

INCLUSION SERVICES



The Town of Aurora welcomes and encourages residents of all abilities to have equitable and meaningful access to recreation opportunities. This is accomplished through specialized programming, individualized support options and accessible facilities for patrons with disabilities or unique needs. Service animals are welcome at all Town owned and operated facilities.

INTEGRATED OPPORTUNITIES



Additional Support

Participants with disabilities and unique needs are encouraged to take part in year-round recreation programs that suit their interests and hobbies. If assistance is required outside of the typical staff to participant ratio, individuals have the following options:

• 1:1 Town Support Staff

Inclusion 1:1 support staff are available to facilitate participation in all Town of Aurora recreation programs. A support staff may provide redirection for safety reasons and allow opportunities for sensory or emotional breaks. Upon request, the Town of Aurora will do their best to arrange a 1:1 support staff for a participant based on availability and resources. In most cases, 1:1 support can be arranged, however, we ask families to provide at least two weeks notice prior to the start of a program to allow for adequate time to confirm a staff member.

• External Support Workers

The Town of Aurora welcomes external personal support workers into all our programs and drop-ins at no additional registration costs. An external support worker can include a parent, family member, or paid external staff member at the expense of the family.

Participants require additional support if:

- They have extra support at school or at home;
- A physical, medical, or developmental/learning disability exists that affects the safety of others;
- Extra support is required at home for basic care such as dressing and toileting;
- The individual is currently associated with a support agency or program; or
- There are challenging behaviours to be managed.



INCLUSION SUPPORT

If you have any questions, please email our Inclusion Services team at inclusion@aurora.ca.

www.aurora.ca/inclusionservices

ACTIVE START – SPECIAL OLYMPICS

Age: 2 to 7 years

Location: ACC

Active Start is a family-centred activity program for children with an intellectual or developmental disability. Through the program, children will learn basic motor skills such as walking, running, jumping, balancing and throwing in a fun and safe environment. These skills provide support for everyday activities, as well as a base for Special Olympics sports training and competition as athletes grow older.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 21	5:00pm – 5:45pm	\$80.00/8	37403

COOK-ABILITY

Age: *12 to 17 years

^18+ years

Location: AFLC

This hands-on introductory cooking class will provide participants with developmental disabilities an opportunity to learn about cooking equipment and skills that are used in the kitchen, along with kitchen safety. Participants should bring a container to take extra food home. Please specify any food allergies or restrictions. A 1:3 staff to participant ratio will be provided. Participants must be independent in personal care and manage in a group setting. If your participant requires 1:1 support, please email inclusion@aurora.ca.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 21	6:30pm – 8:00pm	\$175.00/6	37301*
Fri	Jan 23	6:30pm – 8:00pm	\$175.00/6	37396^

JAYS CARE – CHALLENGER BASEBALL

Age: 6 to 12 years

Location: ASC

Join us for weekly fun as athletes living with disabilities will learn the core life skills inherent to baseball including teamwork, communication, self-regulation, resiliency, inclusion, support and courage. In partnership with the Jays Care Foundation, this is an adaptive baseball program, run in partnership with Little League Canada and Baseball Canada, specifically designed to empower those living with physical and/or cognitive disabilities. This program will run with 1:4 ratio of staff to participants. If your participant requires 1:1 support, please email inclusion@aurora.ca.

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 17	9:15am – 10:15am	\$37.00/8	37397

PLAY-ABILITY KIDS

Age: 8 to 12 years

Location: ACC

Participants of all abilities are welcomed into this adapted stay and play program specifically designed for children with physical and intellectual disabilities. Participants will partake in an engaging warm-up, engaging games and interactive movement activities. A 1:3 staff to participant ratio will be provided. If your participant requires 1:1 support, please email inclusion@aurora.ca.

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 21	6:00pm – 6:45pm	\$100.00/8	37322

INCLUSION SUPPORT

If your participant requires 1:1 support, please email our Inclusion Services team at inclusion@aurora.ca.

PLAY FOR ALL

Age: 4 to 10 years

Location: ACC

Participants of all abilities are welcomed into this adapted stay and play program specifically designed for children with physical and intellectual disabilities. A 1:3 staff to participant ratio will be provided. This program will focus on the development of gross motor skills, a variety of movement skills, turn taking and sharing. Adult caregiver supervision and participation is encouraged in this class.

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 18	1:00pm – 2:00pm	\$100.00/8	37321

SOC-ABILITY

Age: *12 to 15 years

^16 to 21 years

Location: AFLC

Come and join our social club for youth and young adults of all abilities. Join us weekly for a hang out session specifically designed for participants aged 12 to 15 and 16 to 21 years old. Soc-Ability sessions will include simple activities, facilitated social discussion, and other theme-focused chats with friends. All abilities are welcome. A 1:4 staff to participant ratio will be provided.

~No class on: Feb 16

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Feb 2	3:30pm – 4:30pm	\$10.00/4	37303^~
Mon	Feb 2	4:45pm – 5:45pm	\$10.00/4	37302*~

INCLUSION SUPPORT IN CAMPS

1:1 Support for P.A. Day & Camp Programs


1:1 SUPPORT – WINTER P.A. DAY & HOLIDAY CAMPS

Age: 4 to 12 years

Location: TBC

Inclusion 1:1 Support is available for campers with disabilities whose needs are not met within large group supervision ratios and require an additional staff to be integrated into a Camp. Inclusion 1:1 Support staff can provide emotional and sensory breaks, assist with personal care, and help adapt programming to fit the needs of each individual camper. Inclusion 1:1 Support is NOT a camp, it is a support service. Registrants must register into a Camp Program in addition to the 1:1 support.

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 16	8:30am – 4:30pm	FREE/1	37320
Fri	Jan 30	8:30am – 4:30pm	FREE/1	37331
M-F	Mar 16 – 20	8:30am – 4:30pm	FREE/5	37398
Mon	Apr 6	8:30am – 4:30pm	FREE/1	37332




Winter 2026 Drop-Ins

Sensory Skates

Skate your way into Fall with sensory friendly public skates that feature lower numbers, space to spread out and a low sensory atmosphere.

Stronach Aurora Recreation Complex

- Sundays, 9 a.m. to 10 a.m. & 4 p.m. to 5 p.m.
- Mondays, 5:30 p.m. to 6:30 p.m.



All Abilities Open Gym

Join us for a family friendly and sensory aware sport drop-in that features lower numbers, space to spread out and a variety of activities

SARC Desjardins Gymnasium

- Fridays, 4 p.m. to 5:30 p.m.
- Sundays, 8:45 a.m. to 10:15 a.m.

www.aurora.ca/SARCDropIns