Aurora Family Leisure Complex (A.F.L.C.) 135 Industrial Parkway North | 905-841-7529

Victoria Day Weekend Holiday Schedule Saturday, May 18 to Monday, May 20, 2024 Customer Service, Programs & Activities

DATE	CUSTOMER SERVICE	FITNESS Club Aurora	FITNESS Group Fitness Classes
Saturday May 18, 2024	7:30 a.m. to 5 p.m.	7:45 a.m. to 5 p.m.	8 a.m. to 8:45 a.m. – Cycle 8:15 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:15 a.m. – Yoga Stretch 10:20 a.m. to 11:15 a.m. – Zumba 11:20 a.m. to 12:15 p.m. – Zumba
Sunday May 19, 2024	7:30 a.m. to 5 p.m.	7:45 a.m. to 5 p.m.	8:30 a.m. to 9:25 a.m. – Cardio Sizzle/Chisel 9:30 a.m. to 10:25 a.m. – Yoga Fitness
Monday May 20, 2024	7:30 a.m. to 2 p.m.	8 a.m. to 2 p.m.	No Classes

DATE	POOL Swim Times	POOL Aquafit Times	ROCK WALL & THE LOFT
Saturday May 18, 2024	8 a.m. to 9:30 a.m. – Lane Swim	9:35 a.m. to 10:20 a.m. – Aquafit	12 p.m. to 2 p.m. – Rock Wall 1 p.m. to 3:30 p.m. – The Loft
Sunday May 19, 2024	8 a.m. to 9:30 a.m. – Lane Swim 1:30 p.m. to 2:30 p.m. – Sensory Swim		
Monday May 20, 2024	Pool Closed	No Classes	

DATE	GYMNASIUM	SKATING
Saturday May 18, 2024	9:45 a.m. to 11:15 a.m. – Adult Pickleball (Ages 18+) 11:30 a.m. to 1 p.m. – Adult Pickleball (Ages 18+) 1:30 p.m. to 3 p.m. – Family Open Gym (Ages 6+)^ 3:30 p.m. to 5 p.m. – Youth Open Gym (Ages 12 to 17)	1 p.m. to 2 p.m. – Family Skate (Ages 12 & Under)
Sunday May 19, 2024	10:30 a.m. to 12 p.m Parent & Child Open Gym (Ages 4	11 a.m. to 12 p.m. – Public Skate 1 p.m. to 2 p.m. – Family Shinny (Ages 6 to 10 years) 2 p.m. to 3 p.m. – Family Shinny (Ages 6 to 10 years)
Monday May 20, 2024	10:30 a.m. to 12 p.m. – Parent & Child Open Gym (Ages 4 to 12)* 12:30 p.m. to 2 p.m. – Youth Open Gym (Ages 12 to 17)	

*Family Open Gym: Participating adult over the age of 16 required for all participants. Limit of 3 participants per guardian. Guardian must pay program fee.

"Parent & Child Open Gym: Children ages 4 to 8 must have a guardian present. Guardian must pay program fee.

Rock Climbing: A valid waiver must be completed prior to climbing the wall. Children ages 6 to 11 must have a parent/guardian present at the wall while they climb.

^Admissions sales for these drop-ins will end 30 minutes prior to the end of the listed drop-in time. No admission is permitted after admissions sales end.

Note – We reserve the right to cancel, amend or change programs and activities. Updated 04/05/2024 For the most up-to-date schedules, please visit our website at <u>www.aurora.ca/holidayschedules</u>.