

Aurora Family Leisure Complex (A.F.L.C.)

135 Industrial Parkway North | 905-841-7529

2025-2026 Winter Holiday Schedule

DATE	CUSTOMER SERVICE	FITNESS Club Aurora	FITNESS Group Fitness Classes
Saturday December 20, 2025	7:30 a.m. to 7:30 p.m.	7:45 a.m. to 7 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 8:10 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:20 a.m. – Yoga Stretch
Sunday December 21, 2025	7:30 a.m. to 7 p.m.	7:45 a.m. to 5 p.m.	8:15 a.m. to 9 a.m. – Cyclefit 8:30 a.m. to 9:30 a.m. – Total Body Strength Conditioning 9:35 a.m. to 10:35 a.m. – Yoga Flow
Monday December 22, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	9 a.m. to 9:45 a.m. – Cycle 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABC's 12:15 p.m. to 1 p.m. – Boot Camp 6:25 p.m. to 7:25 p.m. – Chisel 7:35 p.m. to 8:35 p.m. – Yoga Stretch
Tuesday December 23, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	9 a.m. to 10 a.m. – RIP 9:10 a.m. to 10:10 a.m. – Muscle Fusion 55+ 10:30 a.m. to 11:30 a.m. – Step 12:15 p.m. to 1 p.m. – RIP 6:25 p.m. to 7:25 p.m. – Chisel 7:35 p.m. to 8:20 p.m. – Cycle
Wednesday December 24, 2025	5:45 a.m. to 12 p.m.	5:45 a.m. to 12 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 9 a.m. to 10 a.m. – RIP 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch
Thursday December 25, 2025	Facility Closed	Facility Closed	Facility Closed
Friday December 26, 2025	7:30 a.m. to 2 p.m.	8 a.m. to 2 p.m.	No Classes
Saturday December 27, 2025	7:30 a.m. to 7:30 p.m.	7:45 a.m. to 7 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 8:10 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:20 a.m. – Yoga Stretch
Sunday December 28, 2025	7:30 a.m. to 7 p.m.	7:45 a.m. to 5 p.m.	8:15 a.m. to 9 a.m. – Cyclefit 8:30 a.m. to 9:30 a.m. – Total Body Strength Conditioning 9:35 a.m. to 10:35 a.m. – Yoga Flow
Monday December 29, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	9 a.m. to 9:45 a.m. – Cycle 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABC's 12:15 p.m. to 1 p.m. – Boot Camp 6:25 p.m. to 7:25 p.m. – Chisel 7:35 p.m. to 8:35 p.m. – Yoga Stretch
Tuesday December 30, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	9 a.m. to 10 a.m. – RIP 12:15 p.m. to 1 p.m. – RIP 6:25 p.m. to 7:25 p.m. – Chisel 7:35 p.m. to 8:20 p.m. – Cycle
Wednesday December 31, 2025	5:45 a.m. to 3 p.m.	5:45 a.m. to 3 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 9 a.m. to 10 a.m. – RIP 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABC's 12:15 p.m. to 1 p.m. – Cardio Dance
Thursday January 1, 2026	Facility Closed	Facility Closed	Facility Closed
Friday January 2, 2026	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 9 p.m.	9 a.m. to 10 a.m. – Yoga Fusion 9:15 a.m. to 10:15 a.m. – Step 10:10 a.m. to 11:10 a.m. – NIA 10:30 a.m. to 11:30 a.m. – Muscle Fusion 55+ 12:15 p.m. to 1 p.m. – Zumba 6 p.m. to 6:45 p.m. – Cycle

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2025-2026 Winter Holiday Schedule

Saturday, December 20, 2025 to Friday, January 2, 2026

Customer Service, Programs & Activities

DATE	POOL Swim Times	POOL Aquafit Times	ROCK WALL & THE LOFT
Saturday December 20, 2025	8 a.m. to 9:30 a.m. – Lane Swim	9:35 a.m. to 10:25 a.m. – Aquafitness	12 p.m. to 2 p.m. – Rock Wall
Sunday December 21, 2025	8 a.m. to 9:30 a.m. – Lane Swim 1:30 p.m. to 2:30 p.m. – Sensory Swim		
Monday December 22, 2025	6 a.m. to 9 a.m. – Lane Swim 12 p.m. to 12:30 p.m. – Silver Swimmers 12:30 p.m. to 2 p.m. – Lane Swim 8 p.m. to 10 p.m. – Lane Swim	7 p.m. to 7:45 p.m. – Aquafit on Demand	
Tuesday December 23, 2025	6 a.m. to 9 a.m. – Lane Swim 11 a.m. to 11:30 a.m. – Silver Swimmers 11:30 a.m. to 1 p.m. – Lane Swim 8 p.m. to 10 p.m. – Lane Swim	7 p.m. to 7:45 p.m. – Aquafitness	
Wednesday December 24, 2025	6 a.m. to 9 a.m. – Lane Swim 10 a.m. to 10:30 a.m. – Silver Swimmers 10:30 a.m. to 12 p.m. – Lane Swim		
Thursday December 25, 2025	Facility Closed	Facility Closed	Facility Closed
Friday December 26, 2025	Pool Closed	Pool Closed	
Saturday December 27, 2025	8 a.m. to 9:30 a.m. – Lane Swim	9:35 a.m. to 10:25 a.m. – Aquafitness	12 p.m. to 2 p.m. – Rock Wall 2:30 p.m. to 7 p.m. – The Loft
Sunday December 28, 2025	8 a.m. to 9:30 a.m. – Lane Swim 1:30 p.m. to 2:30 p.m. – Sensory Swim		
Monday December 29, 2025	6 a.m. to 9 a.m. – Lane Swim 12 p.m. to 12:30 p.m. – Silver Swimmers 12:30 p.m. to 2 p.m. – Lane Swim 8 p.m. to 10 p.m. – Lane Swim	7 p.m. to 7:45 p.m. – Aquafit on Demand	
Tuesday December 30, 2025	6 a.m. to 9 a.m. – Lane Swim 11 a.m. to 11:30 a.m. – Silver Swimmers 11:30 a.m. to 1 p.m. – Lane Swim 8 p.m. to 10 p.m. – Lane Swim	7 p.m. to 7:45 p.m. – Aquafitness	
Wednesday December 31, 2025	6 a.m. to 9 a.m. – Lane Swim 12 p.m. to 12:30 p.m. – Silver Swimmers 12:30 p.m. to 2 p.m. – Lane Swim		
Thursday January 1, 2026	Facility Closed	Facility Closed	Facility Closed
Friday January 2, 2026	6 a.m. to 9 a.m. – Lane Swim 11 a.m. to 11:30 a.m. – Silver Swimmers 11:30 a.m. to 1 p.m. – Lane Swim		3:30 p.m. to 8 p.m. – The Loft

Rock Climbing: A valid waiver must be completed prior to climbing the wall. Children ages 6 to 11 must have a parent/guardian present at the wall while they climb.

Note – We reserve the right to cancel, amend or change programs and activities. Updated 11/26/2025
For the most up-to-date schedules, please visit our website at www.aurora.ca/holidayschedules.

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2025-2026 Winter Holiday Schedule

Saturday, December 20, 2025 to Friday, January 2, 2026

Customer Service, Programs & Activities

DATE	GYMNASIUM	SKATING & SHINNY
Saturday December 20, 2025	9:45 a.m. to 10:15 a.m. – Adult Pickleball 11:30 a.m. to 1 p.m. – Adult Pickleball 1:30 p.m. to 3 p.m. – Family Open Gym 3:30 p.m. to 5 p.m. – Youth Open Gym	
Sunday December 21, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Basketball 4 p.m. to 5:30 p.m. – Adult Pickleball 5:30 p.m. to 7 p.m. – Adult Pickleball	1 p.m. to 2 p.m. – Parent/Child Stick & Puck 2 p.m. to 3 p.m. – Family Shinny
Monday December 22, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 12 p.m. to 1:30 p.m. – Family Open Gym 1:30 p.m. to 3 p.m. – Youth Open Gym 8:30 p.m. to 10:30 p.m. – Adult Pickleball	
Tuesday December 23, 2025	12:30 p.m. to 2 p.m. – Parent & Child Open Gym 2:30 p.m. to 4 p.m. – Youth Open Gym 8:30 p.m. to 10:30 p.m. – Adult Volleyball	
Wednesday December 24, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball	
Thursday December 25, 2025	Facility Closed	Facility Closed
Friday December 26, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Family Open Gym 12:30 p.m. to 2 p.m. – Youth Open Gym	
Saturday December 27, 2025	9:45 a.m. to 10:15am – Adult Pickleball 11:30 a.m. to 1 p.m. – Adult Pickleball 1:30 p.m. to 3 p.m. – Family Open Gym 3:30 p.m. to 5 p.m. – Youth Open Gym	
Sunday December 28, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Basketball 2:15 p.m. – 3:45 p.m. – Adult Table Tennis 4 p.m. to 5:30 p.m. – Adult Pickleball 5:30 p.m. to 7 p.m. – Adult Pickleball	
Monday December 29, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 12 p.m. to 1:30 p.m. – Family Open Gym 1:30 p.m. to 3 p.m. – Youth Open Gym 8:30 p.m. to 10:30 p.m. – Adult Pickleball	
Tuesday December 30, 2025	12 p.m. to 1:30 p.m. – Older Adult Badminton 2:30 p.m. to 4 p.m. – Youth Open Gym 8:30 p.m. to 10:30 p.m. – Adult Volleyball	
Wednesday December 31, 2025		
Thursday January 1, 2026	Facility Closed	Facility Closed
Friday January 2, 2026	12:30 p.m. to 2 p.m. – Family Open Gym 6:30 p.m. to 8 p.m. – Youth Basketball 8 p.m. to 9:30 p.m. – Adult Basketball 9:30 p.m. to 11 p.m. – Adult Basketball	

Family Open Gym: Participating adult over the age of 16 required for all participants. Limit of 3 participants per guardian. Guardian must pay program fee.

Parent & Child Open Gym: Children ages 4 to 8 must have a guardian present. Guardian must pay program fee.

Youth Open Gym/Basketball: Ages 12 to 17 years.

Adult Drop-ins: 18+ years.

Drop-ins: Activities have strict capacities and age guidelines. Admission sales begin 15 minutes prior to the scheduled program start time on a first come, first served basis. Pickleball registration is open 1 hour before the drop-in time, through the Town's online registration, or in person 15 minutes prior to the scheduled start time. No exceptions will be made.