

Aurora Family Leisure Complex (A.F.L.C.)

135 Industrial Parkway North | 905-841-7529

Desjardins Pool – Swim Schedule

Tuesday, September 2 to Sunday, September 14, 2025

Note – SARC Pool Closed (Annual Maintenance)

DATE	AQUAFIT	LANE SWIM	LEISURE SWIM	SILVER SWIMMERS
Tuesday September 2	1:05 p.m. to 1:50 p.m. – Aquafit On Demand 7:40 p.m. to 8:25 p.m. – Aquafit On Demand	6 a.m. to 9 a.m. 11:30 a.m. to 1 p.m. 8:30 p.m. to 10 p.m.	9:30 a.m. to 10:30 a.m.	11 a.m. to 11:30 a.m.
Wednesday September 3	9:05 a.m. to 9:50 a.m. – Aquafit On Demand 9:55 a.m. to 10:40 a.m. – Aquafitness 7:40 p.m. to 8:25 p.m. – Aquafit On Demand	6 a.m. to 9 a.m. 12:30 p.m. to 2 p.m. 8:30 p.m. to 10 p.m.		12 p.m. to 12:30 p.m.
Thursday September 4	1:05 p.m. to 1:50 p.m. – Aquafit On Demand 7:40 p.m. to 8:25 p.m. – Aquafitness	6 a.m. to 9 a.m. 11:30 a.m. to 1 p.m. 8:30 p.m. to 10 p.m.	9:30 a.m. to 10:30 a.m.	11 a.m. to 11:30 a.m.
Friday September 5	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aquafit On Demand	6 a.m. to 9 a.m. 11:30 a.m. to 1 p.m.		11 a.m. to 11:30 a.m.
Saturday September 6	9:35 a.m. to 10:25 a.m. – Aquafitness	8 a.m. to 9:30 a.m.		
Sunday September 7	No Classes	8 a.m. to 9:30 a.m.		
Monday September 8	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aquafitness 7:40 p.m. to 8:25 p.m. – Aquafitness	6 a.m. to 9 a.m. 12:30 p.m. to 2 p.m. 8:30 p.m. to 10 p.m.		12 p.m. to 12:30 p.m.
Tuesday September 9	1:05 p.m. to 1:50 p.m. – Aquafit On Demand 7:40 p.m. to 8:25 p.m. – Aquafit On Demand	6 a.m. to 9 a.m. 11:30 a.m. to 1 p.m. 8:30 p.m. to 10 p.m.	9:30 a.m. to 10:30 a.m.	11 a.m. to 11:30 a.m.
Wednesday September 10	9:05 a.m. to 9:50 a.m. – Aquafit On Demand 9:55 a.m. to 10:40 a.m. – Aquafitness 7:40 p.m. to 8:25 p.m. – Aquafit On Demand	6 a.m. to 9 a.m. 12:30 p.m. to 2 p.m. 8:30 p.m. to 10 p.m.		12 p.m. to 12:30 p.m.
Thursday September 11	1:05 p.m. to 1:50 p.m. – Aquafit On Demand 7:40 p.m. to 8:25 p.m. – Aquafitness	6 a.m. to 9 a.m. 11:30 a.m. to 1 p.m. 8:30 p.m. to 10 p.m.	9:30 a.m. to 10:30 a.m.	11 a.m. to 11:30 a.m.
Friday September 12	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aquafit On Demand	6 a.m. to 9 a.m. 11:30 a.m. to 1 p.m.		11 a.m. to 11:30 a.m.
Saturday September 13	9:35 a.m. to 10:25 a.m. – Aquafitness	8 a.m. to 9:30 a.m.		
Sunday September 14	No Classes	8 a.m. to 9:30 a.m.		

Note – We reserve the right to cancel, amend or change programs and activities. Updated 08/18/2025
For the most up-to-date schedules, please visit our website at www.aurora.ca/aquatics.