


AURORA FAMILY LEISURE COMPLEX
135 Industrial Parkway North | 905-841-7529
Desjardins Pool

JANUARY 4 - MARCH 9, 2025

DAY	LANE SWIM & SPA	SILVER SWIMMERS	LEISURE SWIM
Mon & Wed	6:00am - 9:00am 12:30pm - 2:00pm 4:00pm - 5:00pm* 8:30pm - 10:00pm *Available: Jan 6 to Mar 5	12:00pm - 12:30pm	
Tue & Thu	6:00am - 9:00am 11:30am - 1:00pm 8:30pm - 10:00pm	11:00am - 11:30am	9:30am - 10:30am
Fri	6:00am - 9:00am 11:30am - 1:00pm 4:00pm - 6:00pm* *Available: Jan 10 to Mar 7	11:00am - 11:30am	
Sat	8:00am - 9:30am	SENSORY SWIM	
Sun	8:00am - 9:30am	1:30pm - 2:30pm* *Adapted Sensory Swim (Sunday only)	

SWIM & HOLIDAY SCHEDULES

Visit www.aurora.ca/aquatics for the most up-to-date swimming information.

AFLC POOL CLOSURE

March 10 to 23, 2025

AFLC Pool will be closed for annual maintenance.

View SARC revised swim schedule online at www.aurora.ca/aquatics.

HOLIDAY REVISED SCHEDULE

Winter Holiday Schedule: December 21, 2024 to January 3, 2025

Visit www.aurora.ca/aquatics for revised swim schedule.

SWIM DESCRIPTIONS

Lane Swim - For those wishing to utilize the pool for fitness and endurance. Participants are asked to swim continuously and in the lane appropriate to their speed. A double lane for general fitness activities is available for indicated swims only (^).

Therapy Pool - Intended for swimmers of all ages to use the Therapy Pool only, but not exclusive to therapeutic purposes. Limited equipment may be provided at this time. Therapy Pool is only available at the SARC.


Silver Swimmers - This program is to provide Older Adult Swimmers (55 yrs+) an opportunity to use the pool in a comfortable self-paced atmosphere with other older adult swimmers. This is a chance to get into the water and swim, or exercise at your own pace.

Leisure Swim - Fun and enjoyment for all ages.

Adapted Sensory Swim - Public swim designed for individuals with exceptionalities to enjoy and experience swimming in a quieter environment. No music and minimal noise levels.

STRONACH AURORA RECREATION COMPLEX
1400 Wellington St. East | 905-726-4770
Canadian Tire Aquatic Centre

**JANUARY 4 -
MARCH 9, 2025**

DAY	LANE SWIM & THERAPY POOL	LEISURE SWIM
Mon & Wed	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	
Tue & Thu	7:30am - 9:00am 11:00am - 1:00pm^ 9:00pm - 10:30pm	
Fri	7:30am - 9:00am 11:00am - 1:00pm^	
Sat	12:30pm - 2:00pm	2:15pm - 3:45pm
Sun	12:30pm - 2:00pm	2:15pm - 3:45pm

ADMISSION FEES (HST Included)

Under 4 Years

Free

4 to 17 Years

\$3.12 per person (per visit) | \$24.96 for 10 x visits

Adult (18 to 54 years)

\$5.00 per person (per visit) | \$40.00 for 10 x visits

Older Adult (55 years and older)

\$3.85 per person (per visit) | \$30.78 for 10 x visits

Prices subject to change effective January 1, 2025.

DESJARDINS DAYS

For schedules and up-to-date information, please visit www.aurora.ca/desjardinsdays



GENERAL AQUATIC INFORMATION

GENERAL POOL RULES

- Disposable and cloth diapers are not permitted in the water. Please use swim diapers designed for pool use.
- Individuals with a serious medical condition should be accompanied in the water with another individual knowledgeable of their condition and inform the lifeguard.
- Those infected with a communicable disease or having open sores on their body will not be admitted to the swimming pool.
- Please do not bring food and/or beverages onto pool decks or viewing galleries. Only water contained in plastic or non-breakable containers is permissible.

BEFORE SWIMMING LESSONS START

The Town of Aurora Aquatics Team will email session information prior to the first swim lesson. Please ensure your email is updated in e-PLAY to receive this information.

WHAT LEVEL SHOULD I REGISTER IN?

If you are unsure of your child's swim level, please see one of the Aquatic staff for a free evaluation during any Leisure Swim.

POOL FOULING/CLOSURE

Where a pool is closed due to a fouling, we will attempt to move classes to a different pool. If less than half the class has passed when this happens and we cannot accommodate moving, a credit may be applied to your account. To reduce these situations, please ensure children not toilet trained are wearing snug fitting plastic pants or swim diapers.

www.aurora.ca/aquatics

MAKE-UP LESSONS

Make-up classes or credits due to participant illness or personal commitments will not be available.

PARENT'S DAY & PICTURE DAY

Parent's Day is week 5 of the season. Picture Day is week 6 of the season. Please refer to the email sent to all parents at the start of the session for all details.

CELL PHONES, FILMING AND PHOTOGRAPHY

Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, viewing gallery or pool area during swimming programs or recreational swims.

STROLLERS, WHEELCHAIRS & ASSISTIVE MOBILITY DEVICES




Strollers are not permitted on the pool deck. Wheelchairs and assistive mobility devices (for example - walkers) are permitted, however the wheels must be cleaned prior to entering the pool area. Water wheelchairs are provided in the change rooms.

CHANGE ROOM POLICIES

- Children 7 years of age and older are encouraged to use the change room designated for their gender.
- Mixed gender families, unaccompanied children and persons with identified special needs and their caregivers are encouraged to use the family change room.

We ask that all patrons cooperate in making the change room experience comfortable for everyone.

Please do not leave clothing or other belongings in the change stalls during your time in the pool.

AGE	GUARDIAN		RATIO	DISTANCE	WRISTBAND
Five and under	Must be accompanied by a guardian over the age of 12		One guardian per two children No exceptions 	Within arms reach at all times	RED
Six to nine	Fail swim test	Must be accompanied by a guardian over the age of 12	One guardian per two children not wearing lifejackets 	Within arms reach at all times	YELLOW
			One guardian for up to five children wearing lifejackets 		
	Pass swim test	May swim alone	N/A	N/A	GREEN
Ten and up	May swim alone		N/A	N/A	GREEN



Town of Aurora

LEARN TO SWIM PROGRAM STRUCTURE

ages 12 to
17 years

Teen 3

Teen 2

Teen 1

ages
18 years +

Adult 3

Adult 2

Adult 1



ages 3 to 5 years

Preschool - STEP 5

Preschool - STEP 4

Preschool - STEP 3

Preschool - STEP 2

Preschool - STEP 1



ages 4 months to 3 years

Parent & Tot 1, 2, 3

ages 10 to 13 years

Bronze Star

Recommended



ages 6 to 12 years

**Swimmer 9 -
Star Patrol**

**Swimmer 8 -
Ranger Patrol**

**Swimmer 7 -
Rookie Patrol**

Swimmer 6

Swimmer 5

Swimmer 4

Swimmer 3

Swimmer 2

Swimmer 1

Need a challenge?

ages 7 to 15 years

ALC

ages 10 to 16 years

Fitness Swimmer

aurora.ca/aquaticleadership

* See Aquatic Leadership
for more details.



LEARN TO SWIM

PARENT & TOT 1

Age: 4 to 12 months

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 4 to 12 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:30am – 10:00am	\$95.40/9	33666
Sat	Jan 4	11:30am – 12:00pm	\$95.40/9	33667
Sun	Jan 5	10:00am – 10:30am	\$95.40/9	33668
Sun	Jan 5	12:00pm – 12:30pm	\$95.40/9	33669
Mon	Jan 6	5:30pm – 6:00pm	\$84.80/8	33670
Thu	Jan 9	6:00pm – 6:30pm	\$95.40/9	33671

PARENT & TOT 2

Age: 12 to 24 months

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the 12 to 24 month old to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:00am – 10:30am	\$95.40/9	33674
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33675
Sun	Jan 5	9:00am – 9:30am	\$95.40/9	33676
Sun	Jan 5	10:30am – 11:00am	\$95.40/9	33677
Tue	Jan 7	6:30pm – 7:00pm	\$95.40/9	33678
Wed	Jan 8	6:00pm – 6:30pm	\$95.40/9	33679

PARENT & TOT 3

Age: 2 to 4 years

The in-water interaction between parent and child is designed to stress the importance of play in developing water-positive attitudes and skills. This class is designed for the participant to learn to enjoy the water with the parent. These activities and progressions are based on each child's development, and we recommend parents register in the level appropriate to their child's age.

Note: 1 guardian per child.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:30am	\$95.40/9	33680
Sat	Jan 4	10:30am – 11:00am	\$95.40/9	33681
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33682
Sun	Jan 5	11:00am – 11:30am	\$95.40/9	33683
Sun	Jan 5	11:30am – 12:00pm	\$95.40/9	33684
Tue	Jan 7	6:00pm – 6:30pm	\$95.40/9	33685
Thu	Jan 9	6:30pm – 7:00pm	\$95.40/9	33686



Parented Program

Note: 1 guardian per child.



PRESCHOOL – STEP 1

Age: 3 to 5 years

Preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their face wet and blow bubbles underwater.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:15am – 11:45am	\$95.40/9	33529
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33530
Sun	Jan 5	3:45pm – 4:15pm	\$95.40/9	33531
Tue	Jan 7	5:00pm – 5:30pm	\$95.40/9	33532
Tue	Jan 7	6:15pm – 6:45pm	\$95.40/9	33533
Wed	Jan 8	5:00pm – 5:30pm	\$95.40/9	33534
Wed	Jan 8	6:00pm – 6:30pm	\$95.40/9	33535
Fri	Jan 10	6:15pm – 6:45pm	\$95.40/9	33536
Fri	Jan 10	7:15pm – 7:45pm	\$95.40/9	33537

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:30am	\$95.40/9	33702
Sat	Jan 4	10:00am – 10:30am	\$95.40/9	33703
Sat	Jan 4	10:30am – 11:00am	\$95.40/9	33704
Sat	Jan 4	11:00am – 11:30am	\$95.40/9	33705
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33706
Sun	Jan 5	9:00am – 9:30am	\$95.40/9	33707
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33708
Sun	Jan 5	10:00am – 10:30am	\$95.40/9	33709
Sun	Jan 5	10:30am – 11:00am	\$95.40/9	33710
Sun	Jan 5	12:00pm – 12:30pm	\$95.40/9	33711
Mon	Jan 6	5:00pm – 5:30pm	\$84.80/8	33712
Tue	Jan 7	5:30pm – 6:00pm	\$95.40/9	33713
Tue	Jan 7	6:30pm – 7:00pm	\$95.40/9	33714
Wed	Jan 8	5:00pm – 5:30pm	\$95.40/9	33715
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33716
Thu	Jan 9	5:00pm – 5:30pm	\$95.40/9	33717
Thu	Jan 9	6:30pm – 7:00pm	\$95.40/9	33718

PRESCHOOL – STEP 2

Age: 3 to 5 years

Preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. While wearing a lifejacket they'll glide on their front and back.

Prerequisite: Preschool – Step 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:00am – 11:30am	\$95.40/9	33538
Sat	Jan 4	11:45am – 12:15pm	\$95.40/9	33539
Sun	Jan 5	4:30pm – 5:00pm	\$95.40/9	33540
Tue	Jan 7	5:00pm – 5:30pm	\$95.40/9	33541
Tue	Jan 7	5:45pm – 6:15pm	\$95.40/9	33542
Tue	Jan 7	7:00pm – 7:30pm	\$95.40/9	33543
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33544
Wed	Jan 8	7:00pm – 7:30pm	\$95.40/9	33545
Fri	Jan 10	6:15pm – 6:45pm	\$95.40/9	33546

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:30am – 10:00am	\$95.40/9	33688
Sat	Jan 4	10:00am – 10:30am	\$95.40/9	33689
Sat	Jan 4	11:30am – 12:00pm	\$95.40/9	33690
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33691
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33692
Sun	Jan 5	10:00am – 10:30am	\$95.40/9	33693
Sun	Jan 5	11:00am – 11:30am	\$95.40/9	33694
Sun	Jan 5	11:30am – 12:00pm	\$95.40/9	33695
Mon	Jan 6	5:00pm – 5:30pm	\$84.80/8	33696
Tue	Jan 7	5:00pm – 5:30pm	\$95.40/9	33697
Tue	Jan 7	6:00pm – 6:30pm	\$95.40/9	33698
Wed	Jan 8	5:00pm – 5:30pm	\$95.40/9	33699
Thu	Jan 9	5:30pm – 6:00pm	\$95.40/9	33700
Thu	Jan 9	6:30pm – 7:00pm	\$95.40/9	33701

PRESCHOOL – STEP 3

Age: 3 to 5 years

Preschoolers will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Prerequisite: Preschool – Step 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:30am – 11:00am	\$95.40/9	33547
Sat	Jan 4	12:30pm – 1:00pm	\$95.40/9	33548
Sun	Jan 5	5:15pm – 5:45pm	\$95.40/9	33549
Tue	Jan 7	5:30pm – 6:00pm	\$95.40/9	33550
Tue	Jan 7	6:00pm – 6:30pm	\$95.40/9	33551
Tue	Jan 7	7:00pm – 7:30pm	\$95.40/9	33552
Wed	Jan 8	5:00pm – 5:30pm	\$95.40/9	33553
Wed	Jan 8	6:30pm – 7:00pm	\$95.40/9	33554
Fri	Jan 10	6:45pm – 7:15pm	\$95.40/9	33555

NON-RESIDENT SURCHARGE

A 20% non-resident surcharge will be applied to ALL Learn to Swim fees (including group, semi-private and private) for non-Aurora residents.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:30am	\$95.40/9	33723
Sat	Jan 4	9:30am – 10:00am	\$95.40/9	33724
Sat	Jan 4	10:30am – 11:00am	\$95.40/9	33725
Sat	Jan 4	11:00am – 11:30am	\$95.40/9	33727
Sun	Jan 5	9:00am – 9:30am	\$95.40/9	33728
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33729
Sun	Jan 5	10:30am – 11:00am	\$95.40/9	33730
Sun	Jan 5	11:45am – 12:15pm	\$95.40/9	33731
Mon	Jan 6	5:00pm – 5:30pm	\$84.80/8	33732
Tue	Jan 7	5:30pm – 6:00pm	\$95.40/9	33733
Tue	Jan 7	7:00pm – 7:30pm	\$95.40/9	33734
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33735
Thu	Jan 9	5:00pm – 5:30pm	\$95.40/9	33736
Thu	Jan 9	6:00pm – 6:30pm	\$95.40/9	33737

PRESCHOOL – STEP 4

Age: 3 to 5 years

Preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short (5 m) swim on their front wearing a lifejacket and gliding and kicking on their side.

Prerequisite: Preschool – Step 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33556
Tue	Jan 7	5:45pm – 6:15pm	\$95.40/9	33557
Tue	Jan 7	6:30pm – 7:00pm	\$95.40/9	33558
Wed	Jan 8	6:30pm – 7:00pm	\$95.40/9	33559
Fri	Jan 10	6:45pm – 7:15pm	\$95.40/9	33560

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:30am	\$95.40/9	33738
Sat	Jan 4	9:30am – 10:00am	\$95.40/9	33739
Sat	Jan 4	11:00am – 11:30am	\$95.40/9	33740
Sat	Jan 4	11:45am – 12:15pm	\$95.40/9	33741
Sun	Jan 5	9:00am – 9:30am	\$95.40/9	33742
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33743
Sun	Jan 5	11:15am – 11:45am	\$95.40/9	33744
Sun	Jan 5	12:00pm – 12:30pm	\$95.40/9	33745
Mon	Jan 6	5:30pm – 6:00pm	\$84.80/8	33746
Tue	Jan 7	5:30pm – 6:00pm	\$95.40/9	33747
Tue	Jan 7	6:00pm – 6:30pm	\$95.40/9	33748
Wed	Jan 8	5:00pm – 5:30pm	\$95.40/9	33749
Thu	Jan 9	5:00pm – 5:30pm	\$95.40/9	33750
Thu	Jan 9	7:00pm – 7:30pm	\$95.40/9	33751

AGE REQUIREMENTS

For parented programs, participants must be the minimum age by the first day of the program.
For all other programs, participants must be the minimum age by the last day of the program.

DIVING – AURORA FAMILY LEISURE COMPLEX

Please note that due to the depth of the pool at the AFLC, any diving components will not be included in the program. This will not affect the outcome of the participant's ability to complete a swimming level.

LEARN TO SWIM

PRESCHOOL – STEP 5

Age: 3 to 5 years

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Prerequisite: Preschool – Step 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	12:30pm – 1:00pm	\$95.40/9	33561
Tue	Jan 7	7:00pm – 7:30pm	\$95.40/9	33562
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33563
Fri	Jan 10	7:15pm – 7:45pm	\$95.40/9	33564

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:00am – 10:30am	\$95.40/9	33752
Sat	Jan 4	11:30am – 12:00pm	\$95.40/9	33753
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33754
Sun	Jan 5	10:45am – 11:15am	\$95.40/9	33755
Sun	Jan 5	11:45am – 12:15pm	\$95.40/9	33756
Mon	Jan 6	5:30pm – 6:00pm	\$84.80/8	33757
Tue	Jan 7	6:30pm – 7:00pm	\$95.40/9	33758
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33759
Thu	Jan 9	5:30pm – 6:00pm	\$95.40/9	33760

SWIMMER 1

Age: 6 to 12 years

Swimmers will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33565
Sun	Jan 5	3:00pm – 3:30pm	\$95.40/9	33566
Sun	Jan 5	4:00pm – 4:30pm	\$95.40/9	33567
Tue	Jan 7	5:00pm – 5:30pm	\$95.40/9	33568
Tue	Jan 7	5:30pm – 6:00pm	\$95.40/9	33569
Tue	Jan 7	6:00pm – 6:30pm	\$95.40/9	33570
Tue	Jan 7	7:00pm – 7:30pm	\$95.40/9	33571
Wed	Jan 8	5:00pm – 5:30pm	\$95.40/9	33572
Wed	Jan 8	5:45pm – 6:15pm	\$95.40/9	33573
Wed	Jan 8	7:00pm – 7:30pm	\$95.40/9	33574
Fri	Jan 10	7:45pm – 8:15pm	\$95.40/9	33575

LEARN TO SWIM PROGRAMS

Learn to Swim Programs from other municipalities or organizations may differ from our swim program. Please register for a Swim Assessment to confirm the correct level prior to registering. Please visit www.aurora.ca/learntoswim for full details.

IS YOUR CHILD TURNING 6 YEARS OLD?

If your child has completed Preschool – Step 5, please register in Swimmer 2. If they are still working on Preschool – Steps 1 to 5, please register in Swimmer 1.

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:30am	\$95.40/9	33776
Sat	Jan 4	9:30am – 10:00am	\$95.40/9	33777
Sat	Jan 4	10:30am – 11:00am	\$95.40/9	33778
Sat	Jan 4	11:00am – 11:30am	\$95.40/9	33761
Sat	Jan 4	11:30am – 12:00pm	\$95.40/9	33762
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33763
Sun	Jan 5	9:00am – 9:30am	\$95.40/9	33764
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33765
Sun	Jan 5	10:00am – 10:30am	\$95.40/9	33766
Sun	Jan 5	11:15am – 11:45am	\$95.40/9	33767
Sun	Jan 5	11:30am – 12:00pm	\$95.40/9	33768
Mon	Jan 6	5:30pm – 6:00pm	\$84.80/8	33769
Tue	Jan 7	5:00pm – 5:30pm	\$95.40/9	33770
Tue	Jan 7	7:00pm – 7:30pm	\$95.40/9	33771
Wed	Jan 8	5:00pm – 5:30pm	\$95.40/9	33772
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33773
Thu	Jan 9	6:00pm – 6:30pm	\$95.40/9	33774
Thu	Jan 9	7:00pm – 7:30pm	\$95.40/9	33775

SWIMMER 2

Age: 6 to 12 years

Swimmers will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

Prerequisite: Preschool – Step 5 or Swimmer 1

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	12:30pm – 1:00pm	\$95.40/9	33576
Sun	Jan 5	3:00pm – 3:30pm	\$95.40/9	33577
Sun	Jan 5	4:30pm – 5:00pm	\$95.40/9	33578
Tue	Jan 7	5:00pm – 5:30pm	\$95.40/9	33579
Tue	Jan 7	5:30pm – 6:00pm	\$95.40/9	33580
Tue	Jan 7	6:30pm – 7:00pm	\$95.40/9	33581
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33582
Wed	Jan 8	7:00pm – 7:30pm	\$95.40/9	33583
Fri	Jan 10	7:45pm – 8:15pm	\$95.40/9	33584

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:30am	\$95.40/9	33779
Sat	Jan 4	9:45am – 10:15am	\$95.40/9	33780
Sat	Jan 4	10:00am – 10:30am	\$95.40/9	33781
Sat	Jan 4	10:30am – 11:00am	\$95.40/9	33782
Sat	Jan 4	11:00am – 11:30am	\$95.40/9	33783
Sat	Jan 4	12:00pm – 12:30pm	\$95.40/9	33784
Sun	Jan 5	9:00am – 9:30am	\$95.40/9	33785
Sun	Jan 5	9:30am – 10:00am	\$95.40/9	33786
Sun	Jan 5	11:15am – 11:45am	\$95.40/9	33787
Sun	Jan 5	12:00pm – 12:30pm	\$95.40/9	33788
Mon	Jan 6	5:00pm – 5:30pm	\$84.80/8	33789
Wed	Jan 8	5:30pm – 6:00pm	\$95.40/9	33790
Wed	Jan 8	6:00pm – 6:30pm	\$95.40/9	33791
Fri	Jan 10	7:15pm – 7:45pm	\$95.40/9	33792

SWIM DEVELOPMENT 1 & 2

Age: 6 to 12 years

This dual-level class is designed for candidates who have unsuccessfully completed Swimmer 1 or Swimmer 2 only. Provides practical skill development for incomplete items.

Prerequisite: previous Swimmer 1 or Swimmer 2 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:30am – 11:15am	\$109.35/9	33607
Sat	Jan 4	11:30am – 12:15pm	\$109.35/9	33608
Fri	Jan 10	6:30pm – 7:15pm	\$109.35/9	33609

SWIMMER 3

Age: 6 to 12 years

Swimmers will dive, do in-water front somersaults, and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Prerequisite: Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:30am – 11:15am	\$109.35/9	33585
Sun	Jan 5	3:30pm – 4:15pm	\$109.35/9	33586
Tue	Jan 7	5:00pm – 5:45pm	\$109.35/9	33587
Tue	Jan 7	6:15pm – 7:00pm	\$109.35/9	33588
Wed	Jan 8	5:00pm – 5:45pm	\$109.35/9	33589
Wed	Jan 8	6:15pm – 7:00pm	\$109.35/9	33590

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:45am	\$109.35/9	33794
Sat	Jan 4	9:45am – 10:30am	\$109.35/9	33795
Sat	Jan 4	10:45am – 11:30am	\$109.35/9	33796
Sat	Jan 4	11:15am – 12:00pm	\$109.35/9	33797
Sun	Jan 5	10:00am – 10:45am	\$109.35/9	33883
Sun	Jan 5	10:30am – 11:15am	\$109.35/9	33798
Sun	Jan 5	11:00am – 11:45am	\$109.35/9	33799
Sun	Jan 5	11:45am – 12:30pm	\$109.35/9	33800
Mon	Jan 6	6:00pm – 6:45pm	\$97.20/8	33801
Wed	Jan 8	6:00pm – 6:45pm	\$109.35/9	33802

INSTRUCTOR REQUESTS

The Aquatics Division does recognize the importance of consistency in instructors and offers parents an opportunity to request the same instructor for repeat sessions. Please visit www.aurora.ca/learntoswim to complete the Aquatics Instructor Request form no later than 1 week prior to the start of the lesson. We will do our best to accommodate your request.

ADULT AQUATIC CAREER TRAINING

This course is designed for adults looking to come back into the workforce, using their current fitness level to learn new Aquatic skills and Lifesaving techniques. Upon completion, candidates will be offered an interview to explore the option of working for the Town's Aquatic Division. Priority of spots will be given to Aurora residents. For more information, please email Terri Edwards (Aquatic Coordinator) at tedwards@aurora.ca.

New!

SWIMMER 4

Age: 6 to 12 years

Swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Prerequisite: Swimmer 3

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:30am – 11:15am	\$109.35/9	33591
Sun	Jan 5	3:00pm – 3:45pm	\$109.35/9	33592
Tue	Jan 7	5:00pm – 5:45pm	\$109.35/9	33593
Tue	Jan 7	6:45pm – 7:30pm	\$109.35/9	33594
Wed	Jan 8	5:45pm – 6:30pm	\$109.35/9	33595

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:45am	\$109.35/9	33803
Sat	Jan 4	9:30am – 10:15am	\$109.35/9	33804
Sat	Jan 4	11:00am – 11:45am	\$109.35/9	33806
Sun	Jan 5	10:30am – 11:15am	\$109.35/9	33807
Sun	Jan 5	11:45am – 12:30pm	\$109.35/9	33808
Mon	Jan 6	6:00pm – 6:45pm	\$97.20/8	33809
Wed	Jan 8	6:00pm – 6:45pm	\$109.35/9	33810
Fri	Jan 10	7:30pm – 8:15pm	\$109.35/9	33816

SWIM DEVELOPMENT 3 & 4

Age: 6 to 12 years

This dual-level class is designed for candidates who have unsuccessfully completed Swimmer 3 or Swimmer 4 only. Provides practical skill development for incomplete items.

Prerequisite: previous Swimmer 3 or Swimmer 4 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:15am – 12:00pm	\$109.35/9	33604
Sat	Jan 4	12:15pm – 1:00pm	\$109.35/9	33605
Fri	Jan 10	6:30pm – 7:15pm	\$109.35/9	33607

Sensory Swim Drop-in



Going swimming at an indoor or outdoor pool can be an overwhelming sensory experience for individuals with autism, sensory or other learning disabilities.

The Town of Aurora is proud to offer a Sensory Swim geared towards those who have sensory sensitivity and would benefit from swimming in a pool environment with reduced sensory stimulus.

For more information, visit
aurora.ca/SensorySwim



LEARN TO SWIM

SWIMMER 5

Age: 6 to 12 years

Swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

Prerequisite: Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:15am – 12:00pm	\$109.35/9	33596
Sun	Jan 5	4:15pm – 5:00pm	\$109.35/9	33597
Tue	Jan 7	6:45pm – 7:30pm	\$109.35/9	33598
Wed	Jan 8	5:00pm – 5:45pm	\$109.35/9	33599
Wed	Jan 8	6:00pm – 6:45pm	\$109.35/9	33600

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:45am	\$109.35/9	33823
Sat	Jan 4	10:15am – 11:00am	\$109.35/9	33824
Sat	Jan 4	11:45am – 12:30pm	\$109.35/9	33825
Sun	Jan 5	10:00am – 10:45am	\$109.35/9	33811
Sun	Jan 5	10:45am – 11:30am	\$109.35/9	33812
Mon	Jan 6	6:00pm – 6:45pm	\$97.20/8	33813
Wed	Jan 8	6:00pm – 6:45pm	\$109.35/9	33814
Fri	Jan 10	7:45pm – 8:30pm	\$109.35/9	33815

SWIMMER 6

Age: 6 to 12 years

Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complete the 300 m workout.

Prerequisite: Swimmer 5

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:15am – 12:00pm	\$109.35/9	33601
Tue	Jan 7	6:00pm – 6:45pm	\$109.35/9	33602
Wed	Jan 8	6:00pm – 6:45pm	\$109.35/9	33603

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 9:45am	\$109.35/9	33817
Sat	Jan 4	10:30am – 11:15am	\$109.35/9	33818
Sun	Jan 5	10:00am – 10:45am	\$109.35/9	33819
Sun	Jan 5	10:45am – 11:15am	\$109.35/9	33820
Wed	Jan 8	6:45pm – 7:30pm	\$109.35/9	33821
Fri	Jan 10	7:45pm – 8:30pm	\$109.35/9	33822



SWIM DEVELOPMENT 5 & 6

Age: 6 to 12 years

This dual-level class is designed for candidates who have unsuccessfully completed Swimmer 5 or Swimmer 6 only. Provides practical skill development for incomplete items.

Prerequisite: previous Swimmer 5 or Swimmer 6 class

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:30am – 11:15am	\$109.35/9	33610
Sat	Jan 4	12:15pm – 1:00pm	\$109.35/9	33611
Fri	Jan 10	6:30pm – 7:15pm	\$109.35/9	33612

SPECIALTY – FAMILY SWIM LESSONS

Age: 3 to 12 years

Register for this time slot rather than a particular level. A real time saver for large families. Suitable for: Preschool – Steps 1 to 5 and Swimmer 1 to 6. Multiple levels may be combined into a class. Family members may not necessarily be together. Class sizes will vary. A maximum of 4 swimmers per class.

Note: Please register each participant individually. The fee applies per person.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	12:00pm – 12:30pm	\$155.25/9	33613
Sun	Jan 5	12:30pm – 1:00pm	\$155.29/9	33614

SWIMMER 7 – ROOKIE PATROL

Age: 6 to 12 years

Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims. This level must be completed in a group class and is not suitable for private lessons.

Prerequisite: Swimmer 6

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	3:00pm – 4:00pm	\$129.60/9	33615
Tue	Jan 7	5:30pm – 6:30pm	\$129.60/9	33616

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:45am – 10:45am	\$129.60/9	33826
Sat	Jan 4	10:45am – 11:45am	\$129.60/9	33827
Sun	Jan 5	11:30am – 12:30pm	\$129.60/9	33828
Fri	Jan 10	8:30pm – 9:30pm	\$129.60/9	33829



SWIMMER 8 – RANGER PATROL

Age: 6 to 12 years

Swimmers develop better strokes over 75 m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation. This level must be completed in a group class and is not suitable for private lessons.

Prerequisite: Swimmer 7 – Rookie Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	3:30pm – 4:30pm	\$129.60/9	33617

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:45am – 10:45am	\$129.60/9	33830
Sat	Jan 4	11:30am – 12:30pm	\$129.60/9	33831
Sun	Jan 5	10:00am – 11:00am	\$129.60/9	33832

SWIMMER 9 – STAR PATROL

Age: 6 to 12 years

Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water. This level must be completed in a group class and is not suitable for private lessons.

Prerequisite: Swimmer 8 – Ranger Patrol

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	4:15pm – 5:15pm	\$129.60/9	33618

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:30am – 12:30pm	\$129.60/9	33833
Sun	Jan 5	9:30am – 10:30am	\$129.60/9	33834
Fri	Jan 10	8:30pm – 9:30pm	\$129.60/9	33835

SWIMMER 10 – BRONZE STAR

Age: 10 to 13 years

The course will prepare young candidates to be ready for Bronze Medallion. It will focus on lifesaving skills and fitness as well as decision-making and how to take charge in an emergency. This level must be completed in a group class and is not suitable for private lessons.

Note: Swimmer 9 – Star Patrol recommended

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 10:15am	\$144.90/9	33837
Mon	Jan 6	6:15pm – 7:30pm	\$128.80/8	33838
Fri	Jan 10	8:15pm – 9:30pm	\$144.90/9	33839

BRONZE PREP

Age: 12+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for Bronze Medallion and Bronze Cross levels. Not a certification course.

Prerequisite: Swimmer 6

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:15am – 11:15am	\$129.60/9	33857
Wed	Jan 8	6:30pm – 7:30pm	\$129.60/9	33858

TEEN 1

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	5:00pm – 5:45pm	\$122.85/9	33619
Wed	Jan 8	6:45pm – 7:30pm	\$122.85/9	33620

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 6	6:45pm – 7:30pm	\$109.20/8	33841

TEEN 2

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	5:00pm – 5:45pm	\$122.85/9	33621
Wed	Jan 8	6:45pm – 7:30pm	\$122.85/9	33622

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 6	6:45pm – 7:30pm	\$109.20/8	33836

SMALL GROUP PRIVATE SWIM LESSONS

Parents and children can learn to swim together. To obtain a Small Group Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Email rlisure@aurora.ca a minimum of 3 days prior to the start of the lesson to create the Small Group Private Swim lesson.

Note: Cost is \$16.90 per person per class. Maximum of 5 people. Participants should be the same swim ability (for example: all beginners).



LEARN TO SWIM

TEEN 3

Age: 12 to 17 years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	5:00pm – 5:45pm	\$122.85/9	33623

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 6	6:45pm – 7:30pm	\$109.20/8	33840

ADULT 1

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the basics skills of swimming like those found in Swimmer 1 and 2.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 10	7:15pm – 8:00pm	\$122.85/9	33624

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 8	6:45pm – 7:30pm	\$122.85/9	33842

ADULT 2

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the intermediate skills of swimming like those found in Swimmer 3 and 4.

Prerequisite: Teen/Adult 1 or Swimmer 2

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 10	7:15pm – 8:00pm	\$122.85/9	33625

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Wed	Jan 8	6:45pm – 7:30pm	\$122.85/9	33843

ADULT 3

Age: 18+ years

Swimmers set their own goals, work to improve their current swimming ability and fitness, and develop water confidence and smooth recognizable strokes. This level works on the advanced skills of swimming like those found in Swimmer 5 and 6.

Prerequisite: Teen/Adult 2 or Swimmer 4

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Fri	Jan 10	7:15pm – 8:00pm	\$122.85/9	33626

NATIONAL LIFEGUARD PREP

Age: 14+ years

This class is designed to assist candidates in strengthening skills required to be successful in advanced leadership programs. Practical development for National Lifeguard award. Not a certification course.

Prerequisite: Bronze Cross

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:15am – 12:15pm	\$129.60/9	33846
Wed	Jan 8	6:30pm – 7:30pm	\$129.60/9	33847

FITNESS SWIMMER

Age: 10 to 16 years

Geared toward swimmers who want to improve their overall physical fitness in the water. Fitness Swimmer provides a structured approach based on accepted training principles and practices, including interval training, sprints and distance swims. Candidates set their own goals to improve overall physical fitness.

Prerequisite: Swimmer 6, Teen 3 or equivalent

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	9:00am – 10:00am	\$129.60/9	33844
Sun	Jan 5	11:00am – 12:00pm	\$129.60/9	33845

AURORA LIFESAVING CLUB

Age: Blue – 8 to 11 years

Green – 12 to 13 years

Teal – 14 to 15 years

The Aurora Lifesaving Club (ALC) is a Town based lifesaving club that engages youth in physical activity and participation in lifesaving sport. This club-based program focuses on keeping youth active in the community and building a sense of belonging while learning lifesaving sport skills. ALC members will develop lifesaving skills and engage in active living through participation in regional and provincial competitions. The perfect youth training program for future lifeguards.

Benefits of Joining the ALC

- Develop increasingly complex skills in swimming, including stroke correction, endurance and speed.
- Promotes overall physical fitness.

Prerequisite: Swimmer 4

Location: SARC – Blue (8 to 11 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	10:30am – 11:30am	\$129.60/9	33848
Sun	Jan 5	9:30am – 10:30am	\$129.60/9	33849

Location: SARC – Green (12 to 13 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	11:30am – 12:30pm	\$129.60/9	33850
Sun	Jan 5	10:30am – 11:30am	\$129.60/9	33851
Fri	Jan 10	7:30pm – 8:30pm	\$129.60/9	33852

Location: SARC – Teal (14 to 15 years)

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	11:30am – 12:30pm	\$129.60/9	33853
Fri	Jan 10	8:30pm – 9:30pm	\$129.60/9	33854

INCLUSIVE SWIM LESSONS

Age: 3+ years

30-Minute Class

• These classes are for levels Preschool – Step 1 to Swimmer 2.

45-Minute Class

• These classes are for levels Swimmer 3 to Swimmer 6.

Inclusive Swim classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

Note: Please visit www.aurora.ca/inclusionservices to complete an Aquatic Intake Form. Registration for this program will close 7 days prior to the start date. Actual class time will be provided after registration is completed.

Location: AFLC – 30-Minute Class

Swim Levels: Preschool – Step 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	3:00pm – 5:45pm	\$158.40/9	33627
Wed	Jan 8	5:00pm – 7:30pm	\$158.40/9	33628

Location: SARC – 30-Minute Class

Swim Levels: Preschool – Step 1 to Swimmer 2

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 6	5:00pm – 7:30pm	\$140.80/8	33855

Location: AFLC – 45-Minute Class

Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	CODE
Sun	Jan 5	3:00pm – 5:45pm	\$189.90/9	33629
Wed	Jan 8	5:00pm – 7:30pm	\$189.90/9	33630

Location: SARC – 45-Minute Class

Swim Levels: Swimmer 3 to Swimmer 6

DAY	DATE	TIME	FEE/CLASS	CODE
Mon	Jan 6	5:00pm – 7:30pm	\$168.80/8	33856

SEMI-PRIVATE SWIM LESSONS

To obtain a Semi-Private Swim lesson:

- 1 – Register for a Private Swim lesson for one swimmer.
- 2 – Complete online form at www.aurora.ca/learntoswim at least 3 days prior to start of lessons, in order to acquire approval and to convert private lesson into a semi-private lesson.

Note: Cost is \$25.50 per person per class.

Participants must be within 1 swim level of each other.

INCLUSION SERVICES

Aqua Buddies

Through our volunteer program, we aim to place an available Aqua Buddy in a swim class to provide extra support where needed.

Inclusive Swim Lessons

Integrated Aquatic classes are specifically designed for swimmers with disabilities. Aquatic staff are available to facilitate participation in group swim lessons. The aquatic staff will maintain a one-to-one instructor to swimmer ratio. The aquatic staff may provide redirection for safety reasons or to provide time for sensory breaks.

Adapted Privates

Adapted Privates are specifically designed for swimmers with disabilities, and will feature one swimmer with one instructor focusing on specific skills requiring attention.

PRIVATE LESSONS

Age: 3+ years

One swimmer with one instructor focusing on any skills from Preschool – Step 1 to Swimmer 6 within the private class. It is recommended to take only one 30-minute class. Swimmer 7 to Swimmer 10 and Aquatic Leadership certifications cannot be completed during a private swim lesson.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Sat	Jan 4	3:00pm – 3:30pm	\$270.00/9	33631
Sat	Jan 4	3:30pm – 4:00pm	\$270.00/9	33632
Sat	Jan 4	4:00pm – 4:30pm	\$270.00/9	33633
Sat	Jan 4	4:30pm – 5:00pm	\$270.00/9	33634
Sat	Jan 4	5:00pm – 5:30pm	\$270.00/9	33635
Sat	Jan 4	5:30pm – 6:00pm	\$270.00/9	33636
Sun	Jan 5	10:00am – 10:30am	\$270.00/9	33637
Sun	Jan 5	10:30am – 11:00am	\$270.00/9	33638
Sun	Jan 5	11:00am – 11:30am	\$270.00/9	33639
Sun	Jan 5	11:30am – 12:00pm	\$270.00/9	33640
Mon	Jan 6	5:00pm – 5:30pm	\$240.00/8	33641
Mon	Jan 6	5:30pm – 6:00pm	\$240.00/8	33642
Mon	Jan 6	6:00pm – 6:30pm	\$240.00/8	33643
Mon	Jan 6	6:30pm – 7:00pm	\$240.00/8	33644
Mon	Jan 6	7:00pm – 7:30pm	\$240.00/8	33645
Thu	Jan 9	5:00pm – 5:30pm	\$270.00/9	33646
Thu	Jan 9	5:30pm – 6:00pm	\$270.00/9	33647
Thu	Jan 9	6:00pm – 6:30pm	\$270.00/9	33648
Thu	Jan 9	6:30pm – 7:00pm	\$270.00/9	33649
Thu	Jan 9	7:00pm – 7:30pm	\$270.00/9	33650
Fri	Jan 10	6:00pm – 6:30pm	\$270.00/9	33651
Fri	Jan 10	8:00pm – 8:30pm	\$270.00/9	33652
Fri	Jan 10	8:15pm – 8:45pm	\$270.00/9	33653
Fri	Jan 10	8:30pm – 9:00pm	\$270.00/9	33654

SHALLOW WATER PRIVATE LESSONS

Age: 3 to 5 years

These private lessons are taught in shallow water only. Shallow water is best suited for Preschool – Steps 1 to 4.

Location: SARC

DAY	DATE	TIME	FEE/CLASS	CODE
Tue	Jan 7	5:00pm – 5:30pm	\$270.00/9	33859
Tue	Jan 7	7:00pm – 7:30pm	\$270.00/9	33860
Wed	Jan 8	5:00pm – 5:30pm	\$270.00/9	33861
Thu	Jan 9	5:30pm – 6:00pm	\$270.00/9	33862
Thu	Jan 9	7:00pm – 7:30pm	\$270.00/9	33863
Fri	Jan 10	7:15pm – 7:45pm	\$270.00/9	33864

ADAPTED PRIVATE LESSONS

Age: 3+ years

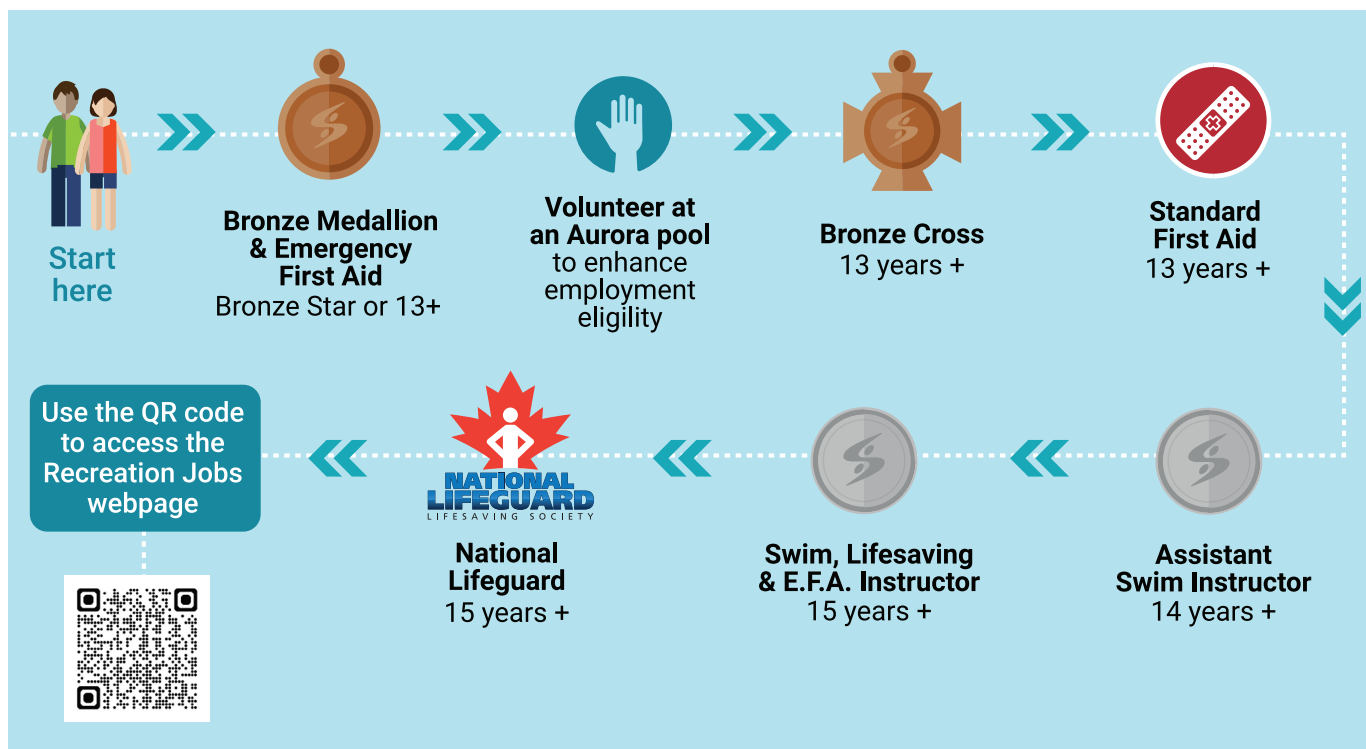
Adapted Privates are specifically designed for swimmers with disabilities and will feature one swimmer with one instructor focusing on specific skills requiring attention. For approval, please visit www.aurora.ca/inclusionservices and complete an Aquatic Intake Form.

Location: AFLC

DAY	DATE	TIME	FEE/CLASS	CODE
Thu	Jan 9	5:00pm – 5:30pm	\$189.90/9	33655
Thu	Jan 9	5:30pm – 6:00pm	\$189.90/9	33656
Thu	Jan 9	6:00pm – 6:30pm	\$189.90/9	33657
Thu	Jan 9	6:30pm – 7:00pm	\$189.90/9	33658
Thu	Jan 9	7:00pm – 7:30pm	\$189.90/9	33659



How to become a Town of Aurora SWIM INSTRUCTOR OR LIFEGUARD



Aquatic Leadership registration is open for all courses from January to December 2025. Full details at aurora.ca/aquaticleadership.



BEING AN AQUATIC VOLUNTEER

- It's a rewarding experience!
 - It's an opportunity to meet new friends and start networking.
 - You receive hours for community involvement or a 25% discount towards future aquatic leadership courses.
- Register for an Aquatic Volunteer Orientation Workshop to learn more information.
- For additional information, please contact the Aquatics Team at aquatics@aurora.ca

AQUATIC LEADERSHIP INFORMATION

For Aquatic Leadership course offerings, please visit www.aurora.ca/aquaticleadership.

JOIN THE HERO ACADEMY!



Earn high school credits with YRDSB's Aquatic Leadership Program and the Town of Aurora.

www.aurora.ca/AquaticLeadership

STEPS TO BECOME AN AQUATIC STAFF

In order to be considered for an Aquatic position, you must meet the following requirements.

AQUATIC POSITION	REQUIREMENTS
Lifeguard	<ul style="list-style-type: none"> • Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools). • Current National Lifeguard certificate. • Current Ministry Approved Standard First Aid (or higher) certificate.
Aquatic Instructor	<ul style="list-style-type: none"> • Must be 15 years of age (per R.R.O. 1990, Reg 565: Public Pools). • Current National Lifeguard certificate. • Current Ministry Approved Standard First Aid (or higher) certificate. • Current Lifesaving Society Swim, Lifesaving & E.F.A. Instructor certificates.

Go to www.aurora.ca/recjobs to view job positions and full descriptions.