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ASSOCIATION INVITES YOU TO AN

AUTHOR AFTERNOON

*by the Best Selling Author &
Journalist*

● *Ted Barrís*

presenting
his latest
work:

*" Battle of
Britain,
Canadian
Airmen in
their Finest
Hour "*

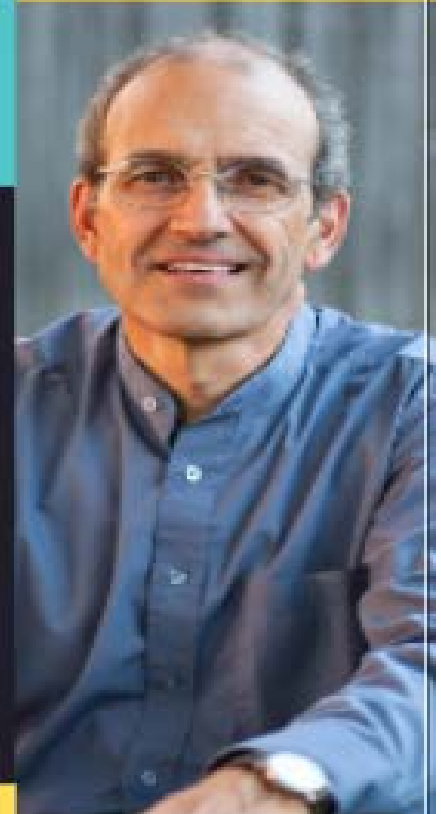
Saturday March 7 at 1 p.m.

Doors open at 12:30 p.m.

Aurora Seniors Centre

\$10 for members, \$15 for non-members
available at the Aurora Seniors Centre

Tickets are available February 2 at reception



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▶ ASA Board of Directors

Wow, what a party! On Wednesday January 21 we celebrated the 20th anniversary of the official opening of the Centre. There was no official count, but despite the bad weather we estimate that about 130 members came out to join us. Mayor Mrakas, always a strong supporter brought greetings from the Town and presented us with a certificate recognizing this special day. Former Mayor Tim Jones, who played a big role in the opening of the Centre shared some memories. Past-Presidents, Charles Sequeira, Jim Abram, Carol Hedenberg, and Dave Legallais were recognized for their tireless efforts on behalf of the membership. Community Services Director Robin McDougall, Recreation Manager, Lisa Warth also joined us. Video clips played and members shared their thoughts on what the Centre means to them. Charles Sequeira who was instrumental in the development of the Centre had the honour of cutting the birthday cake. Thanks to everyone who braved the cold and came out to celebrate.

Did you know? We are in the third year of a five-year partnership agreement with the Town of Aurora. We pay slightly more than \$53,000 annually. This money comes from your membership dues and activity fees. This includes the support from the wonderful staff and provides for shared and exclusive use of space. For example, the library, woodshop, snooker room, computer room, and office are exclusively for ASA use. Rooms like West McKenzie, and the Priestly rooms are shared. We work together to balance ASA and Town programs to provide a variety of opportunities for members.

We have 7 standing committees to help run the business of the Association. They are Operations and Activities, Fund-raising, Special Events, Membership and Volunteers, Seniors' Affairs, Grants and Donations, By-Law, and Finance. Members are welcome to attend committee and Board meetings as guests. We are often looking for new members and it's a great way to learn more about your Association. The purposes and mandates of each committee have been updated and are now on the web site so please take a look.

Membership renewals took off in December and continued into January. We already have over 1150 members at the Centre. Thanks to all the volunteers who made this run so smoothly.

We have made it through the first month of winter and spring is less than two months away. When I arrive at the Centre, I sometimes look at the bocce courts and remember how hot it was last July. I won't complain about the heat this summer. Try to stay warm and be careful on the ice.

Glen Sharp
President Aurora Seniors Association

ASA Board of Directors Election

▶ ASA 2026 ASA Board of Directors Election

Call for Nominations

Dear ASA Members:

We are excited to announce the upcoming election for four (4) positions on the Board of Directors.

Key Dates:

Nomination Period: Monday, March 16 to Friday, March 27, 2026

All Candidates Meeting: Wednesday, April 15, 2026 @ 10:30 a.m.
in the West McKenzie Room
(Lunch provided, tickets available Monday, March 31, members only, 2 tickets per member*) *Limited ticketed event
Advance Voting Polls after the meeting to accommodate immediate voting from 1:30 – 3:00 PM.

Voting Periods:

| | |
|------------------|---|
| Advanced: | Wednesday, April 15, 2026 From 1:30 p.m. to 3:00 p.m. Thursday, April 17, 2026 From 9 a.m. to 2 p.m. |
| Regular: | Monday, April 27 to Friday, May 1, 2026 from 9 a.m. to 2 p.m. daily |

Vote Tabulation: Friday, May 1, 2026
2:00 p.m. to 3:30 p.m.

Winners will be announced once tabulation is complete. The Chair will call the absent nominees with results.

Eligibility:

Member in good standing
Bio and picture to be displayed to all members

Your Election Committee members:

Vern Cunningham, Carm Cornacchia, Marco Vittiglio, Anna Pilato and Shirley Dionne



Proxy Voting Procedures

To enable more members to exercise their voting rights, the ASA board has approved proxy voting (Refer to By-Law 1.03.04). To enable this process and ensure accuracy, the following rules shall be adhered to:

1. Proxy Request and Assignment
 - Proxyholders must be members in good standing, as outlined in bylaw 1.03.04.
 - Proxy forms can be obtained from the reception desk of the Aurora Senior Centre. Proxy forms will only be available from two (2) weeks prior to the All-Candidates meeting and up to the last voting day.
 - The form should clearly identify the assigning member and their proxyholder
 - Only one proxy will be accepted from each member
 - A proxy holder can only vote for one member
2. Submission and Verification
 - Proxy forms are to be submitted by the Proxyholder when registering to cast their vote for verification. Upon verification of both the proxyholder and the submitted proxy form, an additional ballot will be issued for the proxy. A voting station volunteer will record the member as casting a proxy vote by highlighting the name.

2026 Aurora Seniors Association Proxy Voting Form

Election of Board Directors

Member Information: Name: _____

Membership Number: (number on Fob) _____

Proxyholder Information:

I, _____ [Member Name], hereby appoint

_____ [Proxyholder Name] as my proxy to vote on

my behalf at the Election of Board Directors, to be held at the Aurora Seniors Centre

From April 27, 2026, to May 1, 2026

Members Signature & Date:

Signature: _____

Date: _____

ALL FIELDS TO BE COMPLETED – INCOMPLETE PROXIES WILL NOT BE ACCEPTED

Town of Aurora Winter 2026 Programs

Winter 2026 Town Program Registration is currently available

Here's how to register:

1. Online using the Town of Aurora's E-play system. You can access E-play by visiting <http://www.aurora.ca/eplay>
2. Registration Forms will be available at Reception

LEGEND

ASC – Aurora Seniors Centre

ATH – Aurora Town Hall

AFLC – Aurora Family Leisure Centre

Sports Dome – Lind Realty Sports Dome

VISIT OUR WEBSITE



www.auroraseniors.ca

KNITTING LEARN TO KNIT - STEP 2

Age: 55+ years Location: ASC

In this class you will learn various techniques (increases, decreases, seaming, bias knitting, reading charts) and stitches (cables, lace, ribs, knit & purl combos) which will enable you to go on and create your own designs. For each new stitch or technique you will also be given a pattern for a simple project you can knit using that new skill. This class is suitable for the advanced beginner. It would be an excellent follow up to the Learn to Knit Part 1.

List of supplies will be available at reception

| Day | Date | Time | Fee/Class | Code |
|-----|--------|-----------------|-----------|-------|
| Wed | Feb 18 | 2:30pm – 3:45pm | \$45.00/4 | 37940 |

KNITTING: WINTER LOG CABIN BLANKET

Age: 55+ years Location: ASC

This is a beginner style knit blanket that mimics the popular traditional log cabin quilt design. The blanket is a modular knit (knit all in one piece, join as you go, no seaming) in garter stitch (knit every row) and great for using up stash. It is a formula style design which allows you to be creative with your own colours, yarn weight and size. The final colour selections for your blanket can be made later. This class will acquaint you with the techniques and construction of knitting. Students should be proficient in basic knitting skills of casting on and simple knit stitch, however this class does not require advanced skills. Please pick-up a supply list at the ASC and bring supplies to the first class.

| Day | Date | Time | Fee/Class | Code |
|-----|--------|----------------|-----------|-------|
| Wed | Feb 18 | 10am – 11:15am | \$45.00/4 | 37949 |

PAINT & SIP

Age: 18+ years Location: ATH

Join local artist Eva Folks for an afternoon of painting! All supplies are included and you will leave with a completed seasonal picture! Light refreshments (coffee, tea and a sweet treat) will be served. A copy of each painting will be available at the ASC.

| Day | Date | Time | Fee/Class | Code |
|-----|--------|-----------|-----------|-------|
| Sat | Feb 14 | 1pm - 5pm | \$75.00/1 | 37903 |
| Sat | Mar 28 | 1pm – 5pm | \$75.00/1 | 37904 |

NEW Powerful Tools for Caregivers

Age: 55+ years Location: ASC

This is a beginner style knit blanket that mimics the popular traditional log cabin quilt design. The blanket is a modular knit (knit all in one piece, join as you go, no seaming) in garter stitch (knit every row) and great for using up stash. It is a formula style design which allows you to be creative with your own colours, yarn weight and size. The final colour selections for your blanket can be made later. This class will acquaint you with the techniques and construction of knitting. Students should be proficient in basic knitting skills of casting on and simple knit stitch, however this class does not require advanced skills. Please pick-up a supply list at the ASC and bring supplies to the first class.

| Day | Date | Time | Fee/Class | Code |
|-----|---------|----------------|-----------|-------|
| Wed | March 4 | 10am – 11:15am | FREE/6 | 37951 |

VIRTUAL FITNESS

ALL ACCESS PASS

Our all-access pass allows you to join any of our virtual (zoom) fitness classes! This is a great value!

For more info, email wow@aurora.ca



Registration required



VIRTUAL ALL-ACCESS PASS NEW

Enjoy Our Fitness Classes Virtually at Home!

VIRTUAL FITNESS: ALL-ACCESS PASS

Age: 40+ years Location: ZOOM

Our all-access pass allows you to join any of our virtual fitness classes: Participants in this program will receive their zoom links the day before each program's scheduled start. This is a great value!

Schedule:

Monday 9 a.m. Move & Tone
 Monday 1:30 p.m. Stretch & Tone
 Tuesday 10:00 a.m. Zumba Gold
 Tuesday 11:00 a.m. Circl Mobility
 Wednesday 9:00 a.m. Get Fit
 Thursday 9:00 a.m. Basic Cardio
 Thursday 9:45 a.m. Stretch & Tone
 Friday 9:00 a.m. Get Fit
 Friday 11:00 a.m. Get Strong

| Day | Date | Time | Fee/Class | Code |
|-----|--------------------|--------------|------------------|-------|
| M-F | Winter 2026 season | See schedule | \$77.00/12 weeks | 37905 |

Program Prices & HST

The program fees for all Adult and Older Adult Programs include HST.

Spring Summer 2026

Online & In-person Registrations

Residence: Monday March 23

Non-Residence Monday March 30

Aurora Seniors Centre

UPCOMING DANCES



Dances are Friday evenings.
6:45 p.m. Line Dancing
7:30 p.m. Ballroom Dancing

Admission:
\$5 for members
\$7 for non-members
pay at the door

Music by DJ Les

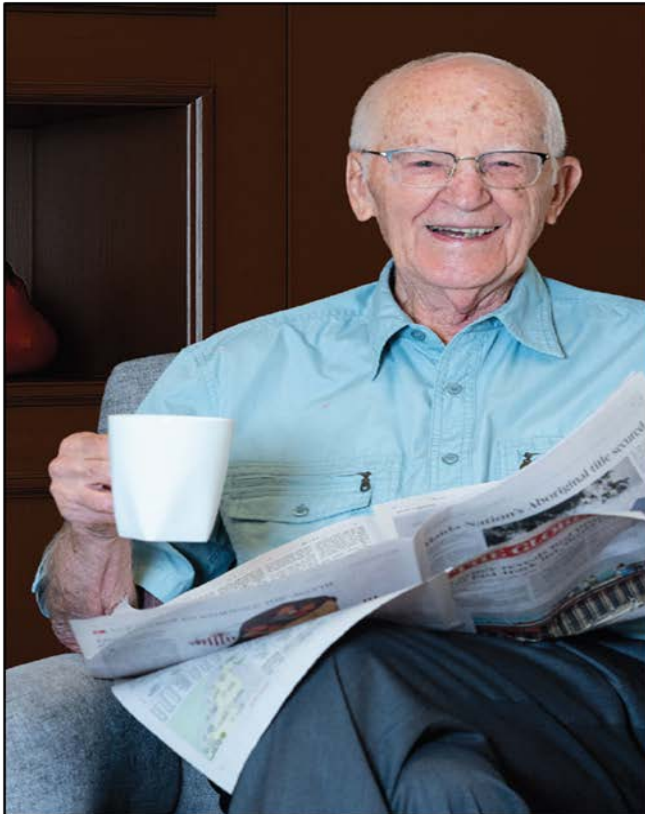
• February 6 & 20



Join us on February 6 and on February 20 for our regular Friday dances. The dance events start with a line dance lesson at 6:45pm, followed at 7:30pm by ballroom dancing and a few more line dances during the night. Admission: \$5 for members, \$7 for non-members.

Reminder

In case of impending snow storm or other adverse weather conditions, please check the dance status at Dances under Quick Links on ASA website.



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**VOLUNTEERS
NEEDED**

Want to Volunteer for our biggest fundraising event of the year? Volunteer forms will be available at reception for March 2, 2026

SPREAD THE WORD OUR INDOOR GIANT GARAGE SALE

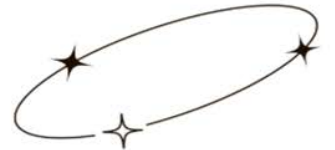
Will be happening again in April 2026, and we count on donations from members and the community to make this sale a success. Don't forget items for our Diamond elephant Room where you will find donated higher quality items at a fraction of their value.

PLEASE NO VHS tapes, magazines, computer books or clothing.

WE WILL BE ACCEPTING ITEMS CLOSER TO THE SALE DATE.
MORE NEWS TO COME.



JEWELLERY DONATIONS



**Our Indoor Garage Sale will be
back in April**

We are seeking donations for our
jewellery sale.
Donations are now being accepted
at Reception!

Costume or fine jewellery accepted!



**LET'S GET
ACQUAINTED**
CALLING ALL MEMBERS!

Come out and learn more about
your Seniors Centre:

- Activities & Programs
- Special Events
- Information & learning sessions
- Travel
- Volunteer opportunities
- Meet other members!

**WEDNESDAY
FEBRUARY 4TH
AT 11:00 A.M.**



Have you checked out
Quilt & Sew's new display by reception?
All items are for sale.



Indoor WALKING CLUB

Tuesdays:
1:30 p.m. Walk
1:50 p.m. Stretch
2:00 p.m. Seminar

SEMINARS

Tuesday February 3

Winter Driving with Ministry Of Transportation *This seminar is 1 hour long*

Tuesday February 10

Be Better with Brandie

Tuesday February 17

TBA

Tuesday February 24

Chartwell

All seminars offered on zoom
please email wow@aurora.ca to receive the link.

ASA BISTRO

LUNCH SERVED AT 12 P.M.
DOORS OPEN AT 11:45 A.M.

\$10 MEMBERS ONLY

MENU

WEDNESDAY, FEBRUARY 11

EGG SALAD SANDWICH WITH
AUTUMN SQUASH SOUP

WEDNESDAY, FEBRUARY 25

SWEET & SOUR MEATBALLS WITH RICE AND PEAS

ALL BISTROS INCLUDE COFFEE/TEA AND DESSERT.
CASH BAR AVAILABLE.



ALL BISTROS WILL BE CATERED BY

HEALTHY NOW



February 11 Bistro Tickets on sale from Monday, February 2 to Friday, February 6
February 25 Bistro tickets on sale from Monday, February 16 to Friday, February 20
Please Note: two tickets per member and no refunds.

▶ ASA Activity News



THANK YOU, THANK YOU

A big “thank you” to the many volunteers who helped with membership renewals. You were wonderful and your help is very much appreciated. We could not have done it without you.

Membership & Volunteer Committee

Snooker League

We are pleased to announce that the 2026 mixed Snooker League is off to a great start. The current 7-week session started January 5th and will end on February 19th. Session 2 will start March 1st and run for 7 weeks. New or interested individuals are encouraged to reach out to Scott Ryckman THE NEW Snooker League Coordinator at asasnooker@outlook.com.

This is the perfect time to “Tip-our-Hat” and thank Dr. Dave LeGallias for the excellent work he has done in organizing the League and each session for the last 7 years or so. At that time no formal League existed and it was through his hard work and perseverance that the League become the vital part of the Aurora Senior’s Association it is today. As he has retired from his position as Coordinator, there is nothing left to say but, “Thank you Dr. Dave for a job well done”.

Conversational Spanish

There will be NO SPANISH for the month of February. The group will return to meeting March 2, 2026.

Bid Euchre (Thursdays) – Beginners welcome

Our Thursday Bid Euchre groups meet’s from 1 – 4 p.m. every Thursday. This is a fun social group so If you are looking to learn more about the game stop by and they will assist you.

Cribbage

We play every Wednesday from 1 – 3 p.m.

If you want to brush up on your game, please stop by between 12:30 to 1 p.m. Regular games begin at 1 p.m.

Fun Night

We meet every Friday from 7 – 9 p.m. We have fun playing different games and we will gladly teach you. Join us for a relaxing, enjoyable evening. No sign-up required just come at the start time to ensure we can get you involved in a game.



On Friday February 13, Fun Night is Cancelled

► Special Events Committee

The Special Event Committee would like to thank everyone who came out to "**Scott Dietrich**" the magician. It was another fun-filled event. Everyone had a great time.

The committee is looking forward to hosting a Valentine Dinner and Dance on Friday February 13, 2026 at 5:30 p.m. featuring **George St. Kitts** and **The Coyotes** on Friday March 27th at 7pm. We are looking forward to celebrating Valentines with you.

PAINT & SIP

SATURDAY FEBRUARY 14, 1:00 – 5:00 P.M.



Join local artist Eva Folks to paint this picture in celebration of Valentines Day.

A \$75 fee includes:
All art supplies and light refreshments (coffee, tea, and some sweet treats).
Sign up at reception.



GO CANADA GO



Join us for our Opening Ceremonies Watch Party in the lounge starting at 2:00 pm on Friday February 6.

From February 6 to February 20, we will have the Olympics playing in the lounge during regular hours.

► Library News

Monthly Feature

For February and especially for Valentines Day, we are featuring Historical Romances. We do hope that you enjoy them.

Jeffery Archer

We have recently received an excellent set of 6 Jeffery Archer CD Audio Books. Most are part of the "Clifton Chronicles". Drop in if you would like to borrow one of them.

Please Note: We continue looking to complete our set of Jeffery Archer hardcover copies of the "Clifton Chronicles". Please let us know if you have any copies you would consider donating to the library.

Sue Grafton

We are expanding our collection Sue Grafton's alphabet thrillers. We have recently received excellent hardcover copies of M, N, O, P, as well as the hard to find X. We understand that 'Z' does not exist. If you have any of her earlier alphabet thrillers that you would like to donate please drop them in our return box.

Book and Puzzle Donations

We accept book and puzzle donations (up to 1000 pieces). Please limit your donations to a small number at one time. Our members prefer thrillers, novels, biographies, sports and romance. Due to limited space, we cannot accept Cookbooks, Self Help, Dictionaries, Travel Books and Children's books.

Water Damage or Mould

Kindly examine your donations for mould and/or water damage. We do not shelve donations with this damage.

Large Print Book section

Just a reminder of the large print book section. There are 2 parts – Non-Fiction (mostly Biographies) and Fiction (Novels and Murder Mysteries). Many thanks to the Aurora Public Library for their generous donation.

Borrowing Books

The process is straight forward as there is no sign-out. You can borrow as many as you wish and then return the book(s) when you have finished.

We have noticed that some borrowers when introduced to a new author borrow all available copies of their books. Please limit yourself to 2 copies of a single author thus leaving some for other borrowers.

James Patterson is an exception to this limit.

General Administration

Please place your returns in the gray return box by the door. Leave them on the top of the box should they be too thick to fit through the slot.

Ladies Laugh & Learn

Watch for registration news in upcoming newsletters for the spring start to this fun filled program.

**AURORA SENIORS CENTRES MANDARIN
SINGING GROUP WITH COLLABORATION
WITH THE HUAYUN MULTICULTURAL
ASSOCIATION PRESENTS**

LUNAR NEW YEAR CELEBRATION

**Join us in the West McKenzie at the
Seniors Centre for a fun morning of
entertainment as we celebrate the
year of the Horse.**

**WEDNESDAY,
FEBRUARY 18
10 A.M.**

**Limited tickets available at
Reception.
Light Refreshments**

\$5.00



► Trips

Travel Etiquette

We hope you enjoy traveling with us! To help ensure a comfortable and enjoyable trip for everyone, please keep the following in mind:

- Please indicate on the registration form if you require special seating on the bus.
- Use the same seat at the beginning and end of each day.
- Be on time for the bus to help keep the trip running smoothly.

Our Adult/Older Adult Programmer, Brandie Yorg, will be traveling with the group. If you have any questions or concerns, please speak with Brandie or contact her at byorg@aurora.ca or 365-500-3161.

Aurora Seniors Presents

FALLSVIEW CASINO

Get dealt into the action at Fallsview Casino Resort! Whether your game is slots or tables, you'll find it all on one of the largest Casino gaming floors in the world. With over 3,000 slots and video poker machines there's countless ways to win. Try your luck on reel, video reel and video poker machines or take a shot on the progressives – the action is non-stop! From Blackjack to Baccarat, Poker, Craps, Roulette and Pai Gow Poker to Caribbean Stud and more, Niagara Fallsview Casino has something for everyone. Pull up a chair at one of over 100 tables and try your luck!

- Date:** Wednesday, March 11, 2026
- Depart:** 8:45 a.m. Stronach Recreation Complex
1400 Wellington St. East
- Casino:** 11:00 a.m. - 4:00 p.m.
Enjoy a five hour visit to **Niagara Fallsview Casino** & receive \$35.00 in slot play
- Return:** Arrival in Aurora approx. 6:00 p.m.
- Inclusions:** Return transportation via deluxe coach,
5 hour visit to Fallsview Casino, \$35.00 slot play, and all taxes.
- Price:** Members: \$56.00 per person
Non Members: \$65.00 per person
- To Book:** Sign up at reception or for more information call Brandie Yorg at 365-500-3161
- NOTE:** Passengers must be 19 years of age or older with valid government photo I.D. in order to receive casino incentive



FALLSVIEW
CASINO RESORT



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Aurora Seniors Presents



STRATFORD FESTIVAL 2026 - Guys & Dolls is a timeless Broadway musical filled with charm, romance, and high-spirited fun. Set in 1950s New York City, the story follows the colourful world of gamblers, showgirls, and the Save-a-Soul Mission. When high-roller Sky Masterson accepts an unlikely bet to take the upright Sarah Brown to Havana, sparks fly in unexpected ways. Meanwhile, longtime gambler Nathan Detroit battles to keep his floating crap game alive while trying to finally marry his devoted fiancée, Miss Adelaide. Packed with classic songs, lively characters, and heartfelt humour, Guys & Dolls is a delightful tale of love, luck, and the gamble of finding happiness.

Date: Wednesday, May 20, 2026

Return: Arrival in Aurora
approx. 7:00 p.m.

Depart: 8:45 a.m. - Stronach Recreation Complex

Price: Member: \$225.00 p.p.
Non Member: \$235.00 p.p.

Lunch: 11:00 a.m. - 12:45 p.m.
Enjoy a delicious buffet lunch at the Elm Hurst Inn & Spa. Includes:
Assorted breads, rolls & butters, daily soup, seasonal vegetable crudité, garden greens with garnishes & vinaigrettes chicken, fish, vegetarian pasta, seasonal vegetables, fruit, assorted desserts, and coffee or tea.

Inclusions: Return transportation via deluxe coach, buffet lunch, reserved orchestra seating, all gratuities, and all taxes.

Show: 2:00 p.m. - 5:00 p.m.
Reserved orchestra seating for Guys & Dolls at the Stratford Festival Theatre

To Book: Sign up at reception or for more information call Brandie Yorg at 365-500-3161



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North York ON
M2J 4V6

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F: 416 499 1448
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Ontario Registration #4281143
Email: craig.lugsdin@gmail.com
www.yearroundtravel.com

Aurora Seniors Seniors Presents

Lake Muskoka Luncheon Cruise

Set sail on a memorable voyage through the heart of Muskoka aboard the graceful Wenonah II. This modern-day replica of a traditional steamship captures the timeless elegance of a bygone era while offering all the comforts of today. Relax and unwind as you cruise the sparkling waters of Lake Muskoka, surrounded by stunning natural beauty, forested islands, and historic summer estates. While you take in the sights, enjoy a delicious lunch served in the ship's beautifully appointed dining salon. Attentive service, locally inspired flavours, and panoramic views create an unforgettable Muskoka experience. A luncheon cruise aboard the Wenonah II offers the perfect blend of scenery, history, and hospitality — a quintessential Muskoka adventure.

Date: Thursday, June 18, 2026

Depart: 9:30 a.m. Stronach Recreation Complex

Centre: 11:30 a.m. - 12:30 p.m.
Guided tour of the Muskoka Discovery Centre

Cruise: 1:00 p.m. - 3:30 p.m.
Millionaires Row Lunch Cruise
Embark on a delightful 2 1/2 hour one way cruise, from Gravenhurst to Port Carling, featuring a delicious lunch served in the ship's elegant dining room, where you can enjoy panoramic views. Sail past the iconic Millionaires' Row and admire Muskoka's grand summer homes, a true showcase of the region's charm and beauty!

Return: Arrival in Aurora approx. 5:30 p.m.

Inclusions: Return transportation via deluxe coach, guided tour of the Muskoka Discovery Centre, luncheon cruise, driver gratuity, gratuity on meal, and all taxes.

Price: Member: \$195.00 per person
Non-Member: \$205.00 per person

To Book: Sign up at reception or for more information call Brandie Yorg at 365-500-3161



TOUR DESIGNED BY YEAR ROUND TRAVEL INC.

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North York, Ontario
M2J 4V6

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F: 416-499-1448
TF: 1-888-804-8841

Ontario Registration #4281143
Email: craig.lugsdin@gmail.com
www.yearroundtravel.com

Aurora Seniors Centre Trip Cancellation Procedure

All refunds must be requested in writing 10 days in advance of the trip date.

If a request comes in within 10 days of a trip, a refund will only be issued if your trip is resold.

All requests must be directed to, Brandie Yorg, the Adult/Older Adult Programmer at the Centre, or via email at byorg@aurora.ca If a trip is cancelled due to low registration, a full refund will be issued.

Refunds are issued by cheque. Please allow 3 -5 weeks. All cheques are mailed.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|--|
| February 1 12:30 Chair Exercise (Z) | February 2 10:15 Strong & Fit (Z/T) 3:15 Fun & Games (T) | February 3 NEW 12:15 Sit & Stretch (Z/T) 2:00 Walking Club Seminar(Z) | February 4 11:30 Sit, Stand & Balance (Z) 3:15 Short Stories & Games (T) | February 5 10:15 Sit & Strong (Z) 2:15 Coffee Chat(T) 3:15 Chair Yoga (Z/T) | February 6 3:15 Fun & Games (T) |
| February 8 12:30 Chair Exercise (Z) | February 9 10:15 Strong & Fit (Z/T) 3:15 Card Bingo (Z/T) | February 10 NEW 12:15 Sit & Stretch (Z/T) 2:00 Walking Club Seminar(Z) | February 11 11:30 Sit, Stand & Balance (Z) 3:15 Travel Destination: Singapore | February 12 10:15 Sit & Strong (Z) 2:15 Name that heartfelt tune (Z) NEW 3:15 Seated Yoga Stretch (Z/T) | February 13 Fun & Games (T) |
| February 15 No Class | February 16 NO PROGRAMS HAPPY FAMILY DAY | February 17 NEW 12:15 Sit & Stretch (Z/T) 2:00 Walking Club Seminar(Z) 3:15 Virtual Fun & Games (Z) | February 18 11:30 Sit, Stand & Balance (Z) 3:15 Short Stories & Games (T) | February 19 10:15 Sit & Strong (Z) NEW 3:15 Seated Yoga Stretch (Z/T) | February 20 3:15 Fun & Games (T) |
| February 22 12:30 Chair Exercise (Z) | February 23 10:15 Strong & Fit (Z/T) 3:15 Jeopardy (Z/T) | February 24 NEW 12:15 Sit & Stretch (Z/T) 2:00 Walking Club Seminar(Z) | February 25 11:30 Sit, Stand & Balance (Z) 3:15 Short Stories & Games (T) | February 26 10:15 Sit & Strong (Z) 2:15 Coffee Chat (T) NEW 3:15 Seated Yoga Stretch (Z/T) | February 27 3:15 Fun & Games (T) |

This legend indicates how each WOW program will be available for this month!

T – offered through Teleconference

Z – offered through Zoom

Z/T – offered through both Zoom & Teleconference

Questions or to register:

email wow@aurora.ca or phone 365-500-3161

► Computer Club Information and Activities

Every Tuesday at 10 to 11 a.m. we do sessions of general interest about everything from using your iPad or phone to keeping your passwords and information safe.

We have added an individual help session for members immediately following the Tuesday sessions from 11a-noon. No appointment is required.

We continue to provide help by appointment Tuesday afternoons between 1p and 3p. If you are looking for help, you can send a request in an email to Bob and Doug. The computer club email address is below.

Tuesday morning seminar schedule for February:

- Feb 3 – General Q&A (Doug)
- Feb 10 Windows 11 update & Buying a colour printer (Bob)
- Feb 17– Apple Day (Herb)
- Feb 24 – Introduction the Free Affinity Graphics program (Les)

The Aurora Seniors Association website at <http://www.auroraseniors.ca/> is your best source for information about any of our programs or use one of the email addresses below.

We have covered many topics of general interest. We have decided to stop posting full session recordings for presenter privacy reasons and to respect paid members. We will post the presentation materials for the past month's sessions and feature some important topics that we think the general membership will find helpful. We have a Quick Link to these materials available on the ASA homepage. Review the list and see if you might learn something new!

Your suggestions and comments about what you might like the computer club to do or what topics you would like to see in the Tuesday sessions are always welcome. Send your suggestions to cclub@auroraseniors.ca

► Let' us know

Do you have a comment to share? 'Let Us Know' forms are available on the front notice board or ask Reception. Please include your name, email or phone number so we can follow up with you



WOODSHOP VOLUNTEER NEEDED

The woodshop is looking for a volunteer supervisor.

Monday, Wednesday and Friday
9 – 12 pm.

If interested, please fill out a volunteer form at reception.

► Tuesday Night Movies

February 3 – Downton Abbey: The Grand Finale (2025): Simon Russell Beale, Hugh Bonneville, Laura Carmichael (PG 13, 123 min, Drama)

It's time to say goodbye....When Mary finds herself at the centre of a public scandal and the family faces financial trouble, the entire household grapples with the threat of social disgrace. The Crawleys must embrace change as the staff prepares for a new chapter with the next generation leading Downton Abbey into the future.

February 10 – Valentine's Day (2010): Bradley Cooper, Jennifer Garner, Ashton Kutcher (PG, 124min, Romance, Comedy)

Follows the intertwining storylines of a diverse group of Los Angelenos as they navigate their way through romance and heartbreak over the course of one Valentine's Day. Couples and singles experience the pinnacles and pitfalls of finding, keeping or ending relationships in a day in the life of love.

February 17 – Mama Mia (2008): Meryl Streep, Pierce Brosnan, Colin Firth (PG 13, 108 min, Comedy/Musical)

An independent hotelier in the Greek islands, is preparing for her daughter's wedding with the help of two old friends. Meanwhile the spirited bride, has a plan. She secretly invites three men from her mother's past in hope of meeting her real father and having him escort her down the aisle on her big day.

February 24 - And So it Goes – (2014): Diane Keaton, Michael Douglas (PG 1, 93 min, Comedy, Drama)

New York realtor Oren Little is obnoxious, self-centered, and greedy. His plan is to make one final killing on the housing market, retire, and spend the rest of his life alone. That plan unravels when his estranged son suddenly leaves behind a granddaughter Oren never knew existed. Trying to rid himself of the responsibility, Oren attempts to pass the child off to his quirky neighbour, Leah—only to discover that he can no longer imagine life without his granddaughter, or the unexpected woman who has entered his life

Tuesday Night Movies begin at 6:30 p.m. admission is \$1.50 and include movie, refreshments, and popcorn! Movies are open to members only, no reserved seating please.

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| <p><u>ASA Board of Directors:</u></p> <p>President Glen Sharp</p> <p>Vice President Julia Jackson</p> <p>Treasurer Harold Reiter</p> <p>Secretary Rob Gaby</p> <p>Directors Jim Abram Vern Cunningham Theresa McKenzie Nancy Spinks Rob Seath</p> | <p><u>ASA Committees:</u></p> <p>By-Law Committee John Scherrer</p> <p>Finance Committee Harold Reiter</p> <p>Fundraising Committee Rob Seath</p> <p>Membership & Volunteers Committee Carol Hedenberg</p> <p>Operations & Activities Committee Julia Jackson</p> <p>SAGA Committee Jim Abram</p> <p>Special Events Committee Nandy Singh</p> | <p><u>Aurora Seniors Centre Staff:</u></p> <p>Andrew Bailey Adult/Older Adult Program Coordinator abailey@aurora.ca (365) 500 3160</p> <p>Brandie Yorg Adult/Older Adult Programmer byorg@aurora.ca (365) 500 3161</p> <p>VACANT Seniors Program Assistant</p> <p>Bill Hawke Primary Facility Operator bhawke@aurora.ca</p> |
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| Monday 8:30 a.m. to 4:30 p.m. | Tuesday 8:30 a.m. to 9 p.m. | Wednesday 8:30 a.m. to 4:30 p.m. | Thursday 8:30 a.m. to 4:30 p.m. | Friday 8:30 a.m. to 10 p.m. |
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| 9:00 Woodshop 9:00 Badminton 9:00 Ladies Billiards 9:00 Move & Tone* (Z) 9:00 Men's Fit* (ATH) 9:30 Knotty Knitters 9:00 Beginner Bid Euchre 10:00 Italian 10:15 WOW Stretch & Strong* (Z/T) 10:00 Men's Shed 2:30 Duplicate Bridge 1:00 Carpet Bowling 1:00 American Mah-Jongg 1:30 Snooker League 1:30 Stretch & Tone*(H) 3:00 Mixed Pickleball 3:00 Men's Shed Carpet Bowling 3:15 WOW Fun/Games*(T) | 8:30 Woodcarving 9:00 Bocce 9:00 Boot Camp* 9:00 Zumba Gold Toning* 9:30 Balance* 10:00 Snooker League 10:00 Colour & Chat 10:00 Computer Seminar 10:00 Zumba Gold* 10:30 Balance* 11:00 Piloga* 11:00 Circl Mobility* (Z) 12:15 WOW Chair Yoga*(Z/T) 12:30 Pickleball (Women) 12:45 Table Tennis 1:00 Bid Euchre 1:00 Core* (ATH) 1:30 Walking Club (AFLC)* 1:30 Snooker League 1:45 Get Strong* (ATH) 2:15 Pickleball (Men) 3:00 Chair Fit* (ATH) 4:00 Badminton 6:00 Poker 6:30 Movie 6:30 Woodcarving 6:30 Beginner Line Dance* | 9:00 Woodshop 9:00 Get Fit* (H) 9:45 German 10:00 Chair Yoga* 10:00 Knitting* 10:00 Snooker League 10:30 Ladies Laugh & Learn* 11:00 French 11:30 WOW Sit & Balance (Z) 12:15 Walk Fit* (AFLC) 12:30 Walking Soccer - Learn to Play (S.D) * 1:00 Let's Create 1:00 Canasta 1:00 Cribbage 1:30 Chronic Pain Management* (ATH) 1:30 Bridge 1:30 Snooker League 1:45 Choir 2:30 Knitting* 3:15 WOW Stories/Games (T) | 8:30 Woodcarving 9:00 Art 9:00 Basic Cardio*(H) 9:00 Stamp Club 9:30 Men's Fit* (ATH) 9:30 Snooker League 9:45 Stretch & Tone*(H) 10:30 Keep Singing 11:00 Yoga - Chair, Movement & Mindfulness* (ATH) 11:00 Badminton 11:30 Snooker League 12:30 Table Tennis 12:30 Pickleball (Men) 12:30 Poker 1:00 Bid Euchre 1:00 Pilates* (ATH) 1:30 Snooker League 1:30 Woodcarving Class 2:30 Pickleball (Women) 3:00 Chair Fit* (ATH) 3:15 WOW Chair Yoga (Z/T) | 9:00 Woodshop 9:00 Piloga* (AFLC) 9:30 Quilt 'n Sew 9:00 Get Fit* (H) 9:30 Writers Circle 9:30 Mandarin Singing 10:00 Men's Shed 10:00 Chair: Gentle Exercise* 11:00 Get Strong* (H) 12:30 Pickleball (Mixed) 12:45 Bingo 1:00 American Mah-Jongg 2:30 Pickleball (Mixed) 3:15 WOW Fun/Games *(T) 6:30 Bid Euchre 7:00 Fun Night |
| February 23 1:00 ASA Board of Directors (ATH) | | February 4 11:00 Let's Get Acquainted | | February 2 & 20 7:00 Dance |
| | | February 11 & 25 11:45 Bistro | | February 13 6:00 Valentines Dinner & Dance |
| | | February 18 10:00 Lunar New Year Celebration | | |
| | | February 28 10:30 Blood pressure Clinic | | |