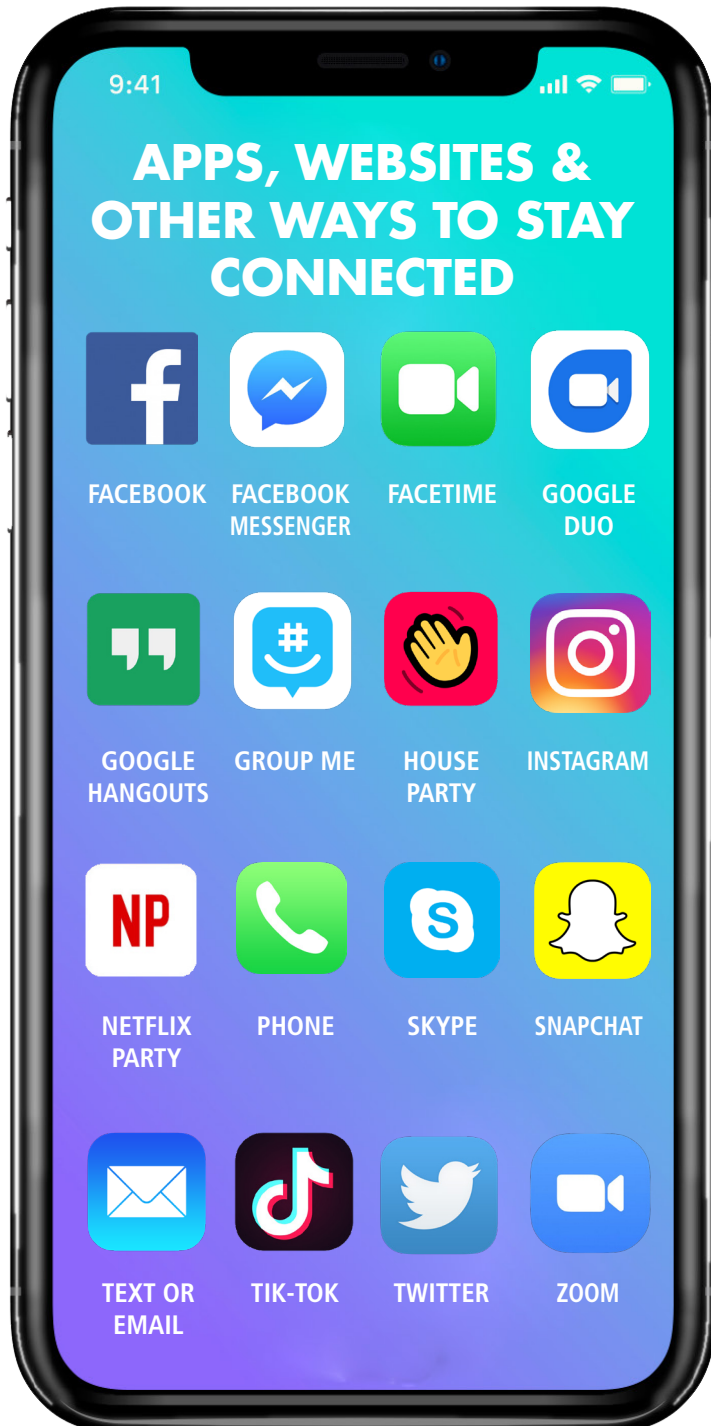


# WAYS TO STAY CONNECTED WITH FRIENDS, FAMILY & OTHER HUMANS

During this time, it is important to maintain interactions with your friends, family and even just other people, outside of those in your current isolation situation. Below are some apps and sites you can use to stay connected as well as different activities you can do through those avenues to continue valuable interactions.

*Please Note: The Town of Aurora does not endorse any of these companies, we are simply providing suggestions for the community.*



## Using the “Ways to Stay Connected” Try These!

### 1). Virtual Book Club

Choose a list of books, make deadlines and get together virtually to discuss your thoughts and reactions to the books.

### 2). Virtual Dinner Parties or Coffee Dates

Choose the same meal, or just something you really like to eat, and enjoy virtual conversation while eating your meal or coffee and treat!

### 3). Partner Work Outs

Choose the same workout and workout together, through one of the methods of communication listed here. Keep each other motivated, and plan to work out weekly or daily!

### 4). Dance Parties or Dance Offs

### 5). Board Games & Card Games

Choose one person to set up the game board, move the game pieces and even throw the dice OR everyone sets up the same board and moves simultaneously.

### 6). Daily Check Ins

Check in daily, however you choose to do so, to keep in touch and talk about life!

### 7). Live Stream Workouts

Even interactions with the instructor helps us stay connected!