

WEARING A MASK



<p>WHO WEARS THEM?</p>	<p>children older than 2</p>	<p>adults</p>	<p>youth</p>	<p>seniors</p>
<p>WHY SHOULD WE WEAR THEM?</p>	<p>protect from germs</p>	<p>respectful</p>	<p>to keep us and others safe</p>	
<p>WHEN SHOULD THEY BE WORN?</p>	<p>going to the store</p>	<p>in crowds or busy places</p>	<p>when close to others</p>	
<p>HOW CAN IT BE WORN SAFELY?</p>	<p>cover your nose</p>	<p>secure behind head or ears</p>	<p>keep it on</p>	<p>don't touch your face</p>
<p>THINGS I MIGHT FEEL DURING THIS PROCESS</p>	<p>frustrated or confused</p>	<p>uncomfortable</p>	<p>only have to wear for short time</p>	
<p>WHEN I'M READY TO TRY IT</p>	<p>wash hands</p>	<p>put mask on</p>	<p>practice wearing it at home and getting comfortable in it</p>	