

Aurora Family Leisure Complex (A.F.L.C.)

135 Industrial Parkway North | 905-841-7529

Canada Day Holiday Schedule

Monday, June 30 to Wednesday, July 2, 2025

Customer Service, Programs & Activities

DATE	CUSTOMER SERVICE	FITNESS Club Aurora	FITNESS Group Fitness Classes
Monday June 30, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – PiYo 9 a.m. to 9:45 a.m. – Cyclefit 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABC's 12:15 p.m. to 1 p.m. – Boot Camp 6:25 p.m. to 7:25 p.m. – Chisel 7:35 p.m. to 8:35 p.m. – Yoga Stretch
Tuesday July 1, 2025	7:30 a.m. to 4 p.m.	8 a.m. to 2 p.m.	No Classes
Wednesday July 2, 2025	5:45 a.m. to 10 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – Sunrise Yoga 8 a.m. to 8:45 a.m. – Cyclefit 9 a.m. to 10 a.m. – RIP 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABC's 12:15 p.m. to 1 p.m. – Cardio Dance 6 p.m. to 6:45 p.m. – Cyclefit 6:25 p.m. to 7:25 p.m. – Zumba 7:35 p.m. to 8:35 p.m. – Yoga Stretch

Group Fitness Classes: The location of each class will be posted at the Customer Service Desk.

DATE	POOL Swim Times	POOL Aquafit Times	ROCK WALL & THE LOFT
Monday June 30, 2025	6 a.m. to 9 a.m. – Lane Swim 11:30 a.m. to 1:30 p.m. – Lane Swim 1:45 p.m. to 3:15 p.m. – Leisure Swim 3:30 p.m. to 5 p.m. – Lane Swim	8:05 p.m. to 8:50 p.m. – Aquafitness	
Tuesday July 1, 2025	12:15 p.m. to 1:15 p.m. – Leisure Swim» 1:30 p.m. to 2:30 p.m. – Leisure Swim» »Free Activities: Canada Day Festivities	No Classes	
Wednesday July 2, 2025	6 a.m. to 9 a.m. – Lane Swim 11:30 a.m. to 1:30 p.m. – Lane Swim 1:45 p.m. to 3:15 p.m. – Leisure Swim 3:30 p.m. to 5 p.m. – Lane Swim	8:05 p.m. to 8:50 p.m. – Aqua Leisure	5 p.m. to 7 p.m. – Rock Wall

Rock Climbing: A valid waiver must be completed prior to climbing the wall. Children ages 6 to 11 must have a parent/guardian present at the wall while they climb.

DATE	GYMNASIUM	SKATING & SHINNY
Monday June 30, 2025	5 p.m. to 6:30 p.m. – Youth Volleyball 7 p.m. to 8:30 p.m. – Youth Open Gym 9 p.m. to 10:30 p.m. – Adult Pickleball	
Tuesday July 1, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym» 12:30 p.m. to 2 p.m. – Family Open Gym» »Free Activities: Canada Day Festivities	1 p.m. to 2 p.m. – Public Skate» 2:30 p.m. to 3:30 p.m. – Public Skate» »Free Activities: Canada Day Festivities
Wednesday July 2, 2025	5 p.m. to 6:30 p.m. – Youth Open Gym 7 p.m. to 8:30 p.m. – Adult Pickleball	

Adult Pickleball: Adults ages 18+ years | Youth Open Gym: Youth ages 12 to 17 years | Youth Volleyball & Open Gym: Youth ages 12 to 17 years | Family Open Gym: Participating adult over the age of 16 required for all participants. Limit of 3 participants per guardian. Guardian must pay program fee. | Parent & Child Open Gym: Children ages 4 to 8 must have a guardian present. Guardian must pay program fee. Adult Table Tennis: For adults ages 18+ years | Family Skate: Ages 0 to 12 Years with Accompanying Adults. This program allows for families to enjoy a leisure skate in a quieter environment. | Drop-ins: Activities have strict capacities and age guidelines. Admission sales begin 15 minutes prior to the scheduled program start time on a first come, first served basis. Pickleball registration is open 1 hour before the drop-in time, through the online registration, or in person 15 minutes prior to the scheduled start time. No exceptions will be made.

Note – We reserve the right to cancel, amend or change programs and activities. Updated 05/22/2025
For the most up-to-date schedules, please visit our website at www.aurora.ca/holidayschedules.