



# Group Fitness Class Schedule

## April 24 to 26, 2019



Club Aurora Fitness Centre and the Lind Realty Team Fitness Studio will be undergoing electrical repairs from **Monday, April 22 to Friday, April 26.**

**The Lind Realty Team Fitness Studio** will be closed from 5:45 a.m. on Wednesday, April 24 to 10 p.m. on Friday, April 26. The fitness studio will re-open at 7:45 a.m. on Saturday, April 27.

During this time, group fitness classes will be relocated where possible, or otherwise cancelled. A revised group fitness class schedule with the location changes and cancelations is shown below. Additional information is also listed at [www.aurora.ca/specialtyfitness](http://www.aurora.ca/specialtyfitness).

Date	Time	Class	Location
Wednesday April 24	6 to 6:45 a.m.	Cycle	Treasure Hill Cycle Studio
	8 to 8:45 a.m.	Cycle	Treasure Hill Cycle Studio
	9 to 10 a.m.	RIP	Gymnasium
	9:30 to 10:30 a.m.	Yoga Stretch	The Loft
	10:15 to 11:15 a.m.	NIA	Program Room C
	10:30 to 11:30 a.m.	Boomer ABC's	Gymnasium
	10:45 to 11:45 a.m.	Yoga Stretch	The Loft
	12:15 to 1 p.m.	Tabata Fusion	Gymnasium
	5:30 to 6:15 p.m.	Chisel	CANCELLED
	6:25 to 7:25 p.m.	Zumba	Program Room C
	7:35 to 8:35 p.m.	Yoga Stretch	Program Room C
Thursday April 25	8 to 8:45 p.m.	Cycle	Treasure Hill Cycle Studio
	6 to 7 a.m.	Chisel	Gymnasium
	9:15 to 10:15 a.m.	Low Impact	CANCELLED
	10:30 to 11:30 a.m.	Osteo Fitness	CANCELLED
	12:15 to 1 p.m.	RIP	CANCELLED
	6:25 to 7:25 p.m.	Cardio Sizzle & Chisel	CANCELLED
	7:30 to 8:15 p.m.	Cycle	Treasure Hill Cycle Studio
Friday April 26	7:35 to 8:35 p.m.	Yoga Fitness	Program Room C
	6 to 6:45 a.m.	Cycle	Treasure Hill Cycle Studio
	8 to 8:45 a.m.	Cycle	Treasure Hill Cycle Studio
	9 to 10 a.m.	H.E.A.T.	Gymnasium
	9:30 to 10:30 a.m.	Yoga Stretch	The Loft
	10:15 to 11:15 a.m.	NIA	Program Room B
	12:15 to 1 p.m.	Zumba	Program Room B
6:15 to 7 p.m.	Cycle	Treasure Hill Cycle Studio	