### **AURORA FAMILY LEISURE COMPLEX** 135 Industrial Parkway North | 905-841-7529 **Desjardins Pool**

	MARCH 25 - JUNE 30, 2024					
DAY	LANE SWIM & SPA	SILVER SWIMMERS	LEISURE SWIM			
Mon & Wed	6:00am - 9:00am 11:30am - 1:00pm 4:00pm - 5:00pm* 8:30pm - 10:00pm *Available: Apr 1 to June 12	11:00am - 11:30am	9:30am - 10:30am			
Tue & Thu	6:00am - 9:00am 11:30am - 1:00pm 8:30pm - 10:00pm	11:00am - 11:30am				
Fri	6:00am - 9:00am 11:30am - 1:00pm 4:00pm - 5:00pm* *Available: Apr 5 to June 14	11:00am - 11:30am				
Sat	8:00am - 9:30am	SENSORY SWIM				
Sun	8:00am - 9:30am	1:30pm - 2:30pm				

JULY 1 - SEPTEMBER 2, 2024			
DAY	LANE SWIM & SPA POOL	LEISURE SWIM	
Mon to Fri	6:00am - 9:00am 11:30am - 1:30pm 3:30pm - 5:00pm* *Mon to Thu	1:45pm - 3:15pm* *Mon, Wed & Fri	

#### SWIM DESCRIPTIONS

Lane Swim - For those wishing to utilize the pool for fitness and endurance. Participants are asked to swim continuously and in the lane appropriate to their speed.

**Therapy Pool** - Intended for swimmers of all ages to use the Therapy Pool only, but not exclusive to therapeutic purposes. Limited equipment may be provided at this time. Therapy Pool is only available at the SARC. Silver Swimmers - This program is to provide Older Adult Swimmers (55 yrs+) an opportunity to use the pool in a comfortable self-paced atmosphere with other older adult swimmers. This is a chance to get into the water and swim, or exercise at your own pace.

Leisure Swim - Fun and enjoyment for all ages.

Adapted Sensory Swim - Public swim designed for individuals with exceptionalities to enjoy and experience swimming in a guieter environment. No music and minimal noise levels.



# STRONACH AURORA RECREATION COMPLEX

1400 Wellington St. East | 905-726-4770 **Canadian Tire Aquatic Centre** 

## **MARCH 16 - JUNE 30, 2024**

		•
DAY	LANE SWIM & THERAPY POOL	LEISURE SWIM
Mon & Wed	7:30am - 8:45am 11:00am - 1:00pm 9:00pm - 10:30pm	
Tue & Thu	7:30am - 8:45am 11:00am - 1:00pm 9:00pm - 10:30pm	
Fri	7:30am - 8:45am 11:00am - 1:00pm	
Sat	12:30pm - 2:00pm	2:15pm - 3:45pm
Sun	12:30pm - 2:00pm	2:15pm - 3:45pm

## JULY 1 - SEPTEMBER 2, 2024

DAY	LANE SWIM	LEISURE SWIM
Mon & Thu	6:30am - 8:00am 12:00pm - 1:30pm 8:00pm - 9:30pm	2:15pm - 3:45pm
Tue & Wed	6:30am - 8:00am 12:00pm - 1:00pm 8:00pm - 9:30pm	2:15pm - 3:45pm
Fri	6:30am - 8:00am 12:00pm - 1:00pm	2:15pm - 3:45pm
Sat	7:30am - 9:00am 12:30pm - 2:00pm	2:15pm - 3:45pm
Sun	7:30am - 9:00am 12:30pm - 2:00pm	2:15pm - 3:45pm

### **ADMISSION FEES** (HST Included)

**Under 4 Years** 

Free

4 to 17 Years

\$3.12 per person (per visit) | \$24.96 for 10 x visits Adult (18 to 54 years)

\$5.00 per person (per visit) | \$40.00 for 10 x visits Older Adult (55 years and older)

\$3.85 per person (per visit) | \$30.78 for 10 x visits

#### **SWIM SCHEDULES**

Visit www.aurora.ca/aquatics for schedules.

#### MARCH BREAK SCHEDULE

SARC Pool - March 11 to 15, 2024 AFLC Pool - Closed March 11 to 24, 2024 Visit www.aurora.ca/aquatics for schedule.

#### **DESJARDINS DAYS**

For up-to-date information, please visit www.aurora.ca/desjardinsdays

#### **BEFORE SWIMMING LESSONS START**

The Town of Aurora Aquatics Team will be emailing session information prior to the first swim lesson. Please ensure your email is updated in e-PLAY to receive this information.

#### WHAT LEVEL SHOULD I REGISTER IN?

Visit our pool and one of the Aquatic Staff can assist you in determining what level to register in. The Aquatics division offers free swimming lesson assessments.

#### **MAKE-UP LESSONS**

Occasionally lessons may be cancelled due to pool fouling, mechanical, or chemical problems. Makeup classes or credits due to participant's illness or personal commitments will not be available. Where a pool may close in an untimely manner, the Town will attempt to accommodate the disruption where applicable (for example - move to a different pool at the SARC or complete dry land water safety activities). If over half of the class in unable to be completed satisfactorily a credit may be issued.

#### **GENERAL POOL RULES**

- Disposable and cloth diapers are not permitted in the water.
   Please use swim diapers designed for pool use.
- Individuals with a serious medical condition should be accompanied in the water with another individual knowledgeable of their condition and inform the lifeguard.
- Those infected with a communicable disease or having open sores on their body will not be admitted to the swimming pool.
- Please do not bring food and/or beverages onto pool decks or viewing galleries. Only water contained in plastic or nonbreakable containers is permissible.

#### **POOL FOULING/CLOSURE**

To reduce the number of closures due to pool fouling, participants not toilet trained are required to wear snug fitting plastic pants or swim diapers. Also, please keep eating to a minimum prior to swimming. Disposable swim diapers are carried at both the A.F.L.C. and S.A.R.C., and can be purchased at the reception desk.

#### **PARENT'S DAY**

Parent's Day will take place during the 5th lesson. Classes will end 5 minutes early to give parents the opportunity to talk to their child's instructor about their progress; please remember to remove your shoes. Please note that picture taking is only permitted on Picture Day.

#### **PICTURE DAY**

Picture Day will take place during the 6th lesson. Parents are invited on deck to watch their child's swimming lesson and take pictures; please remember to remove your shoes. Please note that picture taking is only permitted on this day.

#### **CELL PHONES, FILMING AND PHOTOGRAPHY**

Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, viewing gallery or pool area during swimming programs or recreational swims.

#### STROLLERS, WHEELCHAIRS & ASSISTIVE MOBILITY DEVICES

Strollers are not permitted on the pool deck. Wheelchairs and assistive mobility devices (for example - walkers) are permitted, however the wheels must be cleaned prior to entering the pool area. Water wheelchairs are provided in the change rooms.

#### **CHANGE ROOM POLICIES**

- Children 7 years of age and older are encouraged to use the change room designated for their gender.
- Mixed gender families, unaccompanied children and persons with identified special needs and their caregivers are encouraged to use the family change room.

We ask that all patrons cooperate in making the change room experience comfortable for everyone.

Please do not leave clothing or other belongings in the change stalls during your time in the pool.

## www.aurora.ca/aquatics

AGE	GUA	RDIAN	RATIO	DISTANCE	WRISTBAND
Five and under	Must be accompanied by a guardian over the age of 12		One guardian per two children No exceptions	Within arms reach at all times	RED
	Six to nine  Pass Swim swim test accompanied by a guardian over the age of 12  Pass May swim swim test alone	One guardian per two children not wearing lifejackets	Within arms reach	YELLOW	
to		One guardian for up to five children wearing lifejackets	at all times	TELEOW	
		N/A	N/A	GREEN	
Ten and up	May s	wim alone	N/A	N/A	GREEN

#### **SWIM SCHEDULES**

## March 11 to 24, 2024

AFLC Pool will be closed for annual pool maintenance.
SARC Pool revised swim schedule during this pool closure time period will be posted online.

#### **Holiday Schedules**

March Break - March 11 to 15, 2024

Good Friday - March 29, 2024 Victoria Day - May 20, 2024

For more information regarding swim schedules, cancellations, closures, holiday hours and notice of service disruptions, please visit www.aurora.ca/aquatics

# Town of Aurora LEARN TO SWIM PROGRAM STRUCTURE







#### **PARENT & TOT 1**

#### Age: 4 to 12 months

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 4 to 12 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 quardian per child.

Location: AFLC - SPRING

DAY	DATE		FEE/CLASS	
Sat	Apr 6	11:00am - 11:30am	\$114.40/11	30886

Location: SARC - SPRING

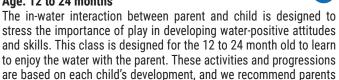
DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Apr 2	6:00pm - 6:30pm	\$114.40/11	31273
Thu	Apr 4	5:30pm - 6:00pm	\$114.40/11	31274
Thu	Apr 4	7:00pm - 7:30pm	\$114.40/11	31275
Fri	Apr 5	6:45pm - 7:15pm	\$114.40/11	31276
Sat	Apr 6	9:30am - 10:00am	\$104.00/10	31277
Sat	Apr 6	11:30am - 12:00pm	\$104.00/10	31278
Sun	Apr 7	10:00am - 10:30am	\$104.00/10	31279
Sun	Apr 7	11:00am - 11:30am	\$104.00/10	31280

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:30am - 11:00am	\$93.60/9	31534
M-F	July 15	10:00am - 10:30am	\$104.00/10	31535
M-F	July 29	11:00am - 11:30am	\$93.60/9	31536
M/W	July 3	6:00pm - 6:30pm	\$72.80/7	31537
T/Th	July 2	7:00pm - 7:30pm	\$83.20/8	31538
M/W	July 29	6:30pm - 7:00pm	\$72.80/7	31539
T/Th	July 30	6:00pm - 6:30pm	\$83.20/8	31540
Sat	July 6	9:00am - 9:30am	\$83.20/8	31541
Sat	July 6	10:30am - 11:00am	\$83.20/8	31542

#### **PARENT & TOT 2**

#### Age: 12 to 24 months



register in the level appropriate to their child's age. Note: 1 quardian per child.

Location: AFLC - SPRING

	DATE		FEE/CLASS	
Sat	Apr 6	11:30am - 12:00pm	\$114.40/11	30887

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Apr 2	6:30pm - 7:00pm	\$114.40/11	31281
Wed	Apr 3	5:30pm - 6:00pm	\$114.40/11	31282
Thu	Apr 4	6:00pm - 6:30pm	\$114.40/11	31283
Fri	Apr 5		\$114.40/11	
Sat	Apr 6	10:00am - 10:30am	\$104.00/10	31285
Sat	Apr 6	11:00am - 11:30am	\$104.00/10	31286
Sun	Apr 7	9:00am - 9:30am	\$104.00/10	31287
Sun	Apr 7	10:30am - 11:00am	\$104.00/10	31288

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:00am - 10:30am	\$93.60/9	31543
M-F	July 15	11:00am - 11:30am	\$104.00/10	31544
M-F	July 29	9:30am - 10:00am	\$93.60/9	31545
M-F	Aug 12	10:00am - 10:30am	\$104.00/10	31546
M/W	July 3	6:30pm - 7:00pm	\$72.80/7	31547
T/Th	July 2	6:00pm - 6:30pm	\$83.20/8	31548
M/W	July 29	7:00pm - 7:30pm	\$72.80/7	31549
T/Th	July 30	6:30pm - 7:00pm	\$83.20/8	31550
Fri	July 5	6:00pm - 6:30pm	\$83.20/8	31551
Sat	July 6	9:30am - 10:00am	\$83.20/8	31552
Sat	July 6	11:00am - 11:30am	\$83.20/8	31553

#### **PARENT & TOT 3**

#### Age: 2 to 4 years



The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the participant to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 quardian per child.

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 6	10:30am - 11:00am	\$114.40/11	30888

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Apr 2	5:30pm - 6:00pm	\$114.40/11	31289
Tue	Apr 2	7:00pm - 7:30pm	\$114.40/11	31290
Wed	Apr 3	6:00pm - 6:30pm	\$114.40/11	31291
Thu	Apr 4	5:00pm - 5:30pm	\$114.40/11	31292
Thu	Apr 4	6:30pm - 7:00pm	\$114.40/11	31293
Fri	Apr 5	7:15pm - 7:45pm	\$114.40/11	31294
Sat	Apr 6	9:00am - 9:30am	\$104.00/10	31295
Sat	Apr 6	10:30am - 11:00am	\$104.00/10	31296
Sun	Apr 7	9:30am - 10:00am	\$104.00/10	31297
Sun	Apr 7	11:30am - 12:00pm	\$104.00/10	31298

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:30am - 10:00am	\$93.60/9	31554
M-F	July 15	10:30am - 11:00am	\$104.00/10	31555
M-F	July 29	10:00am - 10:30am	\$93.60/9	31556
M-F	Aug 12	10:30am - 11:00am	\$104.00/10	31557
M/W	July 3	7:00pm - 7:30pm	\$72.80/7	31558
T/Th	July 2	6:30pm - 7:00pm	\$83.20/8	31559
M/W	July 29	6:00pm - 6:30pm	\$72.80/7	31560
T/Th	July 30	7:00pm - 7:30pm	\$83.20/8	31561
Fri	July 5	6:30pm - 7:00pm	\$83.20/8	31562
Sat	July 6	10:00am - 10:30am	\$83.20/8	31563
Sat	July 6	11:30am - 12:00pm	\$83.20/8	31564





#### PRESCHOOL - STEP 1

#### Age: 3 to 5 years

Preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their face wet and blow bubbles underwater.

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:00pm - 6:30pm	\$104.00/10	30889
Mon	Apr 1	7:00pm - 7:30pm	\$104.00/10	30890
Tue	Apr 2	6:15pm - 6:45pm	\$114.40/11	30891
Wed	Apr 3	5:00pm - 5:30pm	\$114.40/11	30892
Wed	Apr 3	6:00pm - 6:30pm	\$114.40/11	30893
Fri	Apr 5	5:00pm - 5:30pm	\$114.40/11	30894
Fri	Apr 5	5:30pm - 6:00pm	\$114.40/11	30895
Sat	Apr 6	10:30am - 11:00am	\$114.40/11	30896
Sun	Apr 7	10:00am - 10:30am	\$114.40/11	30897
Sun	Apr 7	10:45am - 11:15am	\$114.40/11	30898

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:30pm	\$104.00/10	31299
Mon	Apr 1	5:30pm - 6:00pm	\$104.00/10	31300
Tue	Apr 2	5:30pm - 6:00pm	\$114.40/11	31301
Tue	Apr 2	6:00pm - 6:30pm	\$114.40/11	31302
Tue	Apr 2	6:30pm - 7:00pm	\$114.40/11	31303
Tue	Apr 2	7:00pm - 7:30pm	\$114.40/11	31304
Wed	Apr 3	5:00pm - 5:30pm	\$114.40/11	31305
Wed	Apr 3	5:30pm - 6:00pm	\$114.40/11	31306
Thu	Apr 4	5:00pm - 5:30pm	\$114.40/11	31307
Thu	Apr 4	5:30pm - 6:00pm	\$114.40/11	31308
Thu	Apr 4	6:00pm - 6:30pm	\$114.40/11	31309
Thu	Apr 4	6:30pm - 7:00pm	\$114.40/11	31310
Fri	Apr 5	6:30pm - 7:00pm	\$114.40/11	31311
Sat	Apr 6	9:00am - 9:30am	\$104.00/10	31312
Sat	Apr 6	9:30am - 10:00am	\$104.00/10	31313
Sat	Apr 6	10:00am - 10:30am	\$104.00/10	31314
Sat	Apr 6	10:30am - 11:00am	\$104.00/10	31315
Sat	Apr 6	11:00am - 11:30am	\$104.00/10	31316
Sat	Apr 6	11:30am - 12:00pm	\$104.00/10	31317
Sat	Apr 6	12:00pm - 12:30pm	\$104.00/10	31318
Sun	Apr 7	9:30am - 10:00am	\$104.00/10	31319
Sun	Apr 7	10:00am - 10:30am	\$104.00/10	31320
Sun	Apr 7	10:30am - 11:00am	\$104.00/10	31321
Sun	Apr 7	11:00am - 11:30am	\$104.00/10	31322
Sun	Apr 7	11:30am - 12:00pm	\$104.00/10	31323
Sun	Apr 7	12:00pm - 12:30pm	\$104.00/10	31324

**Location: SARC - SUMMER** 

Location	EUCATION: OARO OOMMER			
DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:00am - 9:30am	\$93.60/9	31565
M-F	July 2	10:00am - 10:30am	\$93.60/9	31566
M-F	July 2	10:30am - 11:00am	\$93.60/9	31567
M-F	July 2	11:00am - 11:30am	\$93.60/9	31568
M-F	July 15	9:00am - 9:30am	\$104.00/10	31569
M-F	July 15	9:30am - 10:00am	\$104.00/10	31570
M-F	July 15	10:00am - 10:30am	\$104.00/10	31571
M-F	July 15	11:00am - 11:30am	\$104.00/10	31572
M-F	July 29	9:00am - 9:30am	\$93.60/9	31573
M-F	July 29	10:00am - 10:30am	\$93.60/9	31574
M-F	July 29	10:30am - 11:00am	\$93.60/9	31575
M-F	Aug 12	9:00am - 9:30am	\$104.00/10	31576
M-F	Aug 12	10:00am - 10:30am	\$104.00/10	31577
M-F	Aug 12	10:30am - 11:00am	\$104.00/10	31578
M/W	July 3	4:00pm - 4:30pm	\$72.80/7	31579
M/W	July 3	5:00pm - 5:30pm	\$72.80/7	31580
M/W	July 3	5:30pm - 6:00pm	\$72.80/7	31581
T/Th	July 2	4:00pm - 4:30pm	\$83.20/8	31582
T/Th	July 2	4:30pm - 5:00pm	\$83.20/8	31583
T/Th	July 2	6:00pm - 6:30pm	\$83.20/8	31584
M/W	July 29	4:30pm - 5:00pm	\$72.80/7	31585
M/W	July 29	5:00pm - 5:30pm	\$72.80/7	31586
M/W	July 29	6:00pm - 6:30pm	\$72.80/7	31587
T/Th	July 30	4:00pm - 4:30pm	\$83.20/8	31588
T/Th	July 30	4:30pm - 5:00pm	\$83.20/8	31589
T/Th	July 30	5:00pm - 5:30pm	\$83.20/8	31590
T/Th	July 30	5:30pm - 6:00pm	\$83.20/8	31591
Fri	July 5	4:00pm - 4:30pm	\$83.20/8	31592
Fri	July 5	4:30pm - 5:00pm	\$83.20/8	31593
Fri	July 5	5:00pm - 5:30pm	\$83.20/8	31594
Fri	July 5	6:30pm - 7:00pm	\$83.20/8	31595
Sat	July 6	9:00am - 9:30am	\$83.20/8	31596
Sat	July 6	10:00am - 10:30am	\$83.20/8	31597
Sat	July 6	10:30am - 11:00am	\$83.20/8	31598
Sat	July 6	10:45am - 11:15am	\$83.20/8	31599

## **AGE REQUIREMENTS**

For parented programs, participants must be the minimum age by the first day of the program. For all other programs, participants must be the minimum age by the last day of the program.

## **NON-RESIDENT SURCHARGE**

A 20% non-resident surcharge will be applied to ALL Learn to Swim fees (including group, semi-private and private) for non-Aurora residents.



#### PRESCHOOL - STEP 2

#### Age: 3 to 5 years

Preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. While wearing a lifejacket they'll glide on their front and back

Prerequisite: Preschool - Step 1

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:30pm	\$104.00/10	30899
Mon	Apr 1	6:30pm - 7:00pm	\$104.00/10	30900
Tue	Apr 2	5:45pm - 6:15pm	\$114.40/11	30901
Wed	Apr 3	5:30pm - 6:00pm	\$114.40/11	30902
Wed	Apr 3	7:00pm - 7:30pm	\$114.40/11	30903
Fri	Apr 5	5:00pm - 5:30pm	\$114.40/11	30904
Sat	Apr 6	11:00am - 11:30am	\$114.40/11	30905
Sun	Apr 7	10:30am - 11:00am	\$114.40/11	30906
Sun	Apr 7	11:15am - 11:45am	\$114.40/11	30907

Location: SARC - SPRING

Location	071110			
DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:30pm	\$104.00/10	31325
Mon	Apr 1	5:30pm - 6:00pm	\$104.00/10	31326
Mon	Apr 1	6:00pm - 6:30pm	\$104.00/10	31327
Tue	Apr 2	5:30pm - 6:00pm	\$114.40/11	31328
Tue	Apr 2	6:00pm - 6:30pm	\$114.40/11	31329
Tue	Apr 2	7:00pm - 7:30pm	\$114.40/11	31330
Wed	Apr 3	5:00pm - 5:30pm	\$114.40/11	31331
Wed	Apr 3	5:30pm - 6:00pm	\$114.40/11	31332
Thu	Apr 4	5:00pm - 5:30pm	\$114.40/11	31333
Thu	Apr 4	5:30pm - 6:00pm	\$114.40/11	31334
Thu	Apr 4	6:30pm - 7:00pm	\$114.40/11	31335
Thu	Apr 4	7:30pm - 8:00pm	\$114.40/11	31336
Fri	Apr 5	6:45pm - 7:15pm	\$114.40/11	31337
Sat	Apr 6	9:00am - 9:30am	\$104.00/10	31338
Sat	Apr 6	9:30am - 10:00am	\$104.00/10	31339
Sat	Apr 6	10:00am - 10:30am	\$104.00/10	31340
Sat	Apr 6	10:30am - 11:00am	\$104.00/10	31341
Sat	Apr 6	11:30am - 12:00pm	\$104.00/10	31342
Sat	Apr 6	12:00pm - 12:30pm	\$104.00/10	31343
Sun	Apr 7	9:00am - 9:30am	\$104.00/10	31344
Sun	Apr 7	10:00am - 10:30am	\$104.00/10	31345
Sun	Apr 7	10:30am - 11:00am	\$104.00/10	31346
Sun	Apr 7	11:00am - 11:30am	\$104.00/10	31347
Sun	Apr 7	11:30am - 12:00pm	\$104.00/10	31348

## **INSTRUCTOR REQUESTS**

The Aquatics Division does recognize the importance of consistency in instructors and offers parents an opportunity to request the same instructor for repeat sessions. Please visit www.aurora.ca/learntoswim to complete the Aquatics Instructor Request form no later than 1 week prior to the start of the lesson. We will do our best to accommodate your request.

#### **AQUATIC LEADERSHIP INFORMATION**

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.



Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:00am - 9:30am	\$93.60/9	31600
M-F	July 2	10:00am - 10:30am	\$93.60/9	31601
M-F	July 15	9:30am - 10:00am	\$104.00/10	31602
M-F	July 15	10:30am - 11:00am	\$104.00/10	31603
M-F	July 29	9:30am - 10:00am	\$93.60/9	31604
M-F	July 29	10:30am - 11:00am	\$93.60/9	31605
M-F	Aug 12	9:00am - 9:30am	\$104.00/10	31606
M-F	Aug 12	10:00am - 10:30am	\$104.00/10	31607
M/W	July 3	4:00pm - 4:30pm	\$72.80/7	31608
M/W	July 3	4:30pm - 5:00pm	\$72.80/7	31609
T/Th	July 2	4:00pm - 4:30pm	\$83.20/8	31610
T/Th	July 2	4:30pm - 5:00pm	\$83.20/8	31611
T/Th	July 2	6:30pm - 7:00pm	\$83.20/8	31612
M/W	July 29	4:00pm - 4:30pm	\$72.80/7	31613
M/W	July 29	4:30pm - 5:00pm	\$72.80/7	31614
T/Th	July 30	4:00pm - 4:30pm	\$83.20/8	31615
T/Th	July 30	7:00pm - 7:30pm	\$83.20/8	31616
Fri	July 5	4:00pm - 4:30pm	\$83.20/8	31617
Fri	July 5	5:30pm - 6:00pm	\$83.20/8	31618
Fri	July 5	6:00pm - 6:30pm	\$83.20/8	31619
Sat	July 6	9:30am - 10:00am	\$83.20/8	31620
Sat	July 6	10:00am - 10:30am	\$83.20/8	31621
Sat	July 6	11:00am - 11:30am	\$83.20/8	31622

#### PRESCHOOL - STEP 3

#### Age: 3 to 5 years

Preschoolers will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Prerequisite: Preschool - Step 2

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:30pm	\$104.00/10	30908
Tue	Apr 2	5:30pm - 6:00pm	\$114.40/11	30909
Tue	Apr 2	7:00pm - 7:30pm	\$114.40/11	30910
Wed	Apr 3	6:30pm - 7:00pm	\$114.40/11	30911
Fri	Apr 5	5:30pm - 6:00pm	\$114.40/11	30912
Fri	Apr 5	6:30pm - 7:00pm	\$114.40/11	30913
Sat	Apr 6	11:30am - 12:00pm	\$114.40/11	30914
Sun	Apr 7	11:00am - 11:30am	\$114.40/11	30915
Sun	Apr 7	12:00pm - 12:30pm	\$114.40/11	30916

Location: SARC - SPRING

			HERMAN AND	
DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:30pm - 6:00pm	\$104.00/10	31349
Mon	Apr 1	6:45pm - 7:15pm	\$104.00/10	31350
Tue	Apr 2	5:00pm - 5:30pm	\$114.40/11	31351
Tue	Apr 2	5:30pm - 6:00pm	\$114.40/11	31352
Tue	Apr 2	6:30pm - 7:00pm	\$114.40/11	31353
Tue	Apr 2	7:00pm - 7:30pm	\$114.40/11	31354
Wed	Apr 3	5:30pm - 6:00pm	\$114.40/11	31355
Wed	Apr 3	6:30pm - 7:00pm	\$114.40/11	31356
Thu	Apr 4	5:00pm - 5:30pm	\$114.40/11	31357
Thu	Apr 4	6:00pm - 6:30pm	\$114.40/11	31358
Thu	Apr 4	6:30pm - 7:00pm	\$114.40/11	31359
Thu	Apr 4	7:00pm - 7:30pm	\$114.40/11	31360
Fri	Apr 5	6:45pm - 7:15pm	\$114.40/11	31361
Sat	Apr 6	9:00am - 9:30am	\$104.00/10	31362
Sat	Apr 6	10:30am - 11:00am	\$104.00/10	31363
Sat	Apr 6	11:00am - 11:30am	\$104.00/10	31364
Sat	Apr 6	12:00pm - 12:30pm	\$104.00/10	31365
Sun	Apr 7	9:00am - 9:30am	\$104.00/10	31366
Sun	Apr 7	9:30am - 10:00am	\$104.00/10	31367
Sun	Apr 7	10:30am - 11:00am	\$104.00/10	31368
Sun	Apr 7	11:00am - 11:30am	\$104.00/10	31369
Sun	Apr 7	11:30am - 12:00pm	\$104.00/10	31370
Sun	Apr 7	12:00pm - 12:30pm	\$104.00/10	31371

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:00am - 9:30am	\$93.60/9	31623
M-F	July 2	10:00am - 10:30am	\$93.60/9	31624
M-F	July 2	10:30am - 11:00am	\$93.60/9	31625
M-F	July 15	9:00am - 9:30am	\$104.00/10	31626
M-F	July 15	10:00am - 10:30am	\$104.00/10	31627
M-F	July 15	11:00am - 11:30am	\$104.00/10	31628
M-F	July 29	9:00am - 9:30am	\$93.60/9	31629
M-F	July 29	10:00am - 10:30am	\$93.60/9	31630
M-F	July 29	11:00am - 11:30am	\$93.60/9	31631
M-F	Aug 12	10:00am - 10:30am	\$104.00/10	31632
M-F	Aug 12	11:00am - 11:30am	\$104.00/10	31633
M/W	July 3	4:00pm - 4:30pm	\$72.80/7	31634
M/W	July 3	5:00pm - 5:30pm	\$72.80/7	31635
M/W	July 3	5:30pm - 6:00pm	\$72.80/7	31636
T/Th	July 2	4:00pm - 4:30pm	\$83.20/8	31637
T/Th	July 2	5:00pm - 5:30pm	\$83.20/8	31638
T/Th	July 2	7:00pm - 7:30pm	\$83.20/8	31639
M/W	July 29	5:00pm - 5:30pm	\$72.80/7	31640
M/W	July 29	5:30pm - 6:00pm	\$72.80/7	31641
M/W	July 29	6:00pm - 6:30pm	\$72.80/7	31642
T/Th	July 30	4:00pm - 4:30pm	\$83.20/8	31643
T/Th	July 30	4:30pm - 5:00pm	\$83.20/8	31644
T/Th	July 30	6:30pm - 7:00pm	\$83.20/8	31645
Fri	July 5	4:00pm - 4:30pm	\$83.20/8	31646
Fri	July 5	5:00pm - 5:30pm	\$83.20/8	31647
Fri	July 5	5:30pm - 6:00pm	\$83.20/8	31648
Fri	July 5	6:00pm - 6:30pm	\$83.20/8	31649
Sat	July 6	9:00am - 9:30am	\$83.20/8	31650
Sat	July 6	10:00am - 10:30am	\$83.20/8	31651
Sat	July 6	10:30am - 11:00am	\$83.20/8	31652
Sat	July 6	11:30am - 12:00pm	\$83.20/8	31653

#### PRESCHOOL - STEP 4

#### Age: 3 to 5 years

Preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short (5 m) swim on their front wearing a lifejacket and gliding and kicking on their side.

Prerequisite: Preschool - Step 3

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:30pm - 6:00pm	\$104.00/10	30917
Tue	Apr 2	5:45pm - 6:15pm	\$114.40/11	30918
Wed	Apr 3	6:30pm - 7:00pm	\$114.40/11	30919
Fri	Apr 5	7:00pm - 7:30pm	\$114.40/11	30920
Sat	Apr 6	12:00pm - 12:30pm	\$114.40/11	30921
Sun	Apr 7	11:30am - 12:00pm	\$114.40/11	30922

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:30pm	\$104.00/10	31372
Mon	Apr 1	5:30pm - 6:00pm	\$104.00/10	31373
Tue	Apr 2	6:00pm - 6:30pm	\$114.40/11	31374
Tue	Apr 2	6:30pm - 7:00pm	\$114.40/11	31375
Tue	Apr 2	7:30pm - 8:00pm	\$114.40/11	31376
Wed	Apr 3	5:00pm - 5:30pm	\$114.40/11	31377
Wed	Apr 3	6:00pm - 6:30pm	\$114.40/11	31378
Thu	Apr 4	5:30pm - 6:00pm	\$114.40/11	31379
Thu	Apr 4	6:30pm - 7:00pm	\$114.40/11	31380
Thu	Apr 4	7:00pm - 7:30pm	\$114.40/11	31381
Fri	Apr 5	7:15pm - 7:45pm	\$114.40/11	31382
Sat	Apr 6	9:30am - 10:00am	\$104.00/10	31383
Sat	Apr 6	11:00am - 11:30am	\$104.00/10	31384
Sat	Apr 6	12:00pm - 12:30pm	\$104.00/10	31385
Sun	Apr 7	9:00am - 9:30am	\$104.00/10	31386
Sun	Apr 7	10:00am - 10:30am	\$104.00/10	31387
Sun	Apr 7	11:00am - 11:30am	\$104.00/10	31388
Sun	Apr 7	12:00pm - 12:30pm	\$104.00/10	31389

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:30am - 10:00am	\$93.60/9	31654
M-F	July 2	11:00am - 11:30am	\$93.60/9	31655
M-F	July 15	9:30am - 10:00am	\$104.00/10	31656
M-F	July 15	10:30am - 11:00am	\$104.00/10	31657
M-F	July 29	9:30am - 10:00am	\$93.60/9	31658
M-F	July 29	10:30am - 11:00am	\$93.60/9	31659
M-F	Aug 12	11:00am - 11:30am	\$104.00/10	31660
M/W	July 3	4:00pm - 4:30pm	\$72.80/7	31661
M/W	July 3	4:30pm - 5:00pm	\$72.80/7	31662
T/Th	July 2	5:30pm - 6:00pm	\$83.20/8	31663
M/W	July 29	4:00pm - 4:30pm	\$72.80/7	31664
M/W	July 29	5:30pm - 6:00pm	\$72.80/7	31665
T/Th	July 30	4:30pm - 5:00pm	\$83.20/8	31666
T/Th	July 30	5:30pm - 6:00pm	\$83.20/8	31667
Fri	July 5	4:30pm - 5:00pm	\$83.20/8	31668
Sat	July 6	9:30am - 10:00am	\$83.20/8	31669
Sat	July 6	10:00am - 10:30am	\$83.20/8	31670
Sat	July 6	10:30am - 11:00am	\$83.20/8	31671

Check out our 2024 Summer Camps Program Guide for the Super Swimmers course available in July and August. Many Town summer camp programs also include swimming as one of the activities. Full details at aurora.ca/summercamps.

#### **PRESCHOOL - STEP 5**

#### Age: 3 to 5 years

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Prerequisite: Preschool – Step 4

Location: AFLC – SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:30pm - 7:00pm	\$104.00/10	30923
Fri	Apr 5	7:30pm - 8:00pm	\$114.40/11	30924
Sun	Apr 7	12:00pm - 12:30pm	\$114.40/11	30925

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Apr 2	5:30pm - 6:00pm	\$114.40/11	31390
Tue	Apr 2	6:30pm - 7:00pm	\$114.40/11	31391
Wed	Apr 3	5:30pm - 6:00pm	\$114.40/11	31392
Thu	Apr 4	6:00pm - 6:30pm	\$114.40/11	31393
Sat	Apr 6	10:00am - 10:30am	\$104.00/10	31394
Sat	Apr 6	11:30am - 12:00pm	\$104.00/10	31395
Sun	Apr 7	10:30am - 11:00am	\$104.00/10	31396
Sun	Apr 7	11:30am - 12:00pm	\$104.00/10	31397

Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:30am - 11:00am	\$93.60/9	31672
M-F	July 15	9:00am - 9:30am	\$104.00/10	31673
M-F	July 15	11:00am - 11:30am	\$104.00/10	31674
M-F	July 29	11:00am - 11:30am	\$93.60/9	31675
M-F	Aug 12	10:30am - 11:00am	\$104.00/10	31676
M/W	July 3	4:30pm - 5:00pm	\$72.80/7	31677
T/Th	July 2	4:00pm - 4:30pm	\$83.20/8	31678
M/W	July 29	5:30pm - 6:00pm	\$72.80/7	31679
T/Th	July 30	5:30pm - 6:00pm	\$83.20/8	31680
Fri	July 5	4:30pm - 5:00pm	\$83.20/8	31681
Sat	July 6	11:30am - 12:00pm	\$83.20/8	31682

#### **SWIMMER 1**

#### Age: 6 to 12 years

Swimmers will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:30pm	\$104.00/10	30926
Mon	Apr 1	6:30pm - 7:00pm	\$104.00/10	30927
Mon	Apr 1	7:00pm - 7:30pm	\$104.00/10	30928
Tue	Apr 2	5:00pm - 5:30pm	\$114.40/11	30929
Tue	Apr 2	6:00pm - 6:30pm	\$114.40/11	30930
Tue	Apr 2	7:00pm - 7:30pm	\$114.40/11	30931
Wed	Apr 3	5:00pm - 5:30pm	\$114.40/11	30932
Wed	Apr 3	5:45pm - 6:15pm	\$114.40/11	30933
Fri	Apr 5	5:30pm - 6:00pm	\$114.40/11	30934
Fri	Apr 5	7:00pm - 7:30pm	\$114.40/11	30935
Sat	Apr 6	10:30am - 11:00am	\$114.40/11	30936
Sat	Apr 6	11:30am - 12:00pm	\$114.40/11	30937
Sat	Apr 6	12:00pm - 12:30pm	\$114.40/11	30938
Sun	Apr 7	10:00am - 10:30am	\$114.40/11	30939
Sun	Apr 7	11:00am - 11:30am	\$114.40/11	30940
Sun	Apr 7	3:00pm - 3:30pm	\$114.40/11	30941
Sun	Apr 7	4:00pm - 4:30pm	\$114.40/11	30942

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:00pm - 6:30pm	\$104.00/10	31398
Mon	Apr 1	7:00pm - 7:30pm	\$104.00/10	31399
Wed	Apr 3	6:00pm - 6:30pm	\$114.40/11	31400
Wed	Apr 3	7:30pm - 8:00pm	\$114.40/11	31401
Fri	Apr 5	6:15pm - 6:45pm	\$114.40/11	31402
Sat	Apr 6	9:00am - 9:30am	\$104.00/10	31403
Sat	Apr 6	9:30am - 10:00am	\$104.00/10	31404
Sat	Apr 6	10:00am - 10:30am	\$104.00/10	31405
Sat	Apr 6	10:30am - 11:00am	\$104.00/10	31406
Sat	Apr 6	11:00am - 11:30am	\$104.00/10	31407
Sat	Apr 6	11:30am - 12:00pm	\$104.00/10	31408
Sat	Apr 6	12:00pm - 12:30pm	\$104.00/10	31409
Sun	Apr 7	9:30am - 10:00am	\$104.00/10	31410
Sun	Apr 7	10:00am - 10:30am	\$104.00/10	31411
Sun	Apr 7	11:15am - 11:45am	\$104.00/10	31412
Sun	Apr 7	11:30am - 12:00pm	\$104.00/10	31413

Location: SARC - SUMMER

LUCATION. SARC - SUMMER				
DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:00am - 9:30am	\$93.60/9	31683
M-F	July 2	10:00am - 10:30am	\$93.60/9	31684
M-F	July 2	10:30am - 11:00am	\$93.60/9	31685
M-F	July 2	11:00am - 11:30am	\$93.60/9	31686
M-F	July 15	10:00am - 10:30am	\$104.00/10	31687
M-F	July 15	10:30am - 11:00am	\$104.00/10	31688
M-F	July 15	11:00am - 11:30am	\$104.00/10	31689
M-F	July 15	11:30am - 12:00pm	\$104.00/10	31690
M-F	July 29	10:00am - 10:30am	\$93.60/9	31691
M-F	July 29	10:30am - 11:00am	\$93.60/9	31692
M-F	July 29	11:00am - 11:30am	\$93.60/9	31693
M-F	July 29	11:30am - 12:00pm	\$93.60/9	31694
M-F	Aug 12	9:30am - 10:00am	\$104.00/10	31695
M-F	Aug 12	10:30am - 11:00am	\$104.00/10	31696
M-F	Aug 12	11:00am - 11:30am	\$104.00/10	31697
M/W	July 3	4:00pm - 4:30pm	\$72.80/7	31698
M/W	July 3	4:30pm - 5:00pm	\$72.80/7	31699
T/Th	July 2	4:30pm - 5:00pm	\$83.20/8	31700
T/Th	July 2	5:30pm - 6:00pm	\$83.20/8	31701
M/W	July 29	4:30pm - 5:00pm	\$72.80/7	31702
M/W	July 29	5:30pm - 6:00pm	\$72.80/7	31703
T/Th	July 30	4:00pm - 4:30pm	\$83.20/8	31704
T/Th	July 30	4:30pm - 5:00pm	\$83.20/8	31705
T/Th	July 30	6:00pm - 6:30pm	\$83.20/8	31706
Fri	July 5	4:00pm - 4:30pm	\$83.20/8	31707
Fri	July 5	4:30pm - 5:00pm	\$83.20/8	31708
Fri	July 5	5:00pm - 5:30pm	\$83.20/8	31709
Fri	July 5	6:30pm - 7:00pm	\$83.20/8	31710
Sat	July 6	9:00am - 9:30am	\$83.20/8	31711
Sat	July 6	10:00am - 10:30am	\$83.20/8	31712
Sat	July 6	10:30am - 11:00am	\$83.20/8	31713
Sat	July 6	11:00am - 11:30am	\$83.20/8	31714

#### IS YOUR CHILD TURNING 6 YEARS OLD?

If your child has completed Preschool – Step 5, please register in Swimmer 2. If they are still working on Preschool – Steps 1 to 5, please register in Swimmer 1.



#### **SWIMMER 2**

#### Age: 6 to 12 years

Swimmers will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training  $(4 \times 5 \text{ m})$ .

Prerequisite: Preschool - Step 5 or Swimmer 1

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:30pm - 6:00pm	\$104.00/10	30943
Mon	Apr 1	6:30pm - 7:00pm	\$104.00/10	30944
Mon	Apr 1	7:00pm - 7:30pm	\$104.00/10	30945
Tue	Apr 2	5:00pm - 5:30pm	\$114.40/11	30946
Tue	Apr 2	5:30pm - 6:00pm	\$114.40/11	30947
Tue	Apr 2	6:30pm - 7:00pm	\$114.40/11	30948
Wed	Apr 3	5:30pm - 6:00pm	\$114.40/11	30949
Wed	Apr 3	7:00pm - 7:30pm	\$114.40/11	30950
Fri	Apr 5	5:00pm - 5:30pm	\$114.40/11	30951
Fri	Apr 5	6:30pm - 7:00pm	\$114.40/11	30952
Sat	Apr 6	11:00am - 11:30am	\$114.40/11	30953
Sat	Apr 6	12:00pm - 12:30pm	\$114.40/11	30954
Sun	Apr 7	10:30am - 11:00am	\$114.40/11	30955
Sun	Apr 7	11:30am - 12:00pm	\$114.40/11	30956
Sun	Apr 7	3:30pm - 4:00pm	\$114.40/11	30957
Sun	Apr 7	4:30pm - 5:00pm	\$114.40/11	30958

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:30pm - 7:00pm	\$104.00/10	31414
Mon	Apr 1	7:30pm - 8:00pm	\$104.00/10	31415
Wed	Apr 3	6:00pm - 6:30pm	\$114.40/11	31416
Wed	Apr 3	7:00pm - 7:30pm	\$114.40/11	31417
Fri	Apr 5	5:30pm - 6:00pm	\$114.40/11	31418
Fri	Apr 5	6:00pm - 6:30pm	\$114.40/11	31419
Fri	Apr 5	7:15pm - 7:45pm	\$114.40/11	31420
Sat	Apr 6	9:00am - 9:30am	\$104.00/10	31421
Sat	Apr 6	9:30am - 10:00am	\$104.00/10	31422
Sat	Apr 6	10:00am - 10:30am	\$104.00/10	31423
Sat	Apr 6	10:30am - 11:00am	\$104.00/10	31424
Sat	Apr 6	11:00am - 11:30am	\$104.00/10	31425
Sat	Apr 6	12:00pm - 12:30pm	\$104.00/10	31426
Sun	Apr 7	9:30am - 10:00am	\$104.00/10	31427
Sun	Apr 7	10:00am - 10:30am	\$104.00/10	31428
Sun	Apr 7	11:15am - 11:45am	\$104.00/10	31429
Sun	Apr 7	12:00pm - 12:30pm	\$104.00/10	31430

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:30am - 10:00am	\$93.60/9	31715
M-F	July 2	10:30am - 11:00am	\$93.60/9	31716
M-F	July 2	11:00am - 11:30am	\$93.60/9	31717
M-F	July 2	11:30am - 12:00pm	\$93.60/9	31718
M-F	July 15	10:00am - 10:30am	\$104.00/10	31719
M-F	July 15	10:30am - 11:00am	\$104.00/10	31720
M-F	July 15	11:00am - 11:30am	\$104.00/10	31721
M-F	July 15	11:30am - 12:00pm	\$104.00/10	31722
M-F	July 29	10:00am - 10:30am	\$93.60/9	31723
M-F	July 29	10:30am - 11:00am	\$93.60/9	31724
M-F	July 29	11:00am - 11:30am	\$93.60/9	31725
M-F	Aug 12	9:30am - 10:00am	\$104.00/10	31726
M-F	Aug 12	10:00am - 10:30am	\$104.00/10	31727
M-F	Aug 12	11:00am - 11:30am	\$104.00/10	31728
M/W	July 3	4:30pm - 5:00pm	\$72.80/7	31729
M/W	July 3	5:00pm - 5:30pm	\$72.80/7	31730
M/W	July 3	5:30pm - 6:00pm	\$72.80/7	31731
T/Th	July 2	4:30pm - 5:00pm	\$83.20/8	31732
T/Th	July 2	5:00pm - 5:30pm	\$83.20/8	31733
M/W	July 29	4:00pm - 4:30pm	\$72.80/7	31734
M/W	July 29	5:00pm - 5:30pm	\$72.80/7	31735
M/W	July 29	5:30pm - 6:00pm	\$72.80/7	31736
T/Th	July 30	4:00pm - 4:30pm	\$83.20/8	31737
T/Th	July 30	4:30pm - 5:00pm	\$83.20/8	31738
T/Th	July 30	5:00pm - 5:30pm	\$83.20/8	31739
Fri	July 5	4:00pm - 4:30pm	\$83.20/8	31740
Fri	July 5	4:30pm - 5:00pm	\$83.20/8	31741
Fri	July 5	5:00pm - 5:30pm	\$83.20/8	31742
Fri	July 5	5:30pm - 6:00pm	\$83.20/8	31743
Sat	July 6	9:30am - 10:00am	\$83.20/8	31744
Sat	July 6	10:00am - 10:30am	\$83.20/8	31745
Sat	July 6	11:00am - 11:30am	\$83.20/8	31746
Sat	July 6	11:30am - 12:00pm	\$83.20/8	31747

#### **SWIM DEVELOPMENT 1 & 2**

#### Age: 6 to 12 years

This dual-level class is designed for candidates who have unsuccessfully completed Swimmer 1 or Swimmer 2 only. Provides practical skill development for incomplete items.

Prerequisite: previous Swimmer 1 or Swimmer 2 class

Location: AFLC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-Th	Aug 26	5:00pm - 6:00pm	\$56.40/4	31061
M-Th	Aug 26	6:00pm - 7:00pm	\$56.40/4	31062

#### **LEARN TO SWIM PROGRAMS**

Learn to Swim Programs from other municipalities or organizations may differ from our swim program. Please register for a Swim Assessment to confirm the correct level prior to registering. Please visit www.aurora.ca/learntoswim for full details.

#### **DIVING - AURORA FAMILY LEISURE COMPLEX**

Please note that due to the depth of the pool at the AFLC, any diving components will not be included in the program. This will not affect the outcome of the participant's ability to complete a swimming level.



#### **SWIMMER 3**

#### Age: 6 to 12 years

Swimmers will dive, do in-water front somersaults, and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Prerequisite: Swimmer 2

**Location: AFLC - SPRING** 

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:45pm - 6:30pm	\$119.00/10	30959
Mon	Apr 1	6:45pm - 7:30pm	\$119.00/10	30960
Tue	Apr 2	5:00pm - 5:45pm	\$130.90/11	30961
Tue	Apr 2	6:15pm - 7:00pm	\$130.90/11	30962
Wed	Apr 3	5:00pm - 5:45pm	\$130.90/11	30963
Wed	Apr 3	6:15pm - 7:00pm	\$130.90/11	30964
Fri	Apr 5	8:00pm - 8:45pm	\$130.90/11	30965
Sat	Apr 6	10:30am - 11:15am	\$130.90/11	30966
Sun	Apr 7	10:00am - 10:45am	\$130.90/11	30967
Sun	Apr 7	11:00am - 11:45am	\$130.90/11	30968
Sun	Apr 7	3:30pm - 4:15pm	\$130.90/11	30969
Sun	Apr 7	4:15pm - 5:00pm	\$130.90/11	30970

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:00pm - 6:45pm	\$119.00/10	31431
Wed	Apr 3	6:00pm - 6:45pm	\$130.90/11	31432
Wed	Apr 3	6:30pm - 7:15pm	\$130.90/11	31433
Fri	Apr 5	5:30pm - 6:15pm	\$130.90/11	31434
Sat	Apr 6	9:00am - 9:45am	\$119.00/10	31435
Sat	Apr 6	9:45am - 10:30am	\$119.00/10	31436
	Apr 6	10:45am - 11:30am	\$119.00/10	31437
Sat	Apr 6	11:15am - 12:00pm	\$119.00/10	31438
Sun	Apr 7	10:30am - 11:15am	\$119.00/10	31439
Sun	Apr 7	10:45am - 11:30am	\$119.00/10	31440
Sun	Apr 7	11:45am - 12:30pm	\$119.00/10	31441

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:00am - 10:45am	\$107.10/9	31748
M-F	July 2	10:45am - 11:30am	\$107.10/9	31749
M-F	July 15	9:45am - 10:30am	\$119.00/10	31750
M-F	July 15	10:45am - 11:30am	\$119.00/10	31751
M-F	July 29	10:00am - 10:45am	\$107.10/9	31752
M-F	July 29	10:45am - 11:30am	\$107.10/9	31753
M-F	Aug 12	10:00am - 10:45am	\$119.00/10	31754
M-F	Aug 12	11:15am - 12:00pm	\$119.00/10	31755
M/W	July 3	5:00pm - 5:45pm	\$83.30/7	31756
T/Th	July 2	5:45pm - 6:30pm	\$95.20/8	31757
M/W	July 29	4:45pm - 5:30pm	\$83.30/7	31758
T/Th	July 30	5:45pm - 6:30pm	\$95.20/8	31759
Fri	July 5	6:15pm - 7:00pm	\$95.20/8	31760
Sat	July 6	10:30am - 11:15am	\$95.20/8	31761
Sat	July 6	11:15am - 12:00pm	\$95.20/8	31762

#### **SWIMMER 4**

#### Age: 6 to 12 years

Swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Prerequisite: Swimmer 3

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:45pm	\$119.00/10	30971
Mon	Apr 1	6:00pm - 6:45pm	\$119.00/10	30972
Tue	Apr 2	5:00pm - 5:45pm	\$130.90/11	30973
Tue	Apr 2	6:45pm - 7:30pm	\$130.90/11	30974
Wed	Apr 3	5:45pm - 6:30pm	\$130.90/11	30975
Fri	Apr 5	7:30pm - 8:15pm	\$130.90/11	30976
Sat	Apr 6	11:15am - 12:00pm	\$130.90/11	30977
Sun	Apr 7	10:00am - 10:45am	\$130.90/11	30978
Sun	Apr 7	11:45am - 12:30pm	\$130.90/11	30979
Sun	Apr 7	3:00pm - 3:45pm	\$130.90/11	30980

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:00pm - 6:45pm	\$119.00/10	31442
Mon	Apr 1		\$119.00/10	
Wed	Apr 3	6:30pm - 7:15pm	\$130.90/11	31444
Fri	Apr 5	5:30pm - 6:15pm	\$130.90/11	31445
Sat	Apr 6	9:45am - 10:30am	\$119.00/10	31446
Sat	Apr 6	11:15am - 12:00pm	\$119.00/10	31447
Sun	Apr 7	10:00am - 10:45am	\$119.00/10	31448
Sun	Apr 7	11:45am - 12:30pm	\$119.00/10	31449

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:00am - 10:45am	\$107.10/9	31763
M-F	July 2	10:45am - 11:30am	\$107.10/9	31764
M-F	July 15	9:00am - 9:45am	\$119.00/10	31765
M-F	July 15	10:00am - 10:45am	\$119.00/10	31766
M-F	July 29	10:00am - 10:45am	\$107.10/9	31767
M-F	Aug 12	10:00am - 10:45am	\$119.00/10	31768
M-F	Aug 12	10:30am - 11:15am	\$119.00/10	31769
M/W	July 3	5:45pm - 6:30pm	\$83.30/7	31770
T/Th	July 2	5:00pm - 5:45pm	\$95.20/8	31771
M/W	July 29	4:00pm - 4:45pm	\$83.30/7	31772
T/Th	July 30	5:00pm - 5:45pm	\$95.20/8	31773
Fri	July 5	5:30pm - 6:15pm	\$95.20/8	31774
Sat	July 6	10:30am - 11:15am	\$95.20/8	31775

#### **SWIM DEVELOPMENT 3 & 4**

#### Age: 6 to 12 years

This dual-level class is designed for candidates who have unsuccessfully completed Swimmer 3 or Swimmer 4 only. Provides practical skill development for incomplete items.

Prerequisite: previous Swimmer 3 or Swimmer 4 class

Location: AFLC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-Th	Aug 26	5:00pm - 6:00pm	\$56.40/4	31063
M-Th	Aug 26	7:00pm - 8:00pm	\$56.40/4	31064

#### **SWIMMER 5**

#### Age: 6 to 12 years

Swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts:  $4 \times 50$  m front or back crawl; and  $4 \times 15$  m breaststroke.

Prerequisite: Swimmer 4

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:45pm	\$119.00/10	30981
Tue	Apr 2	6:45pm - 7:30pm	\$130.90/11	30982
Wed	Apr 3	5:00pm - 5:45pm	\$130.90/11	30983
Wed	Apr 3	6:00pm - 6:45pm	\$130.90/11	30984
Fri	Apr 5	6:30pm - 7:15pm	\$130.90/11	30985
Sat	Apr 6	11:15am - 12:00pm	\$130.90/11	30986
Sun	Apr 7	10:45am - 11:30am	\$130.90/11	30987
Sun	Apr 7	5:00pm - 5:45pm	\$130.90/11	30988

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:45pm - 7:30pm	\$119.00/10	31450
Wed	Apr 3	6:30pm - 7:15pm	\$130.90/11	31451
Fri	Apr 5	5:30pm - 6:15pm	\$130.90/11	31452
Sat	Apr 6	9:00am - 9:45am	\$119.00/10	31453
Sat	Apr 6	10:30am - 11:15am	\$119.00/10	31454
Sun	Apr 7	10:00am - 10:45am	\$119.00/10	31455

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:00am - 10:45am	\$107.10/9	31776
M-F	July 15	10:45am - 11:30am	\$119.00/10	31777
M-F	July 29	10:00am - 10:45am	\$107.10/9	31778
M-F	Aug 12	10:45am - 11:30am	\$119.00/10	31779
M/W	July 3	5:00pm - 5:45pm	\$83.30/7	31780
T/Th	July 2	5:45pm - 6:30pm	\$95.20/8	31781
M/W	July 29	4:45pm - 5:30pm	\$83.30/7	31782
T/Th	July 30	5:45pm - 6:30pm	\$95.20/8	31783
Fri	July 5	5:30pm - 6:15pm	\$95.20/8	31784
Sat	July 6	11:15am - 12:00pm	\$95.20/8	31785

#### **SWIMMER 6**

#### Age: 6 to 12 years

Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complete the 300 m workout.

Prerequisite: Swimmer 5

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	
Mon	Apr 1	5:45pm - 6:30pm	\$119.00/10	30989
Tue	Apr 2	6:00pm - 6:45pm	\$130.90/11	30990
Wed	Apr 3	6:00pm - 6:45pm	\$130.90/11	30991
Fri	Apr 5	7:15pm - 8:00pm	\$130.90/11	30992
Sat	Apr 6		\$130.90/11	
Sun	Apr 7	11:45am - 12:30pm	\$130.90/11	30994

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:30pm - 7:15pm	\$119.00/10	31456
Wed	Apr 3		\$130.90/11	
Fri	Apr 5	5:30pm - 6:15pm	\$130.90/11	31458
Sat	Apr 6	9:00am - 9:45am	\$119.00/10	31459
Sat	Apr 6	10:30am - 11:15am	\$119.00/10	31460
Sun	Apr 7	10:30am - 11:15am	\$119.00/10	31461
Sun	Apr 7	10:45am - 11:30am	\$119.00/10	31462

Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:45am - 11:30am	\$107.10/9	31786
M-F	July 15	10:00am - 10:45am	\$119.00/10	31787
M-F	July 29	10:45am - 11:30am	\$107.10/9	31788
M-F	Aug 12	10:45am - 11:30am	\$119.00/10	31789
M/W	July 3	5:45pm - 6:30pm	\$83.30/7	31790
T/Th	July 2	5:00pm - 5:45pm	\$95.20/8	31791
M/W	July 29	4:00pm - 4:45pm	\$83.30/7	31792
T/Th	July 30	5:00pm - 5:45pm	\$95.20/8	31793
Fri	July 5	6:15pm - 7:00pm	\$95.20/8	31794
Sat	July 6	11:15am - 12:00pm	\$95.20/8	31795

#### **SWIM DEVELOPMENT 5 & 6**

## Age: 6 to 12 years

This dual-level class is designed for candidates who have unsuccessfully completed Swimmer 5 or Swimmer 6 only. Provides practical skill development for incomplete items.

Prerequisite: previous Swimmer 5 or Swimmer 6 class

DAY	DATE	TIME	FEE/CLASS	CODE
M-Th	Aug 26	6:00pm - 7:00pm	\$56.40/4	31065
M-Th	Aug 26	7:00pm - 8:00pm	\$56.40/4	31066





#### SPECIALTY - FAMILY SWIM LESSONS

#### Age: 3 to 12 years

Register for this time slot rather than a particular level. A real time saver for large families. Suitable for: Preschool – Steps 1 to 5 and Swimmer 1 to 6. Multiple levels may be combined into a class. Family members may not necessarily be together. Class sizes will vary. A maximum of 4 swimmers per class.

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	6:00pm - 6:30pm	\$182.60/11	30995

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	8:45am - 9:15am	\$149.40/9	31796
M-F	July 15	8:45am - 9:15am	\$166.00/10	31797
M-F	July 29	8:45am - 9:15am	\$149.40/9	31798
M-F	Aug 12	8:45am - 9:15am	\$166.00/10	31799

#### **SWIMMER 7 - ROOKIE PATROL**

#### Age: 6 to 12 years

Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims. Prerequisite: Swimmer 6

Location: AFLC - SPRING

DAY	DATE		FEE/CLASS	
Sun	Apr 7	3:00pm - 4:00pm	\$155.10/11	30996

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	8:30pm - 9:30pm	\$155.10/11	31463
Sat	Apr 6	9:45am - 10:45am	\$141.00/10	31464
Sun	Apr 7	11:30am - 12:30pm	\$141.00/10	31465

Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2			31800
M-F	July 15			31801
M-F	July 29	10:00am - 11:00am	\$126.90/9	31802
M/W	July 3	6:30pm - 7:30pm	\$98.70/7	31803
T/Th	July 30			31804
Sat	July 6	9:00am - 10:00am	\$112.80/8	31805

#### **SWIMMER 8 - RANGER PATROL**

#### Age: 6 to 12 years

Swimmers develop better strokes over 75 m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

Prerequisite: Swimmer 7 - Rookie Patrol

Location: AFLC - SPRING

DAY	DATE		FEE/CLASS	
Sun	Apr 7	3:30pm - 4:30pm	\$155.10/11	30997

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	8:00pm - 9:00pm	\$155.10/11	31466
Sat	Apr 6	11:30am - 12:30pm	\$141.00/10	31467
Sun	Apr 7	10:30am - 11:30am	\$141.00/10	31468

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	11:00am - 12:00pm	\$126.90/9	31806
M-F	July 15	10:00am - 11:00am	\$141.00/10	31807
M-F	July 29	11:00am - 12:00pm	\$126.90/9	31808
M/W	July 3	6:30pm - 7:30pm	\$98.70/7	31809
M/W	July 29	6:30pm - 7:30pm	\$98.70/7	31810
Sat	July 6	9:45am - 10:45am	\$112.80/8	31811

#### SWIMMER 9 - STAR PATROL

#### Age: 6 to 12 years

Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

Prerequisite: Swimmer 8 - Ranger Patrol

Location: AFLC - SPRING

DAY	DATE		FEE/CLASS	
Sun	Apr 7	4:15pm - 5:15pm	\$155.10/11	30998

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	8:30pm - 9:30pm	\$155.10/11	31469
Sat	Apr 6	11:30am - 12:30pm	\$141.00/10	31470
Sun	Apr 7	9:30am - 10:30am	\$141.00/10	31471

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:30am - 10:30am	\$126.90/9	31812
M-F	July 15	11:00am - 12:00pm	\$141.00/10	31813
M-F	Aug 12	10:00am - 11:00am	\$141.00/10	31814
T/Th	July 2	6:30pm - 7:30pm	\$112.80/8	31815
M/W	July 29	6:30pm - 7:30pm	\$98.70/7	31816
Sat	July 6	11:00am - 12:00pm	\$112.80/8	31817

#### **BRONZE STAR**

#### Age: 10 to 13 years

The course will prepare young candidates to be ready for Bronze Medallion. It will focus on lifesaving skills and fitness as well as decision-making and how to take charge in an emergency.

Note: Swimmer 9 - Star Patrol recommended

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	7:45pm - 9:00pm	\$173.80/11	31472
Sat	Apr 6	9:00am - 10:15am	\$158.00/10	31473

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	10:45am - 12:00pm	\$142.20/9	31818
M-F	July 29		\$142.20/9	
M-F	Aug 26	9:00am - 11:30am	\$158.00/5	31820
T/Th	July 2	4:15pm - 5:30pm	\$126.40/8	31821

#### **BRONZE PREP**

#### Age: 12+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for Bronze Medallion and Bronze Cross levels. Not a certification course.

Prerequisite: Swimmer 6

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	Aug 26	9:00am - 10:30am	\$105.75/5	31822
M-F	Aug 26	10:30am - 12:00pm	\$105.75/5	31823

#### **NATIONAL LIFEGUARD PREP**

#### Age: 14+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for National Lifeguard award. Not a certification course. Prerequisite: Bronze Cross

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	Aug 26	9:00am - 10:30am	\$105.75/5	31842
M-F	Aug 26	10:30am - 12:00pm	\$105.75/5	31843

#### TEEN 1

#### Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Apr 3	6:45pm - 7:30pm	\$147.40/11	30999
Sun	Apr 7	5:00pm - 5:45pm	\$147.40/11	31000

Location: SARC - SPRING

DAY	DATE		FEE/CLASS	
Mon	Apr 1	7:15pm – 8:00pm	\$134.00/10	31474

Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	July 3	6:00pm - 6:45pm	\$93.80/7	31824
T/Th	LJuly 30	6:00nm - 6:45nm	\$107.20/8	31825

#### TEEN 2

#### Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen 1 or Swimmer 2

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Apr 3	6:45pm - 7:30pm	\$147.40/11	31001
Sun	Apr 7	5:00pm - 5:45pm	\$147.40/11	31002

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	7:15pm - 8:00pm	\$134.00/10	31475

Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	July 3	6:00pm - 6:45pm	\$93.80/7	31826
M/W	July 29	6:00pm - 6:45pm	\$93.80/7	31827

#### TEEN 3

#### Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen 2 or Swimmer 4

Location: AFLC - SPRING

DAY	DATE		FEE/CLASS	
Sun	Apr 7	5:00pm - 5:45pm	\$147.40/11	31003

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	7:15pm - 8:00pm	\$134.00/10	31476

Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	July 29	6:00pm - 6:45pm	\$93.80/7	31496

#### **ADULT 1**

#### Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	8:00pm - 8:45pm	\$147.40/11	31004

Location: SARC - SPRING

DAY	DATE		FEE/CLASS	
Wed	Apr 3	7:15pm - 8:00pm	\$147.40/11	31477

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	July 3	6:45pm - 7:30pm	\$93.80/7	31497
T/Th	July 30	6:45pm - 7:30pm	\$107.20/8	31498

#### **ADULT 2**

#### Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen/Adult 1 or Swimmer 2

Location: AFLC - SPRING

	DATE		FEE/CLASS	
Fri	Apr 5	8:00pm - 8:45pm	\$147.40/11	31005

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Apr 3	7:15pm - 8:00pm	\$147.40/11	31478

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M/W	July 3	6:45pm - 7:30pm	\$93.80/7	31499
T/Th	July 2	6:00pm - 6:45pm	\$107.20/8	31500
M/W	July 29	6:45pm - 7:30pm	\$93.80/7	31501

#### **ADULT 3**

#### Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen/Adult 2 or Swimmer 4

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	8:00pm - 8:45pm	\$147.40/11	31006

Location: SARC - SPRING

I	DAY	DATE	TIME	FEE/CLASS	CODE
	Wed	Apr 3	7:15pm - 8:00pm	\$147.40/11	31479

Location: SARC - SUMMER

	DAY	DATE	TIME	FEE/CLASS	CODE
	T/Th	July 2	6:45pm - 7:30pm	\$107.20/8	31502
ĺ	M/W	July 29	6:45pm - 7:30pm	\$93.80/7	31503



#### FITNESS SWIMMER

#### Age: 10 to 16 years

Geared toward swimmers who want to improve their overall physical fitness in the water. Fitness Swimmer provides a structured approach based on accepted training principles and practices, including interval training, sprints and distance swims. Candidates set their own goals to improve overall physical fitness.

Prerequisite: Swimmer 6, Teen 3 or equivalent

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	7:00pm - 8:00pm	\$155.10/11	31007

Location: SARC - SPRING

	DATE		FEE/CLASS	
Sun	Apr 7	11:30am - 12:30pm	\$141.00/10	31480

**Location: SARC - SUMMER** 

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 15	10:00am - 11:00am	\$141.00/10	31828
M-F	Aug 12	11:00am - 12:00pm	\$141.00/10	31829
T/Th	July 2	6:30pm - 7:30pm	\$112.80/8	31830
T/Th	July 30	6:30pm - 7:30pm	\$112.80/8	31831

#### **AURORA LIFESAVING CLUB**

Age: Blue – 8 to 11 years Green – 12 to 13 years Teal – 14 to 15 years

The Aurora Lifesaving Club (ALC) is a Town based lifesaving club that engages youth in physical activity and participation in lifesaving sport. This club-based program focuses on keeping youth active in the community and building a sense of belonging while learning lifesaving sport skills. ALC members will develop lifesaving skills and engage in active living through participation in regional and provincial competitions. The perfect youth training program for future lifeguards.

#### **Benefits of Joining the ALC**

- Develop increasingly complex skills in swimming, including stroke correction, endurance and speed.
- Promotes overall physical fitness.

Prerequisite: Swimmer 4

Location: SARC - SPRING - Blue (8 to 11 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Apr 6	10:30am - 11:30am	\$141.00/10	31481
Sun	Apr 7	9:30am - 10:30am	\$141.00/10	31482

Location: SARC - SPRING - Green (12 to 13 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	7:30pm - 8:30pm	\$155.10/11	31483
Sat	Apr 6	11:30am - 12:30pm	\$141.00/10	31484
Sun	Apr 7	10:30am - 11:30am	\$141.00/10	31485

Location: SARC - SPRING - Teal (14 to 15 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Apr 5	8:30pm - 9:30pm	\$155.10/11	31486
Sun	Apr 7	11:30am - 12:30pm	\$141.00/10	31487

#### LIFESAVING SPORT DEVELOPMENT

Age: 8+ years



This class is designed to introduce swimmers to unique skills involved in Lifesaving Sport and to promote participation in the Aurora Lifesaving Club. Current ALC participants can also enjoy some extra practice and development.

Prerequisite: Swimmer 4

Location: SARC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-F	Aug 26	9:00am - 10:30am	\$105.75/5	31832
M-F	Aug 26	10:30am - 12:00pm	\$105.75/5	31833

#### **INCLUSIVE SWIM LESSON**

Age: 3+ years 30-Minute Class

•This class is for levels Preschool - Step 1 to Swimmer 2.

#### **45-Minute Class**

• This class is for levels Swimmer 3 to Swimmer 6.

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

Note: Please visit www.aurora.ca/inclusionservices to complete an Aquatic Intake Form. Registration for this program will close 7 days prior to the start date. Actual class time will be provided after registration is completed.

Location: AFLC - SPRING - 30-Minute Class Swim Levels: Preschool - Step 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 7:30pm	\$169.00/10	31008
Wed	Apr 3	5:00pm - 7:30pm	\$185.90/11	31009

Location: SARC - SPRING - 30-Minute Class Swim Levels: Preschool - Step 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	
Mon	Apr 1	5:00pm - 8:00pm	\$169.00/10	31488
Wed	Apr 3	5:00pm - 8:00pm	\$185.90/11	31489
Sat	Apr 6	9:00am - 12:30pm	\$169.00/10	31490
Sun	Apr 7	9:00am - 12:30pm	\$169.00/10	31491

Location: AFLC – SPRING – 45-Minute Class Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 7:30pm	\$210.00/10	31010
Wed	Apr 3	5:00pm - 7:30pm	\$231.00/11	31012

Location: SARC - SPRING - 45-Minute Class Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	
Mon	Apr 1		\$210.00/10	
Wed	Apr 3		\$231.00/11	
Sat	Apr 6	9:00am - 12:30pm	\$210.00/10	31494
Sun	Apr 7	9:00am - 12:30pm	\$210.00/10	31495

#### **PRIVATE LESSONS**

Age: 3+ years

One swimmer with one instructor focusing on any level from Preschool – Step 1 to Swimmer 6 within the private class, or any goal you may have including fitness, endurance, stroke correction and more. Patrol levels, Bronze Star and Aquatic Leadership certifications cannot be completed during a private swim lesson.

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE	
Mon	Apr 1	5:00pm - 5:30pm	\$294.00/10	31015	
Mon	Apr 1	5:30pm - 6:00pm	\$294.00/10	31016	
Mon	Apr 1	6:00pm - 6:30pm	\$294.00/10	31017	
Mon	Apr 1	6:30pm - 7:00pm	\$294.00/10	31018	
Mon	Apr 1	7:00pm - 7:30pm	\$294.00/10	31019	
Tue	Apr 2	5:00pm - 5:30pm	\$323.40/11	31020	
Tue	Apr 2	5:30pm - 6:00pm	\$323.40/11	31021	
Tue	Apr 2	6:00pm - 6:30pm	\$323.40/11	31022	
Tue	Apr 2	6:30pm - 7:00pm	\$323.40/11	31023	
Tue	Apr 2	7:00pm - 7:30pm	\$323.40/11	31024	
Wed	Apr 3	5:00pm - 5:30pm	\$323.40/11	31025	
Wed	Apr 3	5:30pm - 6:00pm	\$323.40/11	31026	
Wed	Apr 3	6:30pm - 7:00pm	\$323.40/11	31027	
Wed	Apr 3	7:00pm - 7:30pm	\$323.40/11	31028	
Fri	Apr 5	5:00pm - 5:30pm	\$323.40/11	31029	
Fri	Apr 5	5:30pm - 6:00pm	\$323.40/11	31030	
Fri	Apr 5	6:30pm - 7:00pm	\$323.40/11	31031	
Fri	Apr 5	7:00pm - 7:30pm	\$323.40/11	31032	
Fri	Apr 5	7:30pm - 8:00pm	\$323.40/11 \$323.40/11	31033	
Fri	Apr 5	8:15pm - 8:45pm	\$323.40/11	31034	
Sat	Apr 6	10:30am - 11:00am	\$323.40/11	31035	
Sat	Apr 6	11:00am - 11:30am	\$323.40/11	31036	
Sat	Apr 6	11:30am - 12:00pm 12:00pm - 12:30pm	\$323.40/11	31037	
Sat	Apr 6		\$323.40/11	31038	
Sat	Apr 6	3:00pm - 3:30pm	\$323.40/11	31039	
Sat	Apr 6	3:30pm - 4:00pm	\$323.40/11	31040	
Sat	Apr 6	4:00pm - 4:30pm	\$323.40/11	31041	
Sat	Apr 6	4:30pm - 5:00pm	\$323.40/11	31042	
Sat	Apr 6	5:00pm - 5:30pm	\$323.40/11	31043	
Sat	Apr 6	5:30pm - 6:00pm	\$323.40/11	31044	
Sun	Apr 7	10:00am - 10:30am	\$323.40/11	31045	
Sun	Apr 7	10:30am - 11:00am	\$323.40/11	31046	
Sun	Apr 7	11:00am - 11:30am	\$323.40/11	31047	
Sun	Apr 7	11:30am - 12:00pm	\$323.40/11	31048	
Sun	Apr 7	12:00pm - 12:30pm	\$323.40/11	31049	
Sun	Apr 7	12:30pm - 1:00pm	\$323.40/11	31050	
Sun	Apr 7	3:00pm - 3:30pm	\$323.40/11 \$323.40/11	31051	
Sun	Apr 7	3:45pm - 4:15pm	\$323.40/11	31052	
Sun	Apr 7	4:00pm - 4:30pm	\$323.40/11	31053	
Sun	Apr 7	4:30pm - 5:00pm	\$323.40/11	31054	
Sun	Apr 7	5:15pm - 5:45pm	\$323.40/11	31055	



Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	6:00pm - 6:30pm	\$294.00/10	31504
Mon	Apr 1	7:30pm - 8:00pm	\$294.00/10	31505
Wed	Apr 3	7:30pm - 8:00pm	\$323.40/11	31506
Fri	Apr 5	8:00pm - 8:30pm	\$323.40/11	31507
Fri	Apr 5	9:00pm - 9:30pm	\$323.40/11	31508
Sat	Apr 6	9:00am - 9:30am	\$294.00/10	31509
Sat	Apr 6	9:30am - 10:00am	\$294.00/10	31510
Sat	Apr 6	10:00am - 10:30am	\$294.00/10	31511
Sat	Apr 6	10:30am - 11:00am	\$294.00/10	31512
Sat	Apr 6	11:00am - 11:30am	\$294.00/10	31513
Sat	Apr 6	11:30am - 12:00pm	\$294.00/10	31514
Sat	Apr 6	12:00pm - 12:30pm	\$294.00/10	31515
Sun	Apr 7	9:30am - 10:00am	\$294.00/10	31516
Sun	Apr 7	10:00am - 10:30am	\$294.00/10	31517
Sun	Apr 7	12:00pm - 12:30pm	\$294.00/10	31518



Location: AFLC - SUMMER

LOCATION: AFLC - SUMMER				
DAY	DATE	TIME	FEE/CLASS	CODE
M-F	July 2	9:00am - 9:30am	\$264.60/9	31067
M-F	July 2	9:30am - 10:00am	\$264.60/9	31068
M-F	July 2	10:00am - 10:30am	\$264.60/9	31069
M-F M-F	July 2	10:15am - 10:45am	\$264.60/9	31070
M-F	July 2	10:15am - 10:45am 10:30am - 11:00am	\$264.60/9	31071
M-F	July 2	10:45am - 11:15am	\$264.60/9	31072
M-F	July 2	11:00am - 11:30am		31073
M-F M-F	July 15	9:00am - 9:30am	\$264.60/9 \$294.00/10	31074
M-F	July 15	9:30am - 10:00am	\$294.00/10	31075
M-F	July 15	10:00am - 10:30am	\$294.00/10	
M-F	July 15	10:15am - 10:45am	\$294.00/10	31077
M-F	July 15	10:30am - 11:00am	\$294.00/10 \$294.00/10	31078
M-F	July 15	10:45am - 11:15am	\$294.00/10	31079
M-F	July 15		\$294.00/10	31080
M-F	July 29	9:00am - 9:30am	\$264 60/9	31081
M-F	July 29	9:00am - 9:30am 9:30am - 10:00am	\$264.60/9 \$264.60/9	31082
M-F	July 29	10:00am - 10:30am	\$264.60/9	31083
M-F	July 29		\$264.60/9	31084
M-F	July 29	10:30am - 11:00am	\$264.60/9	31085
M-F	July 29	10:45am - 11:15am	\$264.60/9 \$264.60/9	31086
M-F	July 29	11:00am - 11:30am	\$264.60/9	31087
M-F	Aug 12	9:00am - 9:30am	\$294.00/9	31088
M-F	Aug 12	9:30am - 10:00am	\$294.00/10 \$294.00/10	31089
M-F	Aug 12	10:00am - 10:30am	\$294.00/10	31099
M-F	Aug 12	10:15am - 10:45am	\$294.00/10	31090
M-F	Aug 12	10.13aiii 10.43aiii	\$294.00/10	31091
M-F	Aug 12	10:30am - 11:00am 10:45am - 11:15am	\$294.00/10	31092
M-F	Aug 12	11:00am - 11:30am	\$294.00/10	31093
M-Th	July 2	5:00pm - 5:30pm	\$205.80/7	31095
M-Th	July 2	5:20pm - 6:00pm	\$205.80/7	31096
M-Th	July 2	5:30pm - 6:00pm 6:00pm - 6:30pm	\$205.80/7	31090
M-Th	July 2	6:30pm - 7:00pm	\$205.80/7	31098
M-Th	July 2	7:00pm - 7:30pm	\$205.00/7	31099
M-Th	July 2	7:30pm – 8:00pm	\$205.80/7	31100
M-Th	July 15	5:00pm - 5:30pm	\$235.20/8	31101
M-Th	July 15	5:30pm - 6:00pm	\$235.20/8	31102
M-Th	July 15	6:00pm - 6:30pm	\$235.20/8	31102
M-Th	July 15	6:00pm - 6:30pm 6:30pm - 7:00pm	\$235.20/8	31104
M-Th	July 15	7:00pm - 7:30pm	\$235.20/8	31105
M-Th		7:30pm - 8:00pm	\$235.20/8	31106
M-Th M-Th	July 29	5:00pm - 5:30pm	\$205.80/7	31107
M-Th	July 29	5:30pm - 6:00pm	\$205.80/7	31108
M-Th	July 29	6:00pm - 6:30pm	\$205.80/7	31109
M-Th			200.00/7	
M-Th	July 29	6:30pm - 7:00pm	\$205.80/7	31110
M-Th	July 29 July 29	7:00pm - 7:30pm 7:30pm - 8:00pm	\$205.80/7 \$205.80/7	31111 31112
M-Th		5:00pm = 5:20pm	\$205.80/7	31112
M-Th	Aug 12	5:00pm - 5:30pm		
M-Th M-Th	Aug 12	5:30pm - 6:00pm	\$235.20/8	31114
M-Th	Aug 12	6:00pm - 6:30pm 6:30pm - 7:00pm	\$235.20/8 \$235.20/8	31115 31116
M-Th	Aug 12		\$235.20/6	31117
M-Th	Aug 12	7:00pm - 7:30pm	\$235.20/8	31117
IVI- I I I	Aug 12	7:30pm - 8:00pm	\$235.20/8	J

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	July 7	9:00am - 9:30am	\$235.20/8	31834
Sun				31835
Sun	July 7	10:00am - 10:30am	\$235.20/8	31836
Sun	July 7	10:30am - 11:00am	\$235.20/8	31837
Sun	July 7	11:00am - 11:30am	\$235.20/8	31838
Sun	July 7	11:30am - 12:00pm	\$235.20/8	31839

#### **SHALLOW WATER PRIVATE LESSONS**

#### Age: 3 to 5 years

These private lessons are taught in shallow water only. Shallow water is best suited for Preschool - Steps 1 to 4.

Location: SARC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Apr 1	5:00pm - 5:30pm	\$294.00/10	31519
Mon	Apr 1	5:30pm - 6:00pm	\$294.00/10	31520
Tue	Apr 2	5:00pm - 5:30pm	\$323.40/11	31521
Tue	Apr 2	6:00pm - 6:30pm	\$323.40/11	31522
Tue	Apr 2	7:00pm - 7:30pm	\$323.40/11	31523
Tue	Apr 2	7:30pm - 8:00pm	\$323.40/11	31524
Wed	Apr 3	5:00pm - 5:30pm	\$323.40/11	31525
Thu	Apr 4	5:00pm - 5:30pm	\$323.40/11	31526
Thu	Apr 4	5:30pm - 6:00pm	\$323.40/11	31527
Thu	Apr 4	6:00pm - 6:30pm	\$323.40/11	31528
Thu	Apr 4	7:00pm - 7:30pm	\$323.40/11	31529
Thu	Apr 4	7:30pm - 8:00pm	\$323.40/11	31530
Fri	Apr 5	6:15pm - 6:45pm	\$323.40/11	31531
Fri	Apr 5	7:00pm - 7:30pm	\$323.40/11	31532
Sun	Apr 7	9:00am - 9:30am	\$294.00/10	31533

## **SMALL GROUP PRIVATE SWIM LESSONS**

Parents and children can learn to swim together. To obtain a Small Group Private Swim lesson:

- 1 Register for a Private Swim lesson for one swimmer.
- 2 Email rleisure@aurora.ca a minimum of 3 days prior to the start of the lesson to create the Small Group Private Swim

Note: Cost is \$16.90 per person per class. Maximum of 5 people. Participants should be the same swim ability (for example: all beginners).

### **SEMI-PRIVATE SWIM LESSONS**

To obtain a Semi-Private Swim lesson:

- 1 Register for a Private Swim lesson for one swimmer.
- 2 Email rleisure@aurora.ca a minimum of 3 days prior to the start of the lesson to create the Semi-Private Swim lesson. Note: Cost is \$25.00 per person per class.

Participants must be within 1 swim level of each other.

#### **INCLUSION SERVICES**

#### **Agua Buddies**

Through our volunteer program, we aim to place an available Aqua Buddy in a swim class to provide extra support where needed.

#### **Inclusive Swim Lessons**

Integrated Aquatic classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

#### **Adapted Privates**

Adapted Privates are specifically designed for swimmers with disabilities, and will feature one swimmer with one instructor focusing on specific skills requiring attention.

#### ADAPTED PRIVATE LESSONS

#### Age: 3+ years

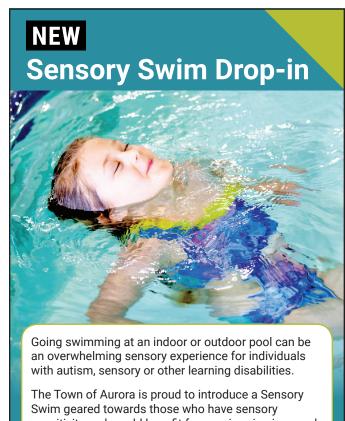
Adapted Privates are specifically designed for swimmers with disabilities, and will feature one swimmer with one instructor focusing on specific skills requiring attention. For approval, please visit www.aurora.ca/inclusionservices and complete an Aquatic Intake

Location: AFLC - SPRING

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Apr 4	5:00pm - 5:30pm	\$227.70/11	31056
Thu	Apr 4	5:30pm - 6:00pm	\$227.70/11	31057
Thu	Apr 4	6:00pm - 6:30pm	\$227.70/11	31058
Thu	Apr 4	6:30pm - 7:00pm	\$227.70/11	31059
Thu	Apr 4	7:00pm - 7:30pm	\$227.70/11	31060

Location: AFLC - SUMMER

DAY	DATE	TIME	FEE/CLASS	CODE
M-Th	July 15	5:00pm - 5:30pm	\$165.60/8	31119
M-Th	July 15	5:30pm - 6:00pm	\$165.60/8	31120
			\$165.60/8	
M-Th	July 15	6:30pm - 7:00pm	\$165.60/8	31122
M-Th	July 15	7:00pm - 7:30pm	\$165.60/8	31123
M-Th	July 15	7:30pm - 8:00pm	\$165.60/8	31124



sensitivity and would benefit from swimming in a pool environment with reduced sensory stimulus.

For more information, visit aurora.ca/sensoryswim





# How to become a Town of Aurora SWIM INSTRUCTOR OR LIFEGUARD





Aquatic Leadership registration is open for all courses from January to December 2024. Full details at aurora.ca/aquaticleadership.



## AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

#### **BEING AN AQUATIC VOLUNTEER**

- · It's a rewarding experience!
- It's an opportunity to meet new friends and start networking.
- You receive hours for community involvement or a 25% discount towards future aquatic leadership courses.
   Register for an Aquatic Volunteer Orientation Workshop to learn more information.

For additional information, please contact the Aquatics Team at aquatics@aurora.ca

# **Second Chance**

The Second Chance Program assists candidates who were unsuccessful in passing one of the key leadership courses designed to help them become a Lifeguard and Swim Instructor.

Candidates will get a "second chance" to register for the course they were unsuccessful on with a 50% cost reduction. Conditions apply.

Applicable courses include:

- Bronze Medallion and Emergency First Aid
- Bronze Cross
- National Lifequard
- Swim, Lifesaving and Emergency First Aid Instructor

Note: Applicable courses must have been taken with the Town of Aurora Aquatics division. For more information, please email aquatics@aurora.ca





# STEPS TO BECOME AN AQUATIC STAFF

In order to be considered for an Aquatic position, you must meet the following requirements.

AQUATIC POSITION	REQUIREMENTS
Aquatic Assistant	<ul> <li>Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools).</li> <li>Current Bronze Cross (or higher) certificate.</li> <li>Current Ministry Approved Standard First Aid (or higher) certificate.</li> <li>Current Lifesaving Society Assistant Instructor (or higher) certificate.</li> </ul>
Lifeguard	<ul> <li>Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools).</li> <li>Current National Lifeguard certificate.</li> <li>Current Ministry Approved Standard First Aid (or higher) certificate.</li> </ul>
<ul> <li>Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools).</li> <li>Current National Lifeguard certificate.</li> <li>Current Ministry Approved Standard First Aid (or higher) certificate.</li> <li>Current Lifesaving Society Swim, Lifesaving &amp; E.F.A. Instructor certificate.</li> </ul>	

## **Application Process**

- Go to www.aurora.ca/jobs to view available positions and apply online using our virtual career centre.
- Successful applicants will be emailed to confirm an interview date and time.
- Note: No technical or in-water skill testing is required.

SEASON	APPLICATION PERIOD
Fall 2024	August 5 to September 5, 2024



# JOIN THE HERO ACADEMY!

Earn high school credits with YRDSB's Aquatic Leadership Program and the Town of Aurora.

www.aurora.ca/AquaticLeadership