

Indoor WALKING CLUB



Tuesdays:
1:30 p.m. Walk
1:50 p.m. Stretch
2:00 p.m. Seminar

SEMINARS

Tuesday February 3

MTO: Winter Driving - 1 hour Seminar

Tuesday February 10

Be Better with Brandie

Tuesday February 17

TBA

Tuesday February 24

Chartwell

All seminars offered on zoom
please email wow@aurora.ca to receive the link.

Aurora Family Leisure
Complex
wow@aurora.ca
365-500-3161

WALK STRETCH LEARN

