



PROCLAMATION

EATING DISORDER AWARENESS WEEK February 1st – 7th, 2019

WHEREAS eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability; and

WHEREAS stigma, secrecy and stereotypes still surround eating disorders, causing many people who are suffering to refrain from seeking help; and

WHEREAS open supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and

WHEREAS Eating Disorder Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and

WHEREAS Eating Disorder Awareness Week aims to teach Canadians that eating disorders are not a choice, and that eating disorders are a serious and dangerous mental illness.

THEREFORE BE IT RESOLVED THAT, the Corporation of the Town of Aurora, hereby proclaims the week of February 1st – 7th, 2019 as **Eating Disorder Awareness Week** .

*Dated at the Town of Aurora
This 1st day of February, 2019.*