



FUN THEMED WORKSHOPS

Join Us For These Exciting Programs!

CALM QUEST KIDS WORKSHOPS

Age: 6 to 11 years

Location: *AFLC

^ATS

Discover the Calm Quest Kids Program, designed to help children to develop emotional awareness, self-regulation, and social skills through engaging activities and interactive lessons. Each workshop will feature a specific theme.

- Nov 6 – Team Building
- Nov 13 – Peer Pressure
- Nov 20 – Taking Responsibility
- Nov 27 – Anger Focus

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Nov 6	5:00pm – 6:30pm	\$19.00/1	40274^
Fri	Nov 13	5:00pm – 6:30pm	\$19.00/1	40275^
Fri	Nov 20	5:00pm – 6:30pm	\$19.00/1	40276^
Fri	Nov 27	5:00pm – 6:30pm	\$19.00/1	40277*

AURORA BARBARIANS – RUGBY SKILLS & GAMES

Age: 5 to 8 years

Location: Lind Realty Sports Dome

Completely safe with zero contact to introduce you to the game of rugby. These sessions will be geared towards body movements, with lots of games including running, evasion skills, change of direction/pace and ball movement.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	5:00pm – 6:00pm	\$40.00/8	40251



BADMINTON – JR & SR

Age: See below

Location: See below

Stay active with this exciting introductory program. This program will allow your child to learn how to play badminton, develop skills and become familiar with important technique.

Age: JR – 6 to 8 years

Location: *AFLC

^Hartman Public School

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Sept 25	6:00pm – 7:00pm	\$105.00/8	40233^
Sun	Sept 27	2:30pm – 3:30pm	\$105.00/8	40232*

Age: SR – 9 to 11 years

Location: *Aurora Heights Public School

^ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	6:00pm – 7:00pm	\$105.00/8	40252^
Thu	Sept 24	7:00pm – 8:00pm	\$105.00/8	40253*

BASKETBALL BASICS – JR & SR

Age: See below

Location: See below

This engaging co-ed program introduces young players to the game of basketball. Fun and fundamentals are the focus of this program which will include dribbling, shooting, passing, skills, drills and learning the rules of the game.

Age: JR – 6 to 8 years

Location: *AFLC

^Rick Hansen Public School

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 22	6:00pm – 7:00pm	\$105.00/8	40234^
Fri	Sept 25	4:00pm – 5:00pm	\$105.00/8	40235*

Age: SR – 9 to 12 years

Location: *AFLC

^Rick Hansen Public School

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 22	7:00pm – 8:00pm	\$105.00/8	40237^
Fri	Sept 25	5:00pm – 6:00pm	\$105.00/8	40236*



BOARDGAME HEROES

Age: 8 to 12 years

Location: ATS

Dice rolling, spinner twirling, picking a card – join us for an hour of board game fun. Participants will spend the first few weeks trying out a variety of board games and puzzles. Once they have done their field research, participants will work together to create games of their own as they make new friends, and challenge themselves with puzzles, trivia and game rules.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 7	5:30pm – 6:30pm	\$95.00/6	40254

CALM QUEST KIDS

Age: 6 to 11 years

Location: ATS

Discover the Calm Quest Kids Program, designed to help children to develop emotional awareness, self-regulation, and social skills through engaging activities and interactive lessons. Each session includes fun exercises, a Feelings Journal, and take-home resources for parents to reinforce learning. Empower your child with tools to understand and manage emotions, while building confidence and resilience.

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Sept 25	5:30pm – 6:30pm	\$187.00/5	40255

DANCE – BALLET

Age: 6 to 11 years

Location: ATS

Learn how to spin, twirl and point your toes. Each class will consist of learning the basics of ballet while having fun. Introduce your child to the joys of dance through this introductory program.

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 3	12:00pm – 12:45pm	\$115.00/8	40265

DANCE – HIP HOP

Age: 6 to 11 years

Location: ATS

Move to the groove and freestyle your way to learning the latest moves on the street. Each class will consist of learning the basics of hip hop dance. Join the fun and let your child dancer develop confidence and creativity.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 7	7:00pm – 7:45pm	\$115.00/8	40266
Sat	Oct 3	11:00am – 11:45am	\$115.00/8	40279

DANCE – JAZZ

Age: 6 to 11 years

Location: ATS

Your dancer will enjoy learning how to jump, step and groove to the music. Each class will consist of learning the basics of jazz dance. Join the fun and let your dancer develop their confidence and creatively express themselves.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 7	6:00pm – 6:45pm	\$150.00/8	40267

ENGINEERING FOR KIDS – HARDWARE & ELECTRICAL ENGINEERING

Age: 7 to 12 years

Location: ATS

In this program, participants take on the role of a hardware engineer – a professional who uses science, math, and technology to create products related to computer hardware. More specifically, this session will have participants creating video game controllers. Students will be introduced to concepts such as electrical circuits, ergonomics and computer interfaces.

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Sept 26	4:30pm – 5:30pm	\$258.00/8	40256

FUTURE AVIATORS CLUB

Age: 6 to 17 years

Location: AFLC

Future Aviators Club offers an engaging aviation training experience using a professional grade flight simulator. Participants will gain hands on practice with aircraft control, instruments, takeoff and landing, traffic patterns and navigation.

Note: Please select the session date that works best for your schedule.

Session: 1

DAY	DATE	TIME	FEE/CLASS	CODE
T/Th	Sept 22	4:00pm – 4:45pm	\$360.00/10	40440
T/Th	Sept 22	5:00pm – 5:45pm	\$360.00/10	40461
T/Th	Sept 22	6:00pm – 6:45pm	\$360.00/10	40462
T/Th	Sept 22	7:00pm – 7:45pm	\$360.00/10	40463

Session: 2

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Sept 27	2:00pm – 2:45pm	\$360.00/10	40465
Sun	Sept 27	3:00pm – 3:45pm	\$360.00/10	40466
Sun	Sept 27	4:00pm – 4:45pm	\$360.00/10	40467
Sun	Sept 27	5:00pm – 5:45pm	\$360.00/10	40468

Session: 3

DAY	DATE	TIME	FEE/CLASS	CODE
T/Th	Oct 27	4:00pm – 4:45pm	\$360.00/10	40469
T/Th	Oct 27	5:00pm – 5:45pm	\$360.00/10	40470
T/Th	Oct 27	6:00pm – 6:45pm	\$360.00/10	40471
T/Th	Oct 27	7:00pm – 7:45pm	\$360.00/10	40472

AGE REQUIREMENTS

For most Children's programs, participants must be the minimum age by the first day of the program.

CHILDREN'S PROGRAMS

INTRO TO SOCCER – JR & SR

Age: *JR – 6 to 8 years

^SR – 9 to 12 years

Location: Lind Realty Sports Dome

This introductory program will provide players with the basic skills, drills, rules, and an opportunity to develop as a player. Participants will enjoy warm-up activities, new skills, practice opportunities and a half-field scrimmage game at the end of each class. Encourage your child to grow a love of soccer through this fun and engaging learn to play program.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	5:00pm – 6:00pm	\$105.00/8	40257*
Mon	Sept 21	5:00pm – 6:00pm	\$105.00/8	40258^

JAYS CARE – GIRLS AT BAT

Age: 6 to 12 years

Location: ASC

Athletes will enjoy an introductory baseball/softball program that focuses on friendships and learning new skills. All self-identified girls and gender diverse participants are welcome. In partnership with the Jays Care Foundation, we are excited to offer this program designed to reduce some of the biggest barriers anyone identifying as a girl may face in sport. The program changes the game for girls by focusing on four key pillars: connection, courage, leadership and love of sport.

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Sept 26	10:30am – 11:30am	\$37.00/8	40259

JUNIOR ARCHERY

Age: 8 to 11 years

Location: AFLC

Do you love adventure tales such as Robin Hood? Get a feel for the excitement of archery with this fun and exciting introductory program. Participants will learn the basics, try shooting on targets and enjoy archery themed games.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	5:45pm – 6:45pm	\$76.50/6	40238

JUNIOR BAKER

Age: 7 to 12 years

Location: AFLC

This hands-on introductory baking class will provide children with an opportunity to experience the joys of baking. Each session provides new recipes. Participants should bring a container to take an extra delicious treat home. Please specify any food allergies or restrictions.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	4:30pm – 6:00pm	\$175.00/6	40239
Sat	Sept 26	9:00am – 10:30am	\$175.00/6	40240
Sat	Nov 7	9:00am – 10:30am	\$175.00/6	40242
Mon	Nov 9	4:30pm – 6:00pm	\$175.00/6	40241

JUNIOR CHEF

Age: 7 to 12 years

Location: AFLC

This hands-on introductory cooking class will provide children with an opportunity to experience the joys of cooking. Each session provides new recipes. Participants should bring a container to take an extra delicious treat home. Please specify any food allergies or restrictions.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	6:30pm – 8:00pm	\$175.00/6	40243
Sat	Sept 26	11:00am – 12:30pm	\$175.00/6	40244
Sat	Nov 7	11:00am – 12:30pm	\$175.00/6	40246
Mon	Nov 9	6:30pm – 8:00pm	\$175.00/6	40245

JUNIOR GIRLS GOT GAME BASKETBALL

Age: 4 to 7 years

Location: AFLC

This program is focused on introducing girls to the game of basketball, while building self-confidence through sport. The emphasis will be on developing fundamental movement and basketball skills in a fun, interactive environment. The program will also have older female athletes as coaches. This program is for girls only and no experience is necessary.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 23	6:00pm – 6:45pm	\$146.00/10	40457



KIDS GREAT MINDS – 3D PRINTING & MODELLING

Age: 8 to 12 years

Location: ATS

Kids will learn the art of 3D modeling as they design and create their own objects, from cars and toys to favourite characters such as Kirby, Minecraft Steve and custom inventions. They'll explore digital design tools and watch the magic unfold, as their creations are transformed into real objects with an on-site 3D printer, including a personalized nametag. By the end of the session, each participant will complete a final project that will be printed so they can proudly show off their custom-made creation.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	7:30pm – 8:45pm	\$249.00/8	40262

KIDS GREAT MINDS – COMPUTER ANIMATION

Age: 6 to 11 years

Location: ATS

Kids will discover just how easy and fun animation can be, with projects designed to have their creations up and moving in minutes. Along the way, they'll explore the 12 Principles of Animation, the same timeless techniques used by professional animators to make their work more expressive and realistic. They'll create animated stories and scenes, then share their masterpieces with the world. This program helps every child unlock their inner animator.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	4:50pm – 5:50pm	\$165.00/8	40260

KIDS GREAT MINDS – VIDEO GAME CREATION

Age: 6 to 11 years

Location: ATS

Kids will step into the role of game designers as they build exciting worlds, design challenges, and develop the rules that bring their games to life. Along the way, they'll learn the basics of programming and problem-solving in a fun and visual way. With real game controllers to test their creations, children will experience the thrill of building and playing their very own video games. By the end of the session, children will have a game to share and be proud of.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	5:55pm – 7:25pm	\$249.00/8	40261

KIDS RUN CLUB

Age: 7 to 12 years

Location: AFLC

This community-based running club is for children who want to learn new skills and have fun running with others. It is a non-competitive program. All fitness levels are welcome. Simply do your best and compete against your own time. Learn to build endurance, practice proper running form, pacing, injury prevention and nutrition.

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	Sept 21	4:45pm – 5:30pm	\$64.00/6	40247
T/Th	Sept 22	4:45pm – 5:30pm	\$64.00/6	40248



LEARN TO PLAY CHESS – BEGINNER

Age: 6 to 10 years

Location: ARC

Learn the basics of chess including piece movement, starting positions, strategy and endgame. Playing chess provides proven benefits to concentration, problem solving and creative thinking. Both instruction and friendly competition teach all to both win and lose with grace.

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Sept 27	2:15pm – 3:15pm	\$105.00/8	40264

LEARN TO PLAY CHESS – INTERMEDIATE

Age: 6 to 10 years

Location: ARC

The Queen, Bishops, Knights, Rooks and Pawns all assemble to defend the King. This intermediate version of the program is for participants looking for a challenge in chess. Both instruction and friendly competition teach all to both win and lose with grace.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	6:30pm – 7:30pm	\$105.00/8	40263

MAD SCIENCE – SCIENCE SURPRISE

Age: 6 to 12 years

Location: AFLC

Participants will test their forensic skills as they become super sleuths. Explore the amazing world of insects, learning how these fascinating creatures live. Each child will construct a propeller driven car, as they learn about the power of mighty machines. Learn about the mysteries of movie making and special effects. Explore the wild world of weather while making a UV keychain.

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Oct 13	6:00pm – 7:00pm	\$196.00/8	40249

NEW!



CHILDREN'S PROGRAMS



PLAYBALL – BALL HOCKEY

Age: 5 to 8 years

Location: ACC

Learn the rules, develop more confidence, learn teamwork and practice strategies such as attack and defense. All lessons remain fun-filled and non-competitive. Each child's needs are taken into consideration. This program is a great way for participants of all abilities to be part of the team.

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 22	6:15pm – 7:00pm	\$206.00/10	40268

READY, SET, PLAY!

Age: 7 to 12 years

Location: ACC

This program is a beginner-friendly introduction to a variety of sports. Each week features a new sport, teaching the basics in a fun and supportive setting. It's perfect for those looking to stay active, discover new passions, and explore different ways to play.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 23	7:00pm – 8:00pm	\$105.00/8	40269

RHYTHM MAKERS

Age: 7 to 10 years

Location: ACC

This musical program uses games and playful activities to introduce children to the joy of dance. Through interactive exercises, children explore rhythm, coordination, and creative expression while having fun with friends. This program fosters a love of dance in a lively, supportive environment that promotes confidence and physical development.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 21	5:30pm – 6:30pm	\$110.00/8	40270

SPIKE & SERVE VOLLEYBALL

Age: 8 to 11 years

Location: ARC

This introductory program will provide players with an opportunity to learn the basics of volleyball, while developing a love for the game. Instructors will introduce participants to basics skills and game rules through drills and games. At the end of each class, participants will take part in a short gameplay session using their new skills.

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 14	4:30pm – 5:30pm	\$105.00/8	40271
Mon	Nov 23	4:30pm – 5:30pm	\$52.50/4	40272

STONE SQUIRRELS ROCK CLIMBING

Age: 6 to 11 years

Location: AFLC

Join Stone Squirrels for a fun rock climbing course for kids. Each session will teach basic climbing techniques and skills through engaging games and challenges.

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Sept 26	11:30am – 12:30pm	\$93.00/6	40459
Sat	Nov 7	11:30am – 12:30pm	\$93.00/6	40460

STRONG IN SPORT

Age: 10 to 12 years

Location: AFLC

Female identifying participants will take part in sport, physical activity, mindfulness, and confidence building activities led by an all-female coaching team. Each week participants will have a chance to try out various sport activities in a friendly, non-competitive environment and programming that focuses on supporting participants' mental and emotional wellbeing.

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Sept 24	5:00pm – 6:30pm	\$40.00/8	40458

WIZE ACADEMY – AUGMENTED REALITY & VIRTUAL REALITY

Age: 8 to 12 years

Location: AFLC

Explore immersive technology by building interactive 3D worlds, animations and simulations. They'll create fun projects such as virtual tours and games, while learning design and basic coding concepts. The program encourages creativity and future-ready tech skills.

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Sept 27	12:00pm – 1:00pm	\$250.00/8	40282

WIZE ACADEMY – INTRO TO GENERATIVE ARTIFICIAL INTELLIGENCE

Age: 8 to 12 years

Location: AFLC

Step into the future of creativity with AI Adventurers. This is an exciting program where participants will turn their imaginations into stunning digital comics and videos using cutting-edge generative AI. Participants will craft unique stories, design characters, and produce eye-catching visuals as they explore tomorrow's storytelling tools today. Join us and become a digital storytelling superhero, bringing fantastical worlds and unforgettable adventures to life.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 23	6:15pm – 7:15pm	\$250.00/8	40281

WIZE ACADEMY – MOBILE APP DEVELOPMENT

Age: 8 to 12 years

Location: AFLC

Learn how to design and build your own mobile apps. Participants will create beginner-friendly apps such as quizzes, games, or utility tools while exploring UI/UX design and basic logic. Perfect for young creators interested in technology and innovation.

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Sept 25	4:45pm – 5:45pm	\$250.00/8	40280

CHILDREN'S PROGRAMS

These programs are brought to you by the Aurora Cultural Centre.

CHILDREN'S BEGINNER UKELELE

Age: 7 to 14 years

Location: ATS

This program is brought to you by the Aurora Cultural Centre. In this joyous youth program, crafted for both beginners and intermediates, young students will learn and play weekly song selections on the ukelele together. Including common chords, scales, techniques, and foundational principles of diatonic music. Please email info@auroraculturalcentre.ca if you have any questions.

*No class on: Sept 30

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 16	4:30pm – 5:30pm	\$95.00/5	40393*

CHILDREN'S VISUAL ART I

Age: 4 to 6 years

Location: ATS

This program is brought to you by the Aurora Cultural Centre. This art program invites children to explore visual art in our dynamic studio environment. Each week, students are introduced to a new artist and art movement, learning how different styles and ideas shape creative expression, while building an understanding of the elements of art. All materials and an Aurora Cultural Centre artist t-shirt are included. Please email info@auroraculturalcentre.ca if you have any questions.

*No class on: Oct 10

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Sept 26	10:00am – 11:30am	\$160.00/8	40414*

CHILDREN'S VISUAL ART II

Age: 7 to 12 years

Location: ATS

This program is brought to you by the Aurora Cultural Centre. This art program invites children to explore visual art in our dynamic studio environment. Each week, students are introduced to a new artist and art movement, learning how different styles and ideas shape creative expression, while building an understanding of the elements of art. All materials and an Aurora Cultural Centre artist t-shirt are included. Please email info@auroraculturalcentre.ca if you have any questions.

*No class on: Oct 10

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Sept 26	12:30pm – 2:30pm	\$210.00/8	40415*

COMIC DRAWING

Age: 7 to 12 years

Location: ATS

This program is brought to you by the Aurora Cultural Centre. In this fun-filled youth drawing program, learn the building blocks of the comic art form, with beginner steps to arrange characters, build settings, speech bubbles, and explosions in panels. Discover and explore drawing styles that illustrate and reflect your stories. All materials are provided. Please email info@auroraculturalcentre.ca if you have any questions.

*No class on: Oct 12 & 26

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 14	4:30pm – 5:30pm	\$200.00/8	40383*

