## Aurora Family Leisure Complex (A.F.L.C.) 135 Industrial Parkway North | 905-841-7529

Labour Day Weekend Holiday Schedule

Saturday, August 30 to Monday, September 1, 2025

**Customer Service, Programs & Activities** 

DATE	CUSTOMER SERVICE	FITNESS Club Aurora	FITNESS Group Fitness Classes
Saturday August 30, 2025	7:30 a.m. to 7 p.m.	7:45 a.m. to 7 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 8:10 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:20 a.m. – Yoga Stretch
Sunday August 31, 2025	7:30 a.m. to 5 p.m.	7:45 a.m. to 5 p.m.	8:10 a.m. to 9:10 a.m. – Total Body Strength Conditioning 9:20 a.m. to 10:20 a.m. – Yoga Flow
Monday September 1, 2025	7:30 a.m. to 2 p.m.	8 a.m. to 2 p.m.	No Classes

DATE	POOL Swim Times	POOL Aquafit Times	ROCK WALL & THE LOFT
Saturday	Pool Closed	Pool Closed	12 p.m. to 2 p.m. – Rock Wall
August 30, 2025			3:30 p.m. to 7 p.m. – The Loft
Sunday	Pool Closed	Pool Closed	
August 31, 2025			
Monday	Pool Closed	Pool Closed	
September 1, 2025			

Rock Climbing: A valid waiver must be completed prior to climbing the wall. Children ages 6 to 11 must have a parent/guardian present at the wall while they climb.

DATE	GYMNASIUM	SKATING & SHINNY
Saturday	8:30 a.m. to 10 a.m. – Adult Pickleball	None
August 30, 2025	10:15 a.m. to 11:45 a.m. – Adult Pickleball	
	12:15 p.m. to 1:45 p.m. – Family Open Gym	
	2 p.m. to 3:30 p.m. – Youth Open Gym	
Sunday	8:30 a.m. to 10 a.m. – Adult Pickleball	None
August 31, 2025	10:30 a.m. to 12 p.m. – Parent & Child Open Gym	
	12:30 p.m. to 2 p.m. – Youth Basketball	
	2:30 p.m. to 4 p.m. – Adult Pickleball	
	4 p.m. to 5:30 p.m. – Adult Pickleball	
Monday	8:30 a.m. to 10 a.m. – Adult Pickleball	None
	10:30 a.m. to 12 p.m. – Family Open Gym	
	12:30 p.m. to 2 p.m. – Youth Open Gym	

Adult Pickleball: Adults ages 18+ years

Youth Open Gym: Youth ages 12 to 17 years

Family Open Gym: Participating adult over the age of 16 required for all participants. Limit of 3 participants per guardian. Guardian must pay program fee.

Parent & Child Open Gym: Children ages 4 to 8 must have a guardian present. Guardian must pay program fee.

Adult Table Tennis: For adults ages 18+ years

Family Skate: Ages 0 to 12 Years with Accompanying Adults. This program allows for families to enjoy a leisure skate in a quieter environment.

Drop-ins: Activities have strict capacities and age guidelines. Admission sales begin 15 minutes prior to the scheduled program start time on a first come, first served basis. Pickleball registration is open 1 hour before the drop-in time, through the Town's online registration, or in person 15 minutes prior to the scheduled start time. No exceptions will be made.

## Note – We reserve the right to cancel, amend or change programs and activities. Updated 07/18/2025 For the most up-to-date schedules, please visit our website at <u>www.aurora.ca/holidayschedules</u>.