### YOUTH DROP-IN ACTIVITIES



## **Just For Youth!**

Explore your potential through dynamic programs, exciting events, and meaningful opportunities. Whether it's sports, leadership, volunteering, or just hanging out at The Loft — there's always something happening for Youth in Aurora!



### YOUTH FRIENDLY COMMUNITY

The Town of Aurora continues to thrive as a Platinum Youth Friendly Community, recognized provincially for our commitment to serve youth aged 13 to 19. The designation program acknowledges the work of communities to ensure their youth have continuous access to a diversity of play opportunities. Visit www.aurora.ca/YouthFriendly for full details.



#### **YOUTH CENTRE**

The Aurora Family Leisure Complex is the proud home of our Youth Centre. Come by with your friends to enjoy all of these exciting drop-in opportunities!

#### **THE LOFT**

Age: 12 to 17 years

Fee: FREE

The Loft houses an entertainment and media corner, pool table, table tennis, air hockey and much more. Full details at www.aurora.ca/theloft.

#### YOUTH GYMNASIUM DROP-IN

Age: 12 to 17 years Fee: \$3.25 per person

Bring your friends, or come out to meet new ones while enjoying lots of different sport activities in the gymnasium! See Family Drop-In Programs page for the full drop-in details.

#### **OUTDOOR SKATE PARK**

Check out our 10,000 sq. ft. permanent skate park, located at the AFLC. There are numerous ramps, rails and bowls.





### MARCH BREAK PROGRAMS FOR YOUTH

### **Join Us For These Exciting Programs!**

| MONDAY     | TUESDAY               | WEDNESDAY                                   | THURSDAY              | FRIDAY                |
|------------|-----------------------|---|-----------------------|-----------------------|
| MARCH 16   | MARCH 17              | MARCH 18                                    | MARCH 19              | March 20              |
| Home Alone | Babysitter's Training | Ace Your Interview<br>Babysitter's Training | Teen Kitchen Takeover | Teen Kitchen Takeover |

#### **ACE YOUR INTERVIEW**

Age: 14 to 17 years Location: AFLC

In the Ace Your Interview program, you won't just learn what to say, you'll actually practice it on the spot. This isn't your typical course. You'll get to tackle the topmost asked real-time interview questions in a supportive, hands-on environment.

| DAY | DATE   | TIME            | FEE/CLASS | CODE  |
|-----|--------|-----------------|-----------|-------|
| Wed | Mar 18 | 1:00pm - 4:00pm | \$55.00/1 | 38002 |

### CANADA SAFETY COUNCIL - BABYSITTER'S TRAINING

Age: 12 to 16 years Location: AFLC

The Canada Safety Council Babysitter's Training course will provide participants with the skills and knowledge to safely care for children, while building confidence alongside their peers.

| DAY | DATE   | TIME             | FEE/CLASS | CODE  |
|-----|--------|------------------|-----------|-------|
| Tue | Mar 17 | 9:00am - 4:00pm  | ¢00.0072  | 27000 |
| Wed | Mar 18 | 9:00am - 12:00pm | \$90.00/2 | 3/998 |

Note: Pre-registration is required for these programs.

#### CANADA SAFETY COUNCIL - HOME ALONE

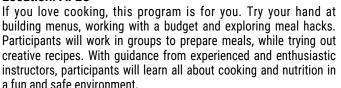
Age: 10 to 13 years Location: AFLC

The Canada Safety Council Home Alone course will provide participants with appropriate skills and knowledge to remain home on their own for short periods of time. Participants will learn skills such as home safety, when to call 911, fire safety and much more.

| DAY | DATE   | TIME            | FEE/CLASS | CODE  |
|-----|--------|-----------------|-----------|-------|
| Mon | Mar 16 | 9:00am - 4:00pm | \$58.00/1 | 38001 |

#### **TEEN KITCHEN TAKEOVER**

Age: 11 to 13 years Location: AFLC



|      |             |                 | FEE/CLASS  |       |
|------|-------------|-----------------|------------|-------|
| Th/F | Mar 19 & 20 | 9:00am - 4:00pm | \$150.00/2 | 37996 |

NEW!

#### **ARCHERY**

Age: 12 to 17 years Location: AFLC

Participants will get to learn and practise basic archery skills and techniques with their friends in an enjoyable and safe environment.

| DAY | DATE   | TIME            | FEE/CLASS | CODE  |
|-----|--------|-----------------|-----------|-------|
| Mon | Jan 12 | 7:15pm - 8:15pm | \$55.00/6 | 38003 |

#### **AURORA BARBARIANS - LEARN TO RUGBY**

#### Age: 11 to 14 years

#### **Location: Aurora Sports Dome**

This non-contact session is geared towards learning how to play to touch/flag rugby through mini/modified games. These sessions will be filled with fun challenges, while learning how to play rugby. Participants will receive an article of Aurora Barbarians clothing.

\*No class on: Feb 16 & Mar 16

| DAY | DATE   | TIME            | FEE/CLASS | CODE   |
|-----|--------|-----------------|-----------|--------|
| Mon | Jan 19 | 5:00pm - 6:00pm | \$40.00/8 | 37289* |

#### **BADMINTON BLAST**

Age: 12 to 15 years Location: SARC

This introductory program will provide participants with the opportunity to gain experience with various badminton skills and an opportunity to rally with peers. Join us for an active hour of badminton while making new friends. All levels are welcome.

| DAY | DATE   | TIME            | FEE/CLASS | CODE  |
|-----|--------|-----------------|-----------|-------|
| Mon | Jan 12 | 7:15pm - 8:15pm | \$55.00/6 | 38004 |

#### CANADA SAFETY COUNCIL - BABYSITTER'S TRAINING

Age: 12 to 16 years Location: AFLC

The Canada Safety Council Babysitter's Training course will provide participants with the skills and knowledge to safely care for children, while building confidence alongside their peers.

| Thu   Jan 15   6:00pm - 8:00pm   \$90.00/5   37997 |     |        |                 | FEE/CLASS |       |
|--|-----|--------|-----------------|-----------|-------|
|  | Thu | Jan 15 | 6:00pm - 8:00pm | \$90.00/5 | 37997 |



#### **CANADA SAFETY COUNCIL - HOME ALONE**

Age: 10 to 13 years Location: AFLC

The Canada Safety Council Home Alone course will provide participants with appropriate skills and knowledge to remain home on their own for short periods of time. Participants will learn skills such as home safety, when to call 911, fire safety and much more.

| DAY | DATE   | TIME            | FEE/CLASS | CODE  |
|-----|--------|-----------------|-----------|-------|
| Thu | Jan 15 | 4:00pm - 5:30pm | \$58.00/4 | 37999 |
| Fri | Jan 30 | 9:00am - 4:00pm | \$58.00/1 | 38000 |

#### **CONFIDENT LEADERS - LEVEL 1**

Age: 10 to 17 years Location: AFLC

This dynamic leadership course is designed to build foundational leadership skills through hands-on activities and real-world practice. This introductory program fosters confidence, critical thinking, and self-discipline through participants leading teams to success.

| DAY | DATE  | TIME            | FEE/CLASS  | CODE  |
|-----|-------|-----------------|------------|-------|
| Wed | Feb 4 | 5:30pm - 6:30pm | \$125.00/4 | 38007 |

#### **CONFIDENT SPEAKER - LEVEL 1**

Age: 10 to 17 years Location: AFLC

This program is tailored to elevate self-confidence in conversations from the ground up, simplifying socializing through engaging activities and interactive exercises. Participants will explore confidence techniques, impactful presentation design, delivery styles, and constructive feedback inspired by renowned experts.

| DAY | DATE  | TIME            | FEE/CLASS  | CODE  |
|-----|-------|-----------------|------------|-------|
| Wed | Jan 7 | 4:30pm - 5:30pm | \$125.00/4 | 38006 |

#### **CONFIDENT SPEAKER - LEVEL 2**

Age: 10 to 17 years Location: AFLC

This course focuses on mastering Prepared Presentation techniques with an emphasis on Power, Design and Style. Participants will enhance their skills through interactive worksheets, written evaluations and quick, engaging 10-minute homework assignments, culminating in a final certificate assessment.

| l | DAY | DATE  | TIME            | FEE/CLASS  | CODE  |
|---|-----|-------|-----------------|------------|-------|
|   | Wed | Jan 7 | 5:30pm - 6:30pm | \$125.00/4 | 38008 |

#### **CONFIDENT SPEAKER - LEVEL 3**

Age: 10 to 17 years Location: AFLC



In this course, participants will combine their public speaking skills with leadership. They will learn how to facilitate powerful group discussions, while continuing to explore the core themes of Power, Design and Style. This course shifts focus from individual speeches to leading conversations that are engaging, respectful and productive.

| DAY | DATE  | TIME            | FEE/CLASS  | CODE  |
|-----|-------|-----------------|------------|-------|
| Wed | Feb 4 | 4:30pm - 5:30pm | \$125.00/4 | 38072 |

#### **AGE REQUIREMENTS**

For most Youth programs, participants must be the minimum program age by the last class of the program. Some exceptions apply.



# COOKING CLUB Age: 11 to 14 years Location: AFLC

Participants will learn about kitchen safety, food hacks and how to make healthy choices. Each week participants will create a new recipe, enjoy a snack and work with others to have fun in the kitchen.

| DAY | DATE   | TIME            | FEE/CLASS  | CODE  |
|-----|--------|-----------------|------------|-------|
| Thu | Jan 15 | 4:00pm - 5:30pm | \$116.00/4 | 38009 |
| Thu | Feb 12 | 4:00pm - 5:30pm | \$116.00/4 | 38010 |

#### GIRLS GOT GAME BASKETBALL SKILL & HOUSE LEAGUE

## Age: 8 to 13 years Location: AFLC

This program is focused on girls who are interested in learning the game of basketball, developing their skills, and building confidence. Emphasis will be on skill development and learning the team concepts in a fun, interactive environment. This is for GIRLS ONLY and no experience is necessary. We are proud to play like girls.

| DAY |        |                 | FEE/CLASS   |       |
|-----|--------|-----------------|-------------|-------|
| Wed | Jan 21 | 7:00pm - 8:15pm | \$246.00/10 | 38011 |

#### PICKLEBALL - LEARN TO PLAY

## Age: 10 to 17 years Location: ASC

This is a fun sport that combines many elements of tennis, badminton and ping-pong. Youth will learn pickleball basics and be able to play with more confidence at the end of this introductory learn to play program. This is a great opportunity for youth to try a new activity. Our coaches will cover the fundamentals of serve, return and volley. This program is offered by Elevation Athletics Association. All abilities and skill levels welcome. Paddles will be provided for players that do not have their own.

| DAY | DATE   | TIME            | FEE/CLASS | CODE  |
|-----|--------|-----------------|-----------|-------|
| Mon | Jan 12 | 5:30pm - 6:30pm | \$92.00/8 | 38014 |
| Wed | Jan 14 | 5:30pm - 6:30pm | \$92.00/8 | 38015 |

#### STORM VOLLEYBALL - FUNDAMENTALS

## Age: 11 to 13 years Location: AFLC

This introductory program lays the groundwork for aspiring volleyball players. Athletes will learn essential skills and positional gameplay, with coaches emphasizing a strong foundation. Designed for beginners, this program focuses on building a solid understanding of volleyball fundamentals.

| DAY | DATE  | TIME            | FEE/CLASS  | CODE  |
|-----|-------|-----------------|------------|-------|
| Tue | Jan 6 | 5:45pm - 6:45pm | \$154.00/8 | 38016 |

#### STORM VOLLEYBALL - SKILL DEVELOPMENT

#### Age: 11 to 13 years Location: AFLC

In this program, players will transition from foundational skills to refining their techniques. Coaches will lead drills and gameplay sessions to enhance technical abilities while incorporating strategic elements. Designed for athletes who can consistently execute the basic skills of volleyball.

| DAY | DATE  | TIME            | FEE/CLASS  | CODE  |
|-----|-------|-----------------|------------|-------|
| Tue | Jan 6 | 7:00pm - 8:00pm | \$154.00/8 | 38017 |

#### YOUTH SPEAKERS CLUB

## Age: 10 to 17 years Location: AFLC

NEW!

A public speaking club for developing your communication skills. This course includes a Student Project Workbook with 11 communication projects for students to complete at their own pace. Printed workshop copies will be provided for each enrolled participant. This program is facilitated by Tyler Bayley (National Award Winning Speaker and CEO Youth Speakers Canada).

| DAY | DATE  | TIME            | FEE/CLASS  | CODE  |
|-----|-------|-----------------|------------|-------|
| Wed | Jan 7 | 6:45pm - 7:45pm | \$175.00/4 | 38071 |

#### YOUTH PROGRAM

### This program is brought to you by the Aurora Cultural Centre.

#### LEARN CARTOONING

## Age: 11 to 17 years Location: ATS

This program is brought to you by the Aurora Cultural Centre. Learn the fundamentals of cartoon drawing. By breaking down different parts of cartoon and anime characters, students will learn how to draw hair, eyes, hands, faces, emotions, perspective, style, noses, body proportion and so much more. It is the perfect class to learn fun basic drawing skills needed to create anime and cartoons. Digital devices are welcome to the class. Please email info@auroraculturalcentre.ca if you have any guestions.

| DAY | DATE   | TIME            | FEE/CLASS  | CODE  |
|-----|--------|-----------------|------------|-------|
| Wed | Jan 14 | 4:30pm - 5:30pm | \$125.00/5 | 38042 |

