

PUBLIC SWIM SCHEDULES

AURORA FAMILY LEISURE COMPLEX 135 Industrial Parkway North | 905-841-7529 Desjardins Pool

SEPTEMBER 2 - DECEMBER 19, 2025

DAY	LANE SWIM & SPA	SILVER SWIMMERS	LEISURE SWIM
Mon & Wed	6:00am - 9:00am 12:30pm - 2:00pm 4:00pm - 5:00pm* 8:30pm - 10:00pm *Available: Sept 29 to Dec 8	12:00pm - 12:30pm	
Tue & Thu	6:00am - 9:00am 11:30am - 1:00pm 8:30pm - 10:00pm	11:00am - 11:30am	9:30am - 10:30am
Fri	6:00am - 9:00am 11:30am - 1:00pm 4:00pm - 6:00pm* *Available: Oct 3 to Dec 5	11:00am - 11:30am	
Sat	8:00am - 9:30am	SENSORY SWIM	
Sun	8:00am - 9:30am	1:30pm - 2:30pm* *Adapted Sensory Swim (Sunday only)	

SWIM & HOLIDAY SCHEDULES

Visit www.aurora.ca/aquatics for the most up-to-date swimming information.

SARC POOL CLOSURE September 2 to 14, 2025

SARC Pool will be closed for annual maintenance.
View AFLC revised swim schedule online at www.aurora.ca/aquatics.

HOLIDAY REVISED SCHEDULE

Winter Holiday Schedule: December 20, 2025 to January 2, 2026
Visit www.aurora.ca/aquatics for revised swim schedule.

SWIM DESCRIPTIONS

Lane Swim - For those wishing to utilize the pool for fitness and endurance. Participants are asked to swim continuously and in the lane appropriate to their speed. A double lane for general fitness activities is available for indicated swims only (^).

Therapy Pool - Intended for swimmers of all ages to use the Therapy Pool only, but not exclusive to therapeutic purposes. Limited equipment may be provided at this time. Therapy Pool is only available at the SARC.

Silver Swimmers - This program is to provide Older Adult Swimmers (55 yrs+) an opportunity to use the pool in a comfortable self-paced atmosphere with other older adult swimmers. This is a chance to get into the water and swim, or exercise at your own pace.

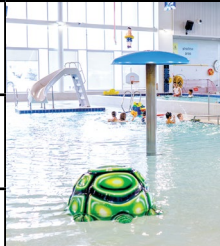
Leisure Swim - Fun and enjoyment for all ages.

Adapted Sensory Swim - Public swim designed for individuals with exceptionalities to enjoy and experience swimming in a quieter environment. No music and minimal noise levels.

STRONACH AURORA RECREATION COMPLEX

1400 Wellington St. East | 905-726-4770
Canadian Tire Aquatic Centre

**SEPTEMBER 15 -
DECEMBER 19, 2025**

DAY	LANE SWIM & THERAPY POOL	LEISURE SWIM
Mon & Wed	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	
Tue & Thu	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	
Fri	7:30am - 9:00am 11:00am - 1:00pm^	
Sat	12:30pm - 2:00pm	2:15pm - 3:45pm
Sun	12:30pm - 2:00pm	2:15pm - 3:45pm

ADMISSION FEES (HST Included)

Under 4 Years

Free

4 to 17 Years

\$3.21 per person (per visit) | \$25.71 for 10 x visits

Adult (18 to 54 years)

\$5.15 per person (per visit) | \$41.20 for 10 x visits

Older Adult (55 years and older)

\$3.96 per person (per visit) | \$31.71 for 10 x visits

DESJARDINS DAYS

For schedules and up-to-date information,
please visit www.aurora.ca/desjardinsdays

USE OF POOL DURING DROP-IN TIMES

Lane and Leisure swim times are for recreational use only. They are not to be used for personal profit (for example: teaching private swim lessons or coaching). We reserve the right to deny access to an individual(s) deemed to be in violation of this policy.



GENERAL AQUATIC INFORMATION

GENERAL POOL RULES

- Disposable and cloth diapers are not permitted in the water. Please use swim diapers designed for pool use.
- Individuals with a serious medical condition should be accompanied in the water with another individual knowledgeable of their condition and inform the lifeguard.
- Those infected with a communicable disease or having open sores on their body will not be admitted to the swimming pool.
- Please do not bring food and/or beverages onto pool decks or viewing galleries. Only water contained in plastic or non-breakable containers is permissible.

BEFORE SWIMMING LESSONS START

The Town of Aurora Aquatics Team will email session information prior to the first swim lesson. Please ensure your email is updated in e-PLAY to receive this information.

WHAT LEVEL SHOULD I REGISTER IN?

If you are unsure of your child's swim level, please see one of the Aquatic staff for a free evaluation during any Leisure Swim.

POOL FOULING/CLOSURE

Where a pool is closed due to a fouling, we will attempt to move classes to a different pool. If less than half the class has passed when this happens and we cannot accommodate moving, a credit may be applied to your account. To reduce these situations, please ensure children not toilet trained are wearing snug fitting plastic pants or swim diapers.

www.aurora.ca/aquatics

MAKE-UP LESSONS

Make-up classes or credits due to participant illness or personal commitments will not be available.

PARENT'S DAY & PICTURE DAY

Parent's Day is week 5 of the season. Picture Day is week 6 of the season. Please refer to the email sent to all parents at the start of the session for all details.

CELL PHONES, FILMING AND PHOTOGRAPHY

Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, viewing gallery or pool area during swimming programs or recreational swims.

STROLLERS, WHEELCHAIRS & ASSISTIVE MOBILITY DEVICES



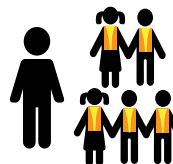
Strollers are not permitted on the pool deck. Wheelchairs and assistive mobility devices (for example - walkers) are permitted, however the wheels must be cleaned prior to entering the pool area. Water wheelchairs are provided in the change rooms.

CHANGE ROOM POLICIES

- Children 7 years of age and older are encouraged to use the change room designated for their gender.
- Mixed gender families, unaccompanied children and persons with identified special needs and their caregivers are encouraged to use the family change room.

We ask that all patrons cooperate in making the change room experience comfortable for everyone.

Please do not leave clothing or other belongings in the change stalls during your time in the pool.

AGE	GUARDIAN		RATIO	DISTANCE	WRISTBAND
Five and under	Must be accompanied by a guardian over the age of 12		One guardian per two children No exceptions 	Within arms reach at all times	RED
Six to nine	Fail swim test	Must be accompanied by a guardian over the age of 12	One guardian per two children not wearing lifejackets 	Within arms reach at all times	YELLOW
	Pass swim test	May swim alone	One guardian for up to five children wearing lifejackets 		
Ten and up	May swim alone		N/A	N/A	GREEN
			N/A	N/A	GREEN

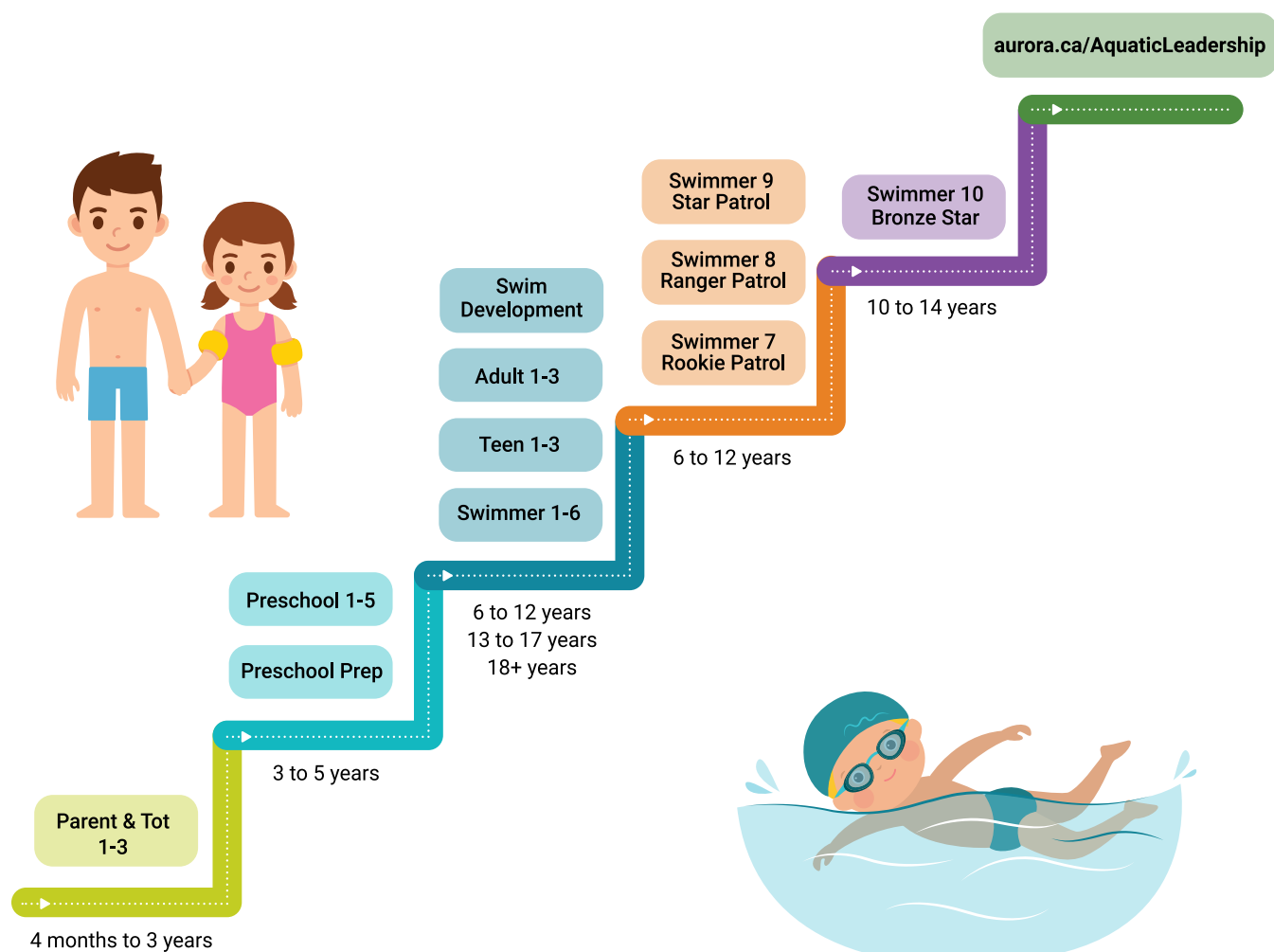


Town of Aurora

LEARN TO SWIM PROGRAM STRUCTURE

Ask us about:

- **Speciality Swim Lessons**
- **Aurora Lifesaving Club (ALC)**
- **Leadership Prep Courses**



aurora.ca/LearnToSwim



PARENT & TOT 1**Age: 4 to 12 months**

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 4 to 12 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:30pm – 6:00pm	\$106.00/10	36314
Mon	Sept 29	7:00pm – 7:30pm	\$106.00/10	36315
Tue	Sept 30	5:00pm – 5:30pm	\$106.00/10	36316
Tue	Sept 30	6:30pm – 7:00pm	\$106.00/10	36317
Wed	Oct 1	6:30pm – 7:00pm	\$106.00/10	36318
Thu	Oct 2	5:30pm – 6:00pm	\$106.00/10	36319
Sat	Oct 4	9:30am – 10:00am	\$106.00/10	36320
Sat	Oct 4	11:30am – 12:00pm	\$106.00/10	36321
Sun	Oct 5	10:00am – 10:30am	\$106.00/10	36322
Sun	Oct 5	12:00pm – 12:30pm	\$106.00/10	36323

PARENT & TOT 2**Age: 12 to 24 months**

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 12 to 24 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:00pm – 6:30pm	\$106.00/10	36324
Tue	Sept 30	5:30pm – 6:00pm	\$106.00/10	36325
Tue	Sept 30	7:00pm – 7:30pm	\$106.00/10	36326
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36327
Wed	Oct 1	7:00pm – 7:30pm	\$106.00/10	36328
Thu	Oct 2	6:00pm – 6:30pm	\$106.00/10	36329
Thu	Oct 2	7:00pm – 7:30pm	\$106.00/10	36330
Fri	Oct 3	6:15pm – 6:45pm	\$106.00/10	36331
Sat	Oct 4	10:00am – 10:30am	\$106.00/10	36332
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36333
Sun	Oct 5	9:00am – 9:30am	\$106.00/10	36334
Sun	Oct 5	10:30am – 11:00am	\$106.00/10	36335

**Parented Program**

Note: 1 guardian per child.

AGE REQUIREMENTS

For Parented and Preschool programs, participants must be the minimum age by the first day of the program. For all other programs, participants must be the minimum age by the last day of the program.

PARENT & TOT 3**Age: 2 to 4 years**

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the participant to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$106.00/10	36336
Mon	Sept 29	6:30pm – 7:00pm	\$106.00/10	36337
Tue	Sept 30	6:00pm – 6:30pm	\$106.00/10	36338
Wed	Oct 1	5:30pm – 6:00pm	\$106.00/10	36339
Wed	Oct 1	6:00pm – 6:30pm	\$106.00/10	36340
Thu	Oct 2	5:00pm – 5:30pm	\$106.00/10	36341
Thu	Oct 2	6:30pm – 7:00pm	\$106.00/10	36342
Fri	Oct 3	7:15pm – 7:45pm	\$106.00/10	36343
Sat	Oct 4	9:00am – 9:30am	\$106.00/10	36344
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36345
Sat	Oct 4	12:00pm – 12:30pm	\$106.00/10	36346
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36347
Sun	Oct 5	11:00am – 11:30am	\$106.00/10	36348
Sun	Oct 5	11:30am – 12:00pm	\$106.00/10	36349

PRESCHOOL PREP**Age: 3 to 5 years**

This optional course is designed to allow children the opportunity to become acclimated to the pool and independent in their swim lessons. Parents accompany their children in lessons for the beginning of the session. By week 5, parents and staff will have worked to wean the parent out of the class, with the goal of children to be on their own for the last few classes.

Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	6:00pm – 6:30pm	\$106.00/10	36350
Wed	Oct 1	5:30pm – 6:00pm	\$106.00/10	36351
Thu	Oct 2	6:30pm – 7:00pm	\$106.00/10	36352
Sat	Oct 4	9:30am – 10:00am	\$106.00/10	36353
Sat	Oct 4	12:00pm – 12:30pm	\$106.00/10	36354
Sun	Oct 5	10:30am – 11:00am	\$106.00/10	36355
Sun	Oct 5	11:45am – 12:15pm	\$106.00/10	36356

NON-RESIDENT SURCHARGE

A 20% non-resident surcharge will be applied to ALL Learn to Swim fees (including group, semi-private and private) for non-Aurora residents.

INSTRUCTOR REQUESTS

The Aquatics Division does recognize the importance of consistency in instructors and offers parents an opportunity to request the same instructor for repeat sessions. Please visit www.aurora.ca/learntoswim to complete the Aquatics Instructor Request form no later than 1 week prior to the start of the lesson. We will do our best to accommodate your request.



PRESCHOOL 1

Age: 3 to 5 years

Preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their face wet and blow bubbles underwater.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36602
Sat	Oct 4	12:00pm – 12:30pm	\$106.00/10	36603

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$106.00/10	36357
Mon	Sept 29	5:30pm – 6:00pm	\$106.00/10	36358
Mon	Sept 29	7:30pm – 8:00pm	\$106.00/10	36359
Tue	Sept 30	6:00pm – 6:30pm	\$106.00/10	36360
Tue	Sept 30	6:30pm – 7:00pm	\$106.00/10	36361
Tue	Sept 30	7:00pm – 7:30pm	\$106.00/10	36362
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36363
Wed	Oct 1	5:30pm – 6:00pm	\$106.00/10	36364
Wed	Oct 1	7:30pm – 8:00pm	\$106.00/10	36365
Thu	Oct 2	5:30pm – 6:00pm	\$106.00/10	36366
Thu	Oct 2	6:00pm – 6:30pm	\$106.00/10	36367
Thu	Oct 2	7:30pm – 8:00pm	\$106.00/10	36368
Fri	Oct 3	6:15pm – 6:45pm	\$106.00/10	36369
Sat	Oct 4	9:00am – 9:30am	\$106.00/10	36370
Sat	Oct 4	9:30am – 10:00am	\$106.00/10	36371
Sat	Oct 4	10:00am – 10:30am	\$106.00/10	36372
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36373
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36374
Sat	Oct 4	11:30am – 12:00pm	\$106.00/10	36375
Sun	Oct 5	9:00am – 9:30am	\$106.00/10	36376
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36377
Sun	Oct 5	10:00am – 10:30am	\$106.00/10	36378
Sun	Oct 5	10:30am – 11:00am	\$106.00/10	36379
Sun	Oct 5	12:00pm – 12:30pm	\$106.00/10	36380

PRESCHOOL 2

Age: 3 to 5 years

Preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. While wearing a lifejacket they'll glide on their front and back.

Prerequisite: Preschool 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	5:30pm – 6:00pm	\$106.00/10	36604
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36605

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$106.00/10	36381
Mon	Sept 29	5:30pm – 6:00pm	\$106.00/10	36382
Mon	Sept 29	6:00pm – 6:30pm	\$106.00/10	36383
Tue	Sept 30	5:00pm – 5:30pm	\$106.00/10	36384
Tue	Sept 30	5:30pm – 6:00pm	\$106.00/10	36385
Tue	Sept 30	6:00pm – 6:30pm	\$106.00/10	36386
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36387
Wed	Oct 1	6:00pm – 6:30pm	\$106.00/10	36388
Thu	Oct 2	5:00pm – 5:30pm	\$106.00/10	36389
Thu	Oct 2	5:30pm – 6:00pm	\$106.00/10	36390
Thu	Oct 2	6:30pm – 7:00pm	\$106.00/10	36391
Thu	Oct 2	7:30pm – 8:00pm	\$106.00/10	36392
Fri	Oct 3	6:45pm – 7:15pm	\$106.00/10	36393
Sat	Oct 4	9:00am – 9:30am	\$106.00/10	36394
Sat	Oct 4	10:00am – 10:30am	\$106.00/10	36395
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36396
Sat	Oct 4	11:30am – 12:00pm	\$106.00/10	36397
Sat	Oct 4	12:00pm – 12:30pm	\$106.00/10	36398
Sun	Oct 5	9:00am – 9:30am	\$106.00/10	36399
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36400
Sun	Oct 5	10:00am – 10:30am	\$106.00/10	36401
Sun	Oct 5	11:00am – 11:30am	\$106.00/10	36402
Sun	Oct 5	11:30am – 12:00pm	\$106.00/10	36403

PRESCHOOL 3

Age: 3 to 5 years

Preschoolers will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Prerequisite: Preschool 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36606
Wed	Oct 1	6:30pm – 7:00pm	\$106.00/10	36607
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36608

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$106.00/10	36404
Mon	Sept 29	5:30pm – 6:00pm	\$106.00/10	36405
Tue	Sept 30	5:00pm – 5:30pm	\$106.00/10	36406
Tue	Sept 30	5:30pm – 6:00pm	\$106.00/10	36407
Tue	Sept 30	6:30pm – 7:00pm	\$106.00/10	36408
Tue	Sept 30	7:00pm – 7:30pm	\$106.00/10	36409
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36410
Wed	Oct 1	5:30pm – 6:00pm	\$106.00/10	36411
Wed	Oct 1	6:30pm – 7:00pm	\$106.00/10	36412
Thu	Oct 2	5:00pm – 5:30pm	\$106.00/10	36413
Thu	Oct 2	6:00pm – 6:30pm	\$106.00/10	36414
Thu	Oct 2	6:30pm – 7:00pm	\$106.00/10	36415
Thu	Oct 2	7:00pm – 7:30pm	\$106.00/10	36416
Fri	Oct 3	6:45pm – 7:15pm	\$106.00/10	36417
Sat	Oct 4	9:00am – 9:30am	\$106.00/10	36418
Sat	Oct 4	9:30am – 10:00am	\$106.00/10	36419
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36420
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36421
Sat	Oct 4	12:00pm – 12:30pm	\$106.00/10	36422
Sun	Oct 5	9:00am – 9:30am	\$106.00/10	36423
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36424
Sun	Oct 5	10:30am – 11:00am	\$106.00/10	36425
Sun	Oct 5	11:00am – 11:30am	\$106.00/10	36426
Sun	Oct 5	12:00pm – 12:30pm	\$106.00/10	36427



PRESCHOOL 4

Age: 3 to 5 years

Preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short (5 m) swim on their front wearing a lifejacket and gliding and kicking on their side.

Prerequisite: Preschool 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:00pm – 5:30pm	\$106.00/10	36609
Wed	Oct 1	6:15pm – 6:45pm	\$106.00/10	36610
Sat	Oct 4	11:30am – 12:00pm	\$106.00/10	36611

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$106.00/10	36428
Mon	Sept 29	5:30pm – 6:00pm	\$106.00/10	36429
Tue	Sept 30	6:00pm – 6:30pm	\$106.00/10	36430
Tue	Sept 30	7:00pm – 7:30pm	\$106.00/10	36432
Tue	Sept 30	7:30pm – 8:00pm	\$106.00/10	36433
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36434
Wed	Oct 1	5:30pm – 6:00pm	\$106.00/10	36435
Thu	Oct 2	5:30pm – 6:00pm	\$106.00/10	36436
Thu	Oct 2	6:30pm – 7:00pm	\$106.00/10	36437
Thu	Oct 2	7:00pm – 7:30pm	\$106.00/10	36438
Fri	Oct 3	6:15pm – 6:45pm	\$106.00/10	36439
Sat	Oct 4	9:00am – 9:30am	\$106.00/10	36440
Sat	Oct 4	9:30am – 10:00am	\$106.00/10	36441
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36442
Sat	Oct 4	11:45am – 12:15pm	\$106.00/10	36443
Sun	Oct 5	9:00am – 9:30am	\$106.00/10	36444
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36445
Sun	Oct 5	11:15am – 11:45am	\$106.00/10	36446
Sun	Oct 5	12:00pm – 12:30pm	\$106.00/10	36447

PRESCHOOL 5

Age: 3 to 5 years

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Prerequisite: Preschool 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:30pm – 6:00pm	\$106.00/10	36612
Wed	Oct 1	6:30pm – 7:00pm	\$106.00/10	36613
Sat	Oct 4	12:30pm – 1:00pm	\$106.00/10	36614

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	7:30pm – 8:00pm	\$106.00/10	36448
Tue	Sept 30	5:30pm – 6:00pm	\$106.00/10	36449
Tue	Sept 30	6:30pm – 7:00pm	\$106.00/10	36450
Wed	Oct 1	5:30pm – 6:00pm	\$106.00/10	36451
Wed	Oct 1	7:30pm – 8:00pm	\$106.00/10	36452
Thu	Oct 2	6:00pm – 6:30pm	\$106.00/10	36453
Fri	Oct 3	6:45pm – 7:15pm	\$106.00/10	36454
Sat	Oct 4	10:00am – 10:30am	\$106.00/10	36455
Sat	Oct 4	11:30am – 12:00pm	\$106.00/10	36456
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36457
Sun	Oct 5	10:45am – 11:15am	\$106.00/10	36458

LEARN TO SWIM

SWIMMER 1

Age: 6 to 12 years

Swimmers will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:00pm – 5:30pm	\$106.00/10	36615
Tue	Sept 30	5:30pm – 6:00pm	\$106.00/10	36616
Tue	Sept 30	6:00pm – 6:30pm	\$106.00/10	36617
Tue	Sept 30	7:00pm – 7:30pm	\$106.00/10	36618
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36619
Wed	Oct 1	5:45pm – 6:15pm	\$106.00/10	36620
Wed	Oct 1	7:00pm – 7:30pm	\$106.00/10	36621
Fri	Oct 3	6:45pm – 7:15pm	\$106.00/10	36622
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36623
Sun	Oct 5	3:00pm – 3:30pm	\$106.00/10	36624
Sun	Oct 5	4:00pm – 4:30pm	\$106.00/10	36625

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$106.00/10	36459
Mon	Sept 29	5:30pm – 6:00pm	\$106.00/10	36460
Mon	Sept 29	7:30pm – 8:00pm	\$106.00/10	36461
Tue	Sept 30	5:00pm – 5:30pm	\$106.00/10	36465
Tue	Sept 30	6:30pm – 7:00pm	\$106.00/10	36466
Tue	Sept 30	7:30pm – 8:00pm	\$106.00/10	36467
Wed	Oct 1	5:00pm – 5:30pm	\$106.00/10	36468
Wed	Oct 1	7:30pm – 8:00pm	\$106.00/10	36469
Thu	Oct 2	6:00pm – 6:30pm	\$106.00/10	36470
Thu	Oct 2	7:00pm – 7:30pm	\$106.00/10	36471
Fri	Oct 3	6:15pm – 6:45pm	\$106.00/10	36472
Fri	Oct 3	6:45pm – 7:15pm	\$106.00/10	36473
Sat	Oct 4	9:00am – 9:30am	\$106.00/10	36474
Sat	Oct 4	9:30am – 10:00am	\$106.00/10	36475
Sat	Oct 4	10:00am – 10:30am	\$106.00/10	36476
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36477
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36478
Sat	Oct 4	11:30am – 12:00pm	\$106.00/10	36479
Sat	Oct 4	12:00pm – 12:30pm	\$106.00/10	36480
Sun	Oct 5	9:00am – 9:30am	\$106.00/10	36481
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36482
Sun	Oct 5	10:00am – 10:30am	\$106.00/10	36483
Sun	Oct 5	11:15am – 11:45am	\$106.00/10	36484
Sun	Oct 5	11:30am – 12:00pm	\$106.00/10	36485

SPECIALTY – SWIM DEVELOPMENT 1

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 1. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 1 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	6:15pm – 6:45pm	\$172.50/10	36665
Fri	Oct 3	7:15pm – 7:45pm	\$172.50/10	36666
Sat	Oct 4	11:00am – 11:30am	\$172.50/10	36667
Sat	Oct 4	12:00pm – 12:30pm	\$172.50/10	36668
Sat	Oct 4	12:30pm – 1:00pm	\$172.50/10	36669

SWIMMER 2

Age: 6 to 12 years

Swimmers will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

Prerequisite: Preschool 5 or Swimmer 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:00pm – 5:30pm	\$106.00/10	36626
Tue	Sept 30	5:30pm – 6:00pm	\$106.00/10	36627
Tue	Sept 30	6:30pm – 7:00pm	\$106.00/10	36628
Tue	Sept 30	7:00pm – 7:30pm	\$106.00/10	36629
Wed	Oct 1	6:00pm – 6:30pm	\$106.00/10	36630
Wed	Oct 1	7:00pm – 7:30pm	\$106.00/10	36631
Fri	Oct 3	6:15pm – 6:45pm	\$106.00/10	36632
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36633
Sun	Oct 5	3:00pm – 3:30pm	\$106.00/10	36634
Sun	Oct 5	4:30pm – 5:00pm	\$106.00/10	36635

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:00pm – 6:30pm	\$106.00/10	36486
Mon	Sept 29	6:30pm – 7:00pm	\$106.00/10	36487
Mon	Sept 29	7:00pm – 7:30pm	\$106.00/10	36488
Mon	Sept 29	7:30pm – 8:00pm	\$106.00/10	36489
Wed	Oct 1	7:00pm – 7:30pm	\$106.00/10	36490
Wed	Oct 1	7:30pm – 8:00pm	\$106.00/10	36491
Fri	Oct 3	5:30pm – 6:00pm	\$106.00/10	36492
Fri	Oct 3	6:00pm – 6:30pm	\$106.00/10	36493
Sat	Oct 4	9:00am – 9:30am	\$106.00/10	36494
Sat	Oct 4	9:45am – 10:15am	\$106.00/10	36495
Sat	Oct 4	10:00am – 10:30am	\$106.00/10	36496
Sat	Oct 4	10:30am – 11:00am	\$106.00/10	36497
Sat	Oct 4	11:00am – 11:30am	\$106.00/10	36498
Sat	Oct 4	12:00pm – 12:30pm	\$106.00/10	36499
Sun	Oct 5	9:30am – 10:00am	\$106.00/10	36500
Sun	Oct 5	10:00am – 10:30am	\$106.00/10	36501
Sun	Oct 5	11:15am – 11:45am	\$106.00/10	36502
Sun	Oct 5	12:00pm – 12:30pm	\$106.00/10	36503

LEARN TO SWIM PROGRAMS

Learn to Swim Programs from other municipalities or organizations may differ from our swim program. Please register for a Swim Assessment to confirm the correct level prior to registering. Please visit www.aurora.ca/learntoswim for full details.

IS YOUR CHILD TURNING 6 YEARS OLD?

If your child has completed Preschool 5, please register in Swimmer 2. If they are still working on Preschool 1 to 5, please register in Swimmer 1.

DIVING – AURORA FAMILY LEISURE COMPLEX

Please note that due to the depth of the pool at the AFLC, any diving components will not be included in the program. This will not affect the outcome of the participant's ability to complete a swimming level.

SPECIALTY – SWIM DEVELOPMENT 2

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 2. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 2 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	6:45pm – 7:15pm	\$172.50/10	36670
Fri	Oct 3	7:45pm – 8:15pm	\$172.50/10	36671
Sat	Oct 4	10:30am – 11:00am	\$172.50/10	36672
Sat	Oct 4	11:30am – 12:00pm	\$172.50/10	36673
Sat	Oct 4	12:00pm – 12:30pm	\$172.50/10	36674

SWIMMER 3

Age: 6 to 12 years

Swimmers will dive, do in-waterfront somersaults, and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Prerequisite: Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:00pm – 5:45pm	\$121.50/10	36636
Tue	Sept 30	5:45pm – 6:30pm	\$121.50/10	36637
Wed	Oct 1	5:00pm – 5:45pm	\$121.50/10	36638
Wed	Oct 1	6:45pm – 7:30pm	\$121.50/10	36639
Fri	Oct 3	6:00pm – 6:45pm	\$121.50/10	36640
Fri	Oct 3	7:15pm – 8:00pm	\$121.50/10	36641
Sat	Oct 4	10:30am – 11:15am	\$121.50/10	36642
Sat	Oct 4	12:00pm – 12:45pm	\$121.50/10	36643
Sun	Oct 5	3:30pm – 4:15pm	\$121.50/10	36644
Sun	Oct 5	4:15pm – 5:00pm	\$121.50/10	36645

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:00pm – 6:45pm	\$121.50/10	36513
Wed	Oct 1	6:00pm – 6:45pm	\$121.50/10	36514
Fri	Oct 3	5:30pm – 6:15pm	\$121.50/10	36515
Sat	Oct 4	9:00am – 9:45am	\$121.50/10	36516
Sat	Oct 4	9:45am – 10:30am	\$121.50/10	36517
Sat	Oct 4	10:45am – 11:30am	\$121.50/10	36518
Sat	Oct 4	11:15am – 12:00pm	\$121.50/10	36519
Sun	Oct 5	10:00am – 10:45am	\$121.50/10	36520
Sun	Oct 5	10:30am – 11:15am	\$121.50/10	36521
Sun	Oct 5	11:45am – 12:30pm	\$121.50/10	36522

SPECIALTY – SWIM DEVELOPMENT 3

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 3. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 3 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	8:00pm – 8:30pm	\$172.50/10	36675
Sat	Oct 4	11:30am – 12:00pm	\$172.50/10	36676
Sat	Oct 4	12:30pm – 1:00pm	\$172.50/10	36677

New!

Sensory Swim Drop-in



Going swimming at an indoor or outdoor pool can be an overwhelming sensory experience for individuals with autism, sensory or other learning disabilities.

The Town of Aurora is proud to offer a Sensory Swim geared towards those who have sensory sensitivity and would benefit from swimming in a pool environment with reduced sensory stimulus.

aurora.ca/SensorySwim

SWIMMER 4

Age: 6 to 12 years

Swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Prerequisite: Swimmer 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:00pm – 5:45pm	\$121.50/10	36646
Tue	Sept 30	6:45pm – 7:30pm	\$121.50/10	36647
Wed	Oct 1	5:45pm – 6:30pm	\$121.50/10	36648
Fri	Oct 3	6:30pm – 7:15pm	\$121.50/10	36649
Sat	Oct 4	10:30am – 11:15am	\$121.50/10	36650
Sun	Oct 5	3:30pm – 4:15pm	\$121.50/10	36651

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:00pm – 6:45pm	\$121.50/10	36504
Mon	Sept 29	6:45pm – 7:30pm	\$121.50/10	36505
Wed	Oct 1	6:00pm – 6:45pm	\$121.50/10	36506
Fri	Oct 3	5:30pm – 6:15pm	\$121.50/10	36507
Sat	Oct 4	9:00am – 9:45am	\$121.50/10	36508
Sat	Oct 4	9:30am – 10:15am	\$121.50/10	36509
Sat	Oct 4	11:00am – 11:45am	\$121.50/10	36510
Sun	Oct 5	10:30am – 11:15am	\$121.50/10	36511
Sun	Oct 5	11:45am – 12:30pm	\$121.50/10	36512

SPECIALTY – SWIM DEVELOPMENT 4

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 4. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 4 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	8:00pm – 8:30pm	\$172.50/10	36679
Sat	Oct 4	11:00am – 11:30am	\$172.50/10	36680
Sat	Oct 4	11:30am – 12:00pm	\$172.50/10	36681

New!

LEARN TO SWIM



SWIMMER 5

Age: 6 to 12 years

Swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

Prerequisite: Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	6:00pm – 6:45pm	\$121.50/10	36652
Tue	Sept 30	6:45pm – 7:30pm	\$121.50/10	36653
Wed	Oct 1	5:00pm – 5:45pm	\$121.50/10	36654
Wed	Oct 1	6:00pm – 6:45pm	\$121.50/10	36655
Fri	Oct 3	6:00pm – 6:45pm	\$121.50/10	36656
Sat	Oct 4	11:15am – 12:00pm	\$121.50/10	36657
Sun	Oct 5	4:15pm – 5:00pm	\$121.50/10	36658

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:00pm – 6:45pm	\$121.50/10	36523
Wed	Oct 1	6:00pm – 6:45pm	\$121.50/10	36524
Wed	Oct 1	6:45pm – 7:30pm	\$121.50/10	36525
Fri	Oct 3	5:30pm – 6:15pm	\$121.50/10	36526
Sat	Oct 4	9:00am – 9:45am	\$121.50/10	36527
Sat	Oct 4	10:15am – 11:00am	\$121.50/10	36528
Sat	Oct 4	11:45am – 12:30pm	\$121.50/10	36529
Sun	Oct 5	10:00am – 10:45am	\$121.50/10	36530
Sun	Oct 5	10:45am – 11:30am	\$121.50/10	36531
Sun	Oct 5	11:30am – 12:15pm	\$121.50/10	36532

SPECIALTY – SWIM DEVELOPMENT 5

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 5. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 5 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	8:30pm – 9:00pm	\$172.50/10	36682
Sat	Oct 4	10:30am – 11:00am	\$172.50/10	36683
Sat	Oct 4	12:00pm – 12:30pm	\$172.50/10	36771

SWIMMER 6

Age: 6 to 12 years

Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complete the 300 m workout.

Prerequisite: Swimmer 5

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	6:00pm – 6:45pm	\$121.50/10	36659
Tue	Sept 30	6:45pm – 7:30pm	\$121.50/10	36660
Wed	Oct 1	6:00pm – 6:45pm	\$121.50/10	36661
Fri	Oct 3	6:30pm – 7:15pm	\$121.50/10	36662
Sat	Oct 4	11:15am – 12:00pm	\$121.50/10	36663
Sun	Oct 5	3:00pm – 3:45pm	\$121.50/10	36664

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:00pm – 6:45pm	\$121.50/10	36533
Wed	Oct 1	6:00pm – 6:45pm	\$121.50/10	36534
Fri	Oct 3	5:30pm – 6:15pm	\$121.50/10	36535
Sat	Oct 4	9:00am – 9:45am	\$121.50/10	36536
Sat	Oct 4	10:30am – 11:15am	\$121.50/10	36537
Sun	Oct 5	10:00am – 10:45am	\$121.50/10	36538
Sun	Oct 5	10:45am – 11:30am	\$121.50/10	36539

SPECIALTY – SWIM DEVELOPMENT 6

Age: 6 to 12 years

This class is designed for candidates who have unsuccessfully completed Swimmer 6. Provides practical skill development for incomplete items. A maximum of 4 swimmers per class.

Prerequisite: previous Swimmer 6 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	8:30pm – 9:00pm	\$172.50/10	36772
Sat	Oct 4	12:30pm – 1:00pm	\$172.50/10	36773

SPECIALTY – FAMILY SWIM LESSONS

Age: 3 to 12 years

Register for this time slot rather than a particular level. A real time saver for large families. Suitable for: Preschool 1 to 5 and Swimmer 1 to 6. Multiple levels may be combined into a class. Family members may not necessarily be together. Class sizes will vary. A maximum of 4 swimmers per class.

Note: Please register each participant individually. The fee applies per person.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Oct 5	12:00pm – 12:30pm	\$172.50/10	36684
Sun	Oct 5	12:30pm – 1:00pm	\$172.50/10	36685



SWIMMER 7 – ROOKIE PATROL

Age: 6 to 12 years

Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.

- Level must be completed in a group class (not a private lesson).
- Prerequisite: Swimmer 6

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:45pm – 6:45pm	\$144.00/10	36686
Fri	Oct 3	8:00pm – 9:00pm	\$144.00/10	36687
Sat	Oct 4	12:00pm – 1:00pm	\$144.00/10	36688
Sun	Oct 5	3:00pm – 4:00pm	\$144.00/10	36689

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	7:30pm – 8:30pm	\$144.00/10	36540
Sat	Oct 4	9:45am – 10:45am	\$144.00/10	36541
Sat	Oct 4	10:45am – 11:45am	\$144.00/10	36542
Sun	Oct 5	10:00am – 11:00am	\$144.00/10	36543
Sun	Oct 5	11:30am – 12:30pm	\$144.00/10	36544

SWIMMER 8 – RANGER PATROL

Age: 6 to 12 years

Swimmers develop better strokes over 75 m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

- Level must be completed in a group class (not a private lesson).
- Prerequisite: Swimmer 7 – Rookie Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	5:00pm – 6:00pm	\$144.00/10	36690
Sun	Oct 5	3:45pm – 4:45pm	\$144.00/10	36691

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	8:00pm – 9:00pm	\$144.00/10	36545
Sat	Oct 4	9:45am – 10:45am	\$144.00/10	36546
Sat	Oct 4	11:30am – 12:30pm	\$144.00/10	36547
Sun	Oct 5	11:00am – 12:00pm	\$144.00/10	36548

SWIMMER 9 – STAR PATROL

Age: 6 to 12 years

Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

- Level must be completed in a group class (not a private lesson).
- Prerequisite: Swimmer 8 – Ranger Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Sept 30	6:00pm – 7:00pm	\$144.00/10	36692
Sun	Oct 5	4:45pm – 5:45pm	\$144.00/10	36693

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	8:30pm – 9:30pm	\$144.00/10	36549
Sat	Oct 4	11:30am – 12:30pm	\$144.00/10	36550
Sun	Oct 5	9:30am – 10:30am	\$144.00/10	36551

SWIMMER 10 – BRONZE STAR

Age: 10 to 13 years

The course will prepare young candidates to be ready for Bronze Medallion. It will focus on lifesaving skills and fitness as well as decision-making and how to take charge in an emergency.

- Level must be completed in a group class (not a private lesson).
- Note: Swimmer 9 – Star Patrol recommended

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:45pm – 8:00pm	\$161.00/10	36552
Fri	Oct 3	7:45pm – 9:00pm	\$161.00/10	36553
Sat	Oct 4	9:00am – 10:15am	\$161.00/10	36554

BRONZE PREP

Age: 12+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for Bronze Medallion and Bronze Cross levels. Not a certification course.

Prerequisite: Swimmer 6

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	6:00pm – 7:00pm	\$144.00/10	36555
Sat	Oct 4	10:00am – 11:00am	\$144.00/10	36556



LEARN TO SWIM

TEEN 1

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	6:45pm – 7:30pm	\$136.50/10	36694
Sun	Oct 5	5:00pm – 5:45pm	\$136.50/10	36695

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:45pm – 7:30pm	\$136.50/10	36557

TEEN 2

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	6:45pm – 7:30pm	\$136.50/10	36696
Sun	Oct 5	5:00pm – 5:45pm	\$136.50/10	36697

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:45pm – 7:30pm	\$136.50/10	36558

TEEN 3

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Oct 5	5:00pm – 5:45pm	\$136.50/10	36698

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:45pm – 7:30pm	\$136.50/10	36559

ADULT 1

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	7:15pm – 8:00pm	\$136.50/10	36699

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:45pm – 7:30pm	\$136.50/10	36560
Wed	Oct 1	6:45pm – 7:30pm	\$136.50/10	36561



ADULT 2

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen/Adult 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	7:15pm – 8:00pm	\$136.50/10	36700

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	6:00pm – 6:45pm	\$136.50/10	36562
Wed	Oct 1	6:45pm – 7:30pm	\$136.50/10	36563

ADULT 3

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen/Adult 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	7:15pm – 8:00pm	\$136.50/10	36701

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	6:45pm – 7:30pm	\$136.50/10	36564

NATIONAL LIFEGUARD PREP

Age: 14+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for National Lifeguard award. Not a certification course.

Prerequisite: Bronze Cross

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	7:00pm – 8:00pm	\$144.00/10	36565
Sat	Oct 4	11:00am – 12:00pm	\$144.00/10	36566

FITNESS SWIMMER

Age: 10 to 16 years

Gearred toward swimmers who want to improve their overall physical fitness in the water. Fitness Swimmer provides a structured approach based on accepted training principles and practices, including interval training, sprints and distance swims. Candidates set their own goals to improve overall physical fitness.

Prerequisite: Swimmer 6, Teen 3 or equivalent

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 4	9:00am – 10:00am	\$144.00/10	36567
Sun	Oct 5	11:00am – 12:00pm	\$144.00/10	36568

AURORA LIFESAVING CLUB

Age: Blue – 8 to 11 years

Green – 12 to 13 years

Teal – 14 to 15 years

The Aurora Lifesaving Club (ALC) is a Town based lifesaving club that engages youth in physical activity and participation in lifesaving sport. This club-based program focuses on keeping youth active in the community and building a sense of belonging while learning lifesaving sport skills. ALC members will develop lifesaving skills and engage in active living through participation in regional and provincial competitions. The perfect youth training program for future lifeguards.

Benefits of Joining the ALC

- Develop increasingly complex skills in swimming, including stroke correction, endurance and speed.
- Promotes overall physical fitness.

Prerequisite: Swimmer 4

Location: SARC – Blue (8 to 11 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Oct 4	10:30am – 11:30am	\$172.50/10	36569
Sun	Oct 5	9:30am – 10:30am	\$172.50/10	36570

Location: SARC – Green (12 to 13 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	7:30pm – 8:30pm	\$172.50/10	36571
Sat	Oct 4	11:30am – 12:30pm	\$172.50/10	36572
Sun	Oct 5	10:30am – 11:30am	\$172.50/10	36573

Location: SARC – Teal (14 to 15 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	8:30pm – 9:30pm	\$172.50/10	36574
Sun	Oct 5	11:30am – 12:30pm	\$172.50/10	36575

LIFESAVING SPORT – TRY IT

Age: 8 to 15 years

Come explore Lifesaving Sport with the Aurora Lifesaving Club. Swim under an obstacle, throw a rescue rope, tow a manikin with a rescue tube while wearing fins and more.

Note: This is for swimmers who are not already participating in any of our ALC programs.

Prerequisite: Swimmer 4

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Sept 24	6:00pm – 7:30pm	\$25.00/1	37253
Sat	Sept 27	10:00am – 11:30am	\$25.00/1	37254

New!

INCLUSIVE SWIM LESSONS

Age: 3+ years

30-Minute Class

- This class is for levels Preschool 1 to Swimmer 2.

45-Minute Class

- This class is for levels Swimmer 3 to Swimmer 6.

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks. Note: Please visit www.aurora.ca/inclusionservices to complete an Aquatic Intake Form. Registration for this program will close 7 days prior to the start date. Actual class time will be provided after registration is completed.

Location: AFLC – 30-Minute Class

Swim Levels: Preschool 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	5:00pm – 7:30pm	\$176.00/10	36702
Sun	Oct 5	3:00pm – 5:45pm	\$176.00/10	36703

Location: SARC – 30-Minute Class

Swim Levels: Preschool 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	5:00pm – 8:00pm	\$176.00/10	36576
Sat	Oct 4	9:00am – 12:15pm	\$176.00/10	36577
Sun	Oct 5	9:00am – 12:15pm	\$176.00/10	36578

Location: AFLC – 45-Minute Class

Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	5:00pm – 7:30pm	\$211.00/10	36704
Sun	Oct 5	3:00pm – 5:45pm	\$211.00/10	36705

Location: SARC – 45-Minute Class

Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Oct 1	5:00pm – 8:00pm	\$211.00/10	36579
Sat	Oct 4	9:00am – 12:15pm	\$211.00/10	36580
Sun	Oct 5	9:00am – 12:15pm	\$211.00/10	36581

INCLUSION SERVICES

Aqua Buddies

Through our volunteer program, we aim to place an available Aqua Buddy in a swim class to provide extra support where needed.

Inclusive Swim Lessons

Integrated Aquatic classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

Adapted Privates

Adapted Privates are specifically designed for swimmers with disabilities, and will feature one swimmer with one instructor focusing on specific skills requiring attention.

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

LEARN TO SWIM



PRIVATE LESSONS

Age: 3+ years

One swimmer with one instructor focusing on any skills from Preschool 1 to Swimmer 6 within the private class. It is recommended to take only one 30-minute class.

• Swimmer 7 to Swimmer 10 and Aquatic Leadership certifications cannot be completed during a private swim lesson.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$300.00/10	36707
Mon	Sept 29	5:30pm – 6:00pm	\$300.00/10	36708
Mon	Sept 29	6:00pm – 6:30pm	\$300.00/10	36709
Mon	Sept 29	6:30pm – 7:00pm	\$300.00/10	36710
Mon	Sept 29	7:00pm – 7:30pm	\$300.00/10	36711
Tue	Sept 30	5:00pm – 5:30pm	\$300.00/10	36712
Tue	Sept 30	5:30pm – 6:00pm	\$300.00/10	36713
Tue	Sept 30	6:00pm – 6:30pm	\$300.00/10	36714
Tue	Sept 30	6:30pm – 7:00pm	\$300.00/10	36715
Tue	Sept 30	7:00pm – 7:30pm	\$300.00/10	36716
Wed	Oct 1	5:00pm – 5:30pm	\$300.00/10	36717
Wed	Oct 1	5:30pm – 6:00pm	\$300.00/10	36718
Wed	Oct 1	6:00pm – 6:30pm	\$300.00/10	36719
Wed	Oct 1	6:30pm – 7:00pm	\$300.00/10	36720
Wed	Oct 1	7:00pm – 7:30pm	\$300.00/10	36721
Thu	Oct 2	5:00pm – 5:30pm	\$300.00/10	36722
Thu	Oct 2	5:30pm – 6:00pm	\$300.00/10	36723
Thu	Oct 2	6:00pm – 6:30pm	\$300.00/10	36724
Thu	Oct 2	6:30pm – 7:00pm	\$300.00/10	36725
Thu	Oct 2	7:00pm – 7:30pm	\$300.00/10	36726
Fri	Oct 3	6:00pm – 6:30pm	\$300.00/10	36727
Fri	Oct 3	6:45pm – 7:15pm	\$300.00/10	36728
Fri	Oct 3	8:00pm – 8:30pm	\$300.00/10	36729
Fri	Oct 3	8:15pm – 8:45pm	\$300.00/10	36730
Fri	Oct 3	8:30pm – 9:00pm	\$300.00/10	36731
Sat	Oct 4	3:00pm – 3:30pm	\$300.00/10	36732
Sat	Oct 4	3:30pm – 4:00pm	\$300.00/10	36733
Sat	Oct 4	4:00pm – 4:30pm	\$300.00/10	36734
Sat	Oct 4	4:30pm – 5:00pm	\$300.00/10	36735
Sat	Oct 4	5:00pm – 5:30pm	\$300.00/10	36736
Sat	Oct 4	5:30pm – 6:00pm	\$300.00/10	36737
Sun	Oct 5	10:00am – 10:30am	\$300.00/10	36738
Sun	Oct 5	10:30am – 11:00am	\$300.00/10	36739
Sun	Oct 5	11:00am – 11:30am	\$300.00/10	36740
Sun	Oct 5	11:30am – 12:00pm	\$300.00/10	36741
Sun	Oct 5	12:00pm – 12:30pm	\$300.00/10	36742
Sun	Oct 5	12:30pm – 1:00pm	\$300.00/10	36743

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Oct 3	9:00pm – 9:30pm	\$300.00/10	36582

SHALLOW WATER PRIVATE LESSONS

Age: 3 to 5 years

These private lessons are taught in shallow water only. Shallow water is best suited for Preschool 1 to 4.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Sept 29	5:00pm – 5:30pm	\$300.00/10	36583
Mon	Sept 29	5:30pm – 6:00pm	\$300.00/10	36584
Mon	Sept 29	7:30pm – 8:00pm	\$300.00/10	36585
Tue	Sept 30	5:00pm – 5:30pm	\$300.00/10	36586
Tue	Sept 30	5:30pm – 6:00pm	\$300.00/10	36587
Tue	Sept 30	7:00pm – 7:30pm	\$300.00/10	36588
Tue	Sept 30	7:30pm – 8:00pm	\$300.00/10	36589
Wed	Oct 1	5:00pm – 5:30pm	\$300.00/10	36590
Wed	Oct 1	7:30pm – 8:00pm	\$300.00/10	36591
Thu	Oct 2	5:00pm – 5:30pm	\$300.00/10	36592
Thu	Oct 2	5:30pm – 6:00pm	\$300.00/10	36593
Thu	Oct 2	7:00pm – 7:30pm	\$300.00/10	36594
Thu	Oct 2	7:30pm – 8:00pm	\$300.00/10	36595
Sun	Oct 5	9:00am – 9:30am	\$300.00/10	36596
Sun	Oct 5	9:30am – 10:00am	\$300.00/10	36597

ADAPTED PRIVATE LESSONS

Age: 3+ years

Adapted Privates are specifically designed for swimmers with disabilities and will feature one swimmer with one instructor focusing on specific skills requiring attention. For approval, please visit www.aurora.ca/inclusionservices and complete an Aquatic Intake Form.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Oct 2	5:00pm – 5:30pm	\$211.00/10	36744
Thu	Oct 2	5:30pm – 6:00pm	\$211.00/10	36745
Thu	Oct 2	6:00pm – 6:30pm	\$211.00/10	36746
Thu	Oct 2	6:30pm – 7:00pm	\$211.00/10	36747
Thu	Oct 2	7:00pm – 7:30pm	\$211.00/10	36748

SEMI-PRIVATE SWIM LESSONS

To obtain a Semi-Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Complete online form at www.aurora.ca/learntoswim at least 3 days prior to start of lessons, in order to acquire approval and to convert private lesson into a semi-private lesson.

Note: Cost is \$25.50 per person per class.
Participants must be within 1 swim level of each other.

SMALL GROUP PRIVATE SWIM LESSONS

Parents and children can learn to swim together. To obtain a Small Group Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Email rlisure@aurora.ca a minimum of 3 days prior to the start of the lesson to create the Small Group Private Swim lesson.

Note: Cost is \$17.25 per person per class. Maximum of 5 people.
Participants should be the same swim ability (for example: all beginners).

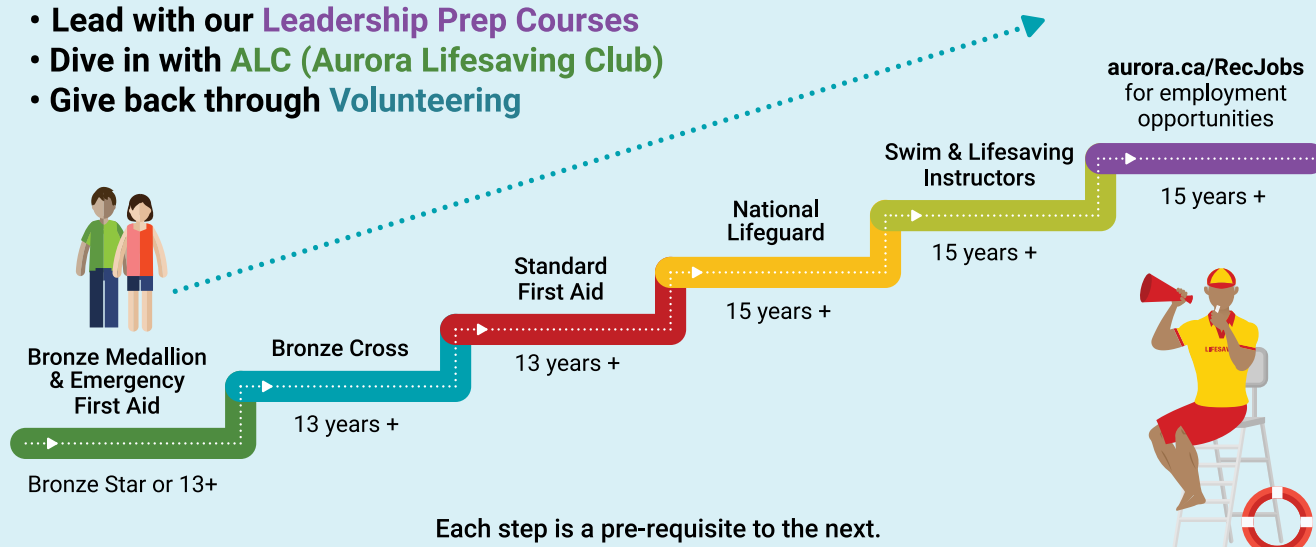


Town of Aurora AQUATIC LEADERSHIP



Get involved. Get inspired.

- Lead with our **Leadership Prep Courses**
- Dive in with **ALC (Aurora Lifesaving Club)**
- Give back through **Volunteering**



aurora.ca/AquaticLeadership



Aquatic Leadership registration opens on Monday, August 18, 2025 for all courses from January to December 2026.
Full details at aurora.ca/aquaticleadership.



BEING AN AQUATIC VOLUNTEER

- It's a rewarding experience!
 - You receive hours for community involvement or a 25% discount towards future aquatic leadership courses.
- Prerequisites: Bronze Medallion and 14 years of age.
Register for an Aquatic Volunteer Orientation Workshop.
For additional information, please visit us online at aurora.ca/aquaticleadership.

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

JOIN THE HERO ACADEMY!



Earn high school credits with YRDSB's Aquatic Leadership Program and the Town of Aurora.

www.aurora.ca/AquaticLeadership

STEPS TO BECOME AN AQUATIC STAFF

In order to be considered for an Aquatic position, you must meet the following requirements.

AQUATIC POSITION	REQUIREMENTS
Lifeguard	<ul style="list-style-type: none">• Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools).• Current National Lifeguard certificate.• Current Ministry Approved Standard First Aid (or higher) certificate.
Aquatic Instructor	<ul style="list-style-type: none">• Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools).• Current National Lifeguard certificate.• Current Ministry Approved Standard First Aid (or higher) certificate.• Current Lifesaving Society Swim, Lifesaving & E.F.A. Instructor certificates.

Go to www.aurora.ca/recjobs to view job positions and full descriptions.