tuesday June 30, 2026	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – P90X 9 a.m. to 10 a.m. – RIP 9:10 a.m. to 10:10 a.m. – Muscle Fusion 55+ 9:15 a.m. to 10:15 a.m. – Chair Yoga 10:30 a.m. to 11:30 a.m. – Step 12:15 p.m. to 1 p.m. – Cyclefit 6:25 p.m. to 7:25 p.m. – Chisel 7 p.m. to 7:45 p.m. – Cyclefit
Wednesday July 1, 2026	6:30 a.m. to 5 p.m.	7 a.m. to 5 p.m.	
Thursday July 2, 2026	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – Chisel 9 a.m. to 10 a.m. – Zumba 9:15 a.m. to 10:15 a.m. – Chair Yoga 10:10 a.m. to 11:10 a.m. – Osteo Fitness 12:15 p.m. to 1 p.m. – Chisel 6:25 p.m. to 7:25 p.m. – Total Body Strength 7 p.m. to 7:45 p.m. – Cyclefit 7:35 p.m. to 8:35 p.m. – Yoga Flow

DATE	POOL Swim Times	POOL Aquafit Times	ROCK WALL & THE LOFT
Tuesday June 30, 2026	6 a.m. to 9 a.m. – Lane Swim 11:30 a.m. to 1:30 p.m. – Lane Swim 3:30 p.m. to 5 p.m. – Lane Swim	1:45 p.m. to 2:30 p.m. – Aquafitness 8:05 p.m. to 8:50 p.m. – Aquafitness	
Wednesday July 1, 2026	12:15 p.m. to 1:15 p.m. – Leisure Swim» 1:30 p.m. to 2:30 p.m. – Leisure Swim» »Free Activities: Canada Day Festivities		
Thursday July 2, 2026	6 a.m. to 9 a.m. – Lane Swim 11:30 a.m. to 1:30 p.m. – Lane Swim 3:30 p.m. to 5 p.m. – Lane Swim	8:05 p.m. to 8:50 p.m. Aquafitness	4 p.m. to 7 p.m. – The Loft

DATE	GYMNASIUM	SKATING & SHINNY
Tuesday June 30, 2026	7 p.m. to 8:30 p.m. – Adult Volleyball 9 p.m. to 10:30 p.m. – Adult Pickleball	None
Wednesday July 1, 2026	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym» 12:30 p.m. to 2 p.m. – Family Open Gym» »Free Activities: Canada Day Festivities	None
Thursday July 2, 2026	6 p.m. to 7:30 p.m. – Teen & Parent Open Gym 8 p.m. to 9:30 p.m. – Adult Pickleball	None

**Note – We reserve the right to cancel, amend or change programs and activities. Updated 05/15/2026**  
For the most up-to-date schedules, please visit our website at [www.aurora.ca/holidayschedules](http://www.aurora.ca/holidayschedules).