

AURORA FAMILY LEISURE COMPLEX

135 Industrial Parkway North | 905-841-7529
Desjardins Pool

SEPTEMBER 8 - DECEMBER 20, 2026

DAY	LANE SWIM & SPA	SILVER SWIMMERS	SENSORY SWIM
Mon & Wed	6:00am - 9:00am 12:30pm - 2:00pm 4:00pm - 5:00pm* 8:30pm - 10:00pm *Available: Sept 28 to Dec 2	12:00pm - 12:30pm	
Tue & Thu	6:00am - 9:00am 11:30am - 1:00pm 8:00pm - 9:30pm	11:00am - 11:30am	
Fri	6:00am - 9:00am 12:30pm - 2:00pm 4:00pm - 6:00pm* *Available: Oct 2 to Dec 4	12:00pm - 12:30pm	
Sat	8:00am - 9:30am		
Sun	8:00am - 9:30am		
			1:30pm - 2:30pm* *Available: Oct 4 to Dec 6

SWIM & HOLIDAY SCHEDULES

Visit www.aurora.ca/aquatics for the most up-to-date swimming information.

ARC POOL CLOSURE

September 5 to 20, 2026

ARC Pool will be closed for annual maintenance.

View AFLC revised swim schedule online at www.aurora.ca/aquatics.

HOLIDAY REVISED SCHEDULE

Winter Holiday Schedule: December 21, 2026 to January 1, 2027

Visit www.aurora.ca/aquatics for revised swim schedule.

SWIM DESCRIPTIONS

Lane Swim - For those wishing to utilize the pool for fitness and endurance. Participants are asked to swim continuously and in the lane appropriate to their speed. A double lane for general fitness activities is available for indicated swims only (^).

Therapy Pool - Intended for swimmers of all ages, however not exclusive to therapeutic purposes. Limited equipment may be provided at this time. Only available at the ARC.

Silver Swimmers - This program is to provide Older Adult Swimmers (55 yrs+) an opportunity to use the pool in a comfortable self-paced atmosphere with other older adult swimmers. This is a chance to get into the water and swim, or exercise at your own pace.

Leisure Swim - Fun and enjoyment for all ages. Includes Main, Therapy and Leisure Pools with Slide. Main Pool and Slide are not available where indicated (>).

Adapted Sensory Swim - Public swim designed for individuals with exceptionalities to enjoy and experience swimming in a quieter environment. No music and minimal noise levels.

AURORA RECREATION COMPLEX

1400 Wellington St. East | 905-726-4770
Canadian Tire Aquatic Centre

SEPTEMBER 21 - DECEMBER 20, 2026

DAY	LANE SWIM & THERAPY POOL	LEISURE SWIM
Mon & Wed	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	
Tue & Thu	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	9:00am - 10:30am>
Fri	7:30am - 9:00am 11:00am - 1:00pm^	
Sat	12:30pm - 2:00pm	2:15pm - 3:45pm
Sun	12:30pm - 2:00pm	2:15pm - 3:45pm

ADMISSION FEES (HST Included)

Under 4 Years

Free

4 to 17 Years

\$3.25 per person (per visit) | \$26.22 for 10 x visits

Adult (18 to 54 years)

\$5.25 per person (per visit) | \$42.00 for 10 x visits

Older Adult (55 years and older)

\$4.04 per person (per visit) | \$32.34 for 10 x visits

DESJARDINS DAYS

For schedules and up-to-date information, please visit www.aurora.ca/desjardinsdays

USE OF POOL DURING DROP-IN TIMES

Lane and Leisure swim times are for recreational use only. They are not to be used for personal profit (for example: teaching private swim lessons or coaching). We reserve the right to deny access to an individual(s) deemed to be in violation of this policy.



GENERAL AQUATIC INFORMATION

GENERAL POOL RULES

- Disposable and cloth diapers are not permitted in the water. Please use swim diapers designed for pool use.
- Individuals with a serious medical condition should be accompanied in the water with another individual knowledgeable of their condition and inform the lifeguard.
- Those infected with a communicable disease or having open sores on their body will not be admitted to the swimming pool.
- Please do not bring food and/or beverages onto pool decks or viewing galleries. Only water contained in plastic or non-breakable containers is permissible.

BEFORE SWIMMING LESSONS START

The Town of Aurora Aquatics Team will email session information prior to the first swim lesson. Please ensure your email is updated in e-PLAY to receive this information.

WHAT LEVEL SHOULD I REGISTER IN?

If you are unsure of your child's swim level, please see one of the Aquatic staff for a free evaluation during any Leisure Swim.

POOL FOULING/CLOSURE

Where a pool is closed due to a fouling, we will attempt to move classes to a different pool. If less than half the class has passed when this happens and we cannot accommodate rescheduling, a credit may be applied to your account. To reduce these situations, please ensure children not toilet trained are wearing snug fitting plastic pants or swim diapers.

www.aurora.ca/aquatics

MAKE-UP LESSONS

Make-up classes or credits due to participant illness or personal commitments will not be available.

PICTURE DAY

The use of Recording Devices is permitted on the pool deck, pool area, pool and pool viewing gallery on Picture Day. Please refer to the email sent to all parents at the start of the session for full details.

CELL PHONES, FILMING AND PHOTOGRAPHY

Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, viewing gallery or pool area during swimming programs or recreational swims.

STROLLERS, WHEELCHAIRS & ASSISTIVE MOBILITY DEVICES

Strollers are not permitted on the pool deck. Wheelchairs and assistive mobility devices (for example - walkers) are permitted, however the wheels must be cleaned prior to entering the pool area. Water wheelchairs are provided in the change rooms.

CHANGE ROOM POLICIES

- Children 7 years of age and older are encouraged to use the change room designated for their gender.
- Mixed gender families, unaccompanied children and persons with identified special needs and their caregivers are encouraged to use the family change room.

We ask that all patrons cooperate in making the change room experience comfortable for everyone.

Please do not leave clothing or other belongings in the change stalls during your time in the pool.

FREQUENTLY ASKED QUESTIONS

What was the last level my child passed? How do I get a copy of the report card?

- If your child attended a Town of Aurora Learn to Swim program within the last year, program results may be retrieved. Please contact the aquatic team at aquatics@aurora.ca.

If my child is repeating a level, should I tell the instructor?

- Yes. This helps the instructor focus on the required skills for successful completion.

What are the age requirements for swim lessons and leadership courses?

- Swimmers must be the required age on the start date of the program for levels Preschool 1 to 5.
- For levels Swimmer 1 to 10, swimmers must be of age by the end of the program.
- For Leadership programs, participants must be of age by the end of the program.

How do I request a specific instructor?

- Please see the information posted on our www.aurora.ca/LearnToSwim webpage and complete the form linked under Aquatics Instructor Request.

How do I register for a semi-private swim lesson (one instructor with two swimmers)?

- Please see the information posted on our www.aurora.ca/LearnToSwim webpage and complete the form hyperlinked under Semi-Private Swim Lessons.

How do I get all my children into swimming lessons on the same day and time?

- We recommend you review program offerings at various pools to get the best times and dates for your children. To view program offerings, visit our e-PLAY online registration system.

I cannot find a lesson on the day/time I want. What are my options?

- Have you considered other class times at your Town of Aurora pool of choice? Have you checked both the AFLC and ARC pools for classes that meet your needs? Please email aquatics@aurora.ca with your request, as we may have waitlists and spaces to add programs.

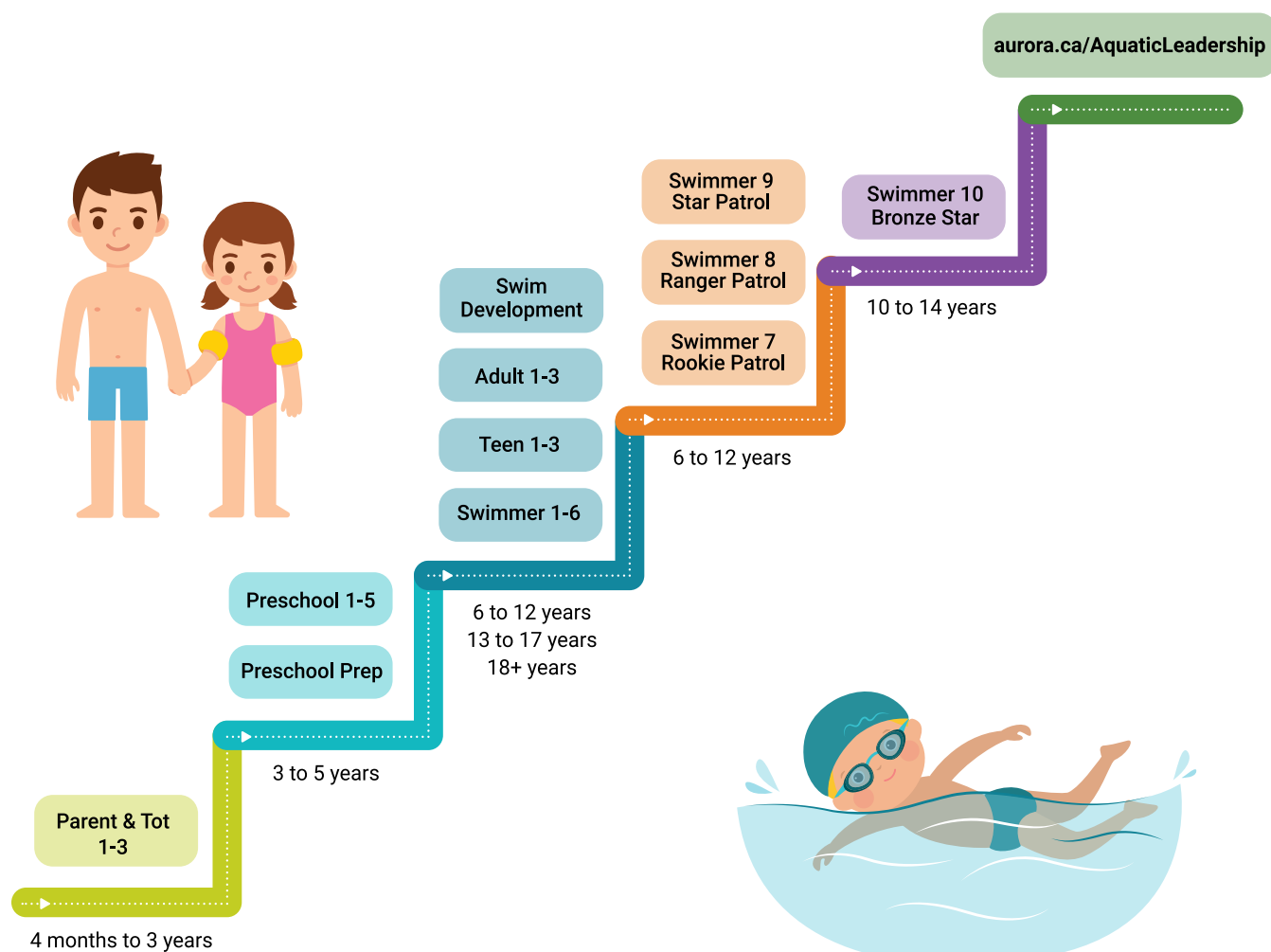


Town of Aurora

LEARN TO SWIM PROGRAM STRUCTURE

Ask us about:

- **Speciality Swim Lessons**
- **Aurora Lifesaving Club (ALC)**
- **Leadership Prep Courses**



aurora.ca/LearnToSwim





PARENT & TOT 1

Age: 4 to 12 months

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 4 to 12 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40481
Tue	Sept 29	6:30pm – 7:00pm	\$108.00/10	40482
Wed	Sept 30	5:30pm – 6:00pm	\$108.00/10	40483
Thu	Oct 1	6:00pm – 6:30pm	\$108.00/10	40484
Sat	Oct 3	9:30am – 10:00am	\$108.00/10	40485
Sat	Oct 3	11:15am – 11:45am	\$108.00/10	40486
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40487
Sun	Oct 4	10:00am – 10:30am	\$108.00/10	40488

PARENT & TOT 2

Age: 12 to 24 months

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 12 to 24 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:30pm	\$108.00/10	40489
Tue	Sept 29	5:30pm – 6:00pm	\$108.00/10	40490
Wed	Sept 30	6:00pm – 6:30pm	\$108.00/10	40491
Thu	Oct 1	6:30pm – 7:00pm	\$108.00/10	40492
Sat	Oct 3	10:00am – 10:30am	\$108.00/10	40493
Sat	Oct 3	11:00am – 11:30am	\$108.00/10	40494
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40495
Sun	Oct 4	10:30am – 11:00am	\$108.00/10	40496

PARENT & TOT 3

Age: 2 to 4 years

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the participant to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40497
Tue	Sept 29	6:00pm – 6:30pm	\$108.00/10	40498
Wed	Sept 30	6:00pm – 6:30pm	\$108.00/10	40499
Thu	Oct 1	5:30pm – 6:00pm	\$108.00/10	40500
Sat	Oct 3	9:00am – 9:30am	\$108.00/10	40501
Sat	Oct 3	10:30am – 11:00am	\$108.00/10	40502
Sat	Oct 3	11:30am – 12:00pm	\$108.00/10	40503
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40504
Sun	Oct 4	11:00am – 11:30am	\$108.00/10	40505
Sun	Oct 4	11:30am – 12:00pm	\$108.00/10	40506

PRESCHOOL PREP

Age: 3 to 6 years

This optional course is designed to allow children the opportunity to become acclimated to the pool and independent in their swim lessons. Parents accompany their children in lessons for the beginning of the session. By week 5, parents and staff will have worked to wean the parent out of the class, with the goal of children to be on their own for the last few classes.

Note: 1 guardian per child.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Oct 4	3:00pm – 3:30pm	\$108.00/10	40674

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40507
Tue	Sept 29	6:00pm – 6:30pm	\$108.00/10	40514
Wed	Sept 30	5:00pm – 5:30pm	\$108.00/10	40508
Thu	Oct 1	6:30pm – 7:00pm	\$108.00/10	40509
Sat	Oct 3	9:30am – 10:00am	\$108.00/10	40510
Sat	Oct 3	10:30am – 11:00am	\$108.00/10	40511
Sat	Oct 3	11:30am – 12:00pm	\$108.00/10	40515
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40512
Sun	Oct 4	10:15am – 10:45am	\$108.00/10	40513

INCLUSIVE SWIM LESSONS

Inclusive Swim Lessons are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation in group swim lessons. Aquatic Staff will maintain a one-to-one instructor to swimmer ratio. Aquatic Staff may provide redirection for safety reasons or to provide time for sensory breaks. Note: Please visit www.aurora.ca/inclusionservices to complete an Aquatic Intake Form. Registration for this program will close 7 days prior to the start date. Actual class time will be provided after registration is completed.



Parented Program

Note: 1 guardian per child.

PRESCHOOL 1**Age: 3 to 5 years**

Preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their face wet and blow bubbles underwater.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40675
Sat	Oct 3	12:00pm – 12:30pm	\$108.00/10	40676
Sun	Oct 4	10:30am – 11:00am	\$108.00/10	40679
Sun	Oct 4	3:30pm – 4:00pm	\$108.00/10	40680

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40516
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40517
Tue	Sept 29	5:30pm – 6:00pm	\$108.00/10	40518
Tue	Sept 29	6:30pm – 7:00pm	\$108.00/10	40519
Wed	Sept 30	5:00pm – 5:30pm	\$108.00/10	40520
Thu	Oct 1	5:00pm – 5:30pm	\$108.00/10	40521
Thu	Oct 1	6:30pm – 7:00pm	\$108.00/10	40522
Fri	Oct 2	6:15pm – 6:45pm	\$108.00/10	40523
Sat	Oct 3	9:00am – 9:30am	\$108.00/10	40524
Sat	Oct 3	9:30am – 10:00am	\$108.00/10	40525
Sat	Oct 3	10:00am – 10:30am	\$108.00/10	40526
Sat	Oct 3	11:00am – 11:30am	\$108.00/10	40527
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40528
Sun	Oct 4	10:00am – 10:30am	\$108.00/10	40529
Sun	Oct 4	11:00am – 11:30am	\$108.00/10	40530
Sun	Oct 4	11:30am – 12:00pm	\$108.00/10	40531

SPECIALTY – H3O PRESCHOOL 1**Age: 3 to 5 years**

This class is offered at a lower ratio with a maximum of 3 swimmers. Please see the Preschool 1 course description for more details.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	5:00pm – 5:30pm	\$176.00/10	40532
Thu	Oct 1	6:00pm – 6:30pm	\$176.00/10	40533

INCLUSIVE – PRESCHOOL 1**Age: 3 to 5 years**

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Preschool 1 swim class. Please see the Preschool 1 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$179.50/10	40684
Sat	Oct 3	12:00pm – 12:30pm	\$179.50/10	40685

AGE REQUIREMENTS

For Parented and Preschool programs, participants must be the minimum age by the first day of the program. For all other programs, participants must be the minimum age by the last day of the program.

PRESCHOOL 2**Age: 3 to 5 years**

Preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. While wearing a lifejacket they'll glide on their front and back.

Prerequisite: Preschool 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40677
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40678
Sat	Oct 3	11:00am – 11:30am	\$108.00/10	40681
Sun	Oct 4	10:30am – 11:00am	\$108.00/10	40682
Sun	Oct 4	4:00pm – 4:30pm	\$108.00/10	40683

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40534
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40535
Tue	Sept 29	5:00pm – 5:30pm	\$108.00/10	40536
Wed	Sept 30	5:00pm – 5:30pm	\$108.00/10	40537
Wed	Sept 30	5:30pm – 6:00pm	\$108.00/10	40538
Thu	Oct 1	5:30pm – 6:00pm	\$108.00/10	40539
Thu	Oct 1	7:00pm – 7:30pm	\$108.00/10	40540
Fri	Oct 2	6:45pm – 7:15pm	\$108.00/10	40541
Sat	Oct 3	9:00am – 9:30am	\$108.00/10	40542
Sat	Oct 3	10:00am – 10:30am	\$108.00/10	40543
Sat	Oct 3	10:30am – 11:00am	\$108.00/10	40544
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40545
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40546
Sun	Oct 4	10:00am – 10:30am	\$108.00/10	40547
Sun	Oct 4	11:30am – 12:00pm	\$108.00/10	40548

SPECIALTY – H3O PRESCHOOL 2**Age: 3 to 5 years**

This class is offered at a lower ratio with a maximum of 3 swimmers. Please see the Preschool 2 course description for more details.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	5:30pm – 6:00pm	\$176.00/10	40549
Thu	Oct 1	5:00pm – 5:30pm	\$176.00/10	40550

INCLUSIVE – PRESCHOOL 2**Age: 3 to 5 years**

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Preschool 2 swim class. Please see the Preschool 2 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$179.50/10	40684
Mon	Sept 28	5:30pm – 6:00pm	\$179.50/10	40686
Sat	Oct 3	11:00am – 11:30am	\$179.50/10	40687

IS YOUR CHILD TURNING 6 YEARS OLD?

If your child has completed Preschool 5, please register in Swimmer 2. If they are still working on Preschool 1 to 5, please register in Swimmer 1.

LEARN TO SWIM

PRESCHOOL 3

Age: 3 to 5 years

Preschoolers will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Prerequisite: Preschool 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40688
Mon	Sept 28	6:15pm – 6:45pm	\$108.00/10	40689
Sat	Oct 3	10:30am – 11:00am	\$108.00/10	40690
Sun	Oct 4	10:00am – 10:30am	\$108.00/10	40691

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40551
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40552
Tue	Sept 29	5:00pm – 5:30pm	\$108.00/10	40553
Tue	Sept 29	6:30pm – 7:00pm	\$108.00/10	40554
Wed	Sept 30	5:00pm – 5:30pm	\$108.00/10	40555
Wed	Sept 30	5:30pm – 6:00pm	\$108.00/10	40556
Thu	Oct 1	5:00pm – 5:30pm	\$108.00/10	40557
Thu	Oct 1	7:00pm – 7:30pm	\$108.00/10	40558
Fri	Oct 2	6:45pm – 7:15pm	\$108.00/10	40568
Sat	Oct 3	9:00am – 9:30am	\$108.00/10	40559
Sat	Oct 3	9:30am – 10:00am	\$108.00/10	40560
Sat	Oct 3	10:30am – 11:00am	\$108.00/10	40561
Sat	Oct 3	11:30am – 12:00pm	\$108.00/10	40562
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40563
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40564
Sun	Oct 4	10:30am – 11:00am	\$108.00/10	40565
Sun	Oct 4	10:45am – 11:15am	\$108.00/10	40566
Sun	Oct 4	11:30am – 12:00pm	\$108.00/10	40567

SPECIALTY – H3O PRESCHOOL 3

Age: 3 to 5 years

This class is offered at a lower ratio with a maximum of 3 swimmers. Please see the Preschool 3 course description for more details.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	6:00pm – 6:30pm	\$176.00/10	40569
Thu	Oct 1	5:30pm – 6:00pm	\$176.00/10	40913

INCLUSIVE – PRESCHOOL 3

Age: 3 to 5 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Preschool 3 swim class. Please see the Preschool 3 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:30pm – 6:00pm	\$179.50/10	40686
Sat	Oct 3	10:30am – 11:00am	\$179.50/10	40692

PRESCHOOL 4

Age: 3 to 5 years

Preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short (5 m) swim on their front wearing a lifejacket and gliding and kicking on their side.

Prerequisite: Preschool 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:30pm – 7:00pm	\$108.00/10	40693
Sat	Oct 3	11:30am – 12:00pm	\$108.00/10	40694
Sun	Oct 4	11:00am – 11:30am	\$108.00/10	40695

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40571
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40572
Tue	Sept 29	5:30pm – 6:00pm	\$108.00/10	40573
Tue	Sept 29	7:00pm – 7:30pm	\$108.00/10	40574
Wed	Sept 30	5:15pm – 5:45pm	\$108.00/10	40575
Wed	Sept 30	5:45pm – 6:15pm	\$108.00/10	40576
Thu	Oct 1	6:00pm – 6:30pm	\$108.00/10	40577
Fri	Oct 2	6:15pm – 6:45pm	\$108.00/10	40578
Sat	Oct 3	9:00am – 9:30am	\$108.00/10	40579
Sat	Oct 3	11:30am – 12:00pm	\$108.00/10	40580
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40581
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40582
Sun	Oct 4	10:30am – 11:00am	\$108.00/10	40583
Sun	Oct 4	11:15am – 11:45am	\$108.00/10	40584

SPECIALTY – H3O PRESCHOOL 4

Age: 3 to 5 years

This class is offered at a lower ratio with a maximum of 3 swimmers. Please see the Preschool 4 course description for more details.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	6:30pm – 7:00pm	\$176.00/10	40585
Thu	Oct 1	7:00pm – 7:30pm	\$176.00/10	40586

INCLUSIVE – PRESCHOOL 4

Age: 3 to 5 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Preschool 4 swim class. Please see the Preschool 4 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:30pm – 7:00pm	\$179.50/10	40696
Sat	Oct 3	11:30am – 12:00pm	\$179.50/10	40697

LEARN TO SWIM PROGRAMS

Learn to Swim Programs from other municipalities or organizations may differ from our swim program. Please register for a Swim Assessment to confirm the correct level prior to registering. Please visit www.aurora.ca/learntoswim for full details.

PRESCHOOL 5

Age: 3 to 5 years

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Prerequisite: Preschool 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:30pm – 7:00pm	\$108.00/10	40698
Sat	Oct 3	11:30am – 12:00pm	\$108.00/10	40699

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40587
Tue	Sept 29	5:00pm – 5:30pm	\$108.00/10	40588
Wed	Sept 30	5:30pm – 6:00pm	\$108.00/10	40589
Thu	Oct 1	6:00pm – 6:30pm	\$108.00/10	40590
Sat	Oct 3	10:00am – 10:30am	\$108.00/10	40591
Sat	Oct 3	11:30am – 12:00pm	\$108.00/10	40592
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40593
Sun	Oct 4	10:45am – 11:15am	\$108.00/10	40594

SPECIALTY – H30 PRESCHOOL 5

Age: 3 to 5 years

This class is offered at a lower ratio with a maximum of 3 swimmers. Please see the Preschool 5 course description for more details.

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	7:00pm – 7:30pm	\$176.00/10	40595
Thu	Oct 1	6:30pm – 7:00pm	\$176.00/10	40596

INCLUSIVE – PRESCHOOL 5

Age: 3 to 5 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Preschool 5 swim class. Please see the Preschool 5 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:30pm – 7:00pm	\$179.50/10	40696
Sat	Oct 3	11:30am – 12:00pm	\$179.50/10	40697

NON-RESIDENT SURCHARGE

A 20% non-resident surcharge will be applied to ALL Learn to Swim fees (including group, semi-private and private) for non-Aurora residents.

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

PRESCHOOL PRIVATE LESSONS

Age: 3 to 5 years

These private lessons are taught in shallow water only. Shallow water is best suited for Preschool 1 to 5.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	5:30pm – 6:00pm	\$306.00/10	40700
Wed	Sept 30	5:00pm – 5:30pm	\$306.00/10	40701
Wed	Sept 30	5:30pm – 6:00pm	\$306.00/10	40702
Wed	Sept 30	6:00pm – 6:30pm	\$306.00/10	40703
Wed	Sept 30	6:30pm – 7:00pm	\$306.00/10	40704
Wed	Sept 30	7:00pm – 7:30pm	\$306.00/10	40705
Sat	Oct 3	11:00am – 11:30am	\$306.00/10	40708
Sat	Oct 3	12:00pm – 12:30pm	\$306.00/10	40709
Sun	Oct 4	10:00am – 10:30am	\$306.00/10	40713
Sun	Oct 4	10:30am – 11:00am	\$306.00/10	40714
Sun	Oct 4	11:00am – 11:30am	\$306.00/10	40715
Sun	Oct 4	11:30am – 12:00pm	\$306.00/10	40716
Sun	Oct 4	12:00pm – 12:30pm	\$306.00/10	40717
Sun	Oct 4	12:30pm – 1:00pm	\$306.00/10	40718

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$306.00/10	40597
Tue	Sept 29	7:00pm – 7:30pm	\$306.00/10	40598
Thu	Oct 1	5:00pm – 5:30pm	\$306.00/10	40599
Fri	Oct 2	7:15pm – 7:45pm	\$306.00/10	40903

Sensory Swim Drop-in



Going swimming at an indoor or outdoor pool can be an overwhelming sensory experience for individuals with autism, sensory or other learning disabilities.

The Town of Aurora is proud to offer a Sensory Swim geared towards those who have sensory sensitivity and would benefit from swimming in a pool environment with reduced sensory stimulus.

aurora.ca/SensorySwim

LEARN TO SWIM



SWIMMER 1

Age: 6 to 12 years

Swimmers will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:30pm	\$108.00/10	40730
Mon	Sept 28	7:00pm – 7:30pm	\$108.00/10	40731
Tue	Sept 29	5:15pm – 5:45pm	\$108.00/10	40732
Tue	Sept 29	6:00pm – 6:30pm	\$108.00/10	40733
Thu	Oct 1	5:30pm – 6:00pm	\$108.00/10	40734
Fri	Oct 2	7:00pm – 7:30pm	\$108.00/10	40735
Sat	Oct 3	12:00pm – 12:30pm	\$108.00/10	40736
Sun	Oct 4	10:00am – 10:30am	\$108.00/10	40737
Sun	Oct 4	11:00am – 11:30am	\$108.00/10	40738
Sun	Oct 4	12:00pm – 12:30pm	\$108.00/10	40739
Sun	Oct 4	3:00pm – 3:30pm	\$108.00/10	40740
Sun	Oct 4	3:30pm – 4:00pm	\$108.00/10	40741

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40600
Mon	Sept 28	5:30pm – 6:00pm	\$108.00/10	40601
Tue	Sept 29	6:00pm – 6:30pm	\$108.00/10	40602
Tue	Sept 29	7:00pm – 7:30pm	\$108.00/10	40603
Wed	Sept 30	5:00pm – 5:30pm	\$108.00/10	40604
Wed	Sept 30	5:30pm – 6:00pm	\$108.00/10	40605
Thu	Oct 1	5:30pm – 6:00pm	\$108.00/10	40606
Thu	Oct 1	7:00pm – 7:30pm	\$108.00/10	40607
Fri	Oct 2	6:15pm – 6:45pm	\$108.00/10	40608
Sat	Oct 3	9:30am – 10:00am	\$108.00/10	40609
Sat	Oct 3	10:15am – 10:45am	\$108.00/10	40610
Sat	Oct 3	11:00am – 11:30am	\$108.00/10	40611
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40612
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40613
Sun	Oct 4	11:15am – 11:45am	\$108.00/10	40614

SPECIALTY – SWIM DEVELOPMENT 1

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 1. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 1 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	6:45pm – 7:15pm	\$176.00/10	40742
Sat	Oct 3	11:00am – 11:30am	\$176.00/10	40743
Sun	Oct 4	4:30pm – 5:00pm	\$176.00/10	40744

INCLUSIVE – SWIMMER 1

Age: 6 to 12 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Swimmer 1 swim class. Please see the Swimmer 1 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:30pm	\$179.50/10	40745
Mon	Sept 28	7:00pm – 7:30pm	\$179.50/10	40746
Sat	Oct 3	12:00pm – 12:30pm	\$179.50/10	40747

SWIMMER 2

Age: 6 to 12 years

Swimmers will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

Prerequisite: Preschool 5 or Swimmer 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40748
Mon	Sept 28	5:45pm – 6:15pm	\$108.00/10	40749
Mon	Sept 28	7:00pm – 7:30pm	\$108.00/10	40750
Tue	Sept 29	4:30pm – 5:00pm	\$108.00/10	40751
Tue	Sept 29	5:15pm – 5:45pm	\$108.00/10	40752
Tue	Sept 29	6:00pm – 6:30pm	\$108.00/10	40753
Thu	Oct 1	5:30pm – 6:00pm	\$108.00/10	40754
Thu	Oct 1	6:00pm – 6:30pm	\$108.00/10	40755
Fri	Oct 2	7:15pm – 7:45pm	\$108.00/10	40756
Sat	Oct 3	12:30pm – 1:00pm	\$108.00/10	40757
Sun	Oct 4	10:30am – 11:00am	\$108.00/10	40758
Sun	Oct 4	11:30am – 12:00pm	\$108.00/10	40759
Sun	Oct 4	12:30pm – 1:00pm	\$108.00/10	40760
Sun	Oct 4	3:30pm – 4:00pm	\$108.00/10	40761
Sun	Oct 4	5:15pm – 5:45pm	\$108.00/10	40762

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:30pm	\$108.00/10	40615
Mon	Sept 28	6:00pm – 6:30pm	\$108.00/10	40616
Wed	Sept 30	6:15pm – 6:45pm	\$108.00/10	40617
Fri	Oct 2	6:45pm – 7:15pm	\$108.00/10	40618
Sat	Oct 3	9:00am – 9:30am	\$108.00/10	40619
Sat	Oct 3	9:45am – 10:15am	\$108.00/10	40620
Sat	Oct 3	10:45am – 11:15am	\$108.00/10	40621
Sat	Oct 3	11:00am – 11:30am	\$108.00/10	40622
Sun	Oct 4	9:00am – 9:30am	\$108.00/10	40623
Sun	Oct 4	9:30am – 10:00am	\$108.00/10	40624
Sun	Oct 4	10:00am – 10:30am	\$108.00/10	40625
Sun	Oct 4	11:15am – 11:45am	\$108.00/10	40626

INSTRUCTOR REQUESTS

The Aquatics Division does recognize the importance of consistency in instructors and offers parents an opportunity to request the same instructor for repeat sessions. Please visit www.aurora.ca/learntoswim to complete the Aquatics Instructor Request form no later than 1 week prior to the start of the lesson. We will do our best to accommodate your request.

SPECIALTY – SWIM DEVELOPMENT 2

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 2. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 2 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:45pm – 8:15pm	\$176.00/10	40763
Sat	Oct 3	10:30am – 11:00am	\$176.00/10	40764

INCLUSIVE – SWIMMER 2

Age: 6 to 12 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Swimmer 2 swim class. Please see the Swimmer 2 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:30pm	\$179.50/10	40745
Mon	Sept 28	7:00pm – 7:30pm	\$179.50/10	40746
Sat	Oct 3	12:30pm – 1:00pm	\$179.50/10	40765

SWIMMER 3

Age: 6 to 12 years

Swimmers will dive, do in-waterfront somersaults, and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Prerequisite: Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:45pm	\$124.00/10	40791
Mon	Sept 28	5:45pm – 6:30pm	\$124.00/10	40792
Tue	Sept 29	4:30pm – 5:15pm	\$124.00/10	40793
Tue	Sept 29	6:00pm – 6:45pm	\$124.00/10	40885
Thu	Oct 1	5:30pm – 6:15pm	\$124.00/10	40886
Fri	Oct 2	6:15pm – 7:00pm	\$124.00/10	40887
Fri	Oct 2	7:15pm – 8:00pm	\$124.00/10	40888
Sat	Oct 3	10:30am – 11:15am	\$124.00/10	40889
Sat	Oct 3	12:00pm – 12:45pm	\$124.00/10	40890
Sun	Oct 4	11:30am – 12:15pm	\$124.00/10	40891
Sun	Oct 4	3:15pm – 4:00pm	\$124.00/10	40892
Sun	Oct 4	4:30pm – 5:15pm	\$124.00/10	40893

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:45pm	\$124.00/10	40630
Mon	Sept 28	6:30pm – 7:15pm	\$124.00/10	40640
Wed	Sept 30	6:00pm – 6:45pm	\$124.00/10	40631
Fri	Oct 2	5:30pm – 6:15pm	\$124.00/10	40632
Sat	Oct 3	9:00am – 9:45am	\$124.00/10	40633
Sat	Oct 3	9:45am – 10:30am	\$124.00/10	40634
Sat	Oct 3	10:45am – 11:30am	\$124.00/10	40635
Sat	Oct 3	11:15am – 12:00pm	\$124.00/10	40636
Sun	Oct 4	9:30am – 10:15am	\$124.00/10	40637
Sun	Oct 4	10:00am – 10:45am	\$124.00/10	40638
Sun	Oct 4	10:30am – 11:15am	\$124.00/10	40639

SPECIALTY – SWIM DEVELOPMENT 3

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 3. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 3 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:30pm – 8:00pm	\$176.00/10	40794
Sat	Oct 3	12:30pm – 1:00pm	\$176.00/10	40795

INCLUSIVE – SWIMMER 3

Age: 6 to 12 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Swimmer 3 swim class. Please see the Swimmer 3 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:45pm	\$215.00/10	40796
Sat	Oct 3	10:30am – 11:15am	\$215.00/10	40797

SWIMMER 4

Age: 6 to 12 years

Swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Prerequisite: Swimmer 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:45pm	\$124.00/10	40798
Tue	Sept 29	4:30pm – 5:15pm	\$124.00/10	40799
Tue	Sept 29	5:45pm – 6:30pm	\$124.00/10	40800
Thu	Oct 1	5:30pm – 6:15pm	\$124.00/10	40801
Fri	Oct 2	6:45pm – 7:30pm	\$124.00/10	40802
Sat	Oct 3	10:30am – 11:15am	\$124.00/10	40803
Sun	Oct 4	11:30am – 12:15pm	\$124.00/10	40804
Sun	Oct 4	3:45pm – 4:30pm	\$124.00/10	40805

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:45pm	\$124.00/10	40641
Mon	Sept 28	6:45pm – 7:30pm	\$124.00/10	40642
Wed	Sept 30	6:00pm – 6:45pm	\$124.00/10	40643
Fri	Oct 2	5:30pm – 6:15pm	\$124.00/10	40644
Sat	Oct 3	9:00am – 9:45am	\$124.00/10	40645
Sat	Oct 3	9:30am – 10:15am	\$124.00/10	40646
Sat	Oct 3	11:15am – 12:00pm	\$124.00/10	40647
Sun	Oct 4	10:30am – 11:15am	\$124.00/10	40648
Sun	Oct 4	11:00am – 11:45am	\$124.00/10	40649

DIVING – AURORA FAMILY LEISURE COMPLEX

Please note that due to the depth of the pool at the AFLC, any diving components will not be included in the program. This will not affect the outcome of the participant's ability to complete a swimming level.

LEARN TO SWIM

SPECIALTY – SWIM DEVELOPMENT 4

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 4. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 4 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	6:15pm – 6:45pm	\$176.00/10	40806
Sat	Oct 3	11:30am – 12:00pm	\$176.00/10	40807

INCLUSIVE – SWIMMER 4

Age: 6 to 12 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Swimmer 4 swim class. Please see the Swimmer 4 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:00pm – 5:45pm	\$215.00/10	40796
Sat	Oct 3	10:30am – 11:15am	\$215.00/10	40797

SWIMMER 5

Age: 6 to 12 years

Swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

Prerequisite: Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:45pm	\$124.00/10	40808
Mon	Sept 28	6:45pm – 7:30pm	\$124.00/10	40809
Tue	Sept 29	4:30pm – 5:15pm	\$124.00/10	40810
Tue	Sept 29	5:45pm – 6:30pm	\$124.00/10	40811
Thu	Oct 1	5:30pm – 6:15pm	\$124.00/10	40812
Fri	Oct 2	6:15pm – 7:00pm	\$124.00/10	40813
Sat	Oct 3	11:15am – 12:00pm	\$124.00/10	40814
Sun	Oct 4	12:15pm – 1:00pm	\$124.00/10	40815
Sun	Oct 4	5:00pm – 5:45pm	\$124.00/10	40816

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:45pm – 7:30pm	\$124.00/10	40650
Wed	Sept 30	6:00pm – 6:45pm	\$124.00/10	40651
Fri	Oct 2	5:30pm – 6:15pm	\$124.00/10	40652
Sat	Oct 3	9:00am – 9:45am	\$124.00/10	40653
Sat	Oct 3	10:30am – 11:15am	\$124.00/10	40654
Sat	Oct 3	11:15am – 12:00pm	\$124.00/10	40655
Sun	Oct 4	10:00am – 10:45am	\$124.00/10	40656
Sun	Oct 4	10:45am – 11:30am	\$124.00/10	40657
Sun	Oct 4	11:15am – 12:00pm	\$124.00/10	40658

SPECIALTY – SWIM DEVELOPMENT 5

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 5. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 5 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	8:15pm – 8:45pm	\$176.00/10	40817
Sat	Oct 3	10:30am – 11:00am	\$176.00/10	40818

INCLUSIVE – SWIMMER 5

Age: 6 to 12 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Swimmer 5 swim class. Please see the Swimmer 5 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:45pm – 6:30pm	\$215.00/10	40819
Sat	Oct 3	11:15am – 12:00pm	\$215.00/10	40820

SWIMMER 6

Age: 6 to 12 years

Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complete the 300 m workout.

Prerequisite: Swimmer 5

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:45pm	\$124.00/10	40821
Tue	Sept 29	5:15pm – 6:00pm	\$124.00/10	40822
Fri	Oct 2	6:45pm – 7:30pm	\$124.00/10	40823
Sat	Oct 3	11:15am – 12:00pm	\$124.00/10	40824
Sun	Oct 4	12:15pm – 1:00pm	\$124.00/10	40825
Sun	Oct 4	3:00pm – 3:45pm	\$124.00/10	40826

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:45pm	\$124.00/10	40659
Wed	Sept 30	6:45pm – 7:30pm	\$124.00/10	40660
Fri	Oct 2	5:30pm – 6:15pm	\$124.00/10	40661
Sat	Oct 3	9:00am – 9:45am	\$124.00/10	40662
Sat	Oct 3	10:30am – 11:15am	\$124.00/10	40663
Sun	Oct 4	10:00am – 10:45am	\$124.00/10	40664
Sun	Oct 4	10:45am – 11:30am	\$124.00/10	40665





SPECIALTY – SWIM DEVELOPMENT 6

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 6. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 6 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:00pm – 7:30pm	\$176.00/10	40827
Sat	Oct 3	12:30pm – 1:00pm	\$176.00/10	40828

INCLUSIVE – SWIMMER 6

Age: 6 to 12 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Swimmer 6 swim class. Please see the Swimmer 6 course description and Inclusive Swim Lessons box for full details.

NEW!

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:45pm – 6:30pm	\$215.00/10	40819
Sat	Oct 3	11:15am – 12:00pm	\$215.00/10	40820

SWIMMER 7 – ROOKIE PATROL

Age: 6 to 12 years

Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.

• Level must be completed in a group class (not a private lesson).

Prerequisite: Swimmer 6

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	4:30pm – 5:30pm	\$147.00/10	40829
Fri	Oct 2	8:00pm – 9:00pm	\$147.00/10	40830
Sat	Oct 3	12:00pm – 1:00pm	\$147.00/10	40831
Sun	Oct 4	4:00pm – 5:00pm	\$147.00/10	40832

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	6:30pm – 7:30pm	\$147.00/10	40666
Fri	Oct 2	8:00pm – 9:00pm	\$147.00/10	40902
Sat	Oct 3	9:45am – 10:45am	\$147.00/10	40667
Sat	Oct 3	10:45am – 11:45am	\$147.00/10	40668
Sun	Oct 4	9:00am – 10:00am	\$147.00/10	40669
Sun	Oct 4	10:00am – 11:00am	\$147.00/10	40670

SWIMMER 8 – RANGER PATROL

Age: 6 to 12 years

Swimmers develop better strokes over 75 m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

• Level must be completed in a group class (not a private lesson).

Prerequisite: Swimmer 7 – Rookie Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 29	5:30pm – 6:30pm	\$147.00/10	40833
Fri	Oct 2	8:15pm – 9:15pm	\$147.00/10	40834
Sun	Oct 4	4:00pm – 5:00pm	\$147.00/10	40835

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 3	9:45am – 10:45am	\$147.00/10	40671
Sat	Oct 3	11:00am – 12:00pm	\$147.00/10	40672
Sun	Oct 4	11:00am – 12:00pm	\$147.00/10	40673

SWIMMER 9 – STAR PATROL

Age: 6 to 12 years

Swimmers are challenged with 600 m workouts; 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

• Level must be completed in a group class (not a private lesson).

Prerequisite: Swimmer 8 – Ranger Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	8:15pm – 9:15pm	\$147.00/10	40836
Sun	Oct 4	4:00pm – 5:00pm	\$147.00/10	40837

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 3	10:00am – 11:00am	\$147.00/10	40706
Sun	Oct 4	9:30am – 10:30am	\$147.00/10	40707



LEARN TO SWIM

SWIMMER 10 – BRONZE STAR

Age: 10 to 13 years

The course will prepare young candidates to be ready for Bronze Medallion. It will focus on lifesaving skills and fitness as well as decision-making and how to take charge in an emergency.

- Level must be completed in a group class (not a private lesson).

Note: Swimmer 9 – Star Patrol recommended

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Oct 4	10:15am – 11:30am	\$164.00/10	40839

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 7:15pm	\$164.00/10	40710
Fri	Oct 2	7:45pm – 9:00pm	\$164.00/10	40711
Sat	Oct 3	9:00am – 10:15am	\$164.00/10	40712

BRONZE PREP

Age: 12+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for Bronze Medallion and Bronze Cross levels. Not a certification course.

Prerequisite: Swimmer 6

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	6:30pm – 7:30pm	\$147.00/10	40719
Sat	Oct 3	10:15am – 11:15am	\$147.00/10	40720

FITNESS SWIMMER

Age: 10 to 16 years

Geared toward swimmers who want to improve their overall physical fitness in the water. Fitness Swimmer provides a structured approach based on accepted training principles and practices, including interval training, sprints and distance swims. Candidates set their own goals to improve overall physical fitness.

Prerequisite: Swimmer 6, Teen 3 or equivalent

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Oct 1	5:30pm – 6:30pm	\$147.00/10	40851

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 3	9:00am – 10:00am	\$147.00/10	40727
Sun	Oct 4	10:00am – 11:00am	\$147.00/10	40728



TEEN 1

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:45pm – 7:30pm	\$139.00/10	40840
Sun	Oct 4	5:00pm – 5:45pm	\$139.00/10	40841

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	6:45pm – 7:30pm	\$139.00/10	40721

TEEN 2

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:45pm – 7:30pm	\$139.00/10	40842
Sun	Oct 4	5:00pm – 5:45pm	\$139.00/10	40843

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	6:45pm – 7:30pm	\$139.00/10	40722

TEEN 3

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Oct 4	5:00pm – 5:45pm	\$139.00/10	40844

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	6:45pm – 7:30pm	\$139.00/10	40723

INCLUSIVE – TEEN 1, 2 & 3

NEW!

Age: 12 to 17 years

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic Staff are available to facilitate participation along with a Teen level swim class. Please see the Teen 1, 2 or 3 course description and Inclusive Swim Lessons box for full details.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:45pm – 7:30pm	\$215.00/10	40847

ADULT 1**Age: 18+ years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:30pm – 8:15pm	\$139.00/10	40848

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:45pm – 7:30pm	\$139.00/10	40724

ADULT 2**Age: 18+ years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen/Adult 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:30pm – 8:15pm	\$139.00/10	40849

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:45pm – 7:30pm	\$139.00/10	40725

ADULT 3**Age: 18+ years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen/Adult 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:30pm – 8:15pm	\$139.00/10	40850

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:45pm	\$139.00/10	40726

ADULT LEARN TO SWIM**Age: 40+ years****NEW!**

These lessons are for adults, taught by adults. On the first day, you will be screened and grouped with other adults of similar swim abilities. Work at your own pace and learn to be safe, while having fun developing your skills and fitness.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	9:15am – 9:45am	\$121.50/10	40314
Fri	Oct 2	9:45am – 10:15am	\$121.50/10	40315
Fri	Oct 2	10:15am – 10:45am	\$121.50/10	40316

Aquatic Leadership**Adult Aquatic Career Training (A.C.T.)** AGE 18+**September 21 to December 19**

9:30 a.m. to 2 p.m.
Code 40901 | \$75 fee
 Learn new aquatic skills
 & lifesaving techniques!

aurora.ca/AquaticLeadership
**ADULT AQUATIC CAREER TRAINING****Age: 18+ years****NEW!**

This course is designed for adults looking to come back into the workforce, using their current fitness level to learn Aquatic skills and Lifesaving techniques. Upon completion, candidates will be offered an interview with the Aquatic Division to explore the option of working for the Town in a Lifeguard capacity. For more information, please email Terri Edwards at tedwards@aurora.ca.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon/ Wed	Sept 21 to Dec 19	9:30am – 2:00pm	\$75.00/26	40901

NATIONAL LIFEGUARD PREP**Age: 14+ years**

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for National Lifeguard award. Not a certification course.

Prerequisite: Bronze Cross

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 3	10:15am – 11:15am	\$147.00/10	40729





AURORA LIFESAVING CLUB

The Aurora Lifesaving Club (ALC) is a Town based Lifesaving Club that engages athletes to be physically active, while participating in Lifesaving Sport. This club-based program has focused on youth for several years. We are now introducing an adult program. ALC members will develop lifesaving skills and engage in active living through participation in practice sessions, along with an option to try their skills at regional and provincial competitions. This is the perfect youth training program for future lifeguards. It is also an opportunity for adults to learn or refresh old skills and to challenge themselves.

Benefits of Joining the ALC

- Develop increasingly complex skills in swimming, including stroke correction, endurance and speed.
- Promotes overall physical fitness.
- Use it as a supplement with Learn to Swim lessons or as a different option.

AURORA LIFESAVING CLUB – YOUTH

Age: Youth – 8 to 15 years

Youth Groups: Blue – 8 to 11 years

Green – 12 to 13 years

Teal – 14 to 15 years

Prerequisite: Swimmer 4

Location: ARC – Group: Blue (8 to 11 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 3	10:00am – 11:00am	\$176.00/10	40766
Sun	Oct 4	9:00am – 10:00am	\$176.00/10	40767

Location: ARC – Group: Green (12 to 13 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:30pm – 8:30pm	\$176.00/10	40768
Sat	Oct 3	11:00am – 12:00pm	\$176.00/10	40769
Sun	Oct 4	10:00am – 11:00am	\$176.00/10	40770

Location: ARC – Group: Teal (14 to 15 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	8:30pm – 9:30pm	\$176.00/10	40771
Sun	Oct 4	11:00am – 12:00pm	\$176.00/10	40772

AURORA LIFESAVING CLUB – ADULTS

Age: Seniors – 15 to 29 years

Masters – 30+ years

Recommended Prerequisite: Minimum of Swimmer 6, Teen/Adult 3 or equivalent swimming ability. You must be able to swim comfortably in deep water.

Note: For those who wish to compete, you must hold a minimum of Bronze Medallion award. For Masters, the award does not need to be current. For more details, please visit www.aurora.ca/aquaticleadership.

Location: ARC – Age: Seniors & Masters

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 2	7:45pm – 9:15pm	\$189.50/10	40790

ALC FITNESS TRAINING

Age: 8 to 15 years

This training is for ALC athletes currently registered in any of our ALC Youth programs. Additional opportunity to improve your stroke mechanics, speed and endurance. This is for fitness only. No Lifesaving Sport equipment will be used during this time.

Location: AFLC – Age: 8 to 11 years

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	5:00pm – 6:00pm	\$161.50/10	40852

Location: AFLC – Age: 12 to 15 years

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 30	6:00pm – 7:00pm	\$161.50/10	40853

LIFESAVING SPORT – TRY IT

Age: 8+ years

Try an introductory session with Aurora Lifesaving Club. Swim under an obstacle, throw a rescue rope, tow a manikin with a rescue tube while wearing fins and more.

- This is for swimmers who are not already participating in any of our ALC programs and want to try it.

Prerequisite: Swimmer 4

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 23	6:00pm – 7:30pm	\$5.00/1	40773

LIFESAVING SOCIETY



LIFESAVING SPORT

PRIVATE LESSONS

Age: 3+ years

One swimmer with one instructor focusing on any skills from Preschool 1 to Swimmer 6 within the private class. It is recommended to take only one 30-minute class.

- Swimmer 7 to Swimmer 10 and Aquatic Leadership certifications cannot be completed during a private swim lesson.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	5:30pm – 6:00pm	\$306.00/10	40854
Tue	Sept 29	4:30pm – 5:00pm	\$306.00/10	40855
Tue	Sept 29	5:00pm – 5:30pm	\$306.00/10	40856
Tue	Sept 29	5:30pm – 6:00pm	\$306.00/10	40857
Tue	Sept 29	6:00pm – 6:30pm	\$306.00/10	40858
Wed	Sept 30	5:00pm – 5:30pm	\$306.00/10	40859
Wed	Sept 30	5:30pm – 6:00pm	\$306.00/10	40860
Wed	Sept 30	6:00pm – 6:30pm	\$306.00/10	40861
Wed	Sept 30	6:30pm – 7:00pm	\$306.00/10	40862
Wed	Sept 30	7:00pm – 7:30pm	\$306.00/10	40863
Fri	Oct 2	6:15pm – 6:45pm	\$306.00/10	40864
Fri	Oct 2	6:45pm – 7:15pm	\$306.00/10	40865
Fri	Oct 2	8:00pm – 8:30pm	\$306.00/10	40866
Fri	Oct 2	8:15pm – 8:45pm	\$306.00/10	40867
Fri	Oct 2	8:30pm – 9:00pm	\$306.00/10	40868
Sun	Oct 4	10:00am – 10:30am	\$306.00/10	40869
Sun	Oct 4	10:30am – 11:00am	\$306.00/10	40870
Sun	Oct 4	11:00am – 11:30am	\$306.00/10	40871
Sun	Oct 4	11:30am – 12:00pm	\$306.00/10	40872
Sun	Oct 4	12:00pm – 12:30pm	\$306.00/10	40877
Sun	Oct 4	12:30pm – 1:00pm	\$306.00/10	40878
Sun	Oct 4	3:00pm – 3:30pm	\$306.00/10	40879

Location: ARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 28	6:00pm – 6:30pm	\$306.00/10	40775
Mon	Sept 28	6:30pm – 7:00pm	\$306.00/10	40778
Mon	Sept 28	7:00pm – 7:30pm	\$306.00/10	40779
Fri	Oct 2	9:00pm – 9:30pm	\$306.00/10	40774
Sat	Oct 3	9:00am – 9:30am	\$306.00/10	40776
Sat	Oct 3	9:30am – 10:00am	\$306.00/10	40780
Sat	Oct 3	10:00am – 10:30am	\$306.00/10	40781
Sat	Oct 3	10:30am – 11:00am	\$306.00/10	40782
Sat	Oct 3	11:00am – 11:30am	\$306.00/10	40783
Sat	Oct 3	11:30am – 12:00pm	\$306.00/10	40784
Sun	Oct 4	9:00am – 9:30am	\$306.00/10	40777
Sun	Oct 4	9:30am – 10:00am	\$306.00/10	40785
Sun	Oct 4	10:00am – 10:30am	\$306.00/10	40786
Sun	Oct 4	10:30am – 11:00am	\$306.00/10	40787
Sun	Oct 4	11:00am – 11:30am	\$306.00/10	40788
Sun	Oct 4	11:30am – 12:00pm	\$306.00/10	40789

ADAPTED PRIVATE LESSONS

Age: 3+ years

Adapted Privates are specifically designed for swimmers with disabilities and will feature one swimmer with one instructor focusing on specific skills requiring attention. For approval, please visit www.aurora.ca/inclusionservices and complete an Aquatic Intake Form.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Oct 1	4:30pm – 5:00pm	\$215.00/10	40880
Thu	Oct 1	5:00pm – 5:30pm	\$215.00/10	40881
Thu	Oct 1	5:30pm – 6:00pm	\$215.00/10	40882
Thu	Oct 1	6:00pm – 6:30pm	\$215.00/10	40883
Thu	Oct 1	6:15pm – 6:45pm	\$215.00/10	40884

SEMI-PRIVATE SWIM LESSONS

To obtain a Semi-Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Complete online form at www.aurora.ca/learntoswim at least 3 days prior to start of lessons, in order to acquire approval and to convert private lesson into a semi-private lesson.

Note: Cost is \$26.00 per person per class.

Participants must be within 1 swim level of each other.

SMALL GROUP PRIVATE SWIM LESSONS

Parents and children can learn to swim together. To obtain a Small Group Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Email rls@aurora.ca a minimum of 3 days prior to the start of the lesson to create the Small Group Private Swim lesson.

Note: Cost is \$17.60 per person per class. Maximum of 5 people.

Participants should be the same swim ability (for example: all beginners).

ADAPTED PRIVATE LESSONS

Adapted Private Lessons are specifically designed for swimmers with disabilities, and will feature one swimmer with one instructor focusing on specific skills requiring attention.

AQUATIC VOLUNTEER

We aim to place an available Aquatic Volunteer in a swim class to provide extra support where needed.

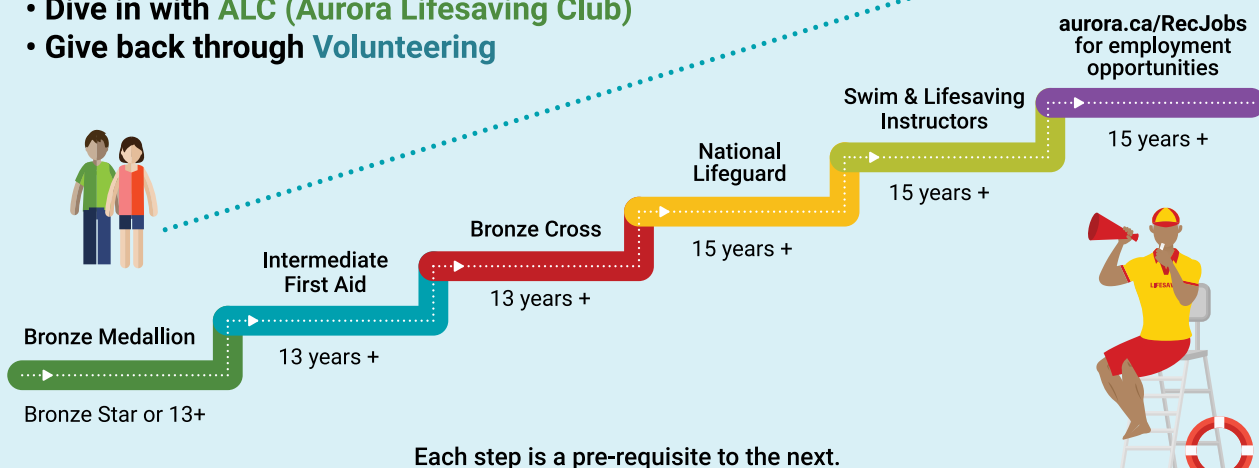


Town of Aurora AQUATIC LEADERSHIP



Get involved. Get inspired.

- Lead with our **Leadership Prep Courses**
- Dive in with **ALC (Aurora Lifesaving Club)**
- Give back through **Volunteering**



aurora.ca/AquaticLeadership



**Aquatic Leadership registration opens on
Monday, August 17, 2026 for all courses from
January to December 2027.**



BECOMING AN AQUATIC VOLUNTEER

- It's a rewarding experience!
 - You receive hours for community involvement or a 25% discount towards future aquatic leadership courses.
- Prerequisites: Bronze Medallion and 14 years of age.
Register for an Aquatic Volunteer Orientation Workshop.
For additional information, please visit us online at aurora.ca/aquaticleadership.

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

JOIN THE HERO ACADEMY!



Earn high school credits with YRDSB's Aquatic Leadership Program and the Town of Aurora.

www.aurora.ca/AquaticLeadership

STEPS TO BECOME AN AQUATIC STAFF

In order to be considered for an Aquatic position, you must meet the following requirements.

POSITION	JOB REQUIREMENTS
Lifeguard	• Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools). • Current National Lifeguard certificate. • Current Ministry Approved Intermediate (formerly Standard) First Aid (or higher) certificate.
Aquatic Instructor	• Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools). • Current National Lifeguard certificate. • Current Ministry Approved Intermediate (formerly Standard) First Aid (or higher) certificate. • Current Lifesaving Society Swim & Lifesaving Instructor certificates.

Go to www.aurora.ca/recjobs to view job positions and full descriptions.