AURORA FAMILY LEISURE COMPLEX 135 Industrial Parkway North | 905-841-7529 Desjardins Pool

JANUARY 3 - MARCH 15, 2026

JANUARY 3 - MARCH 13, 2020						
DAY	LANE SWIM & SPA	SILVER SWIMMERS	LEISURE SWIM			
Mon & Wed	6:00am - 9:00am 12:30pm - 2:00pm 4:00pm - 5:00pm* 8:30pm - 10:00pm *Available: Jan 5 to Mar 9	12:00pm - 12:30pm				
Tue & Thu	6:00am - 9:00am 11:30am - 1:00pm 8:30pm - 10:00pm	11:00am - 11:30am	9:30am - 10:30am			
Fri	6:00am - 9:00am 11:30am - 1:00pm 4:00pm - 6:00pm* *Available: Jan 9 to Mar 6	11:00am - 11:30am				
Sat	8:00am - 9:30am	SENSORY SWIM				
Sun	8:00am - 9:30am	1:30pm - 2:30pm* *Adapted Sensory Swim (Sunday only)				

SWIM & HOLIDAY SCHEDULES

Visit www.aurora.ca/aquatics for the most up-to-date swimming information.

AFLC POOL CLOSURE March 16 to 29, 2026

AFLC Pool will be closed for annual maintenance. View SARC revised swim schedule online at www.aurora.ca/aquatics.

HOLIDAY REVISED SCHEDULE

Winter Holiday Schedule: December 20, 2025 to January 2, 2026 Visit **www.aurora.ca/aquatics** for revised swim schedule.

SWIM DESCRIPTIONS

Lane Swim - For those wishing to utilize the pool for fitness and endurance. Participants are asked to swim continuously and in the lane appropriate to their speed. A double lane for general fitness activities is available for indicated swims only (^).

Therapy Pool - Intended for swimmers of all ages to use the Therapy Pool only, but not exclusive to therapeutic purposes. Limited equipment may be provided at this time. Therapy Pool is only available at the SARC.

Silver Swimmers - This program is to provide Older Adult Swimmers (55 yrs+) an opportunity to use the pool in a comfortable self-paced atmosphere with other older adult swimmers. This is a chance to get into the water and swim, or exercise at your own pace.

Leisure Swim - Fun and enjoyment for all ages.

Adapted Sensory Swim - Public swim designed for individuals with exceptionalities to enjoy and experience swimming in a quieter environment. No music and minimal noise levels.

STRONACH AURORA RECREATION COMPLEX

1400 Wellington St. East | 905-726-4770 Canadian Tire Aquatic Centre

JANUARY 3 - MARCH 15, 2026

DAY	LANE SWIM & THERAPY POOL	LEISURE SWIM		
Mon & Wed	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm			
Tue & Thu	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm			
Fri	7:30am - 9:00am 11:00am - 1:00pm^			
Sat	12:30pm - 2:00pm	2:15pm - 3:45pm		
Sun	12:30pm - 2:00pm	2:15pm - 3:45pm		

ADMISSION FEES (HST Included)

Under 4 Years

Free

4 to 17 Years

\$3.21 per person (per visit) | \$25.71 for 10 x visits Adult (18 to 54 years)

\$5.15 per person (per visit) | \$41.20 for 10 x visits

Older Adult (55 years and older)

\$3.96 per person (per visit) | \$31.71 for 10 x visits Prices subject to change effective January 1, 2026.

DESJARDINS DAYS

For schedules and up-to-date information, please visit www.aurora.ca/desjardinsdays

USE OF POOL DURING DROP-IN TIMES

Lane and Leisure swim times are for recreational use only. They are not to be used for personal profit (for example: teaching private swim lessons or coaching). We reserve the right to deny access to an individual(s) deemed to be in violation of this policy.



GENERAL POOL RULES

- Disposable and cloth diapers are not permitted in the water. Please use swim diapers designed for pool use.
- Individuals with a serious medical condition should be accompanied in the water with another individual knowledgeable of their condition and inform the lifeguard.
- Those infected with a communicable disease or having open sores on their body will not be admitted to the swimming pool.
- Please do not bring food and/or beverages onto pool decks or viewing galleries. Only water contained in plastic or nonbreakable containers is permissible.

BEFORE SWIMMING LESSONS START

The Town of Aurora Aquatics Team will email session information prior to the first swim lesson. Please ensure your email is updated in e-PLAY to receive this information.

WHAT LEVEL SHOULD I REGISTER IN?

If you are unsure of your child's swim level, please see one of the Aquatic staff for a free evaluation during any Leisure Swim.

POOL FOULING/CLOSURE

Where a pool is closed due to a fouling, we will attempt to move classes to a different pool. If less than half the class has passed when this happens and we cannot accommodate rescheduling, a credit may be applied to your account. To reduce these situations, please ensure children not toilet trained are wearing snug fitting plastic pants or swim diapers.

www.aurora.ca/aquatics

MAKE-UP LESSONS

Make-up classes or credits due to participant illness or personal commitments will not be available.

PARENT'S DAY & PICTURE DAY

Parent's Day is week 5 of the season. Picture Day is week 6 of the season. Please refer to the email sent to all parents at the start of the session for all details.

CELL PHONES, FILMING AND PHOTOGRAPHY

Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, viewing gallery or pool area during swimming programs or recreational swims.

STROLLERS, WHEELCHAIRS & ASSISTIVE MOBILITY DEVICES

Strollers are not permitted on the pool deck. Wheelchairs and assistive mobility devices (for example - walkers) are permitted, however the wheels must be cleaned prior to entering the pool area. Water wheelchairs are provided in the change rooms.

CHANGE ROOM POLICIES

- Children 7 years of age and older are encouraged to use the change room designated for their gender.
- Mixed gender families, unaccompanied children and persons with identified special needs and their caregivers are encouraged to use the family change room.

We ask that all patrons cooperate in making the change room experience comfortable for everyone.

Please do not leave clothing or other belongings in the change stalls during your time in the pool.

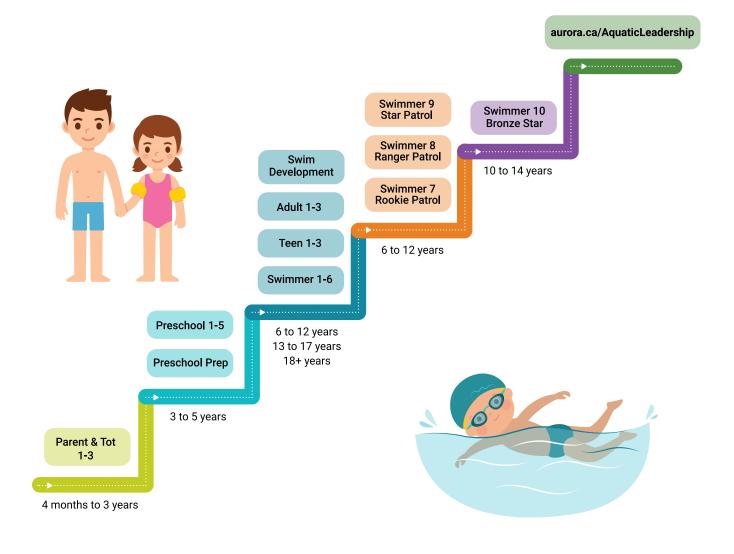
AGE	GUA	RDIAN	RATIO	DISTANCE	WRISTBAND
Five and under	Must be accompanied by a guardian over the age of 12		One guardian per two children No exceptions	Within arms reach at all times	RED
	Fail swim	Must be accompanied	One guardian per two children not wearing lifejackets	Within arms reach	YELLOW
C!	test	by a guardian	One guardian for up to five children wearing lifejackets	at all times	TELLOW
	Pass swim test	May swim alone	N/A	N/A	GREEN
Ten and up	May swim alone		N/A	N/A	GREEN



Town of Aurora LEARN TO SWIM PROGRAM STRUCTURE

Ask us about:

- Speciality Swim Lessons
- Aurora Lifesaving Club (ALC)
- Leadership Prep Courses



aurora.ca/LearnToSwim







PARENT & TOT 1

Age: 4 to 12 months

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 4 to 12 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age. Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:30pm - 6:00pm	\$97.20/9	37432
Thu	Jan 8	6:00pm - 6:30pm	\$97.20/9	37433
Sat	Jan 10	9:30am - 10:00am	\$97.20/9	37434
Sat	Jan 10	11:30am - 12:00pm	\$97.20/9	37435
Sun	Jan 11	10:00am - 10:30am	\$97.20/9	37436
Sun	Jan 11	12:00pm - 12:30pm	\$97.20/9	37437

PARENT & TOT 2

Age: 12 to 24 months

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 12 to 24 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: SARC

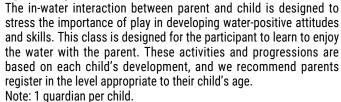
DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:00pm - 6:30pm	\$97.20/9	37446
Wed	Jan 7	6:00pm - 6:30pm	\$97.20/9	37450
Sat	Jan 10	10:00am - 10:30am	\$97.20/9	37451
Sat	Jan 10	11:00am - 11:30am	\$97.20/9	37453
Sun	Jan 11	9:00am - 9:30am	\$97.20/9	37454
Sun	Jan 11	10:30am - 11:00am	\$97.20/9	37455

AGE REQUIREMENTS

For Parented and Preschool programs, participants must be the minimum age by the first day of the program. For all other programs, participants must be the minimum age by the last day of the program.

PARENT & TOT 3

Age: 2 to 4 years



Location: SARC

DATE <u> 6:30pm – 7:00pm</u>

Inu	Jan 8	6:30pm - 7:00pm	\$97.20/9	3/440
Sat	Jan 10	9:00am - 9:30am	\$97.20/9	37441
Sat	Jan 10	10:30am - 11:00am	\$97.20/9	37443
Sat	Jan 10	12:00pm - 12:30pm	\$97.20/9	37445
Sun	Jan 11	9:30am - 10:00am	\$97.20/9	37447
Sun	Jan 11	11:00am - 11:30am	\$97.20/9	37448
Sun	l lan 11	11·30am - 12·00nm	l ¢07 20/0	27//0

PRESCHOOL PREP

Age: 3 to 5 years

This optional course is designed to allow children the opportunity to become acclimated to the pool and independent in their swim lessons. Parents accompany their children in lessons for the beginning of the session. By week 5, parents and staff will have worked to wean the parent out of the class, with the goal of children to be on their own for the last few classes.

Note: 1 quardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:00pm - 6:30pm	\$97.20/9	37457
Wed	Jan 7	5:30pm - 6:00pm	\$97.20/9	37461
Thu	Jan 8	6:30pm - 7:00pm	\$97.20/9	37464
Sat	Jan 10	9:30am - 10:00am	\$97.20/9	37469
Sat	Jan 10	10:30am - 11:00am	\$97.20/9	37474
Sat	Jan 10	12:00pm - 12:30pm	\$97.20/9	37479
Sun	Jan 11	9:30am - 10:00am	\$97.20/9	37483
Sun	Jan 11	10:00am - 10:30am	\$97.20/9	37484





LEARN TO SWIM

PRESCHOOL 1

Age: 3 to 5 years

Preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their face wet and blow bubbles underwater.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:30pm - 6:00pm	\$97.20/9	37681
Wed	Jan 7	5:00pm - 5:30pm		37682
Wed	Jan 7	6:00pm - 6:30pm	\$97.20/9	37683
Fri	Jan 9	6:15pm - 6:45pm	\$97.20/9	37684
Sat	Jan 10	11:30am - 12:00pm	\$97.20/9	37679

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:00pm - 5:30pm	\$97.20/9	37467
Tue	Jan 6	5:30pm - 6:00pm	\$97.20/9	37468
Tue	Jan 6	6:30pm - 7:00pm	\$97.20/9	37470
Wed	Jan 7	5:00pm - 5:30pm	\$97.20/9	37471
Thu	Jan 8	5:30pm - 6:00pm	\$97.20/9	37472
Thu	Jan 8	6:30pm - 7:00pm	\$97.20/9	37473
Sat	Jan 10	9:00am - 9:30am	\$97.20/9	37456
Sat	Jan 10	10:00am - 10:30am	\$97.20/9	37458
Sat	Jan 10	11:30am - 12:00pm	\$97.20/9	37459
Sat	Jan 10	12:00pm - 12:30pm	\$97.20/9	37460
Sun	Jan 11	9:00am - 9:30am	\$97.20/9	37462
Sun	Jan 11	9:30am - 10:00am	\$97.20/9	37463
Sun	Jan 11	10:30am - 11:00am	\$97.20/9	37465
Sun	Jan 11	12:00pm - 12:30pm	\$97.20/9	37466

PRESCHOOL 2

Age: 3 to 5 years

Preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. While wearing a lifejacket they'll glide on their front and back.

Prerequisite: Preschool 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:00pm - 5:30pm	\$97.20/9	37686
Tue	Jan 6			37687
Wed	Jan 7	5:30pm - 6:00pm	\$97.20/9	37688
Wed	Jan 7	6:15pm - 6:45pm	\$97.20/9	37689
Fri	Jan 9	6:15pm - 6:45pm		37690
Sat	Jan 10	11:00am - 11:30am	\$97.20/9	37685

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:00pm - 5:30pm	\$97.20/9	37485
Tue	Jan 6	5:00pm - 5:30pm	\$97.20/9	37492
Tue	Jan 6	6:00pm - 6:30pm	\$97.20/9	37505
Wed	Jan 7	5:00pm - 5:30pm	\$97.20/9	37509
Thu	Jan 8	5:30pm - 6:00pm	\$97.20/9	37511
Thu	Jan 8	7:00pm - 7:30pm	\$97.20/9	37512
Sat	Jan 10	9:30am - 10:00am	\$97.20/9	37475
Sat	Jan 10	10:00am - 10:30am	\$97.20/9	37476
Sat	Jan 10	11:30am - 12:00pm	\$97.20/9	37477
Sun	Jan 11	9:30am - 10:00am	\$97.20/9	37478
Sun	Jan 11	10:00am - 10:30am	\$97.20/9	37480
Sun	Jan 11	11:00am - 11:30am	\$97.20/9	37481
Sun	Jan 11	11:30am - 12:00pm	\$97.20/9	37482

PRESCHOOL 3

Age: 3 to 5 years

Preschoolers will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Prerequisite: Preschool 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:30pm - 6:00pm	\$97.20/9	37692
Tue	Jan 6	6:00pm - 6:30pm	\$97.20/9	37693
Wed	Jan 7	5:00pm - 5:30pm	\$97.20/9	37694
Wed	Jan 7	6:30pm - 7:00pm	\$97.20/9	37695
Fri	Jan 9	6:45pm - 7:15pm		37696
Sat	Jan 10	10:30am - 11:00am	\$97.20/9	37691

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:00pm - 5:30pm	\$97.20/9	37504
Tue	Jan 6	5:30pm - 6:00pm	\$97.20/9	37506
Tue	Jan 6	7:00pm - 7:30pm	\$97.20/9	37507
Wed	Jan 7	5:30pm - 6:00pm	\$97.20/9	37508
Thu	Jan 8	6:00pm - 6:30pm	\$97.20/9	37510
Sat	Jan 10	9:00am - 9:30am	\$97.20/9	37486
Sat	Jan 10	9:30am - 10:00am	\$97.20/9	37487
Sat	Jan 10	10:30am - 11:00am	\$97.20/9	37488
Sat	Jan 10	11:00am - 11:30am	\$97.20/9	37489
Sun	Jan 11	9:00am - 9:30am	\$97.20/9	37490
Sun	Jan 11	9:30am - 10:00am	\$97.20/9	37491
Sun	Jan 11	10:30am - 11:00am	\$97.20/9	37493
Sun	Jan 11	11:45am - 12:15pm	\$97.20/9	37495

PRESCHOOL 4

Age: 3 to 5 years

Preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short (5 m) swim on their front wearing a lifejacket and gliding and kicking on their side.

Prerequisite: Preschool 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:30pm - 7:00pm	\$97.20/9	37698
Wed	Jan 7	6:30pm - 7:00pm	\$97.20/9	37699
Fri	Jan 9	6:45pm - 7:15pm	\$97.20/9	37700
Sat	Jan 10	12:00pm - 12:30pm	\$97.20/9	37697

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:30pm - 6:00pm	\$97.20/9	37523
Tue	Jan 6	5:30pm - 6:00pm	\$97.20/9	37524
Wed	Jan 7	5:00pm - 5:30pm	\$97.20/9	37526
Thu	Jan 8	7:00pm - 7:30pm	\$97.20/9	37528
Sat	Jan 10	9:00am - 9:30am	\$97.20/9	37513
Sat	Jan 10	10:00am - 10:30am	\$97.20/9	37514
Sat	Jan 10	11:45am - 12:15pm	\$97.20/9	37516
Sun	Jan 11	9:00am - 9:30am	\$97.20/9	37517
Sun	Jan 11	9:30am - 10:00am	\$97.20/9	37519
Sun	Jan 11	11:15am - 11:45am	\$97.20/9	37520
Sun	Jan 11	12:00pm - 12:30pm	\$97.20/9	37522

PRESCHOOL 5

Age: 3 to 5 years

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Prerequisite: Preschool 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	7:00pm - 7:30pm	\$97.20/9	37702
Wed	Jan 7	5:30pm - 6:00pm	\$97.20/9	37703
Fri	Jan 9	7:15pm - 7:45pm	\$97.20/9	37704
Sat	Jan 10	12:30pm - 1:00pm	\$97.20/9	37701

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:30pm - 6:00pm	\$97.20/9	37529
Tue	Jan 6	6:30pm - 7:00pm	\$97.20/9	37530
Wed	Jan 7	5:30pm - 6:00pm	\$97.20/9	37531
Thu	Jan 8	5:30pm - 6:00pm	\$97.20/9	37532
Sat	Jan 10	9:30am - 10:00am	\$97.20/9	37515
Sat	Jan 10	11:00am - 11:30am	\$97.20/9	37518
Sun	Jan 11	9:30am - 10:00am	\$97.20/9	37521
Sun	Jan 11	10:45am - 11:15am	\$97.20/9	37525
Sun	Jan 11	11:45am - 12:15pm	\$97.20/9	37527

SWIMMER 1

Age: 6 to 12 years

Swimmers will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 10	12:00pm - 12:30pm		37705
Sun	Jan 11	3:00pm - 3:30pm	\$97.20/9	37706
Tue	Jan 6	5:00pm - 5:30pm	\$97.20/9	37707
Tue	Jan 6	6:00pm - 6:30pm	\$97.20/9	37708
Tue	Jan 6	7:00pm - 7:30pm	\$97.20/9	37709
Wed	Jan 7	5:45pm - 6:15pm	\$97.20/9	37710
Wed	Jan 7	7:00pm - 7:30pm	\$97.20/9	37711
Fri	Jan 9	7:15pm - 7:45pm	\$97.20/9	37712

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:30pm - 6:00pm	\$97.20/9	37556
Tue	Jan 6	5:00pm - 5:30pm	\$97.20/9	37557
Tue	Jan 6	7:00pm - 7:30pm	\$97.20/9	37559
Wed	Jan 7	5:00pm - 5:30pm	\$97.20/9	37568
Wed	Jan 7	5:30pm - 6:00pm	\$97.20/9	37571
Thu	Jan 8	6:00pm - 6:30pm	\$97.20/9	37577
Thu	Jan 8	7:00pm - 7:30pm	\$97.20/9	37579
Sat	Jan 10	9:00am - 9:30am	\$97.20/9	37533
Sat	Jan 10	9:30am - 10:00am	\$97.20/9	37534
Sat	Jan 10	10:30am - 11:00 am	\$97.20/9	37537
Sat	Jan 10	11:00am - 11:30am	\$97.20/9	37539
Sat	Jan 10	12:00pm - 12:30pm	\$97.20/9	37542
Sun	Jan 11	9:00am - 9:30am	\$97.20/9	37545
Sun	Jan 11	10:00am - 10:30am	\$97.20/9	37550
Sun	Jan 11	11:15am - 11:45am	\$97.20/9	37553
Sun	Jan 11	11:30am - 12:00pm	\$97.20/9	37555

SPECIALTY - SWIM DEVELOPMENT 1

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 1. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 1 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:15pm - 6:45pm	\$158.40/9	37747
Fri	Jan 9	6:00pm - 6:30pm	\$158.40/9	37748
Sat	Jan 10	10:30am - 11:00am	\$158.40/9	37746

SWIMMER 2

Age: 6 to 12 years

Swimmers will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

Prerequisite: Preschool 5 or Swimmer 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:00pm - 5:30pm	\$97.20/9	37716
Tue	Jan 6	6:30pm - 7:00pm	\$97.20/9	37717
Wed	Jan 7	5:30pm - 6:00pm	\$97.20/9	37718
Wed	Jan 7	7:00pm - 7:30pm	\$97.20/9	37719
Fri	Jan 9	7:45pm - 8:15pm		37720
Sat	Jan 10	12:30pm - 1:00pm	\$97.20/9	37713
Sun	Jan 11	3:00pm - 3:30pm		37714
Sun	Jan 11	4:30pm - 5:00pm	\$97.20/9	37715

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:00pm - 5:30pm	\$97.20/9	37551
Wed	Jan 7	6:00pm - 6:30pm	\$97.20/9	37552
Fri	Jan 9	7:15pm - 7:45pm	\$97.20/9	37554
Sat	Jan 10	9:00am - 9:30am	\$97.20/9	37536
Sat	Jan 10	9:45am - 10:15am	\$97.20/9	37538
Sat	Jan 10	10:00am - 10:30am	\$97.20/9	37540
Sat	Jan 10	10:30am - 11:00am	\$97.20/9	37541
Sat	Jan 10	11:00am - 11:30am	\$97.20/9	37544
Sun	Jan 11	9:00am - 9:30am	\$97.20/9	37546
Sun	Jan 11	9:30am - 10:00 am	\$97.20/9	37547
Sun	Jan 11	11:15am - 11:45am	\$97.20/9	37548
Sun	Jan 11	12:00pm - 12:30pm	\$97.20/9	37549

SPECIALTY - SWIM DEVELOPMENT 2

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 2. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 2 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	7:00pm - 7:30pm	\$158.40/9	37751
Fri	Jan 9	6:30pm - 7:00pm	\$158.40/9	37752
Sat	Jan 10	11:00am - 11:30am	\$158.40/9	37749
Sat	Jan 10	11:30am - 12:00pm	\$158.40/9	37750



LEARN TO SWIM

SWIMMER 3

Age: 6 to 12 years

Swimmers will dive, do in-waterfront somersaults, and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Prerequisite: Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6			37724
Wed	Jan 7			37725
Wed	Jan 7	6:00pm – 6:45pm	\$111.60/9	37726
Sat	Jan 10	10:30am - 11:15am	\$111.60/9	37721
Sun	Jan 11	3:30pm - 4:15pm	\$111.60/9	37722

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	6:00pm - 6:45pm	\$111.60/9	37576
Mon	Jan 5	6:45pm - 7:30pm	\$111.60/9	37578
Wed	Jan 7	6:00pm - 6:45pm	\$111.60/9	37580
Sat	Jan 10	9:00am - 9:45am	\$111.60/9	37567
Sat	Jan 10	9:45am - 10:30am	\$111.60/9	37569
Sat	Jan 10		\$111.60/9	37570
Sat	Jan 10	11:15am - 12:00pm	\$111.60/9	37572
Sun	Jan 11	10:00am - 10:45am	\$111.60/9	37573
Sun	Jan 11	10:30am - 11:15am	\$111.60/9	37574
Sun	Jan 11	11:45am - 12:30pm	\$111.60/9	37575

SPECIALTY - SWIM DEVELOPMENT 3

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 3. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 3 class

Location: AFLC

DAY	DATE			CODE
Tue	Jan 6	6:00pm - 6:30pm	\$158.40/9	37755
Fri	Jan 9	6:30pm - 7:00pm	\$158.40/9	37756
Sat	Jan 10	11:30am - 12:00pm	\$158.40/9	37753
Sat	Jan 10	12:30pm - 1:00pm	\$158.40/9	37754

LEARN TO SWIM PROGRAMS

Learn to Swim Programs from other municipalities or organizations may differ from our swim program. Please register for a Swim Assessment to confirm the correct level prior to registering. Please visit www.aurora.ca/learntoswim for full details.

IS YOUR CHILD TURNING 6 YEARS OLD?

If your child has completed Preschool 5, please register in Swimmer 2. If they are still working on Preschool 1 to 5, please register in Swimmer 1.

DIVING - AURORA FAMILY LEISURE COMPLEX

Please note that due to the depth of the pool at the AFLC, any diving components will not be included in the program. This will not affect the outcome of the participant's ability to complete a swimming level.



SWIMMER 4

Age: 6 to 12 years

Swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Prerequisite: Swimmer 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:00pm - 5:45 pm	\$111.60/9	37729
Wed	Jan 7	5:45pm - 6:30pm	\$111.60/9	37730
Sat	Jan 10	10:30am - 11:15am		37727
Sun	Jan 11	3:00pm - 3:45pm	\$111.60/9	37728

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	6:00pm - 6:45pm	\$111.60/9	37601
Wed	Jan 7	6:00pm - 6:45pm	\$111.60/9	37603
Fri	Jan 9	7:30pm - 8:15pm	\$111.60/9	37608
Sat	Jan 10	9:00am - 9:45am	\$111.60/9	37586
Sat	Jan 10	9:30am - 10:15am	\$111.60/9	37589
Sat	Jan 10	11:00am - 11:45am	\$111.60/9	37591
Sun	Jan 11	10:30am - 11:15am	\$111.60/9	37593
Sun	Jan 11	11:00am - 11:45am	\$111.60/9	37594
Sun	Jan 11	11:45am - 12:30pm	\$111.60/9	37595

SPECIALTY - SWIM DEVELOPMENT 4

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 4. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 4 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:30pm - 7:00pm	\$158.40/9	37759
Fri	Jan 9			37760
Sat	Jan 10	11:00am - 11:30am	\$158.40/9	37757
Sat	Jan 10	12:00pm - 12:30pm	\$158.40/9	37758

SWIMMER 5

Age: 6 to 12 years

Swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

Prerequisite: Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:45pm - 7:30pm	\$111.60/9	37733
Wed	Jan 7	5:00pm - 5:45pm	\$111.60/9	37734
Sat	Jan 10	11:15am - 12:00pm	\$111.60/9	37731
Sun	Jan 11	4:15pm - 5:00pm	\$111.60/9	37732

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	6:00pm - 6:45pm	\$111.60/9	37599
Wed	Jan 7	6:00pm - 6:45pm	\$111.60/9	37600
Fri	Jan 9	7:45pm - 8:30pm	\$111.60/9	37602
Sat	Jan 10	9:00am - 9:45am	\$111.60/9	37585
Sat	Jan 10		\$111.60/9	37587
Sat	Jan 10		\$111.60/9	37588
Sun	Jan 11	10:00am - 10:45am	\$111.60/9	37590
Sun	Jan 11	10:45am - 11:30am	\$111.60/9	37592

SPECIALTY - SWIM DEVELOPMENT 5

NEW!

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 5. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class. Prerequisite: previous Swimmer 5 class

Location: AFLC

DAY DATE FEE/CLASS TIME CODE \$158.40/9 Tue Jan 6 5:30pm - 6:00pm \$158.40/9 6:00pm - 6:30pm 37764 Fri Jan 9 Jan 10 | 12:00pm - 12:30pm \$158.40/9 37761 Sat Jan 10 | 12:30pm - 1:00pm \$158,40/9

Sensory Swim Drop-in



Going swimming at an indoor or outdoor pool can be an overwhelming sensory experience for individuals with autism, sensory or other learning disabilities.

The Town of Aurora is proud to offer a Sensory Swim geared towards those who have sensory sensitivity and would benefit from swimming in a pool environment with reduced sensory stimulus.

aurora.ca/SensorySwim

SWIMMER 6

Age: 6 to 12 years

Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complete the 300 m workout.

Prerequisite: Swimmer 5

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:00pm - 6:45pm	\$111.60/9	37736
Wed	Jan 7	6:00pm - 6:45pm	\$111.60/9	37737
Sat	Jan 10	11:15am - 12:00pm	\$111.60/9	37735
Sun	Jan 11	3:45pm - 4:30pm	\$111.60/9	37952

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5			37613
Wed	Jan 7			37614
Fri	Jan 9			37615
Sat	Jan 10			37604
Sat	Jan 10			37609
Sun	Jan 11	10:00am - 10:45am	\$111.60/9	37610
Sun	Jan 11	10:45am - 11:15am	\$111.60/9	37611

SPECIALTY - SWIM DEVELOPMENT 6



Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 6. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 6 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:00pm - 5:30pm	\$158.40/9	37766
Fri	Jan 9	6:30pm - 7:00pm	\$158.40/9	37767
Sat	Jan 10	10:30am - 11:00am	\$158.40/9	37765

SPECIALTY - FAMILY SWIM LESSONS

Age: 3 to 12 years

Register for this time slot rather than a particular level. A real time saver for large families. Suitable for: Preschool 1 to 5 and Swimmer 1 to 6. Multiple levels may be combined into a class. Family members may not necessarily be together. Class sizes will vary. A maximum of 4 swimmers per class.

Note: Please register each participant individually. The fee applies per person.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 11	12:00pm - 12:30pm	\$158.40/9	37808
Sun	Jan 11	12:30pm - 1:00pm	\$158.40/9	37809

INSTRUCTOR REQUESTS

The Aquatics Division does recognize the importance of consistency in instructors and offers parents an opportunity to request the same instructor for repeat sessions. Please visit www.aurora.ca/learntoswim to complete the Aquatics Instructor Request form no later than 1 week prior to the start of the lesson. We will do our best to accommodate your request.



SWIMMER 7 - ROOKIE PATROL

Age: 6 to 12 years

Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims

• Level must be completed in a group class (not a private lesson). Prerequisite: Swimmer 6

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:30pm - 6:30pm	\$132.30/9	37740
Sat	Jan 10	12:00pm - 1:00pm	\$132.30/9	37738
Sun	Jan 11	3:00pm - 4:00pm	\$132.30/9	37739

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9	8:30pm - 9:30pm	\$132.30/9	37621
Sat	Jan 10	10:45am - 11:45am	\$132.30/9	37612
Sat	Jan 10	11:30am - 12:30pm	\$132.30/9	37616
Sun	Jan 11	11:30am - 12:30pm	\$132.30/9	37618

SWIMMER 8 - RANGER PATROL

Age: 6 to 12 years

Swimmers develop better strokes over 75 m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

• Level must be completed in a group class (not a private lesson). Prerequisite: Swimmer 7 – Rookie Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	6:30pm - 7:30pm	\$132.90/9	37742
Sun	Jan 11	3:30pm - 4:30pm	\$132.30/9	37741

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 10	9:45am - 10:45am	\$132.30/9	37617
Sat	Jan 10	11:30am - 12:30pm	\$132.30/9	37619
Sun	Jan 11	10:00am - 11:00am	\$132.30/9	37620

SWIMMER 9 - STAR PATROL

Age: 6 to 12 years

Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

• Level must be completed in a group class (not a private lesson). Prerequisite: Swimmer 8 – Ranger Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:00pm - 6:00pm	\$132.30/9	37744
Sun	Jan 11	4:00pm - 5:00pm	\$132.30/9	37743

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9		1 4 . 0 = . 0 0 / 2	37627
Sat	Jan 10	9:45am - 10:45am	\$132.30/9	37622
Sat	Jan 10			37623
Sun	Jan 11	9:30am - 10:30am	\$132.30/9	37625

SWIMMER 10 - BRONZE STAR

Age: 10 to 13 years

The course will prepare young candidates to be ready for Bronze Medallion. It will focus on lifesaving skills and fitness as well as decision-making and how to take charge in an emergency.

• Level must be completed in a group class (not a private lesson). Note: Swimmer 9 – Star Patrol recommended

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 11	4:30pm - 5:45pm	\$147.60/9	37745

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9	8:15pm – 9:30pm	\$147.60/9	37626
Sat	Jan 10	9:00am - 10:15am	\$147.60/9	37624

BRONZE PREP

Age: 12+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for Bronze Medallion and Bronze Cross levels. Not a certification course.

Prerequisite: Swimmer 6

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	6:30pm - 7:30pm	\$132.30/9	37634
Sat	Jan 10	10:15am - 11:15am	\$132.30/9	37632

NON-RESIDENT SURCHARGE

A 20% non-resident surcharge will be applied to ALL Learn to Swim fees (including group, semi-private and private) for non-Aurora residents.

TEEN 1

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	6:45pm - 7:30pm	\$125.10/9	37769
Sun	Jan 11	5:00pm - 5:45pm	\$125.10/9	37768

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	6:45pm - 7:30pm	\$125.10/9	37633

TEEN 2

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	6:45pm - 7:30pm	\$125.10/9	37771
Sun	Jan 11	5:00pm - 5:45pm	\$125.10/9	37770

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	6:45pm - 7:30pm	\$125.10/9	37635

TEEN 3

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	6:45pm - 7:30pm	\$125.10/9	37773
Sun	Jan 11	5:00pm - 5:45pm	\$125.10/9	37772

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	6:45pm - 7:30pm	\$125.10/9	37636

ADULT 1

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9	7:00pm - 7:45pm	\$125.10/9	37774

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	6:45pm - 7:30pm	\$125.10/9	37637

ADULT 2

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen/Adult 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9	7:00pm - 7:45pm	\$125.10/9	37775

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	6:45pm - 7:30pm	\$125.10/9	37638

ADULT 3

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen/Adult 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9	7:00pm – 7:45pm	\$125.10/9	37776

NATIONAL LIFEGUARD PREP

Age: 14+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for National Lifeguard award. Not a certification course.

Prerequisite: Bronze Cross

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	6:30pm - 7:30pm	\$132.30/9	37641
Sat	Jan 10	11:15am - 12:15pm	\$132.30/9	37640



LEARN TO SWIM

FITNESS SWIMMER

Age: 10 to 16 years

Geared toward swimmers who want to improve their overall physical fitness in the water. Fitness Swimmer provides a structured approach based on accepted training principles and practices, including interval training, sprints and distance swims. Candidates set their own goals to improve overall physical fitness.

Prerequisite: Swimmer 6, Teen 3 or equivalent

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 11	11:00am - 12:00pm	\$132.30/9	37639

AURORA LIFESAVING CLUB

Age: Blue – 8 to 11 years Green – 12 to 13 years Teal – 14 to 15 years

The Aurora Lifesaving Club (ALC) is a Town based lifesaving club that engages youth in physical activity and participation in lifesaving sport. This club-based program focuses on keeping youth active in the community and building a sense of belonging while learning lifesaving sport skills. ALC members will develop lifesaving skills and engage in active living through participation in regional and provincial competitions. The perfect youth training program for future lifeguards.

Benefits of Joining the ALC

- Develop increasingly complex skills in swimming, including stroke correction, endurance and speed.
- · Promotes overall physical fitness.

Prerequisite: Swimmer 4

Location: SARC - Blue (8 to 11 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 10	10:30am - 11:30am	\$132.30/9	37657
Sun	Jan 11	9:30am - 10:30am	\$132.30/9	37658

Location: SARC - Green (12 to 13 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9	7:30pm - 8:30pm	\$132.30/9	37646
Sat	Jan 10	11:30am - 12:30pm	\$132.30/9	37642
Sun	Jan 11	10:30am - 11:30am	\$132.30/9	37644

Location: SARC - Teal (14 to 15 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 9	8:30pm - 9:30pm	\$132.30/9	37649
Sun	Jan 11	11:30am - 12:30pm	\$132.30/9	37647

INCLUSION SERVICES

Aqua Buddies

Through our volunteer program, we aim to place an available Aqua Buddy in a swim class to provide extra support where needed.

Inclusive Swim Lessons

Integrated Aquatic classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

Adapted Privates

Adapted Privates are specifically designed for swimmers with disabilities, and will feature one swimmer with one instructor focusing on specific skills requiring attention.

INCLUSIVE SWIM LESSONS

Age: 3+ years 30-Minute Class

• This class is for levels Preschool 1 to Swimmer 2.

45-Minute Class

This class is for levels Swimmer 3 to Swimmer 6.

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks. Note: Please visit www.aurora.ca/inclusionservices to complete an Aquatic Intake Form. Registration for this program will close 7 days prior to the start date. Actual class time will be provided after registration is completed.

Location: AFLC – 30-Minute Class Swim Levels: Preschool 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	5:00pm - 7:30pm	\$161.55/9	37777

Location: SARC – 30-Minute Class Swim Levels: Preschool 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:00pm - 7:30pm	\$161.55/9	37643
Sun	Jan 11	9:00am - 12:30pm	\$161.55/9	37645

Location: AFLC – 45-Minute Class Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 7	5:00pm - 7:30pm	\$193.50/9	37779

Location: SARC – 45-Minute Class Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:00pm - 7:30pm	\$193.50/9	37648
Sun	Jan 11	9:00am - 12:30pm	\$193.50/9	37650

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

SEMI-PRIVATE SWIM LESSONS

To obtain a Semi-Private Swim lesson:

- 1 Register for a Private Swim lesson for one swimmer.
- 2 Complete online form at www.aurora.ca/learntoswim at least 3 days prior to start of lessons, in order to acquire approval and to convert private lesson into a semi-private lesson.

Note: Cost is \$25.50 per person per class.

Participants must be within 1 swim level of each other.

SMALL GROUP PRIVATE SWIM LESSONS

Parents and children can learn to swim together. To obtain a Small Group Private Swim lesson:

- 1 Register for a Private Swim lesson for one swimmer.
- 2 Email rleisure@aurora.ca a minimum of 3 days prior to the start of the lesson to create the Small Group Private Swim lesson.

Note: Cost is \$17.25 per person per class. Maximum of 5 neonle

Participants should be the same swim ability (for example: all beginners).

PRIVATE LESSONS

Age: 3+ years

One swimmer with one instructor focusing on any skills from Preschool 1 to Swimmer 6 within the private class. It is recommended to take only one 30-minute class.

• Swimmer 7 to Swimmer 10 and Aquatic Leadership certifications cannot be completed during a private swim lesson.

Location: AFLC

DAV	DATE	TIME	EEE/OLAGO	CODE
DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 5	5:00pm - 5:30pm	\$275.40/9	37790
Mon	Jan 5	5:30pm - 6:00pm	\$275.40/9	37791
Mon	Jan 5	6:00pm - 6:30pm	\$275.40/9	37792
Mon	Jan 5	6:30pm - 7:00pm	\$275.40/9	37793
Mon	Jan 5	7:00pm - 7:30pm	\$275.40/9	37794
Wed	Jan 7	5:00pm - 5:30pm	\$275.40/9	37795
Thu	Jan 8	5:00pm - 5:30pm	\$275.40/9	37796
Thu	Jan 8	5:30pm - 6:00pm	\$275.40/9	37797
Thu	Jan 8	6:00pm - 6:30pm	\$275.40/9	37798
Thu	Jan 8	6:30pm - 7:00pm	\$275.40/9	37799
Thu	Jan 8	7:00pm - 7:30pm	\$275.40/9	37800
Fri	Jan 9	7:45pm - 8:15pm	\$275.40/9	37801
Fri	Jan 9	8:15pm - 8:45pm	\$275.40/9	37802
Sat	Jan 10	3:00pm - 3:30pm	\$275.40/9	37780
Sat	Jan 10	3:30pm - 4:00pm	\$275.40/9	37781
Sat	Jan 10	4:00pm - 4:30pm	\$275.40/9	37782
Sat	Jan 10	4:30pm - 5:00pm	\$275.40/9	37783
Sat	Jan 10	5:00pm - 5:30pm	\$275.40/9	37784
Sat	Jan 10	5:30pm - 6:00pm	\$275.40/9	37785
Sun	Jan 11	10:00am - 10:30am	\$275.40/9	37786
Sun	Jan 11	10:30am - 11:00am	\$275.40/9	37787
Sun	Jan 11	11:00am - 11:30am	\$275.40/9	37788
Sun	Jan 11	11:30am - 12:00pm	\$275.40/9	37789

SHALLOW WATER PRIVATE LESSONS

Age: 3 to 5 years

These private lessons are taught in shallow water only. Shallow water is best suited for Preschool 1 to 4.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 6	5:00pm - 5:30pm	\$275.40/9	37651
Tue	Jan 6	7:00pm - 7:30pm	\$275.40/9	37652
Wed	Jan 7	5:00pm - 5:30pm	\$275.40/9	37653
Wed	Jan 7			37654
Thu	Jan 8	5:00pm - 5:30pm	\$275.40/9	37655
Fri	Jan 9	7:15pm - 7:45pm	\$275.40/9	37656

ADAPTED PRIVATE LESSONS

Age: 3+ years

Adapted Privates are specifically designed for swimmers with disabilities and will feature one swimmer with one instructor focusing on specific skills requiring attention. For approval, please visit www.aurora.ca/inclusionservices and complete an Aquatic Intake Form.

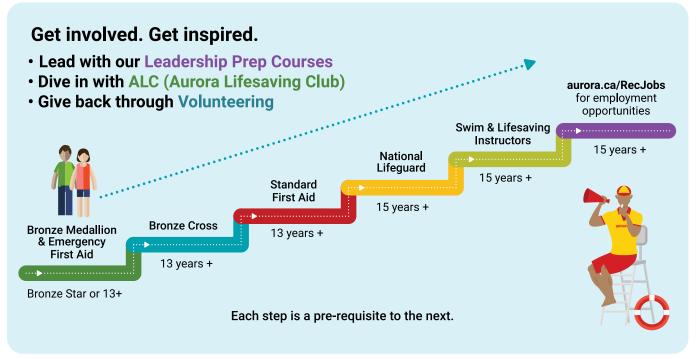
Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Jan 8	5:00pm - 5:30pm	\$193.50/9	37803
Thu	Jan 8	5:30pm - 6:00pm	\$193.50/9	37804
Thu	Jan 8	6:00pm - 6:30pm		37805
Thu	Jan 8	6:30pm - 7:00pm	\$193.50/9	37806
Thu	Jan 8	7:00pm - 7:30pm	\$193.50/9	37807









aurora.ca/AquaticLeadership





Aquatic Leadership registration is open for all courses from January to December 2026. Full details at aurora.ca/aquaticleadership.



BEING AN AQUATIC VOLUNTEER

- It's a rewarding experience!
- You receive hours for community involvement or a 25% discount towards future aquatic leadership courses. Prerequisites: Bronze Medallion and 14 years of age. Register for an Aquatic Volunteer Orientation Workshop. For additional information, please visit us online at aurora.ca/aquaticleadership.

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

JOIN THE HERO ACADEMY!



Earn high school credits with YRDSB's Aquatic Leadership Program and the Town of Aurora.

www.aurora.ca/AquaticLeadership

STEPS TO BECOME AN AQUATIC STAFF

In order to be considered for an Aquatic position, you must meet the following requirements.

AQUATIC POSITION REQUIREMENTS		
Lifeguard	 Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools). Current National Lifeguard certificate. Current Ministry Approved Standard First Aid (or higher) certificate. 	
Aquatic Instructor	 Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools). Current National Lifeguard certificate. Current Ministry Approved Standard First Aid (or higher) certificate. Current Lifesaving Society Swim, Lifesaving & E.F.A. Instructor certificates. 	
Go to www.aurora.ca/recjobs to view job positions and full descriptions.		