

# PUBLIC SWIM SCHEDULES

## AURORA FAMILY LEISURE COMPLEX 135 Industrial Parkway North | 905-841-7529 Desjardins Pool

**MARCH 30 - JUNE 28, 2026**

DAY	LANE SWIM & SPA	SILVER SWIMMERS	LEISURE SWIM
Mon & Wed	6:00am - 9:00am 12:30pm - 2:00pm 4:00pm - 5:00pm* 8:30pm - 10:00pm *Available: Apr 6 to June 15	12:00pm - 12:30pm	
Tue & Thu	6:00am - 9:00am 11:30am - 1:00pm 8:30pm - 10:00pm	11:00am - 11:30am	9:30am - 10:30am
Fri	6:00am - 9:00am 11:30am - 1:00pm 4:00pm - 6:00pm* *Available: Apr 10 to June 12	11:00am - 11:30am	
Sat	8:00am - 9:30am	<b>SENSORY SWIM</b>	
Sun	8:00am - 9:30am	1:30pm - 2:30pm* *Available: Apr 5 to June 14	

**JUNE 29 - SEPTEMBER 6, 2026**

DAY	LANE SWIM & SPA POOL	LEISURE SWIM
Mon to Fri	6:00am - 9:00am 11:30am - 1:30pm 3:30pm - 5:00pm* *Mon to Thu	1:45pm - 3:15pm* *Mon, Wed & Fri

### SWIM DESCRIPTIONS

**Lane Swim** - For those wishing to utilize the pool for fitness and endurance. Participants are asked to swim continuously and in the lane appropriate to their speed. A double lane for general fitness activities is available for indicated swims only (^).

**Therapy Pool** - Intended for swimmers of all ages, but not exclusive to therapeutic purposes. Limited equipment may be provided at this time. Only available at the SARC.

**Silver Swimmers** - This program is to provide older adult swimmers (55+ years) an opportunity to use the pool in a comfortable self-paced atmosphere with other older adult swimmers. This is a chance to get into the water and swim, or exercise at your own pace.

**Leisure Swim** - Fun and enjoyment for all ages.

**Adapted Sensory Swim** - Public swim designed for individuals with exceptionalities to enjoy and experience swimming in a quieter environment. No music and minimal noise levels.



## STRONACH AURORA RECREATION COMPLEX 1400 Wellington St. East | 905-726-4770 Canadian Tire Aquatic Centre

**MARCH 21 - JUNE 28, 2026**

DAY	LANE SWIM & THERAPY POOL	LEISURE SWIM
Mon & Wed	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	
Tue & Thu	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	
Fri	7:30am - 9:00am 11:00am - 1:00pm^	
Sat	12:30pm - 2:00pm	2:15pm - 3:45pm
Sun	12:30pm - 2:00pm	2:15pm - 3:45pm

**JUNE 29 - SEPTEMBER 6, 2026**

DAY	LANE SWIM	LEISURE SWIM
Mon & Thu	6:30am - 8:00am 12:00pm - 1:30pm 8:00pm - 9:30pm	2:15pm - 3:45pm
Tue & Wed	6:30am - 8:00am 12:00pm - 1:00pm 8:00pm - 9:30pm	2:15pm - 3:45pm
Fri	6:30am - 8:00am 12:00pm - 1:00pm	2:15pm - 3:45pm
Sat	7:30am - 9:00am 12:30pm - 2:00pm	2:15pm - 3:45pm
Sun	7:30am - 9:00am 12:30pm - 2:00pm	2:15pm - 3:45pm

### ADMISSION FEES (HST Included)

#### Under 4 Years

Free

#### 4 to 17 Years

\$3.28 per person (per visit) | \$26.22 for 10 x visits

#### Adult (18 to 54 years)

\$5.25 per person (per visit) | \$42.00 for 10 x visits

#### Older Adult (55 years and older)

\$4.04 per person (per visit) | \$32.34 for 10 x visits

### SWIM & HOLIDAY SCHEDULES

Visit [www.aurora.ca/aquatics](http://www.aurora.ca/aquatics) for schedules.

### REVISED SWIM SCHEDULES

March Break SARC Pool - March 16 to 20, 2026

AFLC Pool Closed - March 16 to 29, 2026

Visit [www.aurora.ca/aquatics](http://www.aurora.ca/aquatics) for schedules.

### DESJARDINS DAYS

For up-to-date information, please visit

[www.aurora.ca/desjardinsdays](http://www.aurora.ca/desjardinsdays)

## GENERAL POOL RULES

- Disposable and cloth diapers are not permitted in the water. Please use swim diapers designed for pool use.
- Individuals with a serious medical condition should be accompanied in the water with another individual knowledgeable of their condition and inform the lifeguard.
- Those infected with a communicable disease or having open sores on their body will not be admitted to the swimming pool.
- Please do not bring food and/or beverages onto pool decks or viewing galleries. Only water contained in plastic or non-breakable containers is permissible.

## BEFORE SWIMMING LESSONS START

The Town of Aurora Aquatics Team will email session information prior to the first swim lesson. Please ensure your email is updated in e-PLAY to receive this information.

## WHAT LEVEL SHOULD I REGISTER IN?

If you are unsure of your child's swim level, please see one of the Aquatic staff for a free evaluation during any Leisure Swim.

## POOL FOULING/CLOSURE

Where a pool is closed due to a fouling, we will attempt to move classes to a different pool. If less than half the class has passed when this happens and we cannot accommodate rescheduling, a credit may be applied to your account. To reduce these situations, please ensure children not toilet trained are wearing snug fitting plastic pants or swim diapers.

[www.aurora.ca/aquatics](http://www.aurora.ca/aquatics)

## MAKE-UP LESSONS

Make-up classes or credits due to participant illness or personal commitments will not be available.

## PARENT'S DAY & PICTURE DAY

Parent's Day is week 5 of the season. Picture Day is week 6 of the season. Please refer to the email sent to all parents at the start of the session for all details.

## CELL PHONES, FILMING AND PHOTOGRAPHY

Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, viewing gallery or pool area during swimming programs or recreational swims.

## STROLLERS, WHEELCHAIRS & ASSISTIVE MOBILITY DEVICES

Strollers are not permitted on the pool deck. Wheelchairs and assistive mobility devices (for example - walkers) are permitted, however the wheels must be cleaned prior to entering the pool area. Water wheelchairs are provided in the change rooms.

## CHANGE ROOM POLICIES

- Children 7 years of age and older are encouraged to use the change room designated for their gender.
- Mixed gender families, unaccompanied children and persons with identified special needs and their caregivers are encouraged to use the family change room.

We ask that all patrons cooperate in making the change room experience comfortable for everyone.

Please do not leave clothing or other belongings in the change stalls during your time in the pool.

## FREQUENTLY ASKED QUESTIONS

### What was the last level my child passed? How do I get a copy of the report card?

- If your child attended a Town of Aurora Learn to Swim program within the last year, program results may be retrieved. Please contact the aquatic team at [aquatics@aurora.ca](mailto:aquatics@aurora.ca).

### If my child is repeating a level, should I tell the instructor?

- Yes. This helps the instructor focus on the required skills for successful completion.

### What are the age requirements for swim lessons and leadership courses?

- Swimmers must be the required age on the start date of the program for levels Preschool 1 to 5.
- For levels Swimmer 1 to 10, swimmers must be of age by the end of the program.
- For Leadership programs, participants must be of age by the end of the program.

### How do I request a specific instructor?

- Please see the information posted on our [www.aurora.ca/LearnToSwim](http://www.aurora.ca/LearnToSwim) webpage and complete the form linked under Aquatics Instructor Request.

### How do I register for a semi-private swim lesson (one instructor with two swimmers)?

- Please see the information posted on our [www.aurora.ca/LearnToSwim](http://www.aurora.ca/LearnToSwim) webpage and complete the form hyperlinked under Semi-Private Swim Lessons.

### How do I get all my children into swimming lessons on the same day and time?

- We recommend you review program offerings at various pools to get the best times and dates for your children. To view program offerings, visit our e-PLAY online registration system.

### I cannot find a lesson on the day/time I want. What are my options?

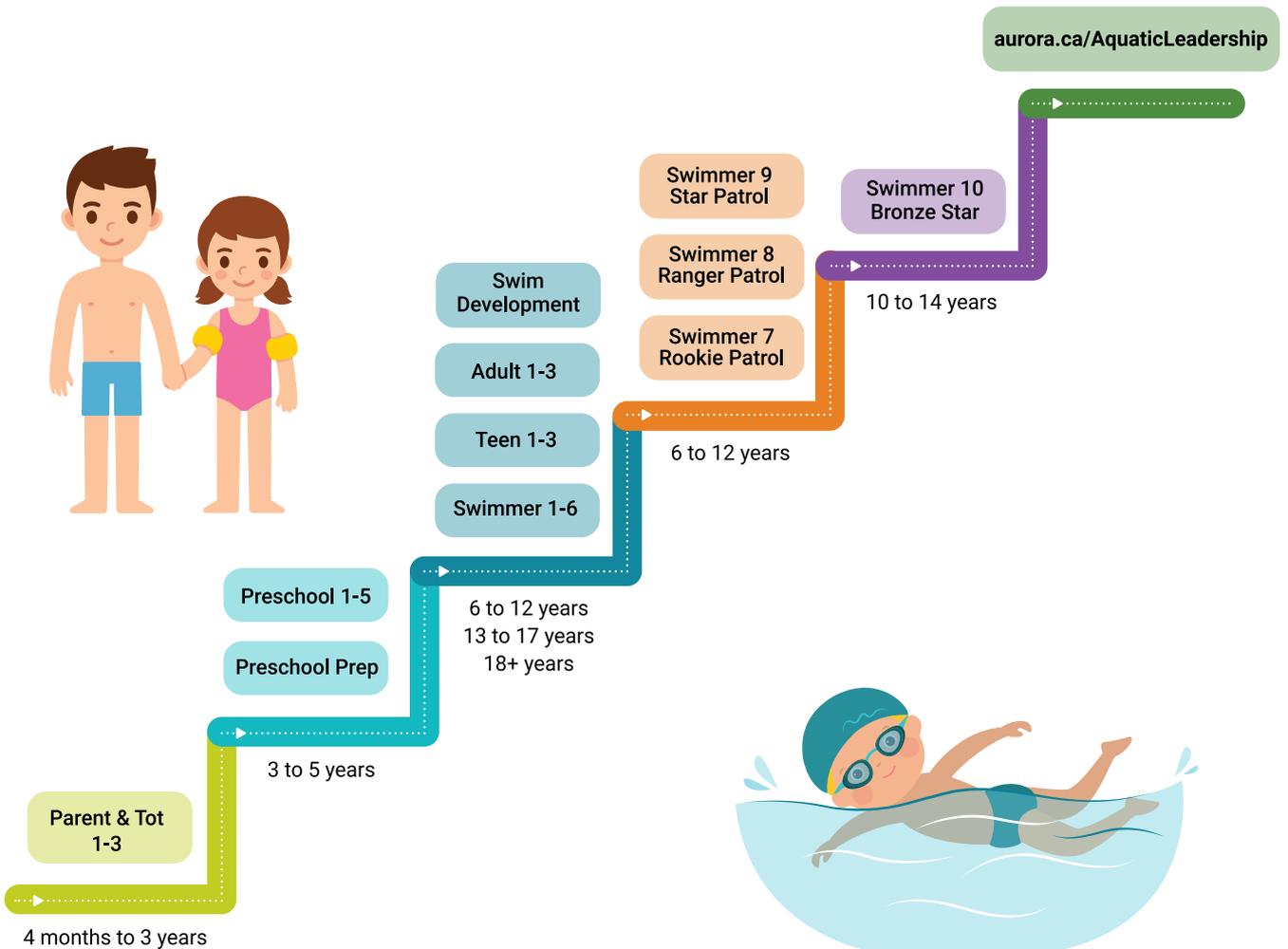
- Have you considered other class times at your Town of Aurora pool of choice? Have you checked both the AFLC and SARC pools for classes that meet your needs? Please email [aquatics@aurora.ca](mailto:aquatics@aurora.ca) with your request, as we may have waitlists and spaces to add programs.



## Town of Aurora LEARN TO SWIM PROGRAM STRUCTURE

### Ask us about:

- **Speciality Swim Lessons**
- **Aurora Lifesaving Club (ALC)**
- **Leadership Prep Courses**



[aurora.ca/LearnToSwim](http://aurora.ca/LearnToSwim)



## PARENT & TOT 1

**Age: 4 to 12 months**

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 4 to 12 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.  
Note: 1 guardian per child.



**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:30am – 10:00am	\$108.00/10	38137
Sat	Apr 4	11:30am – 12:00pm	\$108.00/10	38138
Sun	Apr 5	10:00am – 10:30am	\$108.00/10	38139
Sun	Apr 5	12:00pm – 12:30pm	\$108.00/10	38140
Tue	Apr 7	6:30pm – 7:00pm	\$108.00/10	38142
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38143
Thu	Apr 9	6:00pm – 6:30pm	\$108.00/10	38144

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	June 29	6:00pm – 6:30pm	\$97.20/9	38145
T/Th	June 30	5:30pm – 6:00pm	\$108.00/10	38146
T/Th	Aug 4	6:00pm – 6:30pm	\$108.00/10	38147
M/W	Aug 5	6:30pm – 7:00pm	\$97.20/9	38148
Sat	July 4	9:00am – 9:30am	\$97.20/9	38149
Sat	July 4	10:30am – 11:00am	\$97.20/9	38150
Sun	July 5	9:30am – 10:00am	\$97.20/9	38151
Sun	July 5	11:00am – 11:30am	\$97.20/9	38152

## PARENT & TOT 2

**Age: 12 to 24 months**

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 12 to 24 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.  
Note: 1 guardian per child.



**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:00am – 10:30am	\$108.00/10	38153
Sat	Apr 4	11:00am – 11:30am	\$108.00/10	38154
Sun	Apr 5	9:00am – 9:30am	\$108.00/10	38155
Sun	Apr 5	10:30am – 11:00am	\$108.00/10	38156
Mon	Apr 6	6:00pm – 6:30pm	\$108.00/10	38157
Wed	Apr 8	6:00pm – 6:30pm	\$108.00/10	38159
Thu	Apr 9	6:30pm – 7:00pm	\$108.00/10	38160

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	June 29	6:30pm – 7:00pm	\$97.20/9	38161
T/Th	June 30	6:00pm – 6:30pm	\$108.00/10	38162
T/Th	Aug 4	6:30pm – 7:00pm	\$108.00/10	38163
M/W	Aug 5	7:00pm – 7:30pm	\$97.20/9	38164
Fri	July 3	6:00pm – 6:30pm	\$97.20/9	38165
Sat	July 4	9:30am – 10:00am	\$97.20/9	38166
Sat	July 4	11:00am – 11:30am	\$97.20/9	38167
Sun	July 5	10:00am – 10:30am	\$97.20/9	38168
Sun	July 5	11:30am – 12:00pm	\$97.20/9	38169

## PARENT & TOT 3

**Age: 2 to 4 years**

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the participant to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.  
Note: 1 guardian per child.



**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:30am	\$108.00/10	38170
Sat	Apr 4	10:30am – 11:00am	\$108.00/10	38171
Sat	Apr 4	12:00pm – 12:30pm	\$108.00/10	38172
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38173
Sun	Apr 5	11:00am – 11:30am	\$108.00/10	38174
Sun	Apr 5	11:30am – 12:00pm	\$108.00/10	38175
Mon	Apr 6	5:00pm – 5:30pm	\$108.00/10	38176
Mon	Apr 6	6:30pm – 7:00pm	\$108.00/10	38177
Tue	Apr 7	6:00pm – 6:30pm	\$108.00/10	38178
Wed	Apr 8	7:00pm – 7:30pm	\$108.00/10	38179
Thu	Apr 9	5:30pm – 6:00pm	\$108.00/10	38180

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	June 29	7:00pm – 7:30pm	\$97.20/9	38181
T/Th	June 30	6:30pm – 7:00pm	\$108.00/10	38182
T/Th	Aug 4	7:00pm – 7:30pm	\$108.00/10	38183
M/W	Aug 5	6:00pm – 6:30pm	\$97.20/9	38184
Fri	July 3	6:30pm – 7:00pm	\$97.20/9	38185
Sat	July 4	10:00am – 10:30am	\$97.20/9	38186
Sat	July 4	11:30am – 12:00pm	\$97.20/9	38187
Sun	July 5	9:00am – 9:30am	\$97.20/9	38188
Sun	July 5	10:30am – 11:00am	\$97.20/9	38189

## PARENT & TOT 1, 2, 3

**Age: 4 months to 4 years**

**NEW!**



The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is for all ages within our Parent & Tot program, to learn to enjoy the water with a parent. These activities and progressions are based on each child's development.

Note: 1 guardian per child.

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	10:15am – 10:45am	\$108.00/10	38190
M-F	Aug 10	11:15am – 11:45am	\$108.00/10	38191



## Parented Program

Note: 1 guardian per child.

## AGE REQUIREMENTS

For Parented and Preschool programs, participants must be the minimum age by the first day of the program. For all other programs, participants must be the minimum age by the last day of the program.

# LEARN TO SWIM

## PRESCHOOL PREP

Age: 3 to 6 years



This optional course is designed to allow children the opportunity to become acclimated to the pool and independent in their swim lessons. Parents accompany their children in lessons for the beginning of the session. By week 5, parents and staff will have worked to wean the parent out of the class, with the goal of children to be on their own for the last few classes.

Note: 1 guardian per child.

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:30am – 10:00am	\$108.00/10	38194
Sat	Apr 4	10:30am – 11:00am	\$108.00/10	38195
Sat	Apr 4	12:00pm – 12:30pm	\$108.00/10	38196
Sun	Apr 5	10:30am – 11:00am	\$108.00/10	38197
Sun	Apr 5	11:45am – 12:15pm	\$108.00/10	38198
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38199
Tue	Apr 7	6:00pm – 6:30pm	\$108.00/10	38200
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38201
Thu	Apr 9	6:30pm – 7:00pm	\$108.00/10	38202

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	9:45am – 10:15am	\$108.00/10	38203
M-F	Aug 10	9:45am – 10:15am	\$108.00/10	38204
M-F	June 29	5:30pm – 6:00pm	\$97.20/9	38205
T/Th	June 30	7:00pm – 7:30pm	\$108.00/10	38206
T/Th	Aug 4	6:00pm – 6:30pm	\$108.00/10	38207
M/W	Aug 5	5:30pm – 6:00pm	\$97.20/9	38208
Fri	July 3	5:00pm – 5:30pm	\$97.20/9	38209
Fri	July 3	5:30pm – 6:00pm	\$97.20/9	38210
Sat	July 4	9:30am – 10:00am	\$97.20/9	38211
Sat	July 4	11:00am – 11:30am	\$97.20/9	38212



## PRESCHOOL 1

Age: 3 to 5 years

Preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their face wet and blow bubbles underwater.

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	12:00pm – 12:30pm	\$118.80/11	38397
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38399
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38459

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:30am	\$108.00/10	38215
Sat	Apr 4	9:30am – 10:00am	\$108.00/10	38217
Sat	Apr 4	10:00am – 10:30am	\$108.00/10	38218
Sat	Apr 4	11:00am – 11:30am	\$108.00/10	38219
Sun	Apr 5	9:00am – 9:30am	\$108.00/10	38220
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38221
Sun	Apr 5	10:00am – 10:30am	\$108.00/10	38222
Sun	Apr 5	12:00pm – 12:30pm	\$108.00/10	38223
Mon	Apr 6	5:00pm – 5:30pm	\$108.00/10	38224
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38225
Tue	Apr 7	5:00pm – 5:30pm	\$108.00/10	38226
Tue	Apr 7	6:30pm – 7:00pm	\$108.00/10	38227
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38229
Thu	Apr 9	5:30pm – 6:00pm	\$108.00/10	38231
Thu	Apr 9	6:00pm – 6:30pm	\$108.00/10	38232
Fri	Apr 10	6:15pm – 6:45pm	\$108.00/10	38234

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	11:30am – 12:00pm	\$97.20/9	38235
M-F	July 27	9:45am – 10:15am	\$97.20/9	38236
M-F	Aug 24	11:30am – 12:00pm	\$108.00/10	38237
M/W	June 29	5:00pm – 5:30pm	\$97.20/9	38238
T/Th	June 30	4:30pm – 5:00pm	\$108.00/10	38239
T/Th	June 30	6:00pm – 6:30pm	\$108.00/10	38240
T/Th	Aug 4	5:30pm – 6:00pm	\$108.00/10	38241
M/W	Aug 5	5:00pm – 5:30pm	\$97.20/9	38242
M/W	Aug 5	6:00pm – 6:30pm	\$97.20/9	38243
Fri	July 3	4:00pm – 4:30pm	\$97.20/9	38244
Fri	July 3	4:30pm – 5:00pm	\$97.20/9	38245
Fri	July 3	6:30pm – 7:00pm	\$97.20/9	38246
Sat	July 4	9:00am – 9:30am	\$97.20/9	38247
Sat	July 4	10:00am – 10:30am	\$97.20/9	38248
Sat	July 4	10:30am – 11:00am	\$97.20/9	38249
Sat	July 4	10:45am – 11:15am	\$97.20/9	38250

## LEARN TO SWIM PROGRAMS

Learn to Swim Programs from other municipalities or organizations may differ from our swim program. Please register for a Swim Assessment to confirm the correct level prior to registering. Please visit [www.aurora.ca/learntoswim](http://www.aurora.ca/learntoswim) for full details.



## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	11:30am – 12:00pm	\$108.00/10	38269
M-F	Aug 10	10:15am – 10:45am	\$108.00/10	38270
M/W	June 29	4:30pm – 5:00pm	\$97.20/9	38271
M/W	June 29	5:30pm – 6:00pm	\$97.20/9	38272
T/Th	June 30	4:30pm – 5:00pm	\$108.00/10	38273
T/Th	June 30	6:30pm – 7:00pm	\$108.00/10	38274
T/Th	Aug 4	5:00pm – 5:30pm	\$108.00/10	38275
T/Th	Aug 4	7:00pm – 7:30pm	\$108.00/10	38276
M/W	Aug 5	4:30pm – 5:00pm	\$97.20/9	38277
Fri	July 3	4:00pm – 4:30pm	\$97.20/9	38278
Fri	July 3	5:30pm – 6:00pm	\$97.20/9	38279
Fri	July 3	6:00pm – 6:30pm	\$97.20/9	38280
Sat	July 4	9:30am – 10:00am	\$97.20/9	38281
Sat	July 4	10:00am – 10:30am	\$97.20/9	38282
Sat	July 4	11:00am – 11:30am	\$97.20/9	38283

## PRESCHOOL 2 & 3

**NEW!**

### Age: 3 to 5 years

This combined class accommodates swimmers working on Preschool 2 or 3. Please see individual level course descriptions for full details.

## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	11:30am – 12:00pm	\$97.20/9	38284
M-F	July 27	11:30am – 12:00pm	\$97.20/9	38285
M-F	Aug 24	9:45am – 10:15am	\$108.00/10	38286

## PRESCHOOL 2

### Age: 3 to 5 years

Preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. While wearing a lifejacket they'll glide on their front and back.

Prerequisite: Preschool 1

## Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:00am – 11:30am	\$118.80/11	38461
Sun	Apr 5	10:30am – 11:00am	\$118.80/11	38462
Mon	Apr 6	6:00pm – 6:30pm	\$108.00/10	38463
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38464
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38465

## Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:30am	\$108.00/10	38251
Sat	Apr 4	10:00am – 10:30am	\$108.00/10	38252
Sat	Apr 4	10:30am – 11:00am	\$108.00/10	38253
Sat	Apr 4	11:30am – 12:00pm	\$108.00/10	38254
Sun	Apr 5	9:00am – 9:30am	\$108.00/10	38255
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38256
Sun	Apr 5	10:00am – 10:30am	\$108.00/10	38257
Sun	Apr 5	11:30am – 12:00pm	\$108.00/10	38258
Mon	Apr 6	5:00pm – 5:30pm	\$108.00/10	38259
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38260
Tue	Apr 7	5:00pm – 5:30pm	\$108.00/10	38261
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38263
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38264
Thu	Apr 9	5:30pm – 6:00pm	\$108.00/10	38265
Thu	Apr 9	7:00pm – 7:30pm	\$108.00/10	38267
Fri	Apr 10	6:45pm – 7:15pm	\$108.00/10	38268

## Sensory Swim Drop-in



Going swimming at an indoor or outdoor pool can be an overwhelming sensory experience for individuals with autism, sensory or other learning disabilities.

The Town of Aurora is proud to offer a Sensory Swim geared towards those who have sensory sensitivity and would benefit from swimming in a pool environment with reduced sensory stimulus.

[aurora.ca/SensorySwim](http://aurora.ca/SensorySwim)

# LEARN TO SWIM

## PRESCHOOL 3

### Age: 3 to 5 years

Preschoolers will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Prerequisite: Preschool 2

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:30am – 11:00am	\$118.80/11	38466
Sun	Apr 5	10:00am – 10:30am	\$118.80/11	38467
Mon	Apr 6	6:30pm – 7:00pm	\$108.00/10	38468
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38469
Wed	Apr 8	6:30pm – 7:00pm	\$108.00/10	38470

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:30am	\$108.00/10	38287
Sat	Apr 4	9:30am – 10:00am	\$108.00/10	38288
Sat	Apr 4	10:30am – 11:00am	\$108.00/10	38289
Sat	Apr 4	12:00pm – 12:30pm	\$108.00/10	38290
Sun	Apr 5	9:00am – 9:30am	\$108.00/10	38291
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38292
Sun	Apr 5	10:30am – 11:00am	\$108.00/10	38293
Sun	Apr 5	11:00am – 11:30am	\$108.00/10	38294
Sun	Apr 5	12:00pm – 12:30pm	\$108.00/10	38295
Mon	Apr 6	5:00pm – 5:30pm	\$108.00/10	38296
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38297
Tue	Apr 7	5:00pm – 5:30pm	\$108.00/10	38298
Tue	Apr 7	5:30pm – 6:00pm	\$108.00/10	38299
Tue	Apr 7	6:30pm – 7:00pm	\$108.00/10	38300
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38301
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38302
Thu	Apr 9	5:00pm – 5:30pm	\$108.00/10	38303
Thu	Apr 9	6:30pm – 7:00pm	\$108.00/10	38304
Fri	Apr 10	6:45pm – 7:15pm	\$108.00/10	38305

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	11:30am – 12:00pm	\$108.00/10	38306
M-F	Aug 10	10:45am – 11:15am	\$108.00/10	38307
M/W	June 29	5:30pm – 6:00pm	\$97.20/9	38308
T/Th	June 30	5:00pm – 5:30pm	\$108.00/10	38309
T/Th	June 30	7:00pm – 7:30pm	\$108.00/10	38310
T/Th	Aug 4	4:30pm – 5:00pm	\$108.00/10	38311
T/Th	Aug 4	6:30pm – 7:00pm	\$108.00/10	38312
M/W	Aug 5	5:00pm – 5:30pm	\$97.20/9	38313
M/W	Aug 5	6:00pm – 6:30pm	\$97.20/9	38314
Fri	July 3	4:00pm – 4:30pm	\$97.20/9	38315
Fri	July 3	5:00pm – 5:30pm	\$97.20/9	38316
Fri	July 3	5:30pm – 6:00pm	\$97.20/9	38317
Fri	July 3	6:00pm – 6:30pm	\$97.20/9	38318
Sat	July 4	9:00am – 9:30am	\$97.20/9	38319
Sat	July 4	10:00am – 10:30am	\$97.20/9	38320
Sat	July 4	10:30am – 11:00am	\$97.20/9	38321

## NON-RESIDENT SURCHARGE

A 20% non-resident surcharge will be applied to ALL Learn to Swim fees (including group, semi-private and private) for non-Aurora residents.

## PRESCHOOL 4

### Age: 3 to 5 years

Preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short (5 m) swim on their front wearing a lifejacket and gliding and kicking on their side.

Prerequisite: Preschool 3

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:30am – 12:00pm	\$118.80/11	38471
Sun	Apr 5	11:00am – 11:30am	\$118.80/11	38472
Wed	Apr 8	6:15pm – 6:45pm	\$108.00/10	38473

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:30am	\$108.00/10	38322
Sat	Apr 4	11:00am – 11:30am	\$108.00/10	38323
Sat	Apr 4	11:45am – 12:15pm	\$108.00/10	38324
Sun	Apr 5	9:00am – 9:30am	\$108.00/10	38325
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38326
Sun	Apr 5	11:15am – 11:45am	\$108.00/10	38327
Sun	Apr 5	12:00pm – 12:30pm	\$108.00/10	38328
Mon	Apr 6	5:00pm – 5:30pm	\$108.00/10	38329
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38330
Tue	Apr 7	5:30pm – 6:00pm	\$108.00/10	38331
Tue	Apr 7	7:00pm – 7:30pm	\$108.00/10	38332
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38333
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38334
Thu	Apr 9	7:00pm – 7:30pm	\$108.00/10	38336
Fri	Apr 10	6:15pm – 6:45pm	\$108.00/10	38337

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	10:45am – 11:15am	\$108.00/10	38338
M-F	Aug 10	11:30am – 12:00pm	\$108.00/10	38339
M/W	June 29	4:30pm – 5:00pm	\$97.20/9	38340
T/Th	June 30	6:30pm – 7:00pm	\$108.00/10	38341
T/Th	Aug 4	5:30pm – 6:00pm	\$108.00/10	38342
M/W	Aug 5	5:30pm – 6:00pm	\$97.20/9	38343
Fri	July 3	4:30pm – 5:00pm	\$97.20/9	38344
Fri	July 3	5:00pm – 5:30pm	\$97.20/9	38345
Sat	July 4	10:00am – 10:30am	\$97.20/9	38346
Sat	July 4	11:30am – 12:00pm	\$97.20/9	38347

## PRESCHOOL 4 & 5

### Age: 3 to 5 years

**NEW!**

This combined class accommodates swimmers working on Preschool 4 or 5. Please see individual level course descriptions for full details.

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:45am – 10:15am	\$97.20/9	38348
M-F	July 27	11:30am – 12:00pm	\$97.20/9	38349
M-F	Aug 24	11:30am – 12:00pm	\$108.00/10	38350

## IS YOUR CHILD TURNING 6 YEARS OLD?

If your child has completed Preschool 5, please register in Swimmer 2. If they are still working on Preschool 1 to 5, please register in Swimmer 1.

## PRESCHOOL 5

**Age: 3 to 5 years**

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Prerequisite: Preschool 4

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:30am – 12:00pm	\$118.80/11	38474
Wed	Apr 8	6:30pm – 7:00pm	\$108.00/10	38479

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:00am – 10:30am	\$108.00/10	38351
Sat	Apr 4	11:30am – 12:00pm	\$108.00/10	38352
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38353
Sun	Apr 5	10:45am – 11:15am	\$108.00/10	38354
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38355
Tue	Apr 7	5:30pm – 6:00pm	\$108.00/10	38356
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38358
Thu	Apr 9	6:00pm – 6:30pm	\$108.00/10	38359

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	11:15am – 11:45am	\$108.00/10	38360
M-F	Aug 10	11:30am – 12:00pm	\$108.00/10	38361
M/W	June 29	4:30pm – 5:00pm	\$97.20/9	38362
T/Th	June 30	6:00pm – 6:30pm	\$108.00/10	38363
T/Th	Aug 4	5:30pm – 6:00pm	\$108.00/10	38364
M/W	Aug 5	5:30pm – 6:00pm	\$97.20/9	38365
Fri	July 3	4:30pm – 5:00pm	\$97.20/9	38366
Sat	July 4	10:30am – 11:00am	\$97.20/9	38367

## SWIMMER 1

**Age: 6 to 12 years**

Swimmers will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:30am – 11:00am	\$118.80/11	38480
Sun	Apr 5	10:00am – 10:30am	\$118.80/11	38481
Sun	Apr 5	11:00am – 11:30am	\$118.80/11	38482
Sun	Apr 5	12:00pm – 12:30pm	\$118.80/11	38483
Sun	Apr 5	3:00pm – 3:30pm	\$118.80/11	38484
Sun	Apr 5	4:00pm – 4:30pm	\$118.80/11	38485
Mon	Apr 6	5:00pm – 5:30pm	\$108.00/10	38487
Tue	Apr 7	4:45pm – 5:15pm	\$108.00/10	38488
Tue	Apr 7	5:15pm – 5:45pm	\$108.00/10	38491
Tue	Apr 7	6:00pm – 6:30pm	\$108.00/10	38492
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38493
Wed	Apr 8	5:45pm – 6:15pm	\$108.00/10	38494
Wed	Apr 8	7:00pm – 7:30pm	\$108.00/10	38495
Thu	Apr 9	6:30pm – 7:00pm	\$108.00/10	38496
Fri	Apr 10	7:00pm – 7:30pm	\$108.00/10	38497



**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:30am – 10:00am	\$108.00/10	38368
Sat	Apr 4	11:00am – 11:30am	\$108.00/10	38369
Sat	Apr 4	11:30am – 12:00pm	\$108.00/10	38370
Sat	Apr 4	12:00pm – 12:30pm	\$108.00/10	38371
Sun	Apr 5	9:00am – 9:30am	\$108.00/10	38372
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38373
Sun	Apr 5	11:15am – 11:45am	\$108.00/10	38374
Mon	Apr 6	5:00pm – 5:30pm	\$108.00/10	38375
Mon	Apr 6	5:30pm – 6:00pm	\$108.00/10	38376
Tue	Apr 7	6:00pm – 6:30pm	\$108.00/10	38378
Tue	Apr 7	7:00pm – 7:30pm	\$108.00/10	38379
Wed	Apr 8	5:00pm – 5:30pm	\$108.00/10	38380
Wed	Apr 8	5:30pm – 6:00pm	\$108.00/10	38381
Thu	Apr 9	5:00pm – 5:30pm	\$108.00/10	38382
Thu	Apr 9	7:00pm – 7:30pm	\$108.00/10	38384
Fri	Apr 10	6:15pm – 6:45pm	\$108.00/10	38385
Fri	Apr 10	6:45pm – 7:15pm	\$108.00/10	38386

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:30am – 10:00am	\$97.20/9	38387
M-F	June 29	11:30am – 12:00pm	\$97.20/9	38388
M-F	July 13	10:00am – 10:30am	\$108.00/10	38389
M-F	July 13	11:30am – 12:00pm	\$108.00/10	38390
M-F	July 27	9:30am – 10:00am	\$97.20/9	38391
M-F	July 27	11:30am – 12:00pm	\$97.20/9	38392
M-F	Aug 10	10:00am – 10:30am	\$108.00/10	38393
M-F	Aug 10	11:30am – 12:00pm	\$108.00/10	38394
M-F	Aug 24	9:30am – 10:00am	\$108.00/10	38395
M-F	Aug 24	11:30am – 12:00pm	\$108.00/10	38396
M/W	June 29	4:30pm – 5:00pm	\$97.20/9	38398
M/W	June 29	5:00pm – 5:30pm	\$97.20/9	38400
T/Th	June 30	4:30pm – 5:00pm	\$108.00/10	38401
T/Th	June 30	5:30pm – 6:00pm	\$108.00/10	38402
T/Th	Aug 4	4:30pm – 5:00pm	\$108.00/10	38403
T/Th	Aug 4	5:00pm – 5:30pm	\$108.00/10	38404
M/W	Aug 5	4:30pm – 5:00pm	\$97.20/9	38405
M/W	Aug 5	5:00pm – 5:30pm	\$97.20/9	38406
Fri	July 3	4:30pm – 5:00pm	\$97.20/9	38407
Fri	July 3	5:00pm – 5:30pm	\$97.20/9	38408
Fri	July 3	6:30pm – 7:00pm	\$97.20/9	38409
Sat	July 4	9:00am – 9:30am	\$97.20/9	38410
Sat	July 4	10:00am – 10:30am	\$97.20/9	38411
Sat	July 4	10:30am – 11:00am	\$97.20/9	38412
Sat	July 4	11:30am – 12:00pm	\$97.20/9	38413

# LEARN TO SWIM



## SPECIALTY – SWIM DEVELOPMENT 1

**Age: 6 to 12 years**

This class is designed for candidates who have unsuccessfully completed Swimmer 1. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 1 class

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:00am – 11:30am	\$193.60/11	38582
Fri	Apr 10	6:45pm – 7:15pm	\$176.00/10	38584

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	8:45am – 9:15am	\$176.00/10	38414
M-F	Aug 10	10:45am – 11:15am	\$176.00/10	38415
M-Th	June 29	4:30pm – 5:00pm	\$123.20/7	38416
M-Th	July 27	6:30pm – 7:00pm	\$123.20/7	38417
M-Th	Aug 24	5:30pm – 6:00pm	\$140.80/8	38418

## SWIMMER 2

**Age: 6 to 12 years**

Swimmers will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

Prerequisite: Preschool 5 or Swimmer 1

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:00am – 11:30am	\$118.80/11	38503
Sun	Apr 5	10:30am – 11:00am	\$118.80/11	38504
Sun	Apr 5	11:30am – 12:00pm	\$118.80/11	38505
Sun	Apr 5	12:30pm – 1:00pm	\$118.80/11	38506
Sun	Apr 5	3:00pm – 3:30pm	\$118.80/11	38507
Sun	Apr 5	4:30pm – 5:00pm	\$118.80/11	38508
Mon	Apr 6	6:00pm – 6:30pm	\$108.00/10	38509
Mon	Apr 6	7:00pm – 7:30pm	\$108.00/10	38510
Tue	Apr 7	4:45pm – 5:15pm	\$108.00/10	38511
Tue	Apr 7	5:15pm – 5:45pm	\$108.00/10	38512
Tue	Apr 7	6:00pm – 6:30pm	\$108.00/10	38513
Tue	Apr 7	6:30pm – 7:00pm	\$108.00/10	38514
Wed	Apr 8	6:00pm – 6:30pm	\$108.00/10	38515
Wed	Apr 8	7:00pm – 7:30pm	\$108.00/10	38516
Thu	Apr 9	6:00pm – 6:30pm	\$108.00/10	38517
Thu	Apr 9	7:00pm – 7:30pm	\$108.00/10	38518
Fri	Apr 10	7:15pm – 7:45pm	\$108.00/10	38519

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:30am	\$108.00/10	38419
Sat	Apr 4	9:45am – 10:15am	\$108.00/10	38420
Sat	Apr 4	10:00am – 10:30am	\$108.00/10	38421
Sat	Apr 4	10:30am – 11:00am	\$108.00/10	38422
Sat	Apr 4	11:00am – 11:30am	\$108.00/10	38423
Sat	Apr 4	12:00pm – 12:30pm	\$108.00/10	38424
Sun	Apr 5	9:00am – 9:30am	\$108.00/10	38425
Sun	Apr 5	9:30am – 10:00am	\$108.00/10	38426
Sun	Apr 5	10:00am – 10:30am	\$108.00/10	38427
Sun	Apr 5	11:15am – 11:45am	\$108.00/10	38428
Mon	Apr 6	6:00pm – 6:30pm	\$108.00/10	38429
Mon	Apr 6	7:00pm – 7:30pm	\$108.00/10	38430
Wed	Apr 8	6:00pm – 6:30pm	\$108.00/10	38431
Fri	Apr 10	7:15pm – 7:45pm	\$108.00/10	38432

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	10:00am – 10:30am	\$97.20/9	38433
M-F	June 29	11:30am – 12:00pm	\$97.20/9	38434
M-F	July 13	9:30am – 10:00am	\$108.00/10	38435
M-F	July 13	11:30am – 12:00pm	\$108.00/10	38436
M-F	July 27	10:00am – 10:30am	\$97.20/9	38437
M-F	July 27	11:30am – 12:00pm	\$97.20/9	38438
M-F	Aug 10	9:30am – 10:00am	\$108.00/10	38439
M-F	Aug 10	11:30am – 12:00pm	\$108.00/10	38440
M-F	Aug 24	10:00am – 10:30am	\$108.00/10	38441
M-F	Aug 24	11:30am – 12:00pm	\$108.00/10	38442
M/W	June 29	4:30pm – 5:00pm	\$97.20/9	38443
M/W	June 29	5:00pm – 5:30pm	\$97.20/9	38444
T/Th	June 30	5:00pm – 5:30pm	\$108.00/10	38445
T/Th	June 30	7:00pm – 7:30pm	\$108.00/10	38446
T/Th	Aug 4	4:30pm – 5:00pm	\$108.00/10	38447
T/Th	Aug 4	5:00pm – 5:30pm	\$108.00/10	38448
M/W	Aug 5	4:30pm – 5:00pm	\$97.20/9	38449
Fri	July 3	4:00pm – 4:30pm	\$97.20/9	38450
Fri	July 3	4:30pm – 5:00pm	\$97.20/9	38451
Fri	July 3	5:00pm – 5:30pm	\$97.20/9	38452
Sat	July 4	9:30am – 10:00am	\$97.20/9	38453
Sat	July 4	10:00am – 10:30am	\$97.20/9	38454
Sat	July 4	11:00am – 11:30am	\$97.20/9	38455



## SPECIALTY – SWIM DEVELOPMENT 2

### Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 2. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 2 class

#### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	12:00pm – 12:30pm	\$193.60/11	38586
Fri	Apr 10	7:45pm – 8:15pm	\$176.00/10	38587

#### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:15am – 9:45am	\$158.40/9	38457
M-F	July 27	8:45am – 9:15am	\$158.40/9	38458
M-Th	June 29	5:00pm – 5:30pm	\$123.20/7	38460
M-Th	July 27	7:00pm – 7:30pm	\$123.20/7	38486
M-Th	Aug 24	6:00pm – 6:30pm	\$176.00/10	38498

## SWIMMER 3

### Age: 6 to 12 years

Swimmers will dive, do in-waterfront somersaults, and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Prerequisite: Swimmer 2

#### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:30am – 11:15am	\$136.40/11	38520
Sat	Apr 4	12:00pm – 12:45pm	\$136.40/11	38521
Sun	Apr 5	11:30am – 12:15pm	\$136.40/11	38522
Sun	Apr 5	3:30pm – 4:15pm	\$136.40/11	38523
Sun	Apr 5	4:15pm – 5:00pm	\$136.40/11	38524
Mon	Apr 6	5:00pm – 5:45pm	\$124.00/10	38525
Tue	Apr 7	4:45pm – 5:30pm	\$124.00/10	38526
Tue	Apr 7	5:45pm – 6:30pm	\$124.00/10	38527
Wed	Apr 8	5:00pm – 5:45pm	\$124.00/10	38528
Wed	Apr 8	6:45pm – 7:30pm	\$124.00/10	38529
Thu	Apr 9	6:30pm – 7:15pm	\$124.00/10	38530
Fri	Apr 10	6:15pm – 7:00pm	\$124.00/10	38531
Fri	Apr 10	7:15pm – 8:00pm	\$124.00/10	38532

#### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:45am	\$124.00/10	38588
Sat	Apr 4	9:45am – 10:30am	\$124.00/10	38589
Sat	Apr 4	10:45am – 11:30am	\$124.00/10	38590
Sat	Apr 4	11:15am – 12:00pm	\$124.00/10	38591
Sun	Apr 5	10:00am – 10:45am	\$124.00/10	38592
Sun	Apr 5	10:30am – 11:15am	\$124.00/10	38593
Sun	Apr 5	11:45am – 12:30pm	\$124.00/10	38594
Mon	Apr 6	6:00pm – 6:45pm	\$124.00/10	38595
Wed	Apr 8	6:00pm – 6:45pm	\$124.00/10	38596
Fri	Apr 10	5:30pm – 6:15pm	\$124.00/10	38597



#### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	8:45am – 9:30am	\$111.60/9	38598
M-F	June 29	10:00am – 10:45am	\$111.60/9	38599
M-F	July 13	9:30am – 10:15am	\$124.00/10	38600
M-F	July 13	11:15am – 12:00pm	\$124.00/10	38604
M-F	July 27	8:45am – 9:30am	\$111.60/9	38610
M-F	July 27	10:00am – 10:45am	\$111.60/9	38614
M-F	Aug 10	9:30am – 10:15am	\$124.00/10	38615
M-F	Aug 10	11:15am – 12:00pm	\$124.00/10	38617
M-F	Aug 24	8:45am – 9:30am	\$124.00/10	38618
M-F	Aug 24	10:00am – 10:45am	\$124.00/10	38619
M/W	June 29	5:00pm – 5:45pm	\$111.60/9	38621
T/Th	June 30	5:45pm – 6:30pm	\$124.00/10	38628
T/Th	Aug 4	5:45pm – 6:30pm	\$124.00/10	38630
M/W	Aug 5	5:15pm – 6:00pm	\$111.60/9	38635
Fri	July 3	6:15pm – 7:00pm	\$111.60/9	38638
Sat	July 4	10:30am – 11:15am	\$111.60/9	38639
Sat	July 4	11:15am – 12:00pm	\$111.60/9	38653

## SPECIALTY – SWIM DEVELOPMENT 3

### Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 3. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 3 class

#### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	12:30pm – 1:00pm	\$193.60/11	38602
Fri	Apr 10	8:00pm – 8:30pm	\$176.00/10	38603

#### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:45am – 10:15am	\$158.40/9	38674
M-F	July 27	9:15am – 9:45am	\$158.40/9	38676
M-Th	June 29	5:30pm – 6:00pm	\$123.20/7	38679
M-Th	July 27	4:30pm – 5:00pm	\$123.20/7	38683
M-Th	Aug 24	6:30pm – 7:00pm	\$140.80/8	38686

# LEARN TO SWIM

## SWIMMER 4

**Age: 6 to 12 years**

Swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Prerequisite: Swimmer 3

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:30am – 11:15am	\$136.40/11	38534
Sun	Apr 5	11:30am – 12:15pm	\$136.40/11	38535
Sun	Apr 5	3:30pm – 4:15pm	\$136.40/11	38536
Mon	Apr 6	6:45pm – 7:30pm	\$124.00/10	38537
Tue	Apr 7	4:45pm – 5:30pm	\$124.00/10	38538
Tue	Apr 7	6:00pm – 6:45pm	\$124.00/10	38539
Wed	Apr 8	5:45pm – 6:30pm	\$124.00/10	38540
Thu	Apr 9	6:30pm – 7:15pm	\$124.00/10	38541
Fri	Apr 10	6:45pm – 7:30pm	\$124.00/10	38542

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:45am	\$124.00/10	38693
Sat	Apr 4	9:30am – 10:15am	\$124.00/10	38695
Sat	Apr 4	11:00am – 11:45am	\$124.00/10	38697
Sun	Apr 5	10:30am – 11:15am	\$124.00/10	38701
Sun	Apr 5	11:45am – 12:30pm	\$124.00/10	38704
Mon	Apr 6	6:00pm – 6:45pm	\$124.00/10	38708
Mon	Apr 6	6:45pm – 7:30pm	\$124.00/10	38715
Wed	Apr 8	6:00pm – 6:45pm	\$124.00/10	38721
Fri	Apr 10	5:30pm – 6:15pm	\$124.00/10	38722

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:30am – 10:15am	\$111.60/9	38747
M-F	June 29	10:30am – 11:15am	\$111.60/9	38748
M-F	July 13	8:45am – 9:30am	\$124.00/10	38749
M-F	July 13	10:00am – 10:45am	\$124.00/10	38750
M-F	July 27	9:30am – 10:15am	\$111.60/9	38751
M-F	July 27	10:30am – 11:15am	\$111.60/9	38752
M-F	Aug 10	8:45am – 9:30am	\$124.00/10	38753
M-F	Aug 10	10:00am – 10:45am	\$124.00/10	38754
M-F	Aug 24	9:30am – 10:15am	\$124.00/10	38755
M-F	Aug 24	10:30am – 11:15am	\$124.00/10	38756
M/W	June 29	5:45pm – 6:30pm	\$111.60/9	38757
T/Th	June 30	5:00pm – 5:45pm	\$124.00/10	38758
T/Th	Aug 4	5:00pm – 5:45pm	\$124.00/10	38759
M/W	Aug 5	4:30pm – 5:15pm	\$111.60/9	38760
Fri	July 3	5:30pm – 6:15pm	\$111.60/9	38761
Sat	July 4	10:30am – 11:15am	\$111.60/9	38762

## SPECIALTY – SWIM DEVELOPMENT 4

**Age: 6 to 12 years**

This class is designed for candidates who have unsuccessfully completed Swimmer 4. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 4 class

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	12:30pm – 1:00pm	\$193.60/11	38606
Fri	Apr 10	6:15pm – 6:45pm	\$176.00/10	38607

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	8:45am – 9:15am	\$158.40/9	38763
M-F	July 27	9:45am – 10:15am	\$158.40/9	38764
M-Th	June 29	6:00pm – 6:30pm	\$123.20/7	38765
M-Th	July 27	5:00pm – 5:30pm	\$123.20/7	38766
M-Th	Aug 24	7:00pm – 7:30pm	\$140.80/8	38769

## SWIMMER 5

**Age: 6 to 12 years**

Swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

Prerequisite: Swimmer 4

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:15am – 12:00pm	\$136.40/11	38543
Sun	Apr 5	12:15pm – 1:00pm	\$136.40/11	38544
Sun	Apr 5	4:15pm – 5:00pm	\$136.40/11	38545
Tue	Apr 7	4:45pm – 5:30pm	\$124.00/10	38546
Tue	Apr 7	6:45pm – 7:30pm	\$124.00/10	38547
Wed	Apr 8	5:00pm – 5:45pm	\$124.00/10	38548
Wed	Apr 8	6:00pm – 6:45pm	\$124.00/10	38549
Thu	Apr 9	6:45pm – 7:30pm	\$124.00/10	38550
Fri	Apr 10	6:15pm – 7:00pm	\$124.00/10	38551

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:45am	\$124.00/10	38773
Sat	Apr 4	10:15am – 11:00am	\$124.00/10	38775
Sat	Apr 4	11:45am – 12:30pm	\$124.00/10	38776
Sun	Apr 5	10:00am – 10:45am	\$124.00/10	38777
Sun	Apr 5	10:45am – 11:30am	\$124.00/10	38779
Sun	Apr 5	11:30am – 12:15pm	\$124.00/10	38781
Mon	Apr 6	6:00pm – 6:45pm	\$124.00/10	38782
Wed	Apr 8	6:45pm – 7:30pm	\$124.00/10	38785
Fri	Apr 10	5:30pm – 6:15pm	\$124.00/10	38787



## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	8:45am – 9:30am	\$111.60/9	38788
M-F	July 13	9:30am – 10:15am	\$124.00/10	38789
M-F	July 13	10:30am – 11:15am	\$124.00/10	38792
M-F	July 27	8:45am – 9:30am	\$111.60/9	38836
M-F	Aug 10	9:30am – 10:15am	\$124.00/10	38837
M-F	Aug 10	10:30am – 11:15am	\$124.00/10	38838
M-F	Aug 24	8:45am – 9:30am	\$124.00/10	38839
M-F	Aug 24	11:15am – 12:00pm	\$124.00/10	38840
M/W	June 29	5:00pm – 5:45pm	\$111.60/9	38841
T/Th	June 30	5:45pm – 6:30pm	\$124.00/10	38842
T/Th	Aug 4	5:45pm – 6:30pm	\$124.00/10	38843
M/W	Aug 5	5:15pm – 6:00pm	\$111.60/9	38844
Fri	July 3	5:30pm – 6:15pm	\$111.60/9	38885
Sat	July 4	11:15am – 12:00pm	\$111.60/9	38886

## SPECIALTY – SWIM DEVELOPMENT 5

### Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 5. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 5 class

## Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:30am – 11:00am	\$193.60/11	38608
Fri	Apr 10	8:15pm – 8:45pm	\$176.00/10	38611

## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	11:15am – 11:45am	\$176.00/10	38897
M-F	Aug 10	8:45am – 9:15am	\$176.00/10	38898
M-Th	June 29	6:30pm – 7:00pm	\$123.20/7	38899
M-Th	July 27	5:30pm – 6:00pm	\$123.20/7	38900
M-Th	Aug 24	4:30pm – 5:00pm	\$140.80/8	38901

## SWIMMER 6

### Age: 6 to 12 years

Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complete the 300 m workout.

Prerequisite: Swimmer 5

## Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:15am – 12:00pm	\$136.40/11	38552
Sun	Apr 5	12:15pm – 1:00pm	\$136.40/11	38553
Sun	Apr 5	3:00pm – 3:45pm	\$136.40/11	38554
Tue	Apr 7	4:45pm – 5:30pm	\$124.00/10	38555
Tue	Apr 7	6:45pm – 7:30pm	\$124.00/10	38556
Wed	Apr 8	6:00pm – 6:45pm	\$124.00/10	38557
Fri	Apr 10	6:45pm – 7:30pm	\$124.00/10	38558



## Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 9:45am	\$124.00/10	38931
Sat	Apr 4	10:30am – 11:15am	\$124.00/10	38932
Sun	Apr 5	10:00am – 10:45am	\$124.00/10	38933
Sun	Apr 5	10:45am – 11:30am	\$124.00/10	38934
Mon	Apr 6	6:00pm – 6:45pm	\$124.00/10	38935
Wed	Apr 8	6:00pm – 6:45pm	\$124.00/10	38936
Fri	Apr 10	5:30pm – 6:15pm	\$124.00/10	38937

## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:30am – 10:15am	\$111.60/9	38845
M-F	June 29	11:15am – 12:00pm	\$111.60/9	38846
M-F	July 13	8:45am – 9:30am	\$124.00/10	38847
M-F	July 27	9:30am – 10:15am	\$111.60/9	38848
M-F	July 27	11:15am – 12:00pm	\$111.60/9	38849
M-F	Aug 10	8:45am – 9:30am	\$124.00/10	38850
M-F	Aug 24	9:30am – 10:15am	\$124.00/10	38851
M/W	June 29	5:45pm – 6:30pm	\$111.60/9	38852
T/Th	June 30	5:00pm – 5:45pm	\$124.00/10	38853
T/Th	Aug 4	5:00pm – 5:45pm	\$124.00/10	38854
M/W	Aug 5	4:30pm – 5:15pm	\$111.60/9	38887
Fri	July 3	6:15pm – 7:00pm	\$111.60/9	38888
Sat	July 4	11:15am – 12:00pm	\$111.60/9	38889

## SPECIALTY – SWIM DEVELOPMENT 6

### Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 6. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 6 class

## Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:30am – 12:00pm	\$193.60/11	38612
Fri	Apr 10	8:30pm – 9:00pm	\$176.00/10	38613

## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	10:45am – 11:15am	\$176.00/10	38902
M-F	Aug 10	11:15am – 11:45am	\$176.00/10	38903
M-Th	June 29	7:00pm – 7:30pm	\$123.20/7	38904
M-Th	July 27	6:00pm – 6:30pm	\$123.20/7	38905
M-Th	Aug 24	5:00pm – 5:30pm	\$140.80/8	38906

# LEARN TO SWIM

## SWIMMER 7 – ROOKIE PATROL

**Age: 6 to 12 years**

Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.

• Level must be completed in a group class (not a private lesson).

Prerequisite: Swimmer 6

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	12:00pm – 1:00pm	\$161.70/11	38559
Sun	Apr 5	3:00pm – 4:00pm	\$161.70/11	38560
Mon	Apr 6	6:30pm – 7:30pm	\$147.00/10	38561
Tue	Apr 7	5:45pm – 6:45pm	\$147.00/10	38562
Fri	Apr 10	8:00pm – 9:00pm	\$147.00/10	38563

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:45am – 10:45am	\$147.00/10	38938
Sat	Apr 4	10:45am – 11:45am	\$147.00/10	38939
Sun	Apr 5	10:00am – 11:00am	\$147.00/10	38940
Sun	Apr 5	11:30am – 12:30pm	\$147.00/10	38941
Wed	Apr 8	6:30pm – 7:30pm	\$147.00/10	38942
Fri	Apr 10	7:30pm – 8:30pm	\$147.00/10	38953

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:00am – 10:00am	\$132.30/9	38855
M-F	June 29	10:45am – 11:45am	\$132.30/9	38856
M-F	July 13	10:00am – 11:00am	\$147.00/10	38890
M-F	July 27	9:00am – 10:00am	\$132.30/9	38857
M-F	Aug 10	10:00am – 11:00am	\$147.00/10	38858
M-F	Aug 24	9:00am – 10:00am	\$147.00/10	38859
M-F	Aug 24	10:45am – 11:45am	\$147.00/10	38860
M/W	June 29	6:30pm – 7:30pm	\$132.30/9	38861
T/Th	Aug 4	6:30pm – 7:30pm	\$147.00/10	38862
Sat	July 4	9:00am – 10:00am	\$132.30/9	38891

## SWIMMER 8 – RANGER PATROL

**Age: 6 to 12 years**

Swimmers develop better strokes over 75 m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

• Level must be completed in a group class (not a private lesson).

Prerequisite: Swimmer 7 – Rookie Patrol

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	3:45pm – 4:45pm	\$161.70/11	38564
Mon	Apr 6	5:45pm – 6:45pm	\$147.00/10	38565
Tue	Apr 7	6:30pm – 7:30pm	\$147.00/10	38566

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:45am – 10:45am	\$147.00/10	38943
Sat	Apr 4	11:30am – 12:30pm	\$147.00/10	38944
Sun	Apr 5	11:00am – 12:00pm	\$147.00/10	38945
Fri	Apr 10	8:00pm – 9:00pm	\$147.00/10	38946

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:00am – 10:00am	\$132.30/9	38863
M-F	July 13	9:00am – 10:00am	\$147.00/10	38864
M-F	July 27	10:00am – 11:00am	\$132.30/9	38865
M-F	July 27	10:45am – 11:45am	\$132.30/9	38866
M-F	Aug 10	9:00am – 10:00am	\$147.00/10	38867
M-F	Aug 24	10:00am – 11:00am	\$147.00/10	38868
M/W	June 29	6:30pm – 7:30pm	\$132.30/9	38869
M/W	Aug 5	6:30pm – 7:30pm	\$132.30/9	38870
Sat	July 4	9:45am – 10:45am	\$132.30/9	38892

## SWIMMER 9 – STAR PATROL

**Age: 6 to 12 years**

Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

• Level must be completed in a group class (not a private lesson).

Prerequisite: Swimmer 8 – Ranger Patrol

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	4:45pm – 5:45pm	\$161.70/11	38567
Mon	Apr 6	5:00pm – 6:00pm	\$147.00/10	38568
Tue	Apr 7	6:30pm – 7:30pm	\$147.00/10	38569

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:30am – 12:30pm	\$147.00/10	38947
Sun	Apr 5	9:30am – 10:30am	\$147.00/10	38948
Fri	Apr 10	8:30pm – 9:30pm	\$147.00/10	38949

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	10:00am – 11:00am	\$132.30/9	38871
M-F	July 13	9:00am – 10:00am	\$147.00/10	38872
M-F	July 27	9:00am – 10:00am	\$132.30/9	38873
M-F	Aug 10	9:00am – 10:00am	\$147.00/10	38874
M-F	Aug 24	11:00am – 12:00pm	\$147.00/10	38875
T/Th	June 30	6:30pm – 7:30pm	\$147.00/10	38893
M/W	Aug 5	6:30pm – 7:30pm	\$132.30/9	38894
Sat	July 4	11:00am – 12:00pm	\$132.30/9	38895





## SWIMMER 10 – BRONZE STAR

**Age: 10 to 13 years**

The course will prepare young candidates to be ready for Bronze Medallion. It will focus on lifesaving skills and fitness as well as decision-making and how to take charge in an emergency.

- Level must be completed in a group class (not a private lesson).

Note: Swimmer 9 – Star Patrol recommended

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	10:15am – 11:30am	\$180.40/11	38570

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 10:15am	\$164.00/10	38928
Mon	Apr 6	6:15pm – 7:30pm	\$164.00/10	38929
Fri	Apr 10	7:45pm – 9:00pm	\$164.00/10	38930

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	10:30am – 11:45am	\$147.60/9	38831
M-F	July 13	9:00am – 10:15am	\$164.00/10	38832
M-F	July 27	10:30am – 11:45am	\$147.60/9	38833
M-F	Aug 10	9:00am – 10:15am	\$164.00/10	38834
M-F	Aug 24	9:00am – 10:15am	\$164.00/10	38835
T/Th	June 30	4:45pm – 6:00pm	\$164.00/10	38896

## BRONZE PREP

**Age: 12+ years**

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for Bronze Medallion and Bronze Cross levels. Not a certification course.

Prerequisite: Swimmer 6

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:00am – 11:00am	\$147.00/10	38919
Wed	Apr 8	6:00pm – 7:00pm	\$147.00/10	38920

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	11:00am – 12:00pm	\$147.00/10	38820
M-F	Aug 10	9:15am – 10:15am	\$147.00/10	38821
M-F	Aug 24	9:00am – 10:00am	\$147.00/10	38822

## TEEN 1

**Age: 12 to 17 years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	5:00pm – 5:45pm	\$152.90/11	38571
Wed	Apr 8	6:45pm – 7:30pm	\$139.00/10	38572

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 6	6:45pm – 7:30pm	\$139.00/10	38950

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	June 29	6:00pm – 6:45pm	\$125.10/9	38876
T/Th	Aug 4	6:00pm – 6:45pm	\$139.00/10	38877

## TEEN 2

**Age: 12 to 17 years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen 1 or Swimmer 2

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	5:00pm – 5:45pm	\$152.90/11	38573
Wed	Apr 8	6:45pm – 7:30pm	\$139.00/10	38574

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 6	6:45pm – 7:30pm	\$139.00/10	38951

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	June 29	6:00pm – 6:45pm	\$125.10/9	38878
M/W	Aug 5	6:00pm – 6:45pm	\$125.10/9	38879

## TEEN 3

**Age: 12 to 17 years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen 2 or Swimmer 4

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	5:00pm – 5:45pm	\$152.90/11	38575

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 6	6:45pm – 7:30pm	\$139.00/10	38952

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	Aug 5	6:00pm – 6:45pm	\$125.10/9	38880

# LEARN TO SWIM

## ADULT 1

**Age: 18+ years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Apr 9	6:00pm – 6:45pm	\$139.00/10	38576
Fri	Apr 10	7:30pm – 8:15pm	\$139.00/10	38577

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Apr 8	6:45pm – 7:30pm	\$139.00/10	38908

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	June 29	6:45pm – 7:30pm	\$125.10/9	38815
T/Th	Aug 4	6:45pm – 7:30pm	\$139.00/10	38816

## ADULT 2

**Age: 18+ years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen/Adult 1 or Swimmer 2

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Apr 9	6:00pm – 6:45pm	\$139.00/10	38578
Fri	Apr 10	7:30pm – 8:15pm	\$139.00/10	38579

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Apr 8	6:45pm – 7:30pm	\$139.00/10	38910

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	June 29	6:45pm – 7:30pm	\$125.10/9	38817
M/W	Aug 5	6:45pm – 7:30pm	\$125.10/9	38818



## ADULT 3

**Age: 18+ years**

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen/Adult 2 or Swimmer 4

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Apr 9	6:00pm – 6:45pm	\$139.00/10	38580
Fri	Apr 10	7:30pm – 8:15pm	\$139.00/10	38581

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Apr 8	6:45pm – 7:30pm	\$139.00/10	38927

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	Aug 5	6:45pm – 7:30pm	\$125.10/9	38819

## NATIONAL LIFEGUARD PREP

**Age: 14+ years**

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for National Lifeguard award. Not a certification course.

Prerequisite: Bronze Cross

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:00am – 12:00pm	\$147.00/10	38954

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	11:00am – 12:00pm	\$132.30/9	38829
M-F	July 27	11:00am – 12:00pm	\$132.30/9	38830

## FITNESS SWIMMER

**Age: 10 to 16 years**

Geared toward swimmers who want to improve their overall physical fitness in the water. Fitness Swimmer provides a structured approach based on accepted training principles and practices, including interval training, sprints and distance swims. Candidates set their own goals to improve overall physical fitness.

Prerequisite: Swimmer 6, Teen 3 or equivalent

**Location: AFLC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Apr 9	6:30pm – 7:30pm	\$147.00/10	38616

**Location: SARC – SPRING**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 10:00am	\$147.00/10	38921
Sun	Apr 5	11:00am – 12:00pm	\$147.00/10	38922

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 13	9:15am – 10:15am	\$147.00/10	38823
M-F	Aug 10	11:00am – 12:00pm	\$147.00/10	38824
M-F	Aug 24	9:00am – 10:00am	\$147.00/10	38825
T/Th	June 30	6:30pm – 7:30pm	\$147.00/10	38826
T/Th	Aug 4	6:30pm – 7:30pm	\$147.00/10	38881



## AURORA LIFESAVING CLUB

**Age: Blue – 8 to 11 years**  
**Green – 12 to 13 years**  
**Teal – 14 to 15 years**

The Aurora Lifesaving Club (ALC) is a Town based lifesaving club that engages youth in physical activity and participation in lifesaving sport. This club-based program focuses on keeping youth active in the community and building a sense of belonging while learning lifesaving sport skills. ALC members will develop lifesaving skills and engage in active living through participation in regional and provincial competitions. The perfect youth training program for future lifeguards.

### Benefits of Joining the ALC

- Develop increasingly complex skills in swimming, including stroke correction, endurance and speed.
- Promotes overall physical fitness.

Prerequisite: Swimmer 4

**Location: SARC – SPRING – Blue (8 to 11 years)**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	10:30am – 11:30am	\$176.00/10	38912
Sun	Apr 5	9:30am – 10:30am	\$176.00/10	38913

**Location: SARC – SPRING – Green (12 to 13 years)**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	11:30am – 12:30pm	\$176.00/10	38914
Sun	Apr 5	10:30am – 11:30am	\$176.00/10	38915
Fri	Apr 10	7:30pm – 8:30pm	\$176.00/10	38916

**Location: SARC – SPRING – Teal (14 to 15 years)**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	11:30am – 12:30pm	\$176.00/10	38917
Fri	Apr 10	8:30pm – 9:30pm	\$176.00/10	38918

## LIFESAVING SPORT DEVELOPMENT

**Age: 8+ years**

This class is designed to introduce swimmers to unique skills involved in Lifesaving Sport and to promote participation in the Aurora Lifesaving Club. Current ALC participants can also enjoy some extra practice and development.

Prerequisite: Swimmer 4

**Location: SARC – SUMMER**

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:00am – 10:30am	\$237.60/9	38827
M-F	July 27	9:00am – 10:30am	\$237.60/9	38828
M-F	Aug 24	10:15am – 11:45am	\$264.00/10	38882

## INCLUSIVE SWIM LESSONS

**Age: 3+ years**

### 30-Minute Class

- This class is for levels Preschool 1 to Swimmer 2.

### 45-Minute Class

- This class is for levels Swimmer 3 to Swimmer 6.

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

Note: Please visit [www.aurora.ca/inclusionservices](http://www.aurora.ca/inclusionservices) to complete an Aquatic Intake Form. Registration for this program will close 7 days prior to the start date. Actual class time will be provided after registration is completed.

**Location: AFLC – SPRING – 30-Minute Class**

**Swim Levels: Preschool 1 to Swimmer 2**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	3:00pm – 5:00pm	\$197.45/11	38620
Wed	Apr 8	5:00pm – 7:30pm	\$179.50/10	38622

**Location: SARC – SPRING – 30-Minute Class**

**Swim Levels: Preschool 1 to Swimmer 2**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 12:15pm	\$179.50/10	38923
Sun	Apr 5	9:00am – 12:30pm	\$179.50/10	38924

**Location: AFLC – SPRING – 45-Minute Class**

**Swim Levels: Swimmer 3 to Swimmer 6**

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Apr 5	3:00pm – 5:45pm	\$236.50/11	38623
Wed	Apr 8	5:00pm – 7:30pm	\$215.00/10	38627

**Location: SARC – SPRING – 45-Minute Class**

**Swim Levels: Swimmer 3 to Swimmer 6**

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	9:00am – 12:15pm	\$215.00/10	38925
Sun	Apr 5	9:00am – 12:30pm	\$215.00/10	38926

## DIVING – AURORA FAMILY LEISURE COMPLEX

Please note that due to the depth of the pool at the AFLC, any diving components will not be included in the program. This will not affect the outcome of the participant's ability to complete a swimming level.

# LEARN TO SWIM

## PRIVATE LESSONS

Age: 3+ years

One swimmer with one instructor focusing on any skills from Preschool 1 to Swimmer 6 within the private class. It is recommended to take only one 30-minute class.

- Swimmer 7 to Swimmer 10 and Aquatic Leadership certifications cannot be completed during a private swim lesson.

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	3:00pm – 3:30pm	\$336.60/11	38629
Sat	Apr 4	3:30pm – 4:00pm	\$336.60/11	38631
Sat	Apr 4	4:00pm – 4:30pm	\$336.60/11	38632
Sat	Apr 4	4:30pm – 5:00pm	\$336.60/11	38633
Sat	Apr 4	5:00pm – 5:30pm	\$336.60/11	38634
Sat	Apr 4	5:30pm – 6:00pm	\$336.60/11	38636
Sun	Apr 5	10:00am – 10:30am	\$336.60/11	38637
Sun	Apr 5	10:30am – 11:00am	\$336.60/11	38640
Sun	Apr 5	11:00am – 11:30am	\$336.60/11	38641
Sun	Apr 5	11:30am – 12:00pm	\$336.60/11	38642
Sun	Apr 5	12:00pm – 12:30pm	\$336.60/11	38643
Sun	Apr 5	12:30pm – 1:00pm	\$336.60/11	38644
Mon	Apr 6	5:00pm – 5:30pm	\$306.00/10	38645
Mon	Apr 6	5:30pm – 6:00pm	\$306.00/10	38646
Mon	Apr 6	6:00pm – 6:30pm	\$306.00/10	38647
Mon	Apr 6	6:30pm – 7:00pm	\$306.00/10	38648
Mon	Apr 6	7:00pm – 7:30pm	\$306.00/10	38649
Tue	Apr 7	4:15pm – 4:45pm	\$306.00/10	38650
Tue	Apr 7	4:45pm – 5:15pm	\$306.00/10	38651
Tue	Apr 7	5:15pm – 5:45pm	\$306.00/10	38652
Tue	Apr 7	5:30pm – 6:00pm	\$306.00/10	38654
Tue	Apr 7	5:45pm – 6:15pm	\$306.00/10	38655
Tue	Apr 7	6:00pm – 6:30pm	\$306.00/10	38656
Tue	Apr 7	6:15pm – 6:45pm	\$306.00/10	38657
Tue	Apr 7	6:30pm – 7:00pm	\$306.00/10	38658
Tue	Apr 7	6:45pm – 7:15pm	\$306.00/10	38659
Tue	Apr 7	7:00pm – 7:30pm	\$306.00/10	38660
Wed	Apr 8	5:00pm – 5:30pm	\$306.00/10	38661
Wed	Apr 8	5:30pm – 6:00pm	\$306.00/10	38662
Wed	Apr 8	6:00pm – 6:30pm	\$306.00/10	38663
Wed	Apr 8	6:30pm – 7:00pm	\$306.00/10	38664
Wed	Apr 8	7:00pm – 7:30pm	\$306.00/10	38665
Thu	Apr 9	6:30pm – 7:00pm	\$306.00/10	38666
Thu	Apr 9	6:45pm – 7:15pm	\$306.00/10	38667
Thu	Apr 9	7:00pm – 7:30pm	\$306.00/10	38668
Fri	Apr 10	6:15pm – 6:45pm	\$306.00/10	38669
Fri	Apr 10	6:45pm – 7:15pm	\$306.00/10	38670
Fri	Apr 10	7:00pm – 7:30pm	\$306.00/10	38671
Fri	Apr 10	7:30pm – 8:00pm	\$306.00/10	38672
Fri	Apr 10	8:15pm – 8:45pm	\$306.00/10	38673

### Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 10	9:00pm – 9:30pm	\$306.00/10	38956

### INSTRUCTOR REQUESTS

The Aquatics Division does recognize the importance of consistency in instructors and offers parents an opportunity to request the same instructor for repeat sessions. Please visit [www.aurora.ca/learntoswim](http://www.aurora.ca/learntoswim) to complete the Aquatics Instructor Request form no later than 1 week prior to the start of the lesson. We will do our best to accommodate your request.

### Location: AFLC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:00am – 9:30am	\$275.40/9	38675
M-F	June 29	9:30am – 10:00am	\$275.40/9	38677
M-F	June 29	10:00am – 10:30am	\$275.40/9	38678
M-F	June 29	10:15am – 10:45am	\$275.40/9	38680
M-F	June 29	10:30am – 11:00am	\$275.40/9	38681
M-F	June 29	10:45am – 11:15am	\$275.40/9	38682
M-F	June 29	11:00am – 11:30am	\$275.40/9	38684
M-F	July 13	9:00am – 9:30am	\$306.00/10	38685
M-F	July 13	9:30am – 10:00am	\$306.00/10	38687
M-F	July 13	10:00am – 10:30am	\$306.00/10	38688
M-F	July 13	10:15am – 10:45am	\$306.00/10	38689
M-F	July 13	10:30am – 11:00am	\$306.00/10	38690
M-F	July 13	10:45am – 11:15am	\$306.00/10	38691
M-F	July 13	11:00am – 11:30am	\$306.00/10	38692
M-F	July 27	9:00am – 9:30am	\$275.40/9	38694
M-F	July 27	9:30am – 10:00am	\$275.40/9	38696
M-F	July 27	10:00am – 10:30am	\$275.40/9	38698
M-F	July 27	10:15am – 10:45am	\$275.40/9	38699
M-F	July 27	10:30am – 11:00am	\$275.40/9	38700
M-F	July 27	10:45am – 11:15am	\$275.40/9	38702
M-F	July 27	11:00am – 11:30am	\$275.40/9	38703
M-F	Aug 10	9:00am – 9:30am	\$306.00/10	38705
M-F	Aug 10	9:30am – 10:00am	\$306.00/10	38709
M-F	Aug 10	10:00am – 10:30am	\$306.00/10	38712
M-F	Aug 10	10:15am – 10:45am	\$306.00/10	38714
M-F	Aug 10	10:30am – 11:00am	\$306.00/10	38717
M-F	Aug 10	10:45am – 11:15am	\$306.00/10	38719
M-F	Aug 10	11:00am – 11:30am	\$306.00/10	38720
M-F	Aug 24	9:00am – 9:30am	\$306.00/10	38723
M-F	Aug 24	9:30am – 10:00am	\$306.00/10	38724
M-F	Aug 24	10:00am – 10:30am	\$306.00/10	38725
M-F	Aug 24	10:15am – 10:45am	\$306.00/10	38726
M-F	Aug 24	10:30am – 11:00am	\$306.00/10	38727
M-F	Aug 24	10:45am – 11:15am	\$306.00/10	38728
M-F	Aug 24	11:00am – 11:30am	\$306.00/10	38729



## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-Th	June 29	4:30pm – 5:00pm	\$214.20/7	38963
M-Th	June 29	5:00pm – 5:30pm	\$214.20/7	38964
M-Th	June 29	5:30pm – 6:00pm	\$214.20/7	38965
M-Th	June 29	6:00pm – 6:30pm	\$214.20/7	38966
M-Th	June 29	6:30pm – 7:00pm	\$214.20/7	38967
M-Th	June 29	7:00pm – 7:30pm	\$214.20/7	38968
M-Th	July 13	4:30pm – 5:00pm	\$244.80/8	38969
M-Th	July 13	5:00pm – 5:30pm	\$244.80/8	38970
M-Th	July 13	5:30pm – 6:00pm	\$244.80/8	38971
M-Th	July 13	6:00pm – 6:30pm	\$244.80/8	38972
M-Th	July 13	6:30pm – 7:00pm	\$244.80/8	38973
M-Th	July 13	7:00pm – 7:30pm	\$244.80/8	38974
M-Th	July 27	4:30pm – 5:00pm	\$214.20/7	38975
M-Th	July 27	5:00pm – 5:30pm	\$214.20/7	38976
M-Th	July 27	5:30pm – 6:00pm	\$214.20/7	38977
M-Th	July 27	6:00pm – 6:30pm	\$214.20/7	38978
M-Th	July 27	6:30pm – 7:00pm	\$214.20/7	38979
M-Th	July 27	7:00pm – 7:30pm	\$214.20/7	38980
M-Th	Aug 10	4:30pm – 5:00pm	\$244.80/8	38981
M-Th	Aug 10	5:00pm – 5:30pm	\$244.80/8	38982
M-Th	Aug 10	5:30pm – 6:00pm	\$244.80/8	38983
M-Th	Aug 10	6:00pm – 6:30pm	\$244.80/8	38984
M-Th	Aug 10	6:30pm – 7:00pm	\$244.80/8	38985
M-Th	Aug 10	7:00pm – 7:30pm	\$244.80/8	38986
M-Th	Aug 24	4:30pm – 5:00pm	\$244.80/8	38987
M-Th	Aug 24	5:00pm – 5:30pm	\$244.80/8	38988
M-Th	Aug 24	5:30pm – 6:00pm	\$244.80/8	38989
M-Th	Aug 24	6:00pm – 6:30pm	\$244.80/8	38990
M-Th	Aug 24	6:30pm – 7:00pm	\$244.80/8	38991
M-Th	Aug 24	7:00pm – 7:30pm	\$244.80/8	38992
Sun	July 5	9:00am – 9:30am	\$275.40/9	38957
Sun	July 5	9:30am – 10:00am	\$275.40/9	38958
Sun	July 5	10:00am – 10:30am	\$275.40/9	38959
Sun	July 5	10:30am – 11:00am	\$275.40/9	38960
Sun	July 5	11:00am – 11:30am	\$275.40/9	38961
Sun	July 5	11:30am – 12:00pm	\$275.40/9	38962

## SHALLOW WATER PRIVATE LESSONS

### Age: 3 to 5 years

These private lessons are taught in shallow water only. Shallow water is best suited for Preschool 1 to 4.

## Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 4	12:00pm – 12:30pm	\$336.60/11	38730
Sat	Apr 4	12:30pm – 1:00pm	\$336.60/11	38731
Sun	Apr 5	10:00am – 10:30am	\$336.60/11	38732
Sun	Apr 5	10:30am – 11:00am	\$336.60/11	38733
Sun	Apr 5	11:00am – 11:30am	\$336.60/11	38734
Sun	Apr 5	11:30am – 12:00pm	\$336.60/11	38735
Sun	Apr 5	12:00pm – 12:30pm	\$336.60/11	38736
Sun	Apr 5	12:30pm – 1:00pm	\$336.60/11	38737
Mon	Apr 6	5:00pm – 5:30pm	\$306.00/10	38738
Mon	Apr 6	5:30pm – 6:00pm	\$306.00/10	38739
Mon	Apr 6	6:00pm – 6:30pm	\$306.00/10	38740
Mon	Apr 6	6:30pm – 7:00pm	\$306.00/10	38741
Mon	Apr 6	7:00pm – 7:30pm	\$306.00/10	38742

## Location: SARC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 6	5:00pm – 5:30pm	\$306.00/10	38993
Tue	Apr 7	7:00pm – 7:30pm	\$306.00/10	38994
Thu	Apr 9	5:00pm – 5:30pm	\$306.00/10	38996

## Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	June 29	9:00am – 9:30am	\$275.40/9	38997
M-F	July 13	9:00am – 9:30am	\$306.00/10	38998
M-F	July 27	9:00am – 9:30am	\$275.40/9	38999
M-F	Aug 10	9:00am – 9:30am	\$306.00/10	39000
M-F	Aug 24	9:00am – 9:30am	\$306.00/10	39001
T/Th	June 30	4:30pm – 5:00pm	\$306.00/10	39002
T/Th	Aug 4	4:30pm – 5:00pm	\$306.00/10	39003
Fri	July 3	4:00pm – 4:30pm	\$275.40/9	39004



# LEARN TO SWIM

## ADAPTED PRIVATE LESSONS

### Age: 3+ years

Adapted Privates are specifically designed for swimmers with disabilities and will feature one swimmer with one instructor focusing on specific skills requiring attention. For approval, please visit [www.aurora.ca/inclusionservices](http://www.aurora.ca/inclusionservices) and complete an Aquatic Intake Form.

### Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Apr 9	4:30pm – 5:00pm	\$215.00/10	38743
Thu	Apr 9	5:00pm – 5:30pm	\$215.00/10	38744
Thu	Apr 9	5:30pm – 6:00pm	\$215.00/10	38745
Thu	Apr 9	6:00pm – 6:30pm	\$215.00/10	38746

### Location: SARC – SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-Th	June 29	4:30pm – 5:00pm	\$150.50/7	39005
M-Th	June 29	5:00pm – 5:30pm	\$150.50/7	39006
M-Th	June 29	5:30pm – 6:00pm	\$150.50/7	39007
M-Th	June 29	6:00pm – 6:30pm	\$150.50/7	39008
M-Th	June 29	6:30pm – 7:00pm	\$150.50/7	39009
M-Th	June 29	7:00pm – 7:30pm	\$150.50/7	39010
M-Th	July 13	4:30pm – 5:00pm	\$172.00/8	39011
M-Th	July 13	5:00pm – 5:30pm	\$172.00/8	39012
M-Th	July 13	5:30pm – 6:00pm	\$172.00/8	39013
M-Th	July 13	6:00pm – 6:30pm	\$172.00/8	39014
M-Th	July 13	6:30pm – 7:00pm	\$172.00/8	39015
M-Th	July 13	7:00pm – 7:30pm	\$172.00/8	39016
M-Th	July 27	4:30pm – 5:00pm	\$150.50/7	39017
M-Th	July 27	5:00pm – 5:30pm	\$150.50/7	39018
M-Th	July 27	5:30pm – 6:00pm	\$150.50/7	39019
M-Th	July 27	6:00pm – 6:30pm	\$150.50/7	39020
M-Th	July 27	6:30pm – 7:00pm	\$150.50/7	39021
M-Th	July 27	7:00pm – 7:30pm	\$150.50/7	39022
M-Th	Aug 10	4:30pm – 5:00pm	\$172.00/8	39023
M-Th	Aug 10	5:00pm – 5:30pm	\$172.00/8	39024
M-Th	Aug 10	5:30pm – 6:00pm	\$172.00/8	39025
M-Th	Aug 10	6:00pm – 6:30pm	\$172.00/8	39026
M-Th	Aug 10	6:30pm – 7:00pm	\$172.00/8	39027
M-Th	Aug 10	7:00pm – 7:30pm	\$172.00/8	39028



## INCLUSION SERVICES

### Aqua Buddies

Through our volunteer program, we aim to place an available Aqua Buddy in a swim class to provide extra support where needed.

### Inclusive Swim Lessons

Integrated Aquatic classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

### Adapted Privates

Adapted Privates are specifically designed for swimmers with disabilities, and will feature one swimmer with one instructor focusing on specific skills requiring attention.

## AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit [www.aurora.ca/aquaticleadership](http://www.aurora.ca/aquaticleadership).

## SEMI-PRIVATE SWIM LESSONS

To obtain a Semi-Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Complete online form at [www.aurora.ca/learntoswim](http://www.aurora.ca/learntoswim) at least 3 days prior to start of lessons, in order to acquire approval and to convert private lesson into a semi-private lesson.

Note: Cost is \$26.00 per person per class. Participants must be within 1 swim level of each other.

## SMALL GROUP PRIVATE SWIM LESSONS

Parents and children can learn to swim together. To obtain a Small Group Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Email [rlisure@aurora.ca](mailto:rlisure@aurora.ca) a minimum of 3 days prior to the start of the lesson to create the Small Group Private Swim lesson.

Note: Cost is \$17.60 per person per class. Maximum of 5 people. Participants should be the same swim ability (for example: all beginners).

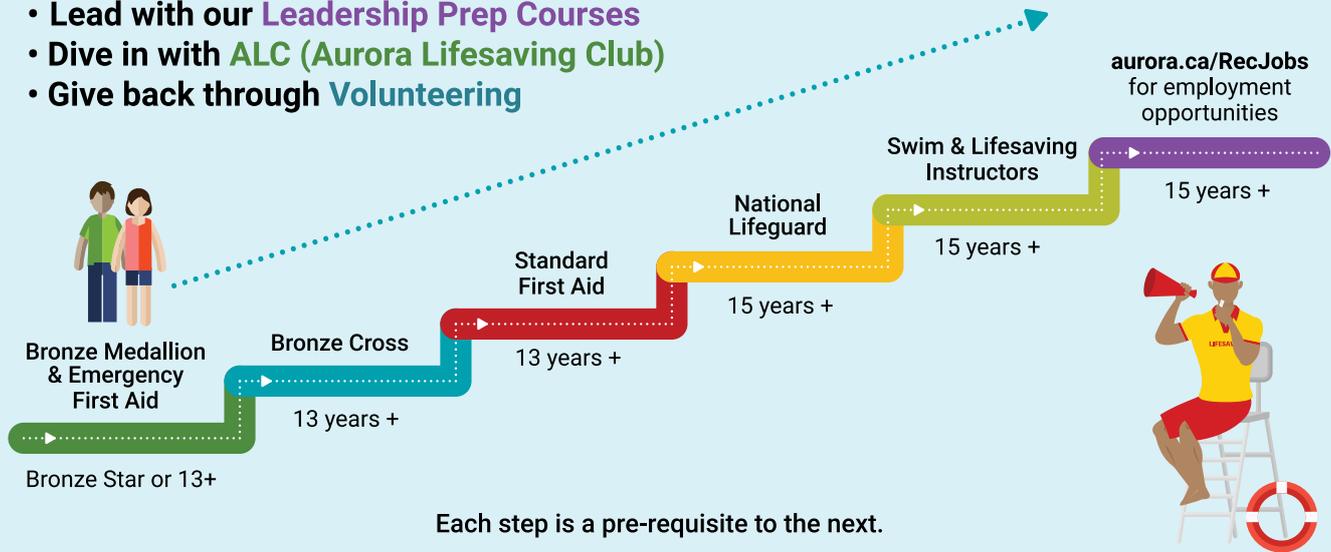
## Town of Aurora AQUATIC LEADERSHIP



Get involved. Get inspired.

- Lead with our **Leadership Prep Courses**
- Dive in with **ALC (Aurora Lifesaving Club)**
- Give back through **Volunteering**

[aurora.ca/RecJobs](http://aurora.ca/RecJobs)  
for employment  
opportunities



[aurora.ca/AquaticLeadership](http://aurora.ca/AquaticLeadership)



**Aquatic Leadership registration is open for all courses from January to December 2026. Full details at [aurora.ca/aquaticleadership](http://aurora.ca/aquaticleadership).**



### BECOMING AN AQUATIC VOLUNTEER

- It's a rewarding experience!
  - You receive hours for community involvement or a 25% discount towards future aquatic leadership courses.
- Prerequisites: Bronze Medallion and 14 years of age. Register for an Aquatic Volunteer Orientation Workshop. For additional information, please visit us online at [aurora.ca/aquaticleadership](http://aurora.ca/aquaticleadership).

### AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit [www.aurora.ca/aquaticleadership](http://www.aurora.ca/aquaticleadership).

# JOIN THE HERO ACADEMY!



Earn high school credits with YRDSB's Aquatic Leadership Program and the Town of Aurora.

[www.aurora.ca/AquaticLeadership](http://www.aurora.ca/AquaticLeadership)

## STEPS TO BECOME AN AQUATIC STAFF

In order to be considered for an Aquatic position, you must meet the following requirements.

AQUATIC POSITION	REQUIREMENTS
Lifeguard	<ul style="list-style-type: none"> <li>• Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools).</li> <li>• Current National Lifeguard certificate.</li> <li>• Current Ministry Approved Standard First Aid (or higher) certificate.</li> </ul>
Aquatic Instructor	<ul style="list-style-type: none"> <li>• Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools).</li> <li>• Current National Lifeguard certificate.</li> <li>• Current Ministry Approved Standard First Aid (or higher) certificate.</li> <li>• Current Lifesaving Society Swim, Lifesaving &amp; E.F.A. Instructor certificates.</li> </ul>

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